



Protect Yourself Rules

Wolf Adventure Workbook



No one may add or subtract from the official requirements found in the *Cub Scout Bear Den Leader Guide*. Requirements were issued in June 2020. This workbook was updated in December, 2020.

<http://www.USScouts.Org> • <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about this **checklist** to: Workbooks@USScouts.Org
Comments or suggestions for changes to the **requirements** should be sent to: Advancement.Team@Scouting.Org

Cub Scout's Name: _____ Pack No. : _____

Source for requirements: <https://www.scouting.org/programs/cub-scouts/preview-adventures/protect-yourself-rules/>

This adventure is an preview adventure which can be used while in the Wolf program .

Complete each of the following:

- 1. Watch the Protect Yourself video lessons for this adventure.;
- 2. Demonstrate how you would say "No!" to someone who is doing something that makes you feel uncomfortable.
- 3. Identify five trusted adults,

1.	
2.	
3.	
4.	
5.	

and share this list with your parent or legal guardian.

- 4. Describe the characteristics of a "safe stranger."
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