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Please submit errors, omissions, comments or suggestions about this **checklist** to: [Workbooks@USScouts.Org](mailto:Workbooks@usscouts.org?subject=Cub%20Scout%20Workbooks)

Comments or suggestions for changes to the **requirements** should be sent to: [Advancement.Team@Scouting.Org](mailto:Advancement.Team@Scouting.Org)

Cub Scout’s Name: Pack No. :

**Source for requirements:** [**https://www.scouting.org/programs/cub-scouts/preview-adventures/yo-yo/**](https://www.scouting.org/programs/cub-scouts/preview-adventures/yo-yo/)

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| **This adventure is a preview adventure which can be used**  **while in the Arrow of Light program .** |

**Complete each of the following:**

**⬜ 1. Learn the safety rules of using a yo-yo and follow them at all times.**

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**⬜ 2. Using a real yo-yo string, a regular string, or a piece of yarn, show how to find the proper yo-yo string length for you.**

**⬜ 3. Explain why it is important to have the correct string length and to be in the right location before throwing a yo-yo.**

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**⬜ 4. Demonstrate how to properly string a yo-yo and how to create a slip knot.**

**⬜ 5. In an area where there are no hazards or other people, conduct the pendulum experiment with a yo-yo.**

**⬜ Explain what happens to the yo-yo when the string is longer.**

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**⬜ 6. Show that you can properly wind a yo-yo.**

**⬜ 7. Demonstrate TWO of the following:**

**⬜ a. Gravity pull**

**⬜ b. Sleeper**

**⬜ c. Breakaway**

**⬜ d. Elevator**