



# BALOO'S BUGLE

Volume 23, Number 1

“Wisdom, compassion, and courage are the three universally recognized moral qualities of men.” Confucius

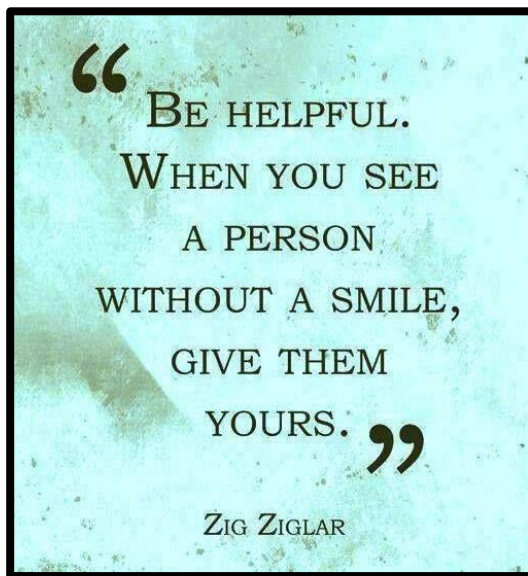
August 2016 Cub Scout Roundtable

September 2016 Program Ideas

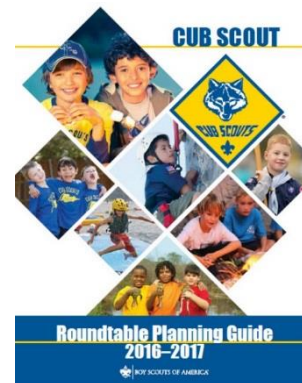
## HELPFUL / TO THE RESCUE

Tiger Cub, Wolf, Webelos, & Arrow of Light Meetings and Adventures

### COMMISSIONER'S CORNER



### THE 2016 – 2017 CS RT PLANNING GUIDE IS ISSUED



Download it at -

<http://www.scouting.org/scoutsource/Commissioners/roundtable.aspx>

Judy and Dave need could still use help. If you would do one item for Baloo each month, it would help us greatly –



**Biography** – write a one page +/- biography of a person that exemplifies that month's emphasized point of the Scout Law.

**Advancement – Choose a rank.** Write a few hints and ideas for the Adventure to be discussed that month at the Roundtable. And, also, any that have a Character Compass pointing to that month's point of the Scout Law

**Have another idea?** Let us know how you feel you could help us to make Baloo's Bugle more of what RT Commissioners, Cubmasters, and Den Leaders want. Write us through the "Send Your Ideas to Baloo" link or directly – [davethecommish@gmail.com](mailto:davethecommish@gmail.com) and [judyjohnsonbsa@yahoo.com](mailto:judyjohnsonbsa@yahoo.com)

### **A HELPFUL Hint – Don't miss your deadline - Youth Protection Training must be retaken every 2 years**

This is the first issue of Volume 23 of Baloo's Bugle – Because of the emphasis shift in the CS Roundtable Planning Guide - Beginning with this issue of Baloo there will be less theme stuff, more info to fit interest topic

As soon as I mail this to Judy, I need to begin prepping for Week #11 at Philmont Training Center. Looking forward to meeting a whole batch of Philmont Ambassadors with Rod Lang from California who was a very active participant last year!!!

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**CORE VALUES**

**The Cub Scout Core Values are the 12 Points of the Scout Law.**

A Scout is **HELPFUL**. The theme **TO THE RESCUE** is used to help Cubs understand being **HELPFUL**.

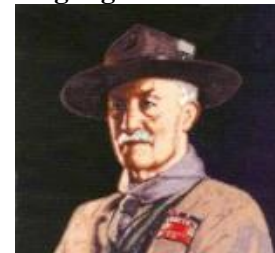
**A SCOUT IS HELPFUL**

★ A Scout is helpful. A Scout cares about other people. He willingly volunteers to help others without expecting payment or reward.

**HOW DOES “TO THE RESCUE” RELATE TO THIS SCOUT LAW POINT?**

★ A Scout is concerned about other people. He does things willingly for others without pay or reward. This month, Cub Scouts will explore how to be helpful by avoiding accidents and being prepared for emergencies. Use games and/or mock accidents so Cub Scouts can show they can help by coming “To the Rescue.”

**Per our Founder, Lord Baden-Powell the definition (or meaning) of the Scout Law point highlighted this month is:**



*Note – The original Scout Law published in 1908 had nine points. In 1910, the BSA added Brave, Clean, and Reverent. In 1911 B-P added Clean to his original list.*

**A SCOUT IS HELPFUL**

*Baden Powell said -*

**A SCOUT'S DUTY IS TO BE USEFUL AND TO HELP OTHERS.** And he is to do his duty before anything else, even though he gives up his own pleasure, or comfort, or safety to do it. When in difficulty to know which of two things to do, he must ask himself, "Which is my duty?" that is, "Which is best for other people?" --- and do that one. He must Be Prepared at any time to save life, or to help injured persons. And *he must do a good turn* to somebody every day.

*(Scouting For Boys, 1908)*

**The most worth-while thing is to try to put happiness into the lives of others.**

*Lord Robert Stephenson Smyth Baden-Powell*

Home » About Scouts » Believe It. Live It.

## Believe It. Live It.

In this video, the "Believe It Live It" team profiles Gene Fackler, and explains why being courteous is essential in his job as a Southwest Airlines skycap. Go to URL: <http://boyslife.org/about-scouts/scoutlaw/4138/a-scout-is-helpful/>

## B-P HELPFUL QUOTES

*Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover.*

"I have over and over again explained that the purpose of the Boy Scout and Girl Guide Movement is to build men and women as citizens endowed with the three H's namely, Health, Happiness and **Helpfulness**. The man or woman who succeeds in developing these three attributes has secured the main steps to success this Life.

**Sir Robert Baden-Powell (1857 - 1941).**  
**Chief Scout of the World,**  
**Founder of the Scouting Movement**

Happiness is open to all, since, when you boil it down, it merely consists of contentment with what you have got and doing what you can for other people. [Sir Robert Baden-Powell](#)

As Sir Henry Newbolt sums it up: "The real test of success is whether a life has been a happy one and a happy giving one. [Sir Robert Baden-Powell](#)

No one can pass through life, any more than he can pass through a bit of country, without leaving tracks behind, and those tracks may often be helpful to those coming after him in finding their way. [Sir Robert Baden-Powell](#)

Yet one more item is needed to complete success, and that is the rendering of service to others in the community. Without this the mere satisfaction of selfish desire does not reach the top notch [Sir Robert Baden-Powell](#)

... the Devil is best described by the term "Selffulness." [Sir Robert Baden-Powell](#)

The good turn will educate the boy out of the groove of selfishness. [Sir Robert Baden-Powell](#)

"Be helpful. When you see a person without a smile...



Give him yours."

EmilysQuotes.Com

~Zig Ziglar

## HELPFUL QUOTES

If the human race wishes to have a prolonged and indefinite period of material prosperity, they have only got to behave in a peaceful and helpful way toward one another. [Winston Churchill](#)

Standing as a witness in all things means being kind in all things, being the first to say hello, being the first to smile, being the first to make the stranger feel a part of things, being helpful, thinking of others' feelings, being inclusive. [Margaret D. Nadauld](#)

People are so helpful. People will stop what they're doing to show you something, to walk with you through a section of the town, or explain how a suspension bridge really works. [David McCullough](#)

I feel it's a responsibility for anyone who breaks through a certain ceiling... to send the elevator back down and give others a helpful lift. [Kevin Spacey](#)

Refusing to ask for help when you need it is refusing someone the chance to be helpful. [Ric Ocasek](#)

I say you don't need religion, or political ideology, to understand human nature. Science reveals that human nature is greedy and selfish, altruistic and helpful. [Michael Shermer](#)

Christlike communications are expressed in tones of love rather than loudness. They are intended to be helpful rather than hurtful. They tend to bind us together rather than to drive us apart. They tend to build rather than to belittle. [L. Lionel Kendrick](#)

"...Our conversation with the supermarket manager had been about as helpful as a **New Jersey** road sign, and if you've ever been there, you know the signs don't tell you the exit you're coming up to, they only point out the exits you've just missed. It puts parents in very foul moods--and since you're there to visit relatives, their mood was pretty touch and go to begin with."

— [Neal Shusterman](#), "The Schwa Was Here"

The more people I am able to help, the more people are willing to help others. The more followers we have, the closer we are to a perfect world.”

Akilynathan Logeswaran

Doing things for others is something that money cannot buy it is a priceless act which gives an abundance of worthy feelings for both involved, to empower others and to know that others care is an key part of listening, the stoppage of wars, the foundations of a hopeful future for everybody.” Paul Isaacs

Real action and true **helpfulness** are perhaps the ultimate charm.” Robert Greene

As you read my stories of long ago I hope you will remember that the things that are truly worthwhile and that will give you happiness are the same now as they were then. Courage and kindness, loyalty, truth, and **helpfulness** are always the same and always needed.”

Laura Ingalls Wilder

“Help thy brother's boat across, and Lo! Thine own has reached the shore” Hindu Proverb

Before you speak ask yourself if what you are going to say is true, is kind, is necessary, is helpful. If the answer is no, maybe what you are about to say should be left unsaid. Bernard Meltzer

But the real way to get happiness is by giving out happiness to other people

from Baden-Powell's Last Message



## THOUGHTFUL ITEMS

*A story of a truly helpful bridge builder - CD*

### The Bridge Builder

By Will Allen Dromgoole

An old man, going a lone highway,  
Came, at the evening, cold and gray,  
To a chasm, vast, and deep, and wide,  
Through which was flowing a sullen tide.

The old man crossed in the twilight dim;  
The sullen stream had no fears for him;  
But he turned, when safe on the other side,  
And built a bridge to span the tide.

"Old man," said a fellow pilgrim, near,  
"You are wasting strength with building here;  
Your journey will end with the ending day;  
You never again must pass this way;  
You have crossed the chasm, deep and wide-  
Why build you a bridge at the eventide?"

The builder lifted his old gray head:  
"Good friend, in the path I have come," he said  
"There followeth after me today,  
A youth, whose feet must pass this way.

This chasm, that has been naught to me,  
To that fair-haired youth may a pitfall be.  
He, too, must cross in the twilight dim;  
Good friend, I am building the bridge for him."

## From A to Z What Helpful Families Can Do

*Southern NJ Council*

- A. **Adopt** a stream, park, or roadside to clean up and keep beautiful.
- B. **Bring** lunch to school in a lunch box. Save your paper bags.
- C. **Care** for toys so they will last longer. Then you won't have to replace them and can pass them on.
- D. **Donate** clothes that you have outgrown to a needy person or someone smaller.
- E. **Encourage** others to join you in collecting glass, newspaper and aluminum to be recycled.
- F. **Flatten** empty cans, boxes and other containers to they don't take up so much space
- G. **Get** in the habit of turning off the water when you brush your teeth. Turn it on only to wet your brush and to rinse.
- H. **Help** by caring about our wildlife & be very careful with matches.

- I. **Insist** on buying products that are biodegradable (they rot or decompose when discarded.) Most plastics are not.
- J. **Jog** or walk, ride a bike or scooter from place to place to save energy.
- K. **Keep** jars of cold water in the refrigerator so you won't have to run the tap water waiting for it to get cold.
- L. **Look** for the recycled symbol on products you buy.
- M. **Make** it a habit to cut each six-pack ring. These sometimes wind up in the oceans. Animals often get caught in them.
- N. **Never** litter. Always put your trash in a trash can.
- O. **Open** the blinds in the wintertime to let in the sun. Close blinds in the summer to keep out the sun's heat.
- P. **Plant** a tree to stop soil erosion, give you shade and give birds a home.
- Q. **Quit** buying products that have a lot of packaging.
- R. **Reduce** the amount of water you use to keep clean. Take showers, not baths.
- S. **Save** energy by asking your parents to turn down the thermostat.
- T. **Turn** off lights if you are the last person to leave a room. Turn off appliances if you are not using them.
- U. **Use** products made to be used many times, such as sponges or cloth towels.
- V. **Value** and appreciate your Earth. Realize that you can make a difference.
- W. **Watch** what you pour in the drain. Hazardous waste can get into the ground water.
- X. **eXamine** labels before using products. Certain household cleaners can be dangerous.
- Y. **Yearn** to do what you can to help our environment. Grow up to be an adult who takes an interest, too.
- Z. **Zip** to close doors and windows if they are opened when the heater or air conditioner is on.

## BIOGRAPHY

### MARK ANDERSON A very HELPFUL Scout

*I could write about Mark for all 12 points of the Scout Law but HELPFUL is one I have often personally experienced.*



Mark Anderson is **Director of Program** at **Philmont Scout Ranch**

Mark grew up in Arkansas where there are chiggers in the grass. He began his Professional Scouting career after graduating from the University of Idaho with a major in Forest Resource Management. His first professional Scouting assignment was in Texas. I know from his stories he was very HELPFUL to the Roundtable Commissioners in his district. Ask him to tell you the story of the egg from RT and some others. He is the Director of Program at Philmont. A position he has held for more than 20 years. Through his efforts Philmont has continued to remain true to its mission and been able to expand to allow increased numbers of Scouts explore the mountains in northern New Mexico.

Wherever you go at Philmont, either side of the road, Training or Camping, you will be sure to see Mark being HELPFUL. His example of being HELPFUL rolls down to all the Phil Staff.

I have written him many letters over the years and he has personally answered each one. And carefully explained to me why things were as they were or how plans are in progress to make them better. It did not matter if my letter had been written nicely or when I was in a mood – his answers were always polite and complete. When I required surgery before a trek and showed up with a cast. He personally worked with our crew to arrange for a Ranger to take my place.

When my crew had a sick Scout at Cypher's Mine who needed transport, who showed up for transport?? Mark and his daughter Kirsten personally drove up there to perform the transport.

During a Fall Trek, he delivered the water to our camp. One time when Charles Argo and Pat Hamilton, my hiking partners, and I arrived at the gate to the Uracca Trail to hike it on Wednesday of a PTC week, it was locked. We called into PTC for help. And guess who arrived with the key?? It was Mark, himself!!!

***A great example of his HELPFULNESS is this Father's Day Facebook post from one of his daughters:***

Happy Father's Day to the man whose idea of a perfect day is to deliver a wagon to the backcountry and repair a red roof inn on the way back! Thank you for being a profound example of selfless service to others!



*(In Phil Talk – a Red Roof Inn is a Latrine CD)*

Mark is always trying to HELP more Scouts and Scouters come to Philmont and have a great time. Last year he started the PAW / PASS program. Taking instruction about what you need to know before coming to Philmont from paper to live action. In its first year, the PAW / PASS program helped 1152 Trek Leaders learn more about Philmont before arriving on site. A very HELPFUL program he started.

**Check it out -**



<http://www.philmontscoutranch.org/TrekPreparation.aspx>

He has been very excited by the negotiated agreements with Philmont's neighbors that have expanded the area upon which Scouts may hike. And he has made sure, there is meaningful program in all the new areas. Thus being HELPFUL to the many more Scouts that can come and hike at Philmont. There are agreements with the Chase Ranch, the Valle Vidal section of Carson National Forest, Some of Ted Turner's properties, other local ranchers, the State of New Mexico. And recently Philmont purchased the old Cimmaroncita Girls Camp.

He is always there for his staff, HELPING them to do better. To this my (5 time Phil Staff) daughter has attested many times. Providing hints and tips from his experience and his prolific reading. Every time I go out to Philmont, he is talking about another book he has read or is reading. Here he is seeing off the Philmont Rangers as they go out for training -



He internalizes all the rules and follows them. Last year there were new lightning protocols. And when he was talking with my class in Hardesty Casa Central, the new Advisors' Meeting Room, a storm hit. He immediately launched into the protocols and made sure we knew how to follow them. Very HELPFUL when the leader sets such a great example.

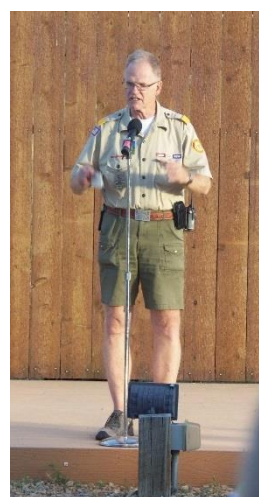
Mark walks many places in Base Camp, I believe he does this because he always looking for people who need HELP (e.g. directions to here or there, where can they do something, or where should I be?) He frequently stops and chats with those he sees. To learn about them and to see if they need HELP.

And he is always trying to HELP the future of Philmont. He is working on an "Exit Strategy," to solve the solid waste problem of 20,000 participants a year using pit latrines and digging cat holes. Philmont has installed Vault Latrines at Rayado Ridge and several other locations.



He has brought new programs into the back country. This helps raise the excitement level of the participants. Such as the new train at Metcalf Station. The tracks were built by participants. The farm at Chase Ranch. The mining center and assay office at Baldytown. And changes to the Living History Program with reenactors at many Back Country Camps (e.g. Abreu, Hunting Lodge, Fish Camp (Meet a Vice President of the US)).

Check out the Back Country article in Boys' Life - <http://boyslife.org/outdoors/outdoorarticles/146232/explore-philmonts-backcountry-camps/>



And if you ever need an extra hand serving food at a dinner – Mark will be there to HELP – I have seen him serve dinner at the Phil Staff New Year's Eve dinner and then invite everyone to his house to play games and wait for the ball to drop at Times Square. He serves the food at the PTC Faculty Banquet on Friday nights.



He is, also, frequently at the Philmont Training Center. He is there Saturday afternoon greeting the incoming Faculty members and HELPING them get started. He HELPS at the Opening Program leading action songs -



He is at the Faculty Reception at the Seton Library talking with the faculty and their family members. His ideas for things to enjoy at Philmont are HELPFUL. -



He is there Monday morning to greet everyone at the start of every week at PTC. And he tells everyone to enjoy the grass at Philmont because there are no chiggers as he grew up with back home in Arkansas.

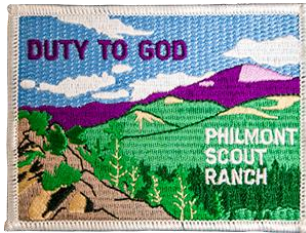


Mark does a lot to HELP all the participants do the right thing. He ensures there are chapel services every night of the week for the Trailbound and Homebound crews in base camp. And everything in Philmont (including the Trading Post and Snack Bar) is closed during Chapel Time. And for all his hard work in this area he was awarded the Silver Torch Award by the United Methodist Church.



**The United Methodist Church Silver Torch Award.** Skyler Ballarc PhilNews

Besides the nightly services, there is the Philmont Duty to God Program that has been copied by many of our Scout Camps –



Mark strongly promotes the "Trail of Courage" award HELPING the Scouts know they can fight Peer Pressure and how to do it. Crews must take the following pledge for the Trail of Courage –

**CREW PLEDGE**

- ★ I Pledge to become personally fit.
- ★ I Pledge to eat a nutritious diet.
- ★ I Pledge to exercise.
- ★ I Pledge to be tobacco free and not smoke or use smokeless products.
- ★ I Pledge to live free of drug and alcohol habits.
- ★ I Pledge to learn the seven cancer danger signs.
- ★ I Pledge to live the Scout Oath and Law.



*Over half of the people at Philmont in the Summer of 2015 took the pledge!!*

<http://philmontscoutranch.org/Camping/TrailOfCourage.aspx>

I know he has done a lot more and is actively doing a lot more but I think that is enough to give you an idea about how HELPFUL Mark Anderson at Philmont is. So if you get there, make sure you stop and say "Thank You for all you do," to Mark.

**Thank You, Mark Anderson for all your HELP through the years and your work to ensure the future of Philmont!!**

**CUB SCOUT LEARNING LIBRARY**

The NEW <https://cubscouts.org/> !!!



**This is the Cub Scout Learning Library –** Everything you could want to know for Cub Scouts is or will be here. And all within a click or 3 of the home page. National heard the message that although things were at [www.scouting.org](http://www.scouting.org) they were often buried too deep to be found.

This site has admin stuff and practical stuff. The new Den Leader Resource Books are here. You can download some of the pages for each Adventure for **FREE**

This website **is** a great resource. There are still parts under construction but what is there is **GREAT!!**



Yes, <https://cubscouts.org> runs on a phone, too!!!



**There are 3 tabs on top of the home page –**



- ☺ Learning Library
- ☺ Cub Hub Blog
- ☺ Join Scouting

**The tabs for Pinewood Derby and Cub Day camp were removed previously.**

**1. Learning Library** takes you where you can learn about your position and pick up hints. Besides specifics for dens of each rank, other clickable links include –

### KEY

- ☺ All or most of material was placed on site this past month
- ℞ All or most of material was in place and listed as such in last month's Baloo's Bugle.
- ✘ Site / pages under construction

## Den Leader

### Den Meeting Basics

- ℞ [Your First Den Meeting](#)
- ℞ [Planning Den Outings](#)
- ℞ [The Parts of a Den Meeting](#)

### ℞ Getting Started

Three of the Core Adventures for the selected rank are listed here. Click on them and you will see / can download all the Leader's Guide pages for these three Adventures.

### ℞ Additional Required Adventures

The remaining Core Adventures for the selected rank are listed here. When you click them you get an intro to the Adventure but do not get the Meeting Plans and Resources. You see this note:

#### MEETING PLANS

To get you started in delivering fun and engaging meetings, complete Den Meeting Plans are available here on the Learning Library for the Backyard Jungle and Games Tigers Play adventures. To obtain Den Meeting Plans for all other adventures, Den Leader Guides are available at your local Scout Shop, online at [scoutstuff.org](http://scoutstuff.org), or as an eBook through [Amazon](http://Amazon).

### ℞ Elective Adventures

All the Elective Adventures for the selected rank are listed here. When you click them you get an intro to the Adventure but do not get the Meeting Plans and Resources. You see the same note (above).

## ℞ Building Strong Dens

### The Basics of Cub Scouts

- ℞ [Advancement](#)
- ℞ [BSA Mission and Vision Statements](#)
- ℞ [Cub Scout Ages and Ranks](#)
- ℞ [Cub Scout Uniforming](#)
- ℞ [Den Flags](#)
- ℞ [Den Yells](#)
- ℞ [Leader Survival Kit](#)
- ℞ [Methods of Cub Scouting](#)
- ℞ [Purpose of Cub Scouting](#)
- ℞ [Roles and Responsibilities](#)
- ℞ [Scout Oath and Law](#)
- ℞ [What Is Cub Scouting?](#)

### ☺ Training

- ✘ [The Role of Training](#)
- ℞ [Youth Protection](#)

### ☺ Den Planning And Administration

- ℞ [Advancement Basics](#)
- ℞ [Advancement Requirements](#)
- ℞ [Annual Planning For Your Den](#)
- ℞ [Coordinating Your Den Plan with Pack](#)
- ℞ [Tracking and Recognizing Advancement](#)
- ℞ [Youth Protection Training](#)

### ☺ Positive Youth Development and Working with Boys

- ℞ [Developmental Differences Boys 7-11](#)
- ℞ [Behavior and Discipline](#)
- ℞ [Positive Youth Development](#)

### ☺ Working With Special Needs Cub

**Scouts** *(Advice is specific to each Special Need. Lots of research was done to prep these pages.)*

- ℞ [Parents' Prejoining Conference](#)
- ℞ [Leadership Techniques](#)
- ℞ [Working With Specific Disabilities and Needs](#)

### ✘ The other positions are still under development:

- ✘ **Cubmaster**
- ✘ **Committee Chair/Member**
- ✘ **Chartered Org Rep**
- ✘ **Parent / Adult Partner**

**2. Cub Hub Blog** takes you to a Cub Scout specific Blog similar to Bryan's Blog. The most recent topics discussed are listed here. There are more at [www.cubscouts.org](http://www.cubscouts.org):

*There was 1 new post this month. So I left the 4 from last month in Baloo!! CD*



#### [Summer Reading with](#)

[Cub Scouts](#) - Ah, summer. When the glass of iced lemonade sweats chilled droplets of water next to the dog-eared...



#### [4 Quizzes to Test Your Outdoor](#)

[Knowledge](#) It's summer time and the living is, well...not always easy. Especially if that "living" is in the...



#### [Exploring Civil War History](#)

[with Cub Scouts](#) History is Alive and Well Wherever you live, that place has an inescapable history. Tapping into that...



[Father's Day Gift Ideas for Sons to Make Their Dads](#) Heartfelt and Handmade Gift Ideas for Dad Fathers' Day is right around the corner, and nothing says...



[10 Ways to Balance Fun and Advancement at Day Camp](#) Let's start with a question "At summer camp, what's more important for Scouts, advancement or fun?" That's...

## Cub Hub Blog Lion Posts



[A Look at the Lion Uniform and Gear](#) Lion uniform, shirts and hats! In case you've missed the Lion uniform images floating around the Digital Pack...



#### [Will Lions Join Tigers and Bears?](#)

[Oh My!](#) — A Lions FAQ Lions: Answers to your top questions. We have seen a lot of great feedback, comments and questions from...



#### [5 Questions \(and Answers\) for](#)

[the New Lion Program](#) More Information on the New Lion Program As we mentioned earlier on the Cub Hub, Select councils will...



[Lion Program will bring Scouting to Kindergarten Boys](#) Something Roaring in the Jungle There is an exciting new Scouting program called "Lion" for Kindergarten-aged boys...

## 3. Join Scouting

takes you to [www.beascout.org](http://www.beascout.org)



Also, on the home page –



Click for a YouTube Video on Cub Scouting.  
[https://www.youtube.com/watch?feature=player\\_embedded&v=dqKFgk8SJIE](https://www.youtube.com/watch?feature=player_embedded&v=dqKFgk8SJIE)

AND 6 picture links -



These Six Links take you to:

[www.scoutstuff.org](http://www.scoutstuff.org) – The Supply Division site where you can locate your nearest National Scout Shop or buy your Scout supplies

<http://scoutingwire.org/> - Where you can get the latest Scouting News from around the country. You can sign up to get notifications when things are posted here...

<https://cubscouts.org/pinewood-derby-2016-photo-contest> Takes you to a page that says promotion has ended. Pictures of entries that were received have been removed.

<https://www.scoutbook.com/> Where you can get the Scoutbook APP to track your son's Scouting Experience from Tiger to Eagle Scout.



[www.boyslife.org](http://www.boyslife.org) – Go directly to the on-line edition of Boys 'Life

<http://scoutingwire.org/marketing-membership/> Get resources and materials to strengthen your unit at BSA's marketing and membership site. Learn the best practices and tips employed by the most successful units.

ADVENTURE PLAN TRACKERS

The website links have been updated. I found out things had been moved!! CD

WEBELOS CORE ADVENTURES:

CORE Adventures		Achv. Rules:		Fill in an "X" to show comp					
No.	Name	Req'd	Avail	1	2	3	4	5	
1	Cast Iron Chef	5	5						
2	Duty to God & You	1 or 3	5	1	2a	2b	2c	2d	
				1	2a	2b	2c	2d	2e

- Tracking Spreadsheets are posted on the USScouts Advancement webpage (<http://usscouts.org/advance/cubscout/intro.asp>). The spreadsheets were tested by a software developer who said they are so good he sees no reason to develop his own!!
- Utah National Parks Council, also, has Excel spreadsheets posted for all the new Adventure Plan requirements on their Akela's Council BlogSpot. <http://akelacouncil.blogspot.com/search/label/Tracking%20Sheet> (The page starts with Arrow of Light scroll down for other ranks)

WOLF ELECTIVE ADVENTURES - DEN MEETINGS	REQUIREMENTS COMPLETED
Air of the Wolf (Elective) - mtg. 1	1a, 1b, 1c
Air of the Wolf (Elective) - mtg. 2	2a, 2b, 2c
Air of the Wolf (Elective) - mtg. 3	3a, 3b, 4
Code of the Wolf (Elective) - mtg. 1	1a or 1b, 1e
Code of the Wolf (Elective) - mtg. 2	3, 4

- A spreadsheet that correlates Meetings to Adventure requirements is available on the Utah National Parks' Akela's Council Blogspot at <https://www.dropbox.com/s/yb8fweg7etnhqrt/WOLF%20BEAR%20WEBELOS%20REQUIREMENTS%20-%20MTGS.xlsx?dl=0> . It has all the Wolf, Bear, Webelos and AOL Adventure requirements.

These Advancement Spreadsheet workbooks are **FREE** for Scouters. But be **COURTEOUS** and observe the following -

**PLEASE do not download the files from either site to email or send them digitally to others.** They are for your personal / pack use only. If you would like to share these files with others, please copy / send the link to them and send them to the site so they can print off their own. They would love everyone that wants a copy to get their own copy absolutely free. Both USScouts and Utah National Parks receive Ad money based on the number of people visiting the site. That ad money helps keep their websites open. Please help them (us) by encouraging others to visit to obtain files.

## CUB SCOUT LEADER TRAINING

### IN-PERSON TRAINING

Position-Specific In-Person Training Guides Available Now! The training guides for

- ★ [Den Leader](#)  
(<http://www.scouting.org/filestore/training/pdf/515-215.pdf>),
- ★ [Cubmaster/Assistant Cubmaster](#)  
([http://www.scouting.org/filestore/training/pdf/511-503\\_WB.pdf](http://www.scouting.org/filestore/training/pdf/511-503_WB.pdf)), and
- ★ [Pack Committee](#)  
([http://www.scouting.org/filestore/training/pdf/511-504\\_WB.pdf](http://www.scouting.org/filestore/training/pdf/511-504_WB.pdf))


Are available on Scouting University. You can access them at <http://www.scouting.org/training/adult.aspx>.



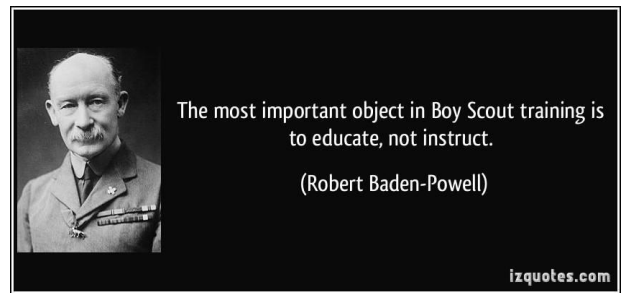
### ON-LINE TRAINING

On-Line Training for all Cub Scout positions has been available since October 25, 2015

The online training for Den Leaders, Cubmasters, Committee Chairs and members, and Chartered Organization Representatives is totally updated with help from volunteers from around the country. The new training is divided into shorter, more targeted modules so leaders can get the training they need, in the order they want, any time they need it. It is organized around the learning needed prior to the first meeting, in the first 30 days, and to be position-specific trained. This training was developed to be implemented in conjunction with the BSA's new learning management system. Keep an eye on my. Scouting Tools (log in at <https://My.Scouting.org>) for more information.

Go to the BSA Volunteer Training Team Facebook page (Link above) and  Like. Then you **automatically** receive the latest news!!

If you are having difficulties with the training or system call Member Care at 972-580-2489,



### A Typical Learning Plan has several parts –

There is no need to complete more than one section at a time. Do what you have time to do.

Here you can see the three parts of the CM Course -



Each of these three parts is broken down into "bite sized" chunks:



**Go check it out and get your people trained!!!**

## CUB SCOUT IDEAS

This column was started last year when I ran several items with innovative ways to teach the Scout Oath and Law. Then over the course of the year hints for other things were posted. So since we are back at the start of the year, I will rerun -

### TEACHING THE SCOUT OATH & LAW TO CUB SCOUTS

#### Scout Law Word Search

Pack 200, Cary, NC

G T F L O P A C A M K V C Y I  
 U R K S R Q L P O X Z M U A V  
 F U I M T K D Z M I A L U H O  
 Y S N K P Z L H Z A Z O T O P  
 B T D C H E E R F U L Y H B G  
 J W C D H J X S G A Q A R E Z  
 L O O F R I E N D L Y L I D Y  
 G R U M A G X P H J U H F I L  
 C T R R W E T O E J N E T E U  
 G H T E Y N B H P J F L Y N M  
 I Y E G Y M T R V Q U P H T H  
 P Z O I J H F D A B C F H T V  
 F V U N C L E A N V B U O U H  
 R U S X J D H A L J E L O A D  
 U N P S I Y R E V E R E N T N

#### Find the 12 Points of the Scout Law -

TRUSTWORTHY	OBEDIENT
LOYAL	CHEERFUL
HELPFUL	THRIFTY
FRIENDLY	BRAVE
COURTEOUS	CLEAN
KIND	REVERENT

#### Scout Oath Word Search

Commissioner Dave & [www.superkids.com](http://www.superkids.com)

R F P L E H O T J U G D S E E M  
 M A T A L L T I M E S N K N F Y  
 S I T O P P A N D W N A N T E C  
 N Y E B O O T D N A W D L O T O  
 S M Y B E S T T I A I O C K J U  
 P G B E P S E G Y A A G O E F N  
 S M I L R I I L A Z U O I E Z T  
 R D L T E E L T L S J T S P I R  
 T R N S H A O D L L I W I M E Y  
 G N O R T S Y L L A C I S Y H P  
 D T T N O N M Y H O N O R S W S  
 T H E S C O U T L A W O W E H Q  
 T M Y T U D Y M O D O T E L O P  
 Z O E L T E L N R E H U F F E D  
 T H G I A R T S Y L L A R O M E  
 N A A M F A M E A S N H J P E I

#### Find phrases from the Scout Oath -

ON MY HONOR	I WILL DO
MY BEST	TO DO MY DUTY
TO GOD AND	MY COUNTRY
AND TO OBEY	THE SCOUT LAW
TO HELP	OTHER PEOPLE
AT ALL TIMES	TO KEEP MYSELF
PHYSICALLY STRONG	
MENTALLY AWAKE	AND
MORALLY STRAIGHT	

#### Scout Law Games

Pack 200, Cary, NC



- ✓ Divide the den into two teams.
- ✓ Give each team a set of twelve 3 x 5 cards with each card having one word of the Scout Law printed on it.
- ✓ At the starting signal, have each team place the cards in the correct order of the Scout Law.
- ✓ The winning team is the team to first have their cards in the right order.
- ✓ Prepare 10 cards with phrases of the Scout Oath, too

On my Honor  
 I will do my best  
 To do my duty  
 To God and my Country  
 And to obey the Scout Law  
 To help other people  
 At all times  
 And to keep myself  
 Physically Strong, Mentally Awake,  
 and Morally Straight



#### Toss!

Pack 200, Cary, NC

- ✓ Turn each of the 12 Scout Law cards over on the grid so that the number side is up
- ✓ Place the cards in proper order – 1 through 12.
- ✓ In turn have each boy toss a bean bag or alternative onto one of the squares.
- ✓ The boy who threw the bag must now say the point of the law on which their bean bag landed.
- ✓ If they do not know it, the next in line may answer.
- ✓ Continue until the grid is completed.



### Scout Law Circle

Pack 200, Cary, NC

#### Version #1 -

- ✓ Form the boys into a circle with the Den Chief in the middle.
- ✓ Den Chief is to randomly point to a boy who gives the first point of the Scout Law (Trustworthy).
- ✓ Den Chief then points to another boy who is to give the next point in order (Loyal).
- ✓ If a boy does not give the correct response by the time the den chief counts to five, he steps backwards and sits down. He is out of the game.
- ✓ Play continues until there is only one boy left, or until everyone is stumped.
- ✓ If you get through the Law once, start over again until all are eliminated that are going to be eliminated.

#### Version #2 -

- ✓ Form the boys into a circle with the Den Chief in the middle.
- ✓ Den Chief is to randomly point to a boy who gives the first point of the Scout Law (Trustworthy).
- ✓ Den Chief then points to another boy who is to give the next point in order (Loyal).
- ✓ If a boy does not give the correct response by the time the den chief counts to five, ask for a volunteer to tell the boy the correct answer. Then see if the boy who was stumped knows the next point. If not, repeat process.
- ✓ Then move onto another Scout.
- ✓ Keep everyone involved. Hopefully they will absorb the Law and the proper order by participating.
- ✓ Provide small prizes (candies?) for those who answer correctly.
- ✓ If you get tired of going through the Law, start having them say the Oath.



## Cub Scout Information



Go to <http://strongarmor.blogspot.com/2015/06/cub-scouts-scout-oath-and-law-helps-and.html> to get full size, full color (or black and white) printable versions

## Cub Scout Cooking

*Bill Smith, the Roundtable Guy*

When we think of Cub Scout or even Boy Scout cooking, we usually think of how they do it – grilling stuff over a fire, roasting marshmallows, firing up Dutch ovens and other exotic techniques. However chefs would tell you that much of their efforts entail using those three essentials of food preparation: Menus, Shopping Lists and Recipes. If you can't handle those basic documents, producing meals becomes a problem.

A while ago my wife, Shirley, and I were invited to help staff a [B.A.L.O.O. training](#) in nearby Fort Gatlin District. The Training Chair wanted us to help out with the lunch and also handle the cooking demo in the Round Robin in the afternoon. We hadn't worked on a B.A.L.O.O. course in some years so we got the latest manual (not many changes, we noticed) and buckled down to get ready.

### The 10<sup>th</sup> Purpose of Cub Scouting

Now I am a big advocate that learning to cook is an important part of that last purpose of Cub Scouting: Preparation for Boy Scouts. The experiences a boy can learn by completing his Adventures in the Tiger, Wolf, Bear, Webelos, and Arrow of Light programs will put him in good stead when he joins a troop. Cooking and especially eating on a camp out is important.



When I was a Scoutmaster, we welcomed Webelos into our troop. They understood and followed Scouting ideals, they were familiar with advancement and, of course, we loved getting parents who were used to helping out.

It was an added plus if the boys could cook. In their troop, the Scouts I was with did all the meal preparation. The patrols planned their menus, bought the food, prepared it and ate as patrols. We adults tended to contribute to the costs, and we then participated as guests.

### **Menus**

For BALOO, our first step was to plan our menu for the demonstration. We decided to feature foods boys were most likely to want to eat: pizzas, banana boats, baked apples, and also to throw in a couple of simple challenges: baked potatoes and scrambled eggs. The pizza and banana boats – kid-friendly food - turned out to be hits.

Menus get pretty good treatment in Cub Scouts starting with Tiger Bites, Bear Picnic Basket, and Webelos Cast Iron Chef. The Adventures start out simple and get more complex as the Scouts move along to Webelos.

Making lists of what we will be eating is another aspect of good planning. Cub Scouts should get lots of practice in this important skill. Choose foods kids like so that cooking and meal preparation is popular and fun.

The important point of making a menu is to visualize the end result of the whole cooking deal – to set down in writing the goals of the job ahead. When Boy Scouts go camping they need to answer the question: What are we going to eat out there? If they fail to plan ahead then eating becomes something of a problem.

### **Recipes**

Just listing an item in a menu is a far cry from making it suddenly appear. Going from menus to recipes – listing each ingredient and then all the preparation and cooking instructions is a learned skill.

For BALOO, Shirley and I turned each of our menu items into individual recipes. The pizza recipe in the BALOO handout called for ingredients like English muffins, pepperoni, sauce, cheeses and various vegetables. It also described how to prepare the ingredients – slice, the muffin, spread the sauce, slice the veggies etc. Then it called for a "[drug store wrap](#)" in foil and cooking over hot coals for a specified time. There are lots of details never mentioned in the menu here. Another "[drug store wrap](#)."

By the time a Cub Scout graduates from Webelos, he should have lots of experience going from menus to recipes. Between Bear Picnic Basket and Webelos Cast Iron Chef he will get his fill of opportunities. He should

be coming familiar with terms like mix, slice, chop and blend. He should know the differences between fry, bake grill and simmer, and have a nodding acquaintance with measurements like cup, tsp, pinch and quart.

A lot of this learning should be done in the family kitchen before he tries it outside. Scouts who have learned to cook at home have much less grief cooking on a camp out.

Most of all though, he should understand the importance of organizing the workplace. Most menus list all the ingredients and even the utensils before getting to the instructions. This makes organizing easier. Have everything set and ready – what chefs refer to as *mise en place*. It makes following the recipe a lot less troublesome especially when cooking outdoors over a fire.

### **Shopping Lists**

Teach boys to shop. It's an important skill that will be useful life long – starting in Boy Scouts.

Not too long ago I ran into one of our neighborhood Webelos dens at our local supermarket. Near the front of the store, the two leaders stood observing the antics of their charges but the boys were doing all the work. They were pushing two carts around loading them up with provisions for an upcoming camping adventure. I watched the Webelos comparing prices, reading ingredient lists and debating the merits of various brands. These boys will do well in the troop they join.

Turning menus and recipes into a shopping list isn't easy. Like other skills it requires proper demonstrations, good coaching and lots of practice. Parents should be taking their Cub Scout sons shopping, especially for those items to be used for Adventure requirements. Help them prepare the shopping lists – What do we already have? What do we need? How much?

The Scout troop I worked with never ate in a dining hall at camp. They always cooked and ate as patrols. Occasionally they attended a camp where food was supplied but mostly they bought their own. Going shopping with them before a long term camp was fun – something between a circus and an episode of [Good Eats](#) – without Alton Brown.

Sure they made mistakes, purchasing wrong items, forgetting essentials but they were good cooks and could improvise. I remember one patrol that discovered out on the Appalachian Trail that there was no syrup for their pancakes. Just plain forgot. One enterprising Scout suggested they make their own out of hot water, sugar and Tang! It turned out to be a pretty good substitute.

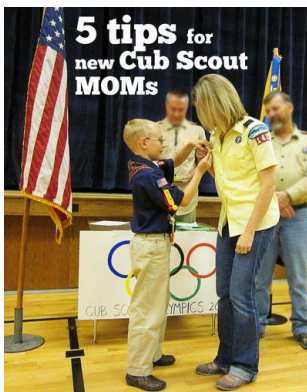
It is a real joy to camp with Scouts who can cook. Patrols often develop their own specialties – one I recall that regularly did roast beef with Yorkshire pudding in a

Dutch oven. There was at least one Scout who turned out soufflés over a fire. He would do it at our family picnics just to amaze the adults.

So make it a point to teach your Cub Scouts and Webelos to cook. Cook things as dens and encourage parents to do it at home. Many packs hold cake baking festivals for the boys. Pack campouts are always opportunities for some outdoors cooking. It will be a valuable skill for any boy to acquire and will make his Boy Scout experience more fun and more valuable. And, as celebrity chef Alton Brown says: "A culinary talent I skillfully used later as a way to get dates in college."

## 5 Tips for New Cub Scout Moms

[http://shannonbrown.typepad.com/life\\_in\\_general/2014/02/5-tips-for-the-new-cub-scout-mom.html#tpe-action-resize-353](http://shannonbrown.typepad.com/life_in_general/2014/02/5-tips-for-the-new-cub-scout-mom.html#tpe-action-resize-353)



*I just found this article and thought I would pass it on to you all. Although it says Moms, it actually is for both parents. This is not the complete article but a teaser – please click on the link above to get the complete commentary and her beautiful pictures.*

- ☺ Buy a BIG Cub Scout shirt for your son.
- ☺ Read the handbook – it will answer all your questions
- ☺ Work on achievements at home – the Den Leaders so not have enough time
- ☺ Moms, wear layers to pack meeting. A cardigan gives your son a place to pin on your parent's pin.
- ☺ Have fun – That is what Cub Scouts is about!!

**One more note** - Volunteer to assist your den & pack however much you are able -- be an extra helper at den meetings, Scouting for Food, hikes, field trips, and especially day camp. Your boys will **love** you for it.

Again, go to her blog and get all the details, see her pictures, and check out her other Scouting posts - [http://shannonbrown.typepad.com/life\\_in\\_general/2014/02/5-tips-for-the-new-cub-scout-mom.html#tpe-action-resize-353](http://shannonbrown.typepad.com/life_in_general/2014/02/5-tips-for-the-new-cub-scout-mom.html#tpe-action-resize-353)

## ROUNDTABLE HINTS



## CONTROLLING ANNOUNCEMENTS

*Commissioner Dave*

**The CS RT Planning Guide says this about Announcements -**

### **Introductions and Announcements**

Although you have already welcomed those in attendance, extend a special welcome to newcomers. You may wish to present them with special recognition or a certificate. Make them feel welcome so they'll bring additional unit leaders with them to the next roundtable.

Be sure to explain the flow of the evening's activities. Point out the various program groups and where they will be gathering. Take care of housekeeping items such as the location of restrooms and any policies specific to the building in which you are meeting.

Next, the chairs or committee members responsible for upcoming events give brief promotional announcements. Limit each announcement to a short introductory statement about the event and where more information can be found, such as fliers and websites. Make sure the representatives are available for questions and discussion at the preopening information table, and assure participants that the handout information will also be available to pick up at the end of the meeting.

**Do not let announcements hijack the time and program needs of units! Keep them to a minute or less, and emphasize that the fliers contain detailed information.**

**I am sure you will agree,  
it is easier said than done.**

It is **YOUR** meeting not their meeting. Take control, and if the announcer will not listen to you – get the District Commissioner or District Exec to give them the hook, politely.

The ADC-RTs and the CS and BS RTC must take control of the length and number of announcements at **THEIR** Roundtable. Notice that TV and Internet advertisers create 10 and 30-second commercials as opposed to 5-minute infomercials!

But before someone wanting to plan out a Camporee (which none of your Cub Scout leaders cares about) or a Pow Wow (which none of the boy Scout leaders want to hear) starts talking during the General (Common) Opening Session of Roundtable, make sure you have an agreement with you District Key 3 about announcements at RT. And that you have established rules and informed your announcers about them.

**To get your District Key 3 on board –**

**1st.** The ADC-RTs and the Program RT Commissioners should hold a serious and meaningful dialogue with the District Commissioner:

- ✓ The RTC's should express their opinion and listen to the DC's opinion on announcements and how valuable RT time is.
- ✓ Make sure the DC knows you understand the purpose of a roundtable includes sharing information with units and sometimes that requires announcements.
- ✓ The RTCs should show the DC the proposed rules for announcements
- ✓ The RTCs should review the various methods to present announcements with show the DC
- ✓ Obtain the DC's concurrence on a set of rules for RT Announcements
- ✓ Have the DC agree to get the ADC-RTs on the agenda at the (next) District Committee Meeting to discuss RT Announcements

**2nd.** Attend a monthly District Committee meeting where the Key 3 (District Chair, District Commissioner, District Exec) are present

- ✓ Explain the proposed rules for announcements.
- ✓ Explain why such rules are necessary. (e.g. the value of time at RTs)
- ✓ Mention that the District organization has a position called PR & Marketing who can make judgements as to value of announcements.
- ✓ Ensure the District Committee knows you understand the purpose of a roundtable includes sharing information with units and sometimes that requires announcements
- ✓ Solicit assistance from other district volunteers to control announcements.
- ✓ Review the various methods available to present announcements
- ✓ Share that there are many methods to share announcements
- ✓ Obtain the Committee's concurrence on the rules.

**3rd.** Implement the new Announcement Rules at the next RT

- ✓ Publish the new rules with your next RT Announcement
- ✓ Reinforce the rules prior to announcements at the next RT
- ✓ Stay on your guard in enforcing them.
- ✓ Be wary of exceptions but they will happen.

**Options for Announcements:**

- ✓ **Printed documents.** Use information in a printed document and require that it be provided. Distribute the document at Roundtable, or stuff it into unit mailboxes.
- ✓ **A slide show on continuous scroll during the Gathering Time** (and maybe more) with a slide (the flyer??) for each event or other announcement
- ✓ **Mailboxes.** Encourage use of unit mailboxes for distribution of materials at roundtables. A full mailbox also tips off the Commissioner on non-attendance at several RTs.

- ✓ **Bullet point.** Program Chair can make brief "bullet-point" mention of upcoming event. See sample announcement in this article.
- ✓ **Electronic Messaging** You can use **e-mails** for sharing information. There are services that can do this for you or you can do it direct.  
Also, **group texting** is available. This will have limited characters but can be effective.
- ✓ **Bulletin Board.** Post a notice on your Bulletin Board telling them they can find such-and-such information in their mailboxes.
- ✓ **Council/District website.** Use the Council/District web pages for details of activities
- ✓ **Council/District electronic newsletter.** Use the Council/District electronic newsletter to distribute details of activities
- ✓ **Postal Mailing.** Some districts have newsletters that are distributed.  
Announcements can be included here, too.

The District PR & Marketing person can help with determination of most effective means for each announcement.

### Some sample rules for

#### Roundtable Announcements –

- ✓ **No Program Specific announcements during the General Opening Session.** If it is Cub Scout or Boy Scout specific, save it for the CS or BS breakout. You need both the CS and BS RT Commissioners and the ADC RTs to enforce this rigidly.
- ✓ **Only Minimal Information** – Potential Standard format for events –

Hello, my name is Marvin Lee Aday and I am leading training on flying mammals from extremely hot climates. It will be Saturday, August 31 at Camp No-Be-Bo-Sco. The flyers with my contact info are in your mail boxes. Read all about it. I will be here all night for questions. Or ask anyone who attended last year, they all loved

it. Feel free to contact me any time.  
Thank you.

No one wants to hear a long list of all the great things at the event, and besides it will be forgotten when they go through the door. (Read *Why Walking through a Doorway Makes You Forget* at <http://www.scientificamerican.com/article/why-walking-through-doorway-makes-you-forget/> )

- ✓ **No Last Minute Announcements** – Have a rule and a deadline and do grant exceptions. They will get used to it. (Yes, you will probably have to give some leeway once in a while (not every month) to your District Exec).
- ✓ **The annual pitch for Friends of Scouting (or Camp Promo or ???) is not an announcement.** Give them the Big Rock Topic time for that night. (*And maybe if you are in a good mood – some of the Interest Topic time from the Program (Cub Scout and Boy Scout) breakouts.*)

#### Announcements Summary

- Stay in control of the time
- Have announcers keep their announcements short and simple.
- Encourage Announcers to be creative in their presentations
- Always include current unit, district and council needs

## 2016 – 2017 CS RT PLANNING GUIDE IS ISSUED!!!

You can obtain a copy at the Roundtable Support page of the National Commissioner's page:

<http://www.scouting.org/scoutsource/Commissioners/roundtable.aspx>

**Page 5 of the 2016-2017 Cub Scout Roundtable Planning Guide (CS RT PG) states –**

"There is an exciting new look to the Cub Scout Roundtable this year."

With which I must agree. There have been very exciting changes in the CS RT PG for 2016-2017.

The team that was assembled was on a mission to revitalize CS RTs and increase attendance. They had survey results and front line knowledge of what was happening in Cub Scouting and at Roundtables across the BSA.

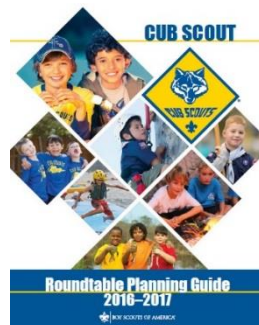
Some of their goals were:

- ★ **Fresh New Material.** No reusing old stuff from previous years.
- ★ **Roundtable is to be supplemental training where leaders go to learn about new things, new methods, best practices, and network with others.** It was never intended to be a session simply to plan a pack and den meetings for the next month.
- ★ **The CS RT PG no longer provides pack meeting monthly themes or pack resource sheets.** The pack meeting plans found online at Scouting.org are designed to help the Cubmaster plan terrific pack meetings and support den leaders with pack assignments.

### **Effect on Baloo's Bugle**

Based on the increased emphasis on Interest (Training) Topics and decreased emphasis on Pack Meeting Pizzazz and Den Meeting Crafts, Baloo's Bugle will probably also decrease the space devoted to these items. And increase space for items related to the Interest Topic.

Several Scouters (volunteer and professional) in my area agreed that it is time to move on from crafts as den meetings are now advancement oriented. And so Baloo's Bugle will move on, also. But there was hesitation amongst those Scouters about Pack Meeting pizzazz. And so we will continue to publish hints for Pack Meetings.



**CUB SCOUT ROUNDTABLE SCHEDULE OF SESSIONS**

Per 2016-2017 Roundtable Planning Guide.

RT Month	Program Month	Pack Meeting Theme and Scout Law Point		Roundtable Interest Topic and Scout Law Point	
		Pack Meeting Scout Law Point	Pack Meeting Theme	Roundtable Scout Law Point	Roundtable Interest Topic
Aug 2015	Sept 2015	Helpful	To The Rescue	Loyal	Internet Resources
Sept 2015	Oct 2015	Kind	Creepy Crawlers	Thrifty	Cub Scout Cooking
Oct 2015	Nov 2015	Courteous	Cubs in Shining Armor	Loyal	Family Involvement
Nov 2015	Dec 2015	Cheerful	Celebrate	Friendly	Working as a Team
Dec 2015	Jan 2016	Obedient	Cub Scout City Council	Brave	Recognition
Jan 2016	Feb 2016	Reverent	Passport to Other Lands	Reverent	Duty to God
Feb 2016	Mar 2016	Loyal	Our National Treasures	Cheerful	STEM Activities
Mar 2016	Apr 2016	Thrifty	Power Up	Obedient	Aqua Cubs
Apr 2016	May 2016	Clean	A Picnic with Pizzazz	Clean	Cub Scout Hiking
May 2016	Jun 2016	Brave	Roaming Reptile Alert	Helpful	Cub Scout Camping
Jun 2016	Jul 2016	Trustworthy	Let the Games Begin	Kind	Campfire Etiquette
Jul 2016	Aug 2016	Friendly	#CUBSCOUTS	Courteous	Enjoying Nature

DL Breakout Topics	WL Breakout Topics	CM Breakout Topic	Comm Breakout	CS Leader
Social Media & BSA Internet Resources	DL Topics + Game Design & Engineering	BSA Social Media Guidelines	On-Line Promotion of the Pack	I'net resources, BSA Social Media policy
<b>Combined Session - Cooking</b> Helpful CS Cooking Tips, Hygiene, Safety, LNT, Scoutstrong Healthy Unit Award				
<b>Combined Session - Family</b> Too Little or Too Much, Family Involvement in Advancement				
Teams in your dens	Den Teams, Less parents, Prep for teams in Boy Scouts	The CM and the Pack Team	The Pack Committee team	
Recognition in Dens	Recognition in Dens, Recognize leadership	How to recognize youth & adults	Recognizing Pack Adults	Why, how, & when we recognize youth & adults
<b>Combined Session - Duty to God</b> Duty to God Adventures & religious emblems				
STEM Adventure Rqmnts (Hands On) Discussion of STEM Nova & Supernova Awards	STEM Adventure Rqmnts (Hands On) Discussion of STEM Nova & Supernova Awards	<b>Combined Session - STEM</b> - Review STEM Nova and Supernova Awards on line. Then discuss		Overview of CS STEM Nova and Supernova
Review Reqmnts for water realated Adventures	Review Reqmnts for water realated Adventures	Adv Rqmnts, BSA Swim policies and local swim areas	Water Safety	Aquatic Adevntures, Areas, Safety
Preparing for a hike	Review Webelos Walkabout	The CM and Den & Pack Hikes	Hike Planning	Various Hiking Topics for all levels
<b>Combined Session - CS Camping</b> BALOO Training, BSA Camping Rules, Types of Camps, Camp Logistics, Resources				
<b>Combined Session - Campfire Etiquette</b> Part 1 - Etiquette, Safety, LNT Part 2 - Program Material, Positive Emphasis, Resources				
Nature is NATURE-al in Scouting	Nature is NATURE-al in Scouting	<b>Combined Session - Nature</b> Nature is NATURE-al in Scouting Safety, 2 Deep, Buddy System		Overview of Nature is NATURE-al

<b>Cub Scout Adventures To Highlight at RT</b>				
<b>Tiger Adventure</b>	<b>Wolf Adventure</b>	<b>Bear Adventure</b>	<b>Webelos Adventure</b>	<b>Arrow of Light</b>
Cyber Chip & Age specific Internet experiences	Cyber Chip & Age specific Internet experiences	Cyber Chip & Age specific Internet experiences	Game Design, Engineer, Cyber Chip & Age spec Internet experiences	
Tiger Bites, Family Stories	Running With the Pack	Bear Picnic Basket; Bear Necessities	Cast Iron Chef	Scouting Adventure - Rqmnt 4 -
Family Stories	Duty to God Footsteps	Paws for Action	Project Family	
Team Tiger	Council Fire	Paws for Action	Project Family	
My Family's Duty to God	Duty to God Footsteps	Fellowship and Duty to God	Duty to God and You	Duty to God in Action
Backyard Jungle; Curiosity, Intrigue, and Magical Mysteries; Sky Is the Limit	Adventures in Coins; Air of the Wolf; Code of the Wolf; Council Fire; Digging in the Past; Germs Alive!; Grow Something; Motor Away	Baloo the Builder; Forensics; Fur, Feathers, and Ferns; Make It Move; Robotics; Super Science; A World of Sound	Adventures in Science; Build It; Earth Rocks!; Engineer; Into the Wild; Into the Woods	
Floats and Boats	Spirit of the Water	Salmon Run	Aquanaut	
Backyard Jungle	Paws on the Path	Fur, Feathers, and Ferns	Webelos Walkabout	
	Call of the Wild	Bear Necessities	Camper, Castaway	
Tiger Theatre	Call of the Wild	Bear Necessities, Grin & Bear It, Roaring Laughter		
Backyard Jungle, Tigers in the Wild	Call of the Wild, Grow Something, Paws on the Path	Fur, Feathers, and Ferns, Bear Goes Fishing	Webelos Walkabout, Into the Wild, Into the Woods	



## DEN MEETING TOPICS

Remember – Boys want to be active!!

See, too, that they earn their awards

*(Never say GET. You get sick, you do not get awards – You earn awards. A little CD Philosophy).*

**Big Rock Ideas** – suggestions for Big Rocks that fit Interest Topics or seasonal activity. If years are next to an item (e.g. 13-14) that suggested Big Rock is in that Roundtable Planning guide and on-line at <http://www.scouting.org/scoutsources/Commissioners/roundtable.aspx>

MONTH/ CORE VALUE	AUGUST: COURTEOUS	SEPTEMBER: HELPFUL	OCTOBER: KIND
PACK MTE THEME	S'MORE CUB SCOUT FUN		
MEETING	RT Guide Suggestion for Break Out	RT Guide Suggestion for Break Out	RT Guide Suggestion for Break Out
TIGER	Family Stories	Cyber Chip **	Tiger Bites, Family Stories
WOLF	Collections & Hobbies	Cyber Chip **	Running with the Pack
BEAR	Beat of the Drum	Cyber Chip **	Bear Picnic Basket, Bear Necessities
WEBELOS	First Responder	Cyber Chip **	Cast Iron Chef
ARROW OF LIGHT	Maestro!	Cyber Chip **	Scouting Adventure, Rqmnt #4
RT MONTH	July, 2016	August, 2016	September, 2016
RT FOCI	Big Rock Ideas - Adult Recognition, Leadership Transitions, Unit-to-Unit Connections, Retention (13-14), Recruiting (13-14), Den Chiefs (13-14), Create a Big Rock Interest Topic - Recruiting Adult Help, Pack Campfire, Den Chief, Den Displays, Recruiting	** - Cyber Chip is now an annual requirement. Each Cub Scout must earn it every year. Big Rock Ideas - Recruiting or Coordinate with BS RT and write one about internet use or another topic. Interest Topics - Internet Resources, Cyber Chip, Internet Safety Review, Age Appropriate Internet Experiences	Big Rock Ideas - Incorporating STEM (15-16), Aims of Scouting (16-17), Trained Leaders (12-13) Session Topics - Cub Scout Cooking including Cooking Tips, Hygiene, Safety, LNT, Scoutstrong Healthy Unit Award

## CHARACTER COMPASS

SEPTEMBER -

ADVENTURES with a CHARACTER COMPASS pointing to **HELPFUL**:

**TIGER** –

- ✓ Tiger Bites(Core)
- ✓ Curiosity, Intrigue, & Magical Mysteries (Elec)

**WOLF** –

- ✓ Howling at the Moon (Core)
- ✓ Paws of Skill (Elec)

**BEAR** –

- ✓ Fellowship & Duty to God (Core)
- ✓ Baloo the Builder (Elec)

**WEBELOS CORE** –

- ✓ None (Core)

**ARROW OF LIGHT CORE** –

- ✓ Camper (Core)

**WEBELOS & AOL ELECTIVES** –

- ✓ Fix It (Elec)



OCTOBER -

ADVENTURES with a CHARACTER COMPASS pointing to **KIND**:

**TIGER** –

- ✓ Backyard Jungle (Core)
- ✓ Tiger-iffic(Elec)

**WOLF** –

- ✓ Duty to God – Footsteps (Core)
- ✓ Cubs Who Care (Elec)

**BEAR** –

- ✓ Fur, Feathers, and Ferns (Core)
- ✓ Critter Care (Elec)

**WEBELOS CORE** –

- ✓ Webelos Walkabout (Core)

**ARROW OF LIGHT CORE** –

- ✓ Duty to God In Action (Core)

**WEBELOS & AOL ELECTIVES** –

- ✓ Into the Wild (Elec)

## THEME RELATED STUFF

### TO THE RESCUE RELATED ADVENTURES

All Adventures are fun. –

#### TIGER –

- ☞ Rolling Tigers – Visit Police Department about bicycles
- ☞ Safe & Smart – visit with an Emergency Responder



#### WOLF –

- ☞ Council fire - Talk to a military veteran, law enforcement officer, member of the fire department, or someone else who works for the community
- ☞ Spirit of the Water – Reaching rescue

#### BEAR –

- ☞ Paws for Actions – Visit police station or talk with a law enforcement officer
- ☞ Forensics – learn about gathering clues
- ☞ Bear Picnic Basket – Cooking First Aid
- ☞ Salmon Run – Reach and Throw rescues

#### WEBELOS CORE –

- ☞ First Responder – Learn about many parts of First Aid.
- ☞ Webelos Walkabout – Assemble a First Aid kit

#### ARROW OF LIGHT CORE

- ☞ NONE

#### WEBELOS & ARROW OF LIGHT ELECTIVES –

- ☞ Aquanaut – Several rescue methods. Talk with rescuers
- ☞ Castaway – Describe what you can do you do to help rescuers find you.



## PACK MEETING THEMES AND PLANS

[www.scouting.org](http://www.scouting.org)

### From National's Website for the new plans using the Core Values based on the Scout Law:

Here are a few thoughts to consider around these new pack meeting plans. First, there is a plan for each month that corresponds with a point of the Scout Law. In addition, each plan has a theme to help make the pack meeting even more fun! The plans do not have to be used in a specific order.

#### Tips for Utilizing the Plans

- ★ Pack meeting plans do not have to be done in any special order, but it is recommended that you include all of the points of the Scout Law each year. The pack planning meeting would be a good time to determine the order.
- ★ There are pack meeting plans for multiple years posted on the website. It is your pack's choice of which one to select from each point of the Scout Law for each year.
- ★ Pack meetings should not last longer than an hour. Adjust the plan to make it fit within the time. Research and experience tells us that Cub Scouts have a hard time sitting still for that long. Keep the meetings fun, active, and engaging.
- ★ If you are comfortable with a costume to fit the theme of the meeting, go for it!
- ★ Importantly, keep it simple and make it fun.
- ★ The following required adventures have a requirement that suggests or requires completion at a pack meeting. Please plan accordingly as part of your annual program planning process. Work with your den leaders to plan when these activities will take place.

**Tiger**

- ★ **Tigers in the Wild**, requirement 5. Participate in an outdoor pack meeting or pack campout campfire. Sing a song and act out a skit with your Tiger den as part of the program.
- ★ **Games Tigers Play**, requirement 3. Make up a new game, and play it with your family or members of your den or pack.

**Wolf**

- ★ **Council Fire**, requirement 6c. Create a den project from recyclables for a pack meeting.

**Bear**

- ★ **Grin and Bear It**, requirement 2. Working with the members of your den, organize a Cub Scout carnival and lead it at a special event.
- ★ **Grin and Bear It**, requirement 3. Help younger Cub Scouts take part in one of the events at the Cub Scout carnival.

**Webelos**

- ★ **Stronger, Faster, Higher**, requirement 5. With adult guidance, lead younger Scouts in a fitness game or games as a gathering activity for a pack or den meeting.

**Arrow of Light**

- ★ **Building a Better World (if chosen)**, requirement 10b. Set up an exhibit at a pack meeting to share information about the World Friendship Fund.

**As a personal note:** *I have read most of the plans and they are excellent and just as complete as the new Den Leader Books. The games, and other stuff are right there. Including costuming ideas for that added PIZAZZ!! If you do not use themes and do not add PIZAZZ you are not doing your best for your pack. GOOD JOB!!! From CD*

Check them out at:

<http://www.scouting.org/Home/CubScouts/Leaders/CubmasterResources/PackMeetingPlans.aspx>

Kim, the chair of the task force, says "I do want to stress that the focus is still the Core Value and the theme is just there as an enhancement. Pack meeting theme plans are specifically crafted to bring out the important points of the Core Value in a fun way."

**PACK MEETING THEMES**

2016–2017 Pack Meeting Plans		
September	Helpful	<a href="#">"To The Rescue"</a>
October	Kind	<a href="#">"Creepy Crawlers"</a>
November	Courteous	<a href="#">"Cubs In Shining Armor"</a>
December	Cheerful	<a href="#">"Celebrate"</a>
January	Obedient	<a href="#">"Cub Scout City Council"</a>
February	Reverent	<a href="#">"Passport To Other Lands"</a>
March	Loyal	<a href="#">"Our National Treasures"</a>
April	Thrifty	<a href="#">"Power Up!"</a>
May	Clean	<a href="#">"A Picnic With Pizzazz"</a>
June	Brave	<a href="#">"Roaming Reptile Alert"</a>
July	Trustworthy	<a href="#">"Let The Games Begin"</a>
August	Friendly	<a href="#">"#CUBSCOUTS"</a>

If you are using a paper copy the link to all the Pack Meeting Plans is:

<http://www.scouting.org/Home/CubScouts/Leaders/CubmasterResources/PackMeetingPlans.aspx>



**UPCOMING MONTHS**

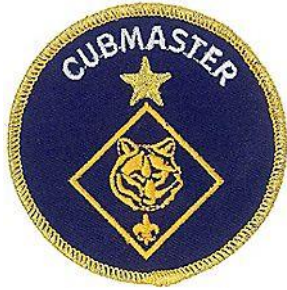
September's Scout Law point, **HELPFUL**, will use the theme, **To the Rescue**.

Month	Year	Theme
<b>HELPFUL Months</b>		
November	2015	Cubs In Action
September	2016	To The Rescue
<b>Potential "TO THE RESCUE" Months</b>		
October	1949	Fire Detectives
May	1957	Cub Scout Fireman
October	1960	Fire Detectives
January	1964	"Family Alert" Pack Plan
October	1971	Fire Detectives
October	1978	Be Firesafe
April	1979	Emergency Savers
October	1979	Fire Detectives
October	1981	Be Firesafe
January	1984	Survival
October	1987	Fire Detectives
October	1992	Fire Detectives
September	1995	Dial 911
October	1997	Fire! Fire!
November	2001	Hometown Heroes
November	2002	Kids Against Crime
January	2004	Home Alone
October	2005	To The Rescue
November	2009	Scout Salute
September	2012	Hometown Heroes
August	2013	Kids Against Crime
<b>Potential HELPFUL " Months (Months with Goodwill based theme)</b>		
December	1995	Do a Good Turn
December	1996	Helping Others
December	1997	The Golden Rule
December	2003	A Cub Scout Gives Good Will
December	2005	Faith, Hope & Charity
November	2008	Spreading Seeds Of Kindness
March	2013	Planting Seeds of Kindness
November	2014	Give Goodwill
March	2015	Aware and Care
November	2015	Cubs In Action

October's Scout Law point, **KIND**, will use the theme, **CREEPY CRAWLERS**.

<b>KIND Months (Themes for Compassion)</b>		
December	1940	Good Will - Cub Style
December	1941	Giving Good Will
December	1943	Good Will Month
December	1945	Follows - Helps - Gives
December	1947	Helps and Gives
December	1948	Goodwill
December	1961	Follows, Helps, and Gives
December	1969	Cub Scout Gives Good Will
December	1972	Follows, Helps, Gives
December	1975	Cub Scout Gives Good Will
December	1991	Follows, Helps, Gives
December	2003	Cub Scout Gives Good Will
March	2004	Walk In My Shoes
November	2008	Spreading Seeds Of Kindness
March	2011	Compassion
March	2012	Compassion
March	2013	Planting Seeds of Kindness
March	2015	Aware and Care
<b>Potential "CREEPY CRAWLER " Months</b>		
October	1955	Cub Scout Beekeepers
May	1971	Growing, Flying, Crawling
May	1992	Bugs and Things
June	1995	Bugs `n Things
April	2000	Bugs & Things
May	2007	Cubs and Bugs Galore
<b>Other Potential Months</b>		
August	1940	Natural Adventures
July	1942	Nature
August	1948	Nature
August	1951	Nature
September	1956	Cub Scout Naturalist
April	1964	Cub Scout Naturalists
April	1975	Cub Scout Naturalists
August	1987	Back to Nature
May	1994	Back to Nature

## CUBMASTER THOUGHTS



### Are You A "Ziploc Pack?"

Sean Scott, California Inland Empire Council

Most leaders recognize that rank advancement ceremonies should be impressive and representative of the amount of work the boy has put into earning the award. But what about the belt loops, activity patches and other "smaller" awards your boys earn?

Unfortunately, these awards are often given out using the "Baggie and Handshake" ceremony. You know, a baggie with the boy's name, and a hearty handshake. No offense, but that's not **FUN!** *And Scouting, ESPECIALLY Cub Scouting, is supposed to be FUN!*

What many leaders don't realize is that these "minor" awards can be a blessing in disguise—a chance to really make your meetings exciting, and get parents and boys alike pumped up about the Scouting program!

So how do you polish up your pack meeting to be shiny and baggie free? Use your imagination! There's no limit to what you can do to award things to your boys, parents and leaders. Here are some ideas to get you started:

- ☺ Shoot your awards in on balloons. Tie up a string with some cut straws, tape the award to the balloon, the balloon to the straws, and fill the balloon with air. When you release the air from the balloon, it will propel the award/balloon rocket down the string. Take on the role of "mission control" and with a little help from some willing parents you have a space themed recognition!
- ☺ Tape awards to the undersides of Frisbees and throw them out to boys standing in the back of the room. Have them throw them back to you, and let an assistant reload the Frisbees. Or mount them on paper airplanes for similar effect.
- ☺ Pot a dead tree or branch and put paper leaves on it with the awards stuck to the leaves for a conservation and nature themed ceremony.
- ☺ Place the awards in a piñata and let the boys go at it with a stick, one or two hits each. While they're taking their swings you can say who got what.
- ☺ Hide the awards around the room and give each boy a treasure map that leads them to their award. Tell

everyone what they received while they're looking. Or hide 'coins' that the boys can use to 'buy' their award from the Cubmaster, er, I mean Pirate.

- ☺ Have them pan for gold nuggets and exchange them at the bank for their awards. You could make a speech about them being more precious than gold while you're at it.
- ☺ Dish them out of a pot dressed as a chef. Or make cupcakes or a cake and stick them in the icing.
- ☺ Have someone dressed as a delivery person "hand deliver" important packages to the boys during the meeting. Or have them dress as a military courier or paratrooper, with open parachute dragging behind them. (I'd make sure they took as lengthy a route through the room as possible in order to catch and twist the 'chute around as many things as possible. Ham it up!)
- ☺ Fire them from catapults your Webelos made. Make castle walls from refrigerator boxes and shoot from inside the castle (or outside, depending on where you want to be...)
- ☺ Give them out as carnival prizes, with each boy performing some simple, fun skill. (Don't make it so hard that your Tigers can't do whatever it is, and just get something handed to them.)
- ☺ Find someone who's good at magic or sleight of hand to conjure them out of the boys' ears, from under their hats or neckerchiefs, etc.
- ☺ Put them inside Whiffle balls or balloons and hit them out to the boys with a big plastic bat.

One month my Assistant Cubmaster and I dressed as cowboys. We took the roles of Wells and Fargo, and were distributing the dividends of a successful summer of mining operations to our "employees" from a cardboard safe. Each boy got a small cloth bag marked "Gold—Property of:" and their name. Halfway through, another leader appeared to rob the bank. We wrapped him with a Mylar emergency blanket we had hidden behind the safe and pulled him out of the room as he shouted, "Drat! Foiled again!"

Another month, we dressed as pirates and distributed awards from a treasure chest, while punctuating the ceremony with a variety of pirate jokes.

It doesn't need to be elaborate, just fun and memorable. Use costumes, props and your imagination. Anything that requires throwing, catching, hitting, running, jumping, breaking, popping, bouncing, stomping, rolling, crawling, climbing, swinging or dropping is bound to bring a smile to the face of a nine-year-old. Don't be afraid to explore and write your own ceremonies!

## Planning is Everything

*Mark Diienno, Cubmaster*

August already. Its hard to believe that summer is in its third month, and soon the birth of another program year will arrive and our lives as normal human beings will go into early hibernation until next June.

Not to say it hasn't been a good summer, because it's been very good. We had 17 boys cross over into Boy Scouting and only 2 did not go to Summer Camp. Not bad says I.

Getting to summer camp in your first year is crucial in helping the boy acquire skills he will need to continue in Boy Scouting. It also is an indicator of the quality program these boys enjoyed as Cub Scouts.

A diverse yearly plan, and adhering to the program are the pillars of a quality Cub Pack Unit.

And speaking of a yearly plan, now is the time to create your plan for the next Scouting year that starts in September. The year must be challenging, exciting, and fun.

This task, especially to first year Cubmasters, can seem a daunting one.

But if you think about it, there are really not too many months that will require a lot of creative effort on your part.

It is built into the year.

September pack meetings are a great time to welcome families into your unit and acclimate all to the ways of your pack.

It is also the start of popcorn season...

I usually do a lot of songs and cheers at the beginning of this one, and then break out into two groups, parents and scouts.

We usually bring in a wildlife preserve to show the boys animals and habitats, while leadership and parents exchange info and forms so all in the unit are on the same page.

November is usually centered around Thanksgiving, and your unit should be involved in some type of service to the community such as the "Scouting for Food" food drive.

December is Christmas, (not to hard to figure this one out,)

January is Pinewood Derby Month.

February is Blue and Gold

May is Family Camp

June is Transition.

In reality, you only have to plan a full program for three months.

So planning program when you look at it in the proper perspective, is not as daunting a task after all.

Make sure you have a Leader (Pack Committee) meeting should be this month. This meeting will set the tone for the year.

Reinforce the aims and methods of scouting with your leadership and stick to them.

Take advantage of training opportunities early in the year so that the youth of your unit will experience quality as soon as possible.

Planning now will insure that your job as Cubmaster will be as smooth as possible

It is hard to believe, but I think our year is starting already.

Plan ahead and stay ahead

## LIONS



### Organizing for Lions

*From – New Birth of Freedom Council*

For those packs that are thinking ahead about participating in the Lion Scouts program, having the right volunteers involved in delivering the Lion Scouts program will be important. Research shows that the most important person for a successful Scouting experience is a good leader. There are two new adult leader positions within the pack that are directly engaged in the delivery of the Lion Scouts program – a Lion Coordinator and a Lion Guide. Where do these positions fit into the current pack structure? **What is the Lion Coordinator's job description?**

- Is an experienced and successful den leader
- Understands den and pack operations within the overall structure of Cub Scouting
- Demonstrates excellent communication and organization skills (and will remain in at least monthly contact with the Lion dens)
- Participates as needed in the unit's School Night with all new Lions and their parents
- Assists the Lion guide in hosting the first orientation meeting for all the individual Lion dens in their pack
- Serves as a coach and mentor for Lion Guide



## The Chief Scout Executive on Lions

### What We Know

According to a 2014 U.S. Census Bureau report, 57 percent of kids ages 6–17 participate in at least one after-school extracurricular activity. This means that by the time they are eligible for Tigers, more than half of them already are engaged in some type of athletic, artistic or other program.

Often, children become attached to lifelong activities at an early age — that is certainly a goal we would have, as we know the long-term benefits of Scouting involvement include strong asset development in the areas of character and leadership. However, we also know that when youth participate in numerous activities at an early age, and miss joining Scouting, they are unlikely to do so at adolescence.

What will be important to learn in the next few years, if the initial entry point works at the kindergarten-age level, is will this cause losses at a different age, or will the program keep the same retention all the way through to Boy Scouting?

What we learn from the pilot Lion format could also help us assess and create a smoother transition from Webelos into Boy Scouting. Too many parents now see a barrier or obstacle, rather than a smoother transition. You will often hear parents say, “We did Cub Scouting, now we’re not sure if we are going to do Boy Scouts.” We do not have a seamless transition into Boy Scouts for a number of reasons. This pilot test will help us think through some of these issues.

We want to be sure that our Lion program delivers the right mix of character and leadership values and that we set the bar high. The program must be sustainable, we must have the right infrastructure to support it, and it needs to address in a meaningful way the needs of parents who want their kids to join Scouting at an earlier age.

You can rest assured that we will carefully evaluate our progress and keep you apprised of the results. Stay tuned for more.

Reprinted from "The Chief's Corner"  
on [Scoutingwire.org](http://Scoutingwire.org)

## MORE LION INFORMATION

Rather than reprinting all the related LION info for another month, I am providing you the links to the BSA Sources. CD

### Bryan's Blog has written about Lions –

Go to <http://blog.scoutingmagazine.org/2016/> and you can look them up



### Cub Hub Lion Posts

Go to the [Cub Scout Learning Library](#) item in this issue of Baloo's Bugle to see the Cub Hub Blog entries on The Lion Program. Or go to [www.cubscouts.org](http://www.cubscouts.org) and click on the Cub Hub Blog.

### There are slideshows on the web put up by local councils. Some examples are:

WD Boyce Council has "Lion Cub Pilot Program" at: <http://www.wdboyce.org/document/lion-cub-pilot-program/161325>

Northern Star Council has a training slide show for District Coordinators and others at: <https://www.signup4.net/UPLOAD/NORT26A/LION12E/District%20Lion%20Cub%20Coordinator%20Training.pdf>

### Councils have put up webpages about what their packs need to know to begin a Lions Program. Examples are:

New Birth of Freedom: <http://seb.newbirthoffreedom.org/2016/03/22/were-approved-for-the-lion-scouts-pilot/>

WD Boyce: <http://www.wdboyce.org/cub-scouts/lion-cub-pilot-program/63360>

Garden State (My Council): <http://www.gardenstatescouting.org/lion-program-0>

Garden State, also, has an FAQ PDF - <http://www.gardenstatescouting.org/sites/default/files/Lion%20Program%20FAQ.pdf>

And we have created a Facebook page for our units with Lions - <https://www.facebook.com/GSCLion/>

### Selected FAQ's

National has posted a PDF file of FAQs about the LION program at [http://www.scouting.org/filestore/pdf/Lion\\_FAQs.pdf](http://www.scouting.org/filestore/pdf/Lion_FAQs.pdf)

## WEBELOS



**Always an S** Webelos always ends with an S whether talking about one Webelos Scout or a den of Webelos. It is an acronym – **WE'll BE LOyal Scouts**. As the CS RT Commissioner who mentored me says – "If you don't have an S at the end – then there is nothing to which to be loyal."

## WEBELOS CAMPOUTS

*Adapted From Several Training Syllabi*

*Note: For Traditional units, Webelos Scouts / Dens means Webelos (4<sup>th</sup> grade) and Arrow of Light (5<sup>th</sup> grade) Scouts / Dens. For LDS Units where the Webelos experience is the 12 months a Scout is 10 years old, it is all inclusive.*

## PLANNING THE CAMPOUT

### Introduction

The Webelos den overnight campout is an important part of the Webelos camping program in preparing boys for Boy Scouting. These campouts usually last for one or two nights and may be repeated several times during a boy's time as a Webelos Scout. It is here that bridges can be built to help span the gap between Cub Scouts and Boy Scouts.

Webelos den camping should give boys a taste of camping to whet their appetites for their future Boy Scout experience. It does not include the rugged type of camping done in the troop. Webelos den campouts do not include backpacking. The campouts should be held in areas readily accessible by auto, and are always parent or guardian-and-son activities.

### Planning Steps

Planning a Webelos den overnight campout is simply being able to "see" with your mind's eye things that are going to happen. As you live the experience in your mind, you can write down the things that need to be done. A written plan is essential so that nothing important is overlooked and everyone knows his or her responsibilities

### Who Attends?

Be sure the participants understand that this is a parent-and-son event and every Webelos Scout must have a parent (or other adult) accompanying him on the overnight campout. Each parent has a share of responsibility in planning and carrying out the campout. If a parent or guardian is unable to attend, the family should make arrangements with another adult family member or with the parent of another Webelos Scout (but not the Webelos den leader) to accompany the boy. At all times, a boy must be under the direct supervision of an adult.

### Where Is It Held?

Campsites might include local Scout camps or a nearby city, county, state, or federal facility (a state park or county forest preserve, for example). The campsite should be located near a parking area since Webelos den overnight camping cannot include backpacking. Ensure that the camp facility provides safe water, toilet facilities, garbage disposal, and fire sites.

It is a good idea to have a backup plan in case of bad weather.

### How Do We Get There?

Review the safety rules for transporting Scouts in the *Guide to Safe Scouting* and the *Cub Scout Leader Book*

Be sure there are enough cars to hold all of the boys and adults as well as the camping gear.

### What Do We Need?

- ✓ **Tents.** Some families will have tents or can borrow one from a neighbor or friend. Or tents for the den can be borrowed from a Boy Scout troop.
- ✓ **Food, cooking equipment, utensils, and bags for disposing of trash and garbage.** These can be brought from home by each boy-parent team or purchased for the whole den after a planning session with the parents.
- ✓ **Program materials,** depending on what activities are planned.
- ✓ **Personal equipment for boys and adults.** In the Webelos Handbook, the Arrow of Light Required Adventure Camper has list of items to bring on a campout. It is in three parts – Scout Basic Essentials for every outing, Overnight Gear, and Optional Items. Additional items may be added to the list, depending on your program, time of year, and expected weather.



**Campout Preparation Activity**

There are three major campout preparation steps.

These preparation steps are

- ✓ **Prepare yourself.** What do you, as a Webelos Den Leader, need to know and do?
  - Make reservations.
  - Check fire regulations.
  - Attend Webelos Leader Outdoor Training.
  - Enlist the help of others.
- ✓ **Prepare the boys.** What do the boys need to know?
  - Teach the rules about outdoor fire safety.
  - Review the Outdoor Code.
  - Teach the boys basic knots.
  - Teach the boys basic first aid.
  - Plan campfire program activities.
  - Send home a list of items the Webelos Scout and his parents should bring on the campout
- ✓ **Prepare the adults.** What do the parents need to know?
  - Date of campout
  - Location
  - Time and place to rendezvous
  - Schedule of events for the campout
  - Campout menu
  - Equipment list required for the campout
  - Health and safety

**Campout Activities**

Here is a partial list of possible campout activities:

- ✓ **U.S. Flag** - Always fly the U.S. flag at camp. Have a ceremony as you raise and lower it.
- ✓ **Work on Adventures** - The campout is a good time for boys to complete requirements for Adventures that have requirements to be completed in the outdoors.
- ✓ **Campfire Program** - This is an exciting part of a campout. Plan it carefully so that it will be successful. Remember that campfires should be positive experiences, and no put-downs or negative skits should be allowed.
- ✓ **Outdoor Games** - Games are great fun on campouts. Take care to use games that boys and adults can play together. The *Cub Scout Leader How-To Book* has many games appropriate for a campout. The section on team-building games includes games that adults and boys can play together as the games don't depend on speed or size.

- ✓ **Worship Service** - You may plan your campout so that campers are home in time for Sunday or Sabbath worship. If not, be sure to include a vesper or "Scouts' Own" service as part of the camp out program. Because Scouting is nonsectarian, the worship service should be nondenominational and attendance optional but encouraged. Sample Scouts Own service program are available on-line.
- ✓ **Fishing** - If there is a lake or stream nearby, fishing is a good campout activity. Be sure the adults have fishing gear and licenses. Stress conservation-keep only the fish you plan to eat and release all others.
- ✓ **Swimming or Boating** - If facilities are available, these are good activities that everyone will enjoy. Remember to use Safe Swim Defense when swimming and Safety Afloat when boating.

**Summary**

The Webelos den overnight campout will be a big event in the life of each boy. Be sure it is a good experience for him. A poorly planned, poorly run campout can discourage a boy from participating in future outdoor activities. Well-planned campouts will keep him interested and cause him to look forward to becoming a Boy Scout.

Parents and guardians, too, must be happy on campouts. If they have a successful, pleasurable, and interesting campout experience, they are more likely to participate in, and bring their Webelos Scout to, the next campout.

**WEBELOS CAMPING GUIDELINES**

*Adapted from Cub Scout Camping Policies,  
Suffolk County Council*

[http://www.sccbsa.org/docs/Council/SCCBSA\\_Cub\\_Camping\\_Policy.pdf](http://www.sccbsa.org/docs/Council/SCCBSA_Cub_Camping_Policy.pdf)

**Webelos Camping**

Webelos den overnight campouts provide opportunities for Webelos and Arrow of Light Scouts to enjoy the increasing camping challenges offered by BSA's progressive outdoor program, but still within the family environment of Cub Scouting. Webelos camping experiences should help prepare Webelos Scouts for the camping adventures of Boy Scouting without taking away from the type of camping they will experience as a member of a Boy Scout troop.

Webelos Dens are encouraged to have several overnight campouts each year during the spring and fall months. In colder climates, Webelos dens should not tent camp outdoors during the harshest part of the winter. The Webelos den overnight campouts are parent-son events, under the direction of the Webelos den leader. Each Webelos scout should be under the

supervision of an adult, preferably his own father, mother, or guardian. If a parent or guardian cannot attend, the boy's family should make arrangements for one of the other parents or another adult relative or friend to be a substitute at the campout. It is essential that each Webelos Scout is under the supervision of an adult and that every adult has a share of the responsibility for the campout. Webelos dens are encouraged to participate in joint overnight campouts with a Boy Scout troop; however, a parent or guardian of each Webelos Scout must still attend. These campouts are especially encouraged during the Arrow of Light (fifth-grade) year. These campouts, conducted with an individual troop for the purpose of strengthening ties between the pack and troop, are to be held separate from any district or council Boy Scout activities (e.g. Camporees). The Webelos Den Leader should discuss these guidelines with the host troop for coordination.

Because of the responsibilities of a Webelos Leader on an overnigher, a Webelos Leader should not accept responsibility for a Webelos Scout whose parents or guardian cannot attend. Youth protection guidelines that state that the only adult that can sleep in a tent with a scout is his parent or legal guardian are in effect. Webelos den campouts are not open to siblings.

Webelos Scouts should be experiencing family-type camping, as opposed to the more challenging type of camping that they will be experiencing as Boy Scouts. A location that has a tested water supply, toilets, cooking facilities, space for pitching tents, and an indoor activity area would be appropriate for a Webelos Den overnight campout.

If you expect the Scouts and parents bring family camping type equipment, consider choosing a campsite located near a parking area or that is vehicle accessible. Family camping equipment tends to be heavy and difficult to carry any distance. In selecting the location for a Webelos overnight campout, remember that Webelos Scouts should not experience Boy Scout-type camping on the overnight. Webelos overnights do not include backpacking. Webelos overnight camping at Boy Scout camporees and/or events is not a BSA-approved activity.

When tents are used, no youth will stay in the tent of an adult other than his parent or legal guardian. When housing other than tents is used, separate housing must be provided for male and female participants. Permits for campouts are issued at the Council Service Center. Webelos dens use the Local Tour Permit Application.



## **BE UP TO DATE**

[www.scouting.org/programupdates](http://www.scouting.org/programupdates)

The Program Updates page has been regrouped. Since the CS Adventure is in full swing, the emphasis on getting ready for it has been reduced. The downloads are still all there. And great information about three new Cub Leader courses at [Philmont Training Center](#) next summer.

There is a lot of information now on getting ready and implementing the changes to the Boy Scout program.

**Check it all out – stay current!!**

**ROUNDTABLE  
FOR FUN AND  
KNOW-HOW**

## September Crazy Holidays

Jodi, SNJC Webelos Resident Camp Director Emeritus,  
2006-2011. Adapted from

<http://holidayinsights.com/moreholidays/index.htm>

<http://www.brownielocks.com/month2.html>

**September is:**



- [All American Breakfast Month](#)
- Attention Deficit Hyperactivity Disorder Month
- Backpack Safety America Month
- Classical Music Month
- Children's Good Manners Month.



(Your local Scout store may still have enough of these if you want to have your Cub Scouts earn it.)

- [Hispanic Heritage Month](#)
- [Fall Hat Month](#)
- [International Square Dancing Month](#)
- [National Blueberry Popsicle Month](#)



- [National Chicken Month](#)
- [National Childhood Obesity Awareness Month](#)
- [National Courtesy Month](#)



- [National \(Ice Cream\) Shake Month](#)
- [National Piano Month](#)



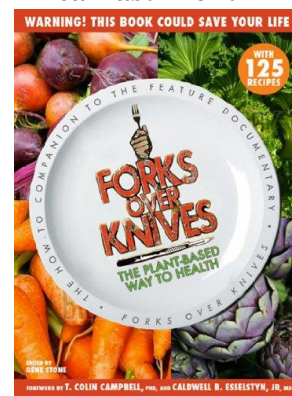
- [National Prostate Cancer Awareness Month](#)
- [Baby Safety Month](#)
- [Little League Month](#)



- [National Honey Month](#)
- [Self-Improvement Month](#)



- [Save The Koala Month](#)
- [Better Breakfast Month](#)



Watch the "Forks Over Knives" video then get this book to learn about whole grain eating!!

- [Whole Grains Month](#)



- [Wild Rice Month](#)

Weekly Celebrations:

- International Enthusiasm Week: 1-7
- [National Nutrition Week: 1-7 \(UNICEF-India\)](#)



- [National Waffle Week: 4-10](#)
- [Self-University Week: 1-7](#)
- National Payroll Week: 1-5



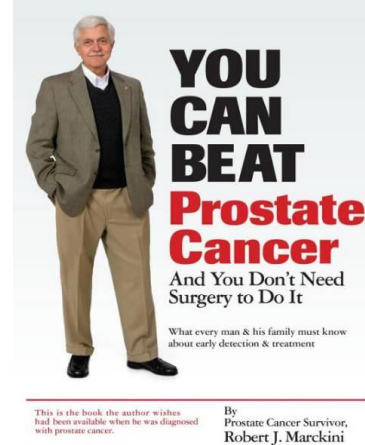
- [Popcorn Days 8-10](#)
- [Child Passenger Safety Week: 11-17](#)
- International Housekeepers Week: 11-17 (Second Full Week)
- Substitute Teacher Appreciation Week: 5-11 (Second Full Week)
- National Assisted Living Week: 11-17
- [National Historically Black Colleges & Universities Week: 18-24](#)



- Line Dance Week: 12-17 (Starts 2nd Mon. thru Sat.)
- Balance Awareness Week: 14-20 (3rd Week)
- Build A Better Image Week: 18-24 (Third Full Week)
- Dating and Life Coach Recognition Week: 11-17



- National Clean Hands Week: 18-24 (Third Full Week)
- National Farm & Ranch Safety and Health Week: 18-24 (Third Full Week)
- National Indoor Plant Week: 18-24 (Third Full Week)
- National Rehabilitation Awareness Week: 18-24 (Third Full Week)
- Pollution Prevention Week: 18-24 (Third Full Week)
- World Hearing Aid Awareness Week: 25-10/1 (Last Week Sept.)



This is the book Commissioner Dave read before deciding how to have his prostate cancer treated. Questions?? drop him a line at [Davethecommish@gmail.com](mailto:Davethecommish@gmail.com)

- Prostate Cancer Awareness Week: 18-24 (Third Full Week)
- National Love Your Files Week: 19-23 (Third Full M-F Week)
- Constitution Week: 17-23
- International Week of the Deaf: 19-25



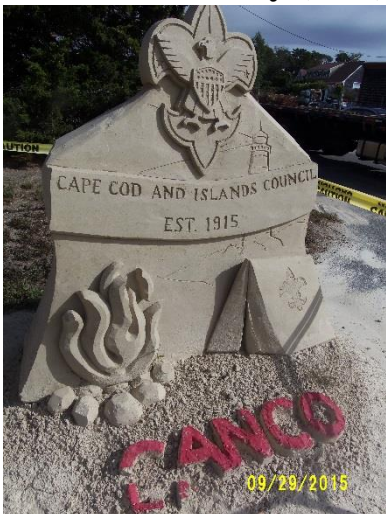
- National Dog Week: 18-24 (Always last week) and



- National Keep Kids Creative Week: 18-24 (Last Week)
- Remember to Register to Vote Week: 18-24



- Tolkien Week: 18-24 (The week that has Hobbit Day (9/22))



- [International Sand Sculpting Championships : 30-10/9](#)

**September Daily Holidays, Special and Wacky Days:**

- 1 [Emma M. Nutt Day](#), the first woman telephone operator



- 2 [VJ \(Victory – Japan\) Day, WWII](#)
- 3 [Skyscraper Day](#)
- 4 [Newspaper Carrier Day](#)
- 5 [Labor Day](#), First Monday of month
- 5 [Be Late for Something Day](#)



- 5 [Cheese Pizza Day](#)
- 6 [Fight Procrastination Day](#)
- 6 [Read a Book Day](#)



- 7 [National Salami Day](#)
- 7 [Neither Rain nor Snow Day](#)
- 8 [International Literacy Day](#)
- 8 [National Date Nut Bread Day](#)
- 8 [Pardon Day](#)



- 9 [Teddy Bear Day](#)
- 10 [Sewing Machine Day](#)
- 10 [Swap Ideas Day](#)

- 11 [911 Remembrance](#)
- 11 [Grandparent's Day](#)
- 11 **[Make Your Bed Day](#)**
- 11 [No News is Good News Day](#)
- 11 [National Pet Memorial Day](#)
- 12 [Chocolate Milk Shake Day](#)
- 12 [National Video Games Day](#) - also see Video Games Day in July
- 13 [Fortune Cookie Day](#)
- 13 [National Peanut Day](#)
- 13 [Positive Thinking Day](#)



- 13 [Uncle Sam Day](#)
- 14 [National Cream-Filled Donut Day](#)
- 15 [Make a Hat Day](#)
- 15 [Felt Hat Day](#) - On this day, men traditionally put away their felt hats.
- 16 [American Legion Day](#)
- 16 [Collect Rocks Day](#)
- 16 [Step Family Day](#)
- 16 [Mayflower Day](#)



- 16 **[National Play Doh Day](#)**
- 16 [Working Parents Day](#)
- 16 [POW/MIA Recognition Day](#) - Third Friday of September
- 17 [National Apple Dumpling Day](#)
- 17 [Citizenship Day](#)



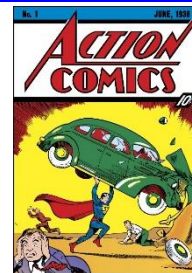
- 17 [Constitution Day](#)
- 18 [National Cheeseburger Day](#)
- 18 [National Women's Friendship Day](#) - third Sunday in September



- 19 **[International Talk Like A Pirate Day](#)**
- 19 [National Butterscotch Pudding Day](#)
- 20 [National Punch Day](#)
- 21 [International Peace Day](#)



- 21 [Miniature Golf Day](#)
- 21 [World Gratitude Day](#)
- 22 [Autumn Equinox](#) - Fall begins!
- 22 [Business Women's Day](#)
- 22 [Elephant Appreciation Day](#)
- 23 [Checkers Day](#)
- 23 [Dog in Politics Day](#)
- 23 [Native American Day](#) - fourth Friday of the month
- 24 [International Rabbit Day](#) - Fourth Saturday in September
- 24 [National Cherries Jubilee Day](#)



- 25 [National Comic Book Day](#)
- 26 [Johnny Appleseed Day](#)
- 27 [Crush a Can Day](#)
- 27 [Oktoberfest begins](#) (in 2014, date varies)
- 28 [Ask a Stupid Question Day](#)
- 28 [National Good Neighbor Day](#)
- 29 [Confucius Day](#) - Try your luck. Get a Fortune Cookie.
- 30 [National Mud Pack Day](#)

# SPECIAL OPPORTUNITIES

## SCOUTStrong Healthy Unit Award

Adapted from -

[http://www.scouting.org/scoutsource/BSAFit/fitfuelfun/healthy\\_unit.aspx](http://www.scouting.org/scoutsource/BSAFit/fitfuelfun/healthy_unit.aspx)

**Personal fitness** is one of the [Aims of Scouting](#). To show a commitment to this value and earn the SCOUTStrong Healthy Unit Award, follow three healthy practices at all meetings and gatherings:

- **Snack smart:** Serve fruits or vegetables, when you have snacks (three meetings).
- **Drink right:** Make water the main beverage (six meetings).
- **Move more:** Include 15 minutes of fun physical activity (nine meetings).

Scouts can earn the **SCOUTStrong Healthy Unit Award** with their den, pack, troop, or crew.



### Get Started

Record progress toward the award using the **Healthy Unit Award tracker**:

There is a different tracker for each rank but all look very similar. See sample in this article.



- [Tiger](#)
- [Wolf](#)
- [Bear](#)
- [Webelos](#)
- [Boy Scout](#)

### The three requirements are:

- ★ Serve fruit or vegetables at 3 meetings.
- ★ Serve water as the primary beverage at 6 meetings.
- ★ Do 15 minutes of physical activity at 9 meetings.

### Sample Healthy Unit Award Tracker

Achievements for each rank that match the Healthy Unit Award activities are listed on each tracker for Cub Scouts. If you are a pack leader tracking progress toward the award, use the Boy Scout version of the tracker.

**SCOUTStrong Healthy Unit Award Tracker**  
**BEARS**

Track your progress toward becoming a SCOUTStrong Healthy Unit

Record the Meeting / Event / Outing Dates:

Healthy Unit Activities	1	2	3	4	5	6	7	8	9
3 Serve fruit or vegetables at 3 meetings.									
6 Serve water as the primary beverage at 6 meetings.									
9 Do 15 minutes of physical activity at 9 meetings.									

**Extra activity:** Sugar Detectives  
Find this activity at [www.scouting.org/scoutstronghealthyunit](http://www.scouting.org/scoutstronghealthyunit)

**Has your unit completed the 3-6-9 requirements? Congratulations, you are a SCOUTStrong Healthy Unit!**  
Help Scouts learn healthy habits by continuing these practices at meetings throughout the year.  
You can lead a SCOUTStrong unit every year - find trackers for each rank at [www.scouting.org/scoutstronghealthyunit](http://www.scouting.org/scoutstronghealthyunit)

### Resources

Resources to help you bring healthy practices to your Scout meetings are posted as PDF files at <http://www.scouting.org/scoutstronghealthyunit.aspx>.

I have provided the links here, also.

- [Snack Smart: Tips and ideas for healthy snacks](#)
- [Snack Smart: Letter for snack volunteers](#)
- [Drink Right: Sugar Detectives \(extra activity listed on the tracker\)](#)
- [Move More: Ideas for Active Games](#)

Samples are on the next page of this item. Please download the originals.

### Recognition

**Has your unit earned the award?** Congratulations on becoming a SCOUTStrong healthy unit!

- ★ [Print a certificate for your unit](#)
- ★ Purchase SCOUTStrong Healthy Unit Award patches at <http://www.scoutstuff.org/emb-pala-healty-unit.html#.V5u-CPKrLct>.



## Active Games

Use these fun, non-competitive games to get Scouts moving at meetings.



### Aerobic Tic-Tac-Toe

What you need: Pen or pencil, and 1 tic-tac-toe board per team (see examples on the following pages)

1. Have Scouts form pairs and give each pair a tic-tac-toe board.
2. Partners determine who will go first. They can play Aerobic Rock Paper Scissors to do this.
3. Players take turns choosing which square they want to cross out and perform the activity listed in the square.
4. Play continues until one player gets 3 in a row, or no more moves can be made.

### Aerobic Rock Paper Scissors

1. Start by showing Scouts how to move their bodies for "rock," "paper" and "scissors"

- Rock: crouch down into a ball.
- Paper: arms and legs out wide.
- Scissors: one arm forward, other back, one leg forward, other back – as if you're running, but with straight arms and legs.

2. Scouts should pair off and with their partner, jump up and down four times while saying "Rock, Paper, Scissors, Shoot!"
3. On "Shoot," players pick their movement.

\*Rock beats Scissors, Scissors beats Paper, and Paper beats Rock. Best two out of three wins!

### Quiz Calisthenics

What you need: Pen/pencil and paper

1. Create a list of true/false quiz questions relevant to your current meeting topic.
2. Instruct Scouts to answer "true" by doing jumping jacks and to answer "false" by doing sit-ups.
3. Vary the types of exercises to do for "true" and "false."

### Zero In

What you need: Sheets of paper, pen/pencil

1. One person is selected to be the Number Guesser.
2. A different person writes a number between 0 -1,000 (or 0-100 for younger Scouts) on a piece of paper and shows it to everyone except the Guesser. The goal is for the group to help the Guesser "zero in" on the number that was chosen.
3. The Guesser will start by calling out a number. If the correct number is higher than the number they guessed, the group will jump up and down. If the correct number is lower, the group will do squats.
4. Jumping and squats continue until the Guesser guesses the correct number. Then, another person becomes the Guesser, and another round begins.



## SNACK SMART at Scout Meetings



### Keep it simple – serve fresh fruits and vegetables!

Apples, bananas, grapes, green beans, cucumbers, and carrots are good options that require little preparation. Enlist the help of Scout parents who can take turns bringing in a fruit or vegetable snack.

### Check out the tips below for serving fruits and vegetables for snacks during Scout meetings:



**Have a taste test:** Kids are more likely to try new foods when they're around other kids. Have Scouts score fruits and vegetables on things like:

- ★ Eye-catching
- ★ Crunch
- ★ Flavor



**Add a dip:** A healthy dip can encourage Scouts to try fruits and vegetables. Hummus or peanut butter are great options, but be aware of any allergies. You can also pair fruits and vegetables with these yogurt dip recipes:

#### Savory Dip:

Combine 2 cups low fat plain yogurt, 1 tsp. garlic powder, 3 Tbsp. lemon juice, ¼ cup grated parmesan cheese, and a pinch of salt and pepper. Mix well.

#### Sweet Dip:

Combine 2 cups low fat vanilla yogurt, ½ tsp nutmeg, and ½ tsp cinnamon. Mix well.



**Cub Scout Derby Cars:** Scouts can use fruits, vegetables and toothpicks to build their own model derby cars. Encourage them to taste at least three of the foods they use to build their cars.

**Body of the car:** Try Bananas  
**Wheels:** Try cherry tomatoes or grapes



**Scout Chefs:** Recreate the famous story of Stone Soup by having each Scout contribute one ingredient to make a vegetable soup or fruit salad together. If you don't have the time at a meeting, make this part of your next camping trip.

"I was surprised what a big hit our healthy snacks were. The Scouts were just as excited about the fruit as they were about the cookies we had served before."

-Cubmaster, Pack 688  
Grand Canyon Council

Share the "Tips for Snack Volunteers" handout, which can be found at [www.scouting.org/scoutstronghealthyunit](http://www.scouting.org/scoutstronghealthyunit).



**There is also -****The SCOUTStrong PALA Challenge**

[http://www.scouting.org/filestore/ntw/pala\\_overview.pdf](http://www.scouting.org/filestore/ntw/pala_overview.pdf)

**What is "PALA"?**

- ★ PALA stands for the Presidential Active Lifestyle Award, an activity challenge of the President's Challenge program. The President's Challenge is a program of the President's Council on Fitness, Sports and Nutrition (PCFSN).
- ★ PALA is designed to motivate participants to be physically active on a regular basis by allowing them to participate in activities they enjoy. Earning a PALA is definitely doable by ANYONE at ANY fitness level.

**What is the SCOUTStrong PALA Challenge?**

- ★ In 2011 the BSA aligned with the PCFSN with the shared goal of together promoting good health for America's youth; the SCOUTStrong PALA Challenge is one of the results of this alliance.
- ★ The SCOUTStrong PALA Challenge is a Scout-specific PALA challenge. Each BSA local council will have its own PALA group. Members of these groups will be able to:
  - ✓ Compare their progress relative to the group
  - ✓ Send messages to group members

**Who can participate in the SCOUTStrong PALA Challenge?**

The entire BSA organization is being encouraged to earn their SCOUTStrong PALA Challenge award; this includes the following:

- Scouts of all ages
- Venturers
- Parents/Guardians
- BSA Volunteers
- Local Council Staff
- National Council Staff
- Friends of Scouting
- BSA Alumni
- Council Board Members

**How does the SCOUTStrong PALA Challenge work?**

- ★ To earn the SCOUTStrong PALA Challenge award, a participant is required to meet a daily activity goal of 30 minutes a day for adults and 60 minutes a day for kids under 18 for at least five days a week, for a total of six weeks. Participants can take up to eight weeks to complete the program.
- ★ The participant picks their activities as they strive to reach their goal, logging their physical activity along the way.
- ★ Over 100 indoor and outdoor activities count toward the daily requirement, including walking, running, aerobics, gardening, and canoeing, as long as major muscle groups are engaged at a moderate to vigorous activity level.
- ★ Starting the SCOUTStrong PALA Challenge will help participants:
  1. Commit to daily physical activity—and stick with it.
  2. Set realistic goals to encourage fitness for a lifetime.

**How do I get started with the SCOUTStrong PALA Challenge?**

Participants can enroll and track their progress either online with a free Online Activity Tracker or on a paper Active Lifestyle Activity Log.

**ONLINE:**

- ★ Participant begins by visiting [www.scouting.org/SCOUTStrongPALA](http://www.scouting.org/SCOUTStrongPALA).
- ★ Participant uses the appropriate dropdown menu to pick the state that the council/organization they want to be affiliated with is located in.

- ★ Participant use the appropriate dropdown menu to pick the council/organization with which they want to be affiliated with.
- ★ Participant clicks [START THE SCOUTStrong PALA CHALLENGE].
- ★ The participant should be at the PALA page of their affiliated council/organization. They should click [CREATE AN ACCOUNT].
- ★ The participant should complete the required fields and click [REGISTER].
- ★ They'll arrive on their activity tracker home page, which they will see each time they log into their account. From this screen they can track their activities, join a group, see their award progress, and adjust their account preferences.
- ★ Upon completion of the six-week program, the participant will receive a congratulatory email from the President's Challenge. Participants should print and submit this email to their Scout leader.

#### ON PAPER:

- ★ Participants will need to have an Active Lifestyle Activity Log; these can be downloaded for free at [www.presidentschallenge.org/tools-resources/docs/PALA\\_log.pdf](http://www.presidentschallenge.org/tools-resources/docs/PALA_log.pdf)
- ★ Participants should track their daily activity using the Active Lifestyle Activity Log.
- ★ Upon completion of the six-week program, participants should self-certify the results at the bottom of the Active Lifestyle Activity Log and submit it to their Scout leader.



#### What will participants who complete the SCOUTStrong PALA challenge earn?

After successfully completing the SCOUTStrong PALA Challenge, participants will be eligible to acquire all of the awards listed below:

- ★ Participants may purchase a Joint BSA/PALA SCOUTStrong PALA Challenge award patch. These will be available in Scout shops after October 1, 2011.
- ★ Participants may download for free a Joint BSA/PALA SCOUTStrong PALA Challenge achievement certificate at: [www.scouting.org/SCOUTStrongPALA](http://www.scouting.org/SCOUTStrongPALA).
- ★ Participants may purchase a President's Challenge PALA patch, an achievement certificate, and other products by visiting

[www.presidentschallenge.org/challenge/active/](http://www.presidentschallenge.org/challenge/active/) and clicking on [SHOP].

#### Links For More Information

About SCOUTSTRONG:

[www.scouting.org/SCOUTStrongPALA](http://www.scouting.org/SCOUTStrongPALA)

List of SCOUTSTRONG PALA Challenge Activities:

[www.presidentschallenge.org/challenge/activities.shtml](http://www.presidentschallenge.org/challenge/activities.shtml)

About PALA:

[www.presidentschallenge.org/challenge/active](http://www.presidentschallenge.org/challenge/active)

About The President's Challenge:

[www.presidentschallenge.org/about/](http://www.presidentschallenge.org/about/)

About the PCFSN:

[www.fitness.gov/about-us/](http://www.fitness.gov/about-us/)



## TRAINING TOPICS

### Snips and Snails and Puppy Dog Tails.

*Bill Smith, the Roundtable Guy*

Working with a den of young boys can be a challenge. To make it a bit less daunting, new leaders should become a bit familiar with what else besides snits and snails go into the make-up of boys.

#### Boys are Different.

##### Do Your Best.

When we think of the Cub Scout motto, we usually concentrate on the word "best." However the verb "do" more accurately describes boys. Boys are involved with doing things. One time National Cub Scout Director Bud Bennett reminded us:

*If three boys are standing, talking, they are talking about doing something, If three boys are walking, they are on their way to do something. If they are running, they have just done something.*

Action is important. Boys seem to be most comfortable at our meetings when things are happening and especially when they are part of the action.

Even when boys make things, they expect their creations to do something. Again, Bennett said:

*Did you know that when a boy makes or builds something - like a model plane, a boat or a car - he often imagines it in action: flying, sailing or racing, as he works on it?*

*His mind is as active as his hands.*

##### Boys Needs

The emotional needs of boys between 1st and 4th grades are basically the same. All boys (in fact, all people) have:

- ✓ The need to be loved.
- ✓ The need to be accepted.
- ✓ The need to be noticed.
- ✓ The need to belong.
- ✓ The need to be praised and encouraged.
- ✓ The need to be safe and secure.
- ✓ The need to let off steam.
- ✓ The need to express themselves.
- ✓ The need to experiment (and make some mistakes in the process.)
- ✓ The need to have fun.

How each boy tries to fulfill these needs is what really makes him unique. One boy may be very timid and quiet and another loud and rowdy, but both are afraid

they won't be loved. We usually notice the rowdy one, but both need our care and attention.

If a boy wants to be noticed and receives a lot of attention from you when he misbehaves, his need to be noticed is fulfilled. He will probably continue his inappropriate behavior because it best fulfills his need.

Well then, what's a den leader to do? Boys will be boys and will probably get into trouble. How can you deal with misbehavior, build up their self-esteem and still maintain some kind of order in your den? You need a plan of discipline.

#### Discipline and Punishment

***Correcting bad habits cannot be done by forbidding or punishment.*** Robert Baden-Powell

**Discipline is the process of learning.** Den discipline is a cooperative process where the boys behave in such a manner that both the boys and the leaders win: both achieve their objectives. The boys have fun, do exciting new things and feel good about themselves. The leaders achieve the aims of scouting, the boys are safe and they all get through the meetings with a minimum of damage and tears.

**Punishment is the opposite.** Punishment happens when discipline fails. Punishment is adversarial: either, the leader wins, the boy is punished and the boy loses or the leader backs down and the boy wins. .

***It is risky to order a child NOT to do something. It immediately opens to him the adventure of doing it***  
Robert Baden-Powell

**Children need to develop self esteem.** They need to win and feel good about themselves. When a leader uses punishment or the threat of punishment to control behavior, every time the leader wins, the boy loses and is motivated to misbehave in an attempt to win next time.

**Scouting relies totally on positive reinforcement.** The Cub Scout Leader Book contains the official word on Cub Scout discipline. Every leader should read it and follow its recommendations.

#### Six Essentials

A few years ago, we presented six essentials for a Cub Scout leader to get through their meeting or activity with a minimum of damage and tears. Here they are again in abbreviated form.

##### Well planned programs.

The first, and most critical, step toward controlling the behavior of the boys is to plan a good program. Boys, who are having a good time, rarely cause trouble.

**Get and hold their attention.**

You will get nowhere if you lose control of your meeting. Wearing your Scout uniform, ceremonies, the Cub Scout sign are all useful. Keep activities short, simple and fun.

**They know what's expected of them.**

Boys often misbehave just because they are not sure how they are expected act. They are imaginative and invent their own standards of behavior. You don't want that.

You will need a Code of Conduct – a set of rules that we all follow at our meetings..

*A boy carries out suggestions more wholeheartedly when he understands their aim.*

Robert Baden-Powell

**Give each boy individual attention.**

Use each boy's name a lot. Children crave attention and, the last time I priced it, attention was an inexpensive commodity.

**Build a team.**

Build pride in your den. Use lots of standard team building gimmicks like den flags, doodles, cheers, secret codes etc.

Uniform inspections instill pride in appearance and this spills over to pride in conduct.

**Empowerment**

Give each boy a chance to lead or star. There are opportunities in each of the boys' books for leadership roles. Use them in your den programs. Skits and ceremonies at pack meetings give boys opportunities to stand out. Make sure that each of your boys gets these chances. Use the denner, change denners regularly.

For several years I was a range master (bb-guns and archery) at one of our Cub Scout day camps and other council run activities. I estimate the well over a thousand boys went through my purview.

Now misbehavior cannot be permitted on a shooting range. There is zero tolerance for disobeying the rules. The consequences of misbehavior are just too extreme. My approach to discipline relied heavily on the first three of those six essentials. I had too little time with each group to develop and use the other three methods.

**Program.**

Shooting bb-guns or arrows seems to captivate boys' attention. I don't know why this is so but it works. We made sure our equipment was ready and visible. Targets were up and that the boys knew it as they entered the range.

**Attention.**

I insisted on respect for the Cub Scout sign. We can't begin shooting if you don't pay attention. I adopted a

new persona – Big Bad Bill, the Rangemaster. The kids loved calling me by my title even though some parents disapproved.

**Rules.**

Range rules are pretty much the same at every Scout camp but I made sure that they knew the reasons for each one. For example: why does everyone have to get permission from me to enter or leave the range? Because we can't shoot if I even think that someone is missing and could possibly be down range.

Yet of all these boys – many brand new Tigers – I had only one near case of misbehavior. He was a very young Cub Scout who had pinched his finger in the lever action of the bb-gun. He was lying on his mat in obvious pain still holding onto his gun with his good hand. One of his leaders called to me that she had some ice in their cooler and to bring him over to where she was. The boy refused to get up or to let go of the gun no matter what I did.

Finally through his tears he told me that he hadn't put the gun on safety and Big Bad Bill had told him never to leave a gun unless the safety was on. Once we got that straightened out we got everything fixed up and ten minutes later he was back on the firing line plinking away at targets.

Finally, here is a list of **positive statements** from both Indian Nation and Orange County Councils.

**Indian Nations****Orange County Council**

I like you!	I can tell you really worked on this.
Way to go!	I'm glad you're here today!
Sensational!!	I'm glad you're in my den!
That's right!	That was the best ever!
Super!	I thought of you during the week.
Great!	You must have been practicing.
Nice job!	You figured that out fast.
Fantastic!	I knew you could do it!
Outstanding!	Now you've got the hang of it.
I'm proud of you!	You're really sharp today!
Good thinking!	I like the way you did that.
WOW!	Thank you for helping.
I think you're neat! Cool!	I'm glad you thought of that.
You are a good listener.	You're on the right track now.

*Use them liberally at every meeting.*

## Welcome New Leaders

### *Baloo's Bugle Staff*

Cub Scout Pack are always changing as new boys enter or advance out of the program, the Baloo's Bugle Staff would like to welcome new Scout Leaders reading this for the first time. The following is from a 2004 BSA New Leader Packet. Some changes have occurred, but most of the information is still relevant and valuable.

#### **Welcome to Cub Scouting!**

First impressions are important and Cub Scouting is no different. Boys join Cub Scouts for excitement, to be with friends, and to have fun. If your first few meetings are fun, for you and for the Cub Scouts, they will come back for more ... and future meetings will be easier and easier for you.

The first thing you should know is that you are not alone. Hundreds of thousands of adults have preceded you in Cub Scouting. Their experience and wisdom are available to you through a number of resources that will be discussed in the following pages. You won't have to reinvent the wheel as you plan, prepare for, and conduct meetings.

#### **What are YOU going to do now?**

#### **Step 1: Establish the Basics**

Complete a roster of the boys in your new den, including name, phone number, address, primary parent/guardian, and e-mail address, if available.

Be mindful of different family situations and gather primary and secondary contact information for parents, if necessary. Your Cubmaster should provide you with your Cub Scout pack and den numbers.

Determine the day, time, and location of your weekly den meetings. Den meetings should occur consistently on the same day, same time, and same location of each week every month.

Your den may meet at a parent's home, school, church, or community organization building. A discussion with the parents in your den will help you determine the best day, time and place for your den meetings. Once determined, let everyone know when and where your meetings will be. Holding den meetings at the same time and place each week is encouraged; that will help keep attendance strong.

Find out the location, date, and time of your monthly pack meeting. The pack meeting is a monthly gathering of all Cub Scouts and their families, led by the Cubmaster. The pack meeting consists of activities and recognition based on a theme. Let all your den members, leaders, and parents know when and where pack meetings will be.

Ask for your Cubmaster's name, phone number, and e-mail address.

The Cubmaster is the leader of your pack. This person is in charge of planning and conducting the monthly pack meetings. The Cubmaster helps plan and carry out the pack program.

Find out the location, date, and time of your monthly pack leaders' meeting.

The pack leaders' meeting is held to help you and the Cubmaster and plan den and pack meetings based on a theme.

Identify and recruit an assistant den leader(s). Having an assistant will help the meetings run smoother and the assistant can fill in if you have to miss a meeting. Have the recruited assistant fill out an adult leader application and give it to your Cubmaster so that she or he can secure the necessary approval.

Begin taking Training. There is a description of available trainings in this issue of Baloo. Take the videos related to your first 30 days, first. After completing the training for the First 30 Days, you'll want to take the rest of the trainings for your position as soon as possible.

Ask your pack trainer for information on these.

#### **Step 2. Prepare Your First Den Meeting**

In step 1 you determined when and where your den meetings will be.

The den meetings are planned around the advancement program. Each month you should complete an Adventure in the book for your Cubs age/grade level. Meetings consist of activities, projects, and business items.

In step 1 you began your den leader training when you took the training for the First 30 days either in person or on line. That training showed you how to plan for and conduct a den meeting for your age group. Now it's time to plan your first den meeting program. Use the resource that best fits the makeup of your den:

If you have all new boys in your den, refer to the item titled, "Program Ideas for your First Month's Den Meetings, Theme: Bobcats All" and then, after the first month, use the Den Leader's Guide for your den (Tiger, Wolf, Bear, Webelos, or Arrow of Light), choose an Adventure, and have the Cubs earn it. If the boys in your den (all or mostly) have already earned their Bobcat badge, begin with an Adventure.

These Den Leader Guides are designed to take the guesswork out of your meetings. They are your roadmap to success! By following the week-by-week instructions, you will have a fun and exciting first

month. Be sure to share the responsibilities (and the fun) of den leadership with your assistant leader(s).

You may purchase a copy of the Den Leader's Guide from your local council service center or Scout shop.

**Parts of a Den Meeting** - As you will see in the *Den Leader's Guide*, the basic structure of any den meeting includes:

- ★ **Before the Meeting** – You and your assistant make sure you have everything ready.
- ★ **Gathering activity**—to keep boys occupied until everyone arrives.
- ★ **Opening ceremony**—such as reciting the Pledge of Allegiance and Scout Oath—to officially kick off the meeting.
- ★ **Activities**—Learning a skill, playing a game, practicing a skit, and/or doing craftwork. Some of these activities can contribute to the way your den will participate in the monthly pack meeting.
- ★ **Business Items** – Dues, permission slips, announcements, ...
- ★ **Closing ceremony**—to calm and inspire the boys before they leave. One den meeting a month should be a field trip, outdoor activity, or service project.
- ★ **After the Meeting** – You and your assistant make sure everything is away and know what you will be doing next week and who has to get what.

#### **Before that Important First Meeting -**

- ✓ **Gather the support items needed For your den meeting.** These might include props for work on an Adventure, skits, craft materials, snacks, or supplies for games or outdoor activities.
- ✓ **Confirm the den meeting location.** Be sure all arrangements have been made and confirmed, especially if your meeting is being held at a school, church, community organization building, or an outdoor location.
- ✓ **Set a date and a time for a den parents' meeting.** This may be in conjunction with your first den meeting. You will want to be sure that parents understand that they are the primary leaders in the Cub Scouting program and that the den and the pack exist to support their relationship with their son. See the "New Parent Information Guide."
- ✓ **Contact each boy and parent to confirm the den meeting date, time, and location.** Be sure each boy knows when and where the first den meeting will be and confirm his attendance. This will allow you to get to know the boys in your den.

- ✓ **You and your assistant(s) should purchase your uniforms before the first meeting, if possible.** Wearing the uniform properly helps to set a good example for the boys. Encourage your boys to wear their uniforms to the first meeting.

**The key to successful planning is**

**KISMIF—Keep it Simple, Make it Fun!**

### **Step 3. Learn and Use Your Resources!**

#### **People to Call**

Your pack leaders are here to help you get started.

My pack number is \_\_\_\_\_

My Cubmaster is \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

My committee chairman is \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

The monthly pack leaders meeting is held \_\_\_\_\_

The staff at your local council service center can help you or can get you in touch with someone who can.

My council name is \_\_\_\_\_

Phone number \_\_\_\_\_

Web site \_\_\_\_\_

Scout shop phone number \_\_\_\_\_

Your district has a team of volunteers called the district committee. They develop quality district-wide programs in which boys can participate.

My district name is \_\_\_\_\_

My district executive is \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

Your district has another volunteer team called the commissioner staff. They are your "service team." They check on the "health" of your pack and are a communications link between your pack and the local council. A commissioner is assigned to assist your unit.

My pack's commissioner is \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

**Essential Training**

All leaders need training! These training courses should be completed as soon as possible to help ensure that you have a successful den program. Call your district training chairman for dates.

**Cub Scout Leader Position Specific Training.** These sessions give you the nuts and bolts of what you need to know specific to your leadership position in Cub Scouting.

**Youth Protection Training.** This training session increases awareness of child abuse and how BSA works to protect its youth from these dangers. It must be taken by all leaders.

My Pack Trainer is. \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

My district training chairman is. \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

**Cub Scout Roundtable.** This monthly leaders' meeting for all adult volunteers in your district is where you can get help with outdoor activities, crafts, games, skits, and songs for use at den and pack meetings. It's a great place to ask questions and share ideas—you can get the benefit of other leaders' experience and support.

My district roundtable is held.

My Roundtable Commissioner is. \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail address \_\_\_\_\_

**Special Events**

Your pack, district, and council will sponsor special events throughout the year in which your den may participate. You will receive information on these events at pack planning meetings and at the monthly Cub Scout roundtable meeting.

Some of these events may be:

- ☺ **Pinewood Derby.** Boys, with the assistance of their family, build and race gravity-powered cars down a track.
- ☺ **Blue and Gold Banquet.** Usually held in February, this is the annual birthday party for Cub Scouting.
- ☺ **Conservation and Service Projects.** An important part of Cub Scouting is helping others.
- ☺ **Cub Scout Day Camp.** Held during the summer, this is a week-long, daytime outdoor experience for Tiger Cubs, Cub Scouts, and Webelos Scouts.
- ☺ **Cub Scout/Webelos Scout Resident Camp.** Held during the summer, this is a multi-day overnight

camping experience for Cub Scouts, Webelos Scouts, and their parents.

- ☺ **Pack Overnights.** Overnight family camping experiences.

**WELCOME TO SCOUTING,  
KEEP ALL ARMS AND LEGS  
INSIDE AND ENJOY THE RIDE.**



**What are YOU going to do now?**

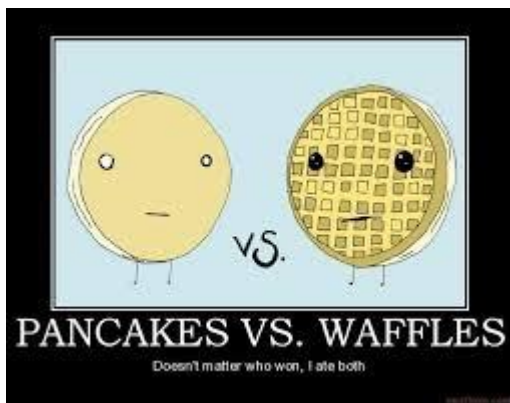
- ✓ *The best gift for a Cub Scout.....  
.....get his parents  
involved!*
- ✓ *The greatest gift you can give your  
child  
..... good self respect!*

## FUN STUFF

### Fun Facts about Waffles



- ℞ The word “waffle” is from the Dutch, meaning “wafer.”
  - Waffles originated in Western Europe in the Middle Ages. Batter was poured between two metal plates, which were made with a grid pattern to catch the batter and prevent it from falling out the sides as it cooked over an open flame
- ℞ In the late 1800’s, Thomas Jefferson returned from France with a waffle iron.
- ℞ In the US, we get TWO chances to celebrate waffles! National Waffle Day is August 24! It celebrates the first patented waffle iron. The patent was submitted by Cornelius Swarthout in 1869.
- ℞ Eggo Waffles were introduced in supermarket freezer sections in 1953.
- ℞ There are ongoing debates on whether the pancake or the waffle is better.

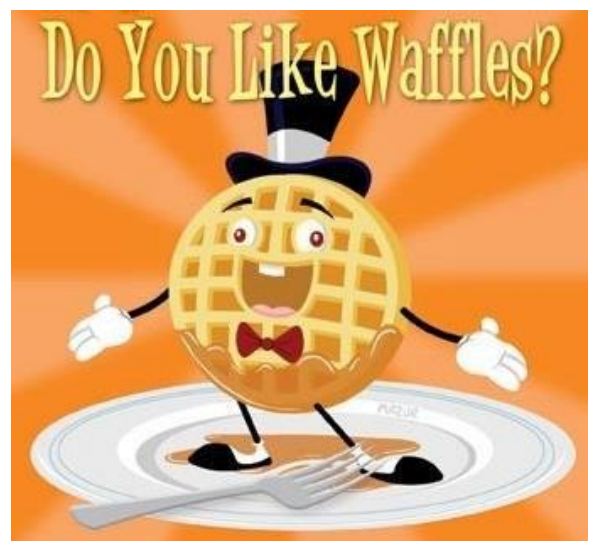


- ℞ Arguably the most famous waffle outlet in the United States is the Southern chain Waffle House. Since opening 60 years ago, they’ve served just over 877 million waffles, which works out to about 145 each minute.
- ℞ Maurice Vermersch sold his wife’s fluffy Brussels Waffles at the 1964 World’s Fair in New York. Since he didn’t think anyone knew where Brussels was, he dubbed them “Belgian Waffles.”

- ℞ There are several types of waffles – American, Belgian, Scandinavian, Liège (Also invented in Belgium (but predating the Belgian waffle), the Liege is made with a yeast-based dough and is softer, denser, and due to a caramelized sugar coating, sweeter.), Hong Kong, and Dutch stroopwafels.



- ℞ If you make too many, you can always freeze leftover waffles and reheat in the toaster or toaster oven.
- ℞ Parry Gripp created a song called "Do You Like Waffles?" due to his love of waffles.
- ℞ World’s largest waffle: An eight-foot-long, 110 pound brunch bomb created by Stitching Gouda Oogst in the Netherlands in 2013.
- ℞ The Amish (and many other Pennsylvanians especially those from Selinsgrove, PA) love Chicken and Waffles
- ℞ Commissioner Dave's favorite summer treat is Waffles and Ice Cream!!





## Fun Facts About Being Helpful

*Alice, Golden Empire Council*

- ★ Giving a smile is actually easier than giving a frown – it takes fewer muscles!
- ★ In 2007, 163,000 volunteers at the National Park Service donated 5.4 million hours of time worth \$101 million or the equivalent of 2,596 full time employees!
- ★ 80% of the people in this county give to nonprofits.
- ★ Only 10-12% of financial giving is provided by foundations and only 5-6% comes from corporations.
- ★ Most of the money given by individuals is from middle and low income people, not the super wealthy!
- ★ Eleven percent of households contributed to religious causes only.
- ★ Twenty-one percent of households contributed to only secular causes.
- ★ Thirty-four percent contributed to both religious and secular causes.
- ★ Only 28.8% of the people in this country do the actual volunteer work for the many service organizations and projects in this country – so your time does matter!
- ★ Recognition in front of their peers is the most valued form of “payback” for volunteers – so remember to recognize parents, leaders and others who help your scout program!
- ★ The median amount of time that people volunteer is 52 hours a year, ranging from 21% who spend from one to fourteen hours up to the 28% who donate between one hundred and four hundred hours a year.

## Need Help Finding a Project?

- ★ Go to: <http://makeadifferenceday.com/> and click on Project Ideas on the left side.
- ★ **Ask!** – Check with your chartered organization, school, church, local charities such as the American Red Cross, food banks, senior gleaners, neighborhood service organizations or local volunteer centers.
- ★ **Check online** – google a type of giving you are drawn to, or go to the Points of Light website and use the interactive map to find a volunteer center near you – they have lots of projects and contacts.

## September – A Month to be Helpful

*Alice, Golden Empire Council*

### September 3 – Uncle Sam’s Birthday

Uncle Sam is now considered a symbol of the United States, and was widely used to help recruit people to serve in the army, and also to encourage people to help save materials that were needed to make equipment for the military.



The government realized that they needed everyone to be **HELPFUL** – including people who weren’t in the army, but who could collect or give up using materials that the military needed, such as rubber or metal. Boy Scouts were very **HELPFUL** and very much involved in collection efforts!

**Here’s the popular version of the rest of the story:** During the War of 1812, Samuel Wilson, a meat packer from Troy, New York was supplying barrels of meat for soldiers – he stamped the barrels U.S. for United States, but the soldiers started calling the meat “Uncle Sam’s.” After newspapers picked up the stories, the nickname stuck.

In the late 1860’s a political cartoonist named Thomas Nast, started drawing Uncle Sam with a white beard and stars-and-stripes suit – Nast also drew the modern image of the round, jolly Santa Claus we usually picture, and came up with donkey and elephant as symbols of the Democratic and Republican parties.

The picture of Uncle Sam on the poster was drawn by James Montgomery Flagg, who added a top hat and the pointing finger. During World War I, Uncle Sam was put on recruiting posters.

Finally, in September 1961, the U.S. Congress declared Samuel Wilson as the “progenitor of America’s symbol of Uncle Sam.” Troy, N.Y. now calls itself “The Home of Uncle Sam.”

So whenever you see Uncle Sam, remember that everyone must be **HELPFUL** and cooperative to keep our country strong!

**September 4 – Newspaper Carrier Day**

A lot of people work together to put a newspaper together, and even to deliver the newspaper to your front door. If you have a boy or family that deliver newspapers in your pack, invite them to share examples of how they work together to do the job.

You could also play “Delivering the News – Together” game in the Games Section.

**September 5 – National Cheese Pizza Day**

You can have a lot of fun **HELPING** to make a cheese pizza – and it will taste great, too!

**September 7 – Neither Rain Nor Snow Day**

Today is the anniversary of the opening of the New York Post Office building in 1914. This inscription was carved on the building:

"Neither snow nor rain not heat nor gloom of night stays these couriers from the swift completion of their appointed rounds."

Also, in September 1789, the very first post office was opened in the United States – so this is a good day to thank your letter carrier! Or visit a post office and find out how the mail is handled – a great example of cooperation, because many people work together to make sure the mail gets delivered on time.

**September 10 – Swap Ideas Day**

This day is celebrated by Girl Scouts – but Swapping Ideas is a great way to be **HELPFUL**. Many people call it brainstorming. If you are planning an activity or trying to decide what to do, everyone gives their ideas – the only rule is that there are no bad ideas – so No “put-downs” of someone’s idea – even your own.

**September 13 – Positive Thinking Day**

Explore Positive Thinking – you will discover that it’s contagious – if you are a positive thinker, it will rub off on others around you!

Positive Thinking can also help you DO YOUR BEST in school this year!

Here are some good ideas for Practicing Positive Thinking:

- In every class, look for positive people to associate with.
- In every lecture, look for one more interesting idea.
- In every chapter, find one more concept important to you.
- With every friend, explain a new idea you've just learned.
- With every teacher, ask a question.
- With yourself, keep a list of your goals, positive thoughts and actions.

**September 16 – Collect Rocks Day**

On a den or family hike, collect some smooth rocks with interesting shapes – Smooth River pebbles are great to use for art projects! Check out the idea for a Gathering Activity to make a “Model of Family Cooperation.” Of course, boys could also use these rocks to start their own rock collection.

**September 20 – First Railroad Station Opens**

The Broad Green Station was the first ever opened, as part of the Liverpool route in 1830 England. But Americans quickly decided they also needed a railroad to open up the vast regions of the West.

It certainly takes a lot of **HELPFUL** people and hard work to operate a railroad. The first transcontinental railroad was built across America in the 1850s and 1860s – but it took lots of people **HELPING** each other and working together! The Congress wanted to build a railroad even in 1840, so that people could move to the West and be able to get people, supplies and products back and forth to the rest of the country.

But no one could agree on what route to follow. Originally, surveyors agreed that a southern route was the best, but politics and the beginning of the Civil War made that impossible, so the northern route won out. The Union Pacific began building in Council Bluffs, Iowa, and the Central Pacific started in Sacramento, California. It wasn't till May 10, 1869, that the two rails finally were joined at Promontory Point, Utah.

But a lot of **HELP** was needed before the railroad was finished: Theodore Judah laid out a route through the Sierra Nevada Mountains, and then brought together the Big Four to create the Central Pacific. And people from many countries worked together to actually build the railroad – men from Ireland and other parts of Europe, freed slaves originally from Africa, and finally thousands of Chinese. There was a lot of racial bias, and many objected to importing the Chinese, but they did the dangerous job of carving tunnels and setting charges so the Sierras could be conquered. The population and history of California and the West were forever changed.

The Railroad served the North during the Civil War, made Western expansion possible, and built the fortunes of influential men. Years later, its importance dwindled with the rise of interstate highways and air

travel, and much of it was pulled apart for materials for later war efforts. But the history of **HELPFULNESS** and cooperation lives on in the stories of the people who built the railroad.

*We had a great relay game called Building the Railroad at our Cub/Webelos Twilight Camp this year – thanks to Phil Rooks. He took lengths of inexpensive pipe insulation and PVC pipe to “build” a railroad relay game. By cutting slots into parallel 8 foot lengths of insulation, shorter lengths of insulation, or “ties” could be connected between longer parallel lengths of insulation, using short pieces of PVC pipe as connectors. The long lengths of pipe insulation were also joined with PVC pipe, to make 25 foot long “railroad tracks.” Then came the most fun – using buckets with lots of holes, boys moved buckets of “dirt and rock” – actually water, from one end of the track to the other to fill up a large container. Of course, it was a lot of fun to lift the bucket over your head and get very wet on a hot summer day! – Alice*

#### **September 21 – International Day of Peace**

People who understand each other can live together in peace. Peace definitely requires people to be **HELPFUL** to each other and cooperate with each other! So learn about another culture or country so you can better understand and accept the differences. Invite pack families to share some stories and information about their cultural backgrounds – what do you have in common? How are you different? What do you admire about their culture? What surprised you?

#### **September 22 – Boy Scouts & Band Aids**



Can you imagine life without band aids? Well, until 1920, no one had that wonderful little box of band aids in their medicine chest or kit.

Earl Dickson was a cotton buyer for Johnson & Johnson, and noticed that his wife often cut her fingers while working in the kitchen. But the gauze and adhesive tape didn't stay on the cut very well when she was working in the kitchen, especially when they got wet. So Earl decided to make something better. He took a small piece of gauze, attached it to the center of a piece of tape, and then covered the whole thing to keep it sterile and dry.

When Earl's boss saw the invention, he decided it was well worth manufacturing to sell to the public – and he made Earl Dickson a vice president of the company!

But here's where Boy Scouts connects to this story. People were slow to buy the new product. Then Earl's boss decided to donate some of the new band aids to Boy Scouts – and they loved them! They stayed on even when wet, protected the cut from mud, and were easy to carry on hikes! By 1924, band aids were machine made and almost every household had a box!

#### **September 23 – Native American Day**

Native American tribal groups were a model of **HELPFULNESS** and cooperation, among themselves and even when the first white settlers came to America. Even young children had important jobs to do in helping prepare food, getting the family or village ready to move, protecting or harvesting crops, or in honoring and learning cultural history, dances, art and music. For example, when a mother or grandmother worked on traditional pottery or weaving, small children were also there to help, according to their ability and size. Among tribes that planted crops, the children were often assigned to chase away birds who wanted to steal the seeds that had been planted.

When the first white people came to America, there was a lot of **HELPFULNESS** and cooperation between both peoples – the Native Americans **HELPED** by sharing information about local conditions, crops, and resources, and how to deal with weather and the natural world. The pioneers **HELPED** by providing new materials and tools made of metal that were an improvement over what the natives had available. Both groups benefitted from the **HELPFULNESS** and cooperation between them. Unfortunately, this didn't last – but if you aren't familiar with the stories of the first pioneers and how the natives helped them, you might want to check out the story of Squanto – it could make a great skit for a Thanksgiving celebration in October or November!

Go to:

[www.mayflowerhistory.com/History/BiographyTisquantum.php](http://www.mayflowerhistory.com/History/BiographyTisquantum.php)

#### **September 25 – Good Neighbor Day**

Good Neighbor Day is celebrated on the fourth Sunday in September – challenge your den or pack to choose a special way to be good neighbors. They could make some cookies to share, rake leaves for a neighbor, host a Neighborhood Watch meeting, help a neighbor fix a fence or paint some window frames. Everyone has a neighbor – find a way to be a Good Neighbor – and demonstrate the Scout challenge to “Do a Good Deed Every Day!”

#### **September 27 – Crush a Can Day**

Be **HELPFUL** by cleaning up around your meeting place or neighborhood. Then have some fun crushing any cans you find and take them to a recycling center.

You can also have some fun before you crush those cans – play an old fashioned game called “Kick the Can.” It’s a simple thing – Divide into two groups and give each group a can. Identify a starting and ending point. Now, on signal, the first boy in each team kicks the can until he crosses the finish line, then kicks it back to the next boy in line. The winning team gets every team member back to the starting line first. And then you can all enjoy a CAN of your favorite soda! (But don’t forget to recycle those cans! Remember that Scouts Leave No Trace!)

### September 30 – Safety Pin Invented



Cooperation is how people work together – but safety pins help keep fabric together. Pins were used to fasten clothing together even in Roman times – but people were always getting stuck! A mason and farmer in upstate New York, named Walter Hunt, invented the safety pin in 1848, while twisting a piece of wire and trying to think of something he could invent to pay back a \$15 debt. He later sold his patent rights for the safety pin to the man he owed - for \$400.

His pin was made from one piece of wire, coiled into a spring at one end and a separate clasp and point at the other end, so that the point could be forced by the spring into the clasp. Hunt designed it to keep fingers safe from injury – so he called it the safety pin!

He also designed lots of other things, and was granted many other patents – machinery for mills, a knife sharpener, streetcar bell, artificial stone, road sweeping machinery, a stove to burn hard coal, and even a sewing machine.

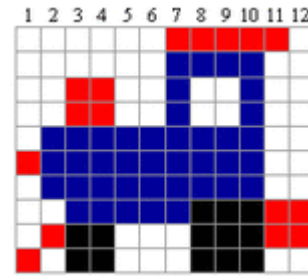
Safety pins have lots of uses – in scouting, we sometimes use safety pins to make a craft.

Use this free pattern to make beaded safety pin jewelry that looks like a train. The finished project could be attached to a backing to use as a tie slide. Lots of other beaded designs are available.

Go to:

<http://familycrafts.about.com/cs/beadedafetypins/a/080700c.htm>

This project makes a train engine design – Make this to celebrate the opening of the first train station on Sept. 20<sup>th</sup>! The web site estimates 30 minutes to make it. (Does not include drying time)



### Materials Needed:

- 12 - 1 1/16 inches Safety Pins
- 1 - 1 3/4 inch Safety Pin
- Seed Beads (refer to picture for colors needed)

### Instructions:

Follow the pattern to complete this project.

Each number column represents a pin; for example, your first pin will have 5 white beads, 1 red bead, 3 white beads, and then 1 more red bead.

Your second pin will have 4 white beads, 3 blue beads, 1 white beads, 1 red bead, and then 1 more white bead.

When you thread these beaded pins onto your larger pin, start with pin number 1.

## PACK THEME IDEAS

### Active Theme Ideas

#### *Greater St. Louis Area Council*

- Invite your local fire department to a Pack meeting. Fire Safety Awareness month is an opportune time for this Pack meeting. Most fire departments have short programs developed, which they will share with your Scouts.
  - Invite your local police department to a Den or Pack meeting. The police have many different programs, such as a canine dog demonstration, the rescue helicopter, finger printing demonstration, and “Stay Safe” (self-defense) program.
  - Invite your local paramedics and or flight nurse crew to a Pack Meeting. The first aid requirement for all levels of Cub Scouting can be fulfilled.
  - A good service project for the Scouts may be to assist your local fire department with replacing batteries in smoke detectors of people within your community who may not be able.
  - Plan an outing for your Den to your local fire or police department
  - Plan an outing for your Den or Pack to an animal rescue center or humane society because “To the Rescue”, does not only mean the rescue of people.
- \*\* Remember 2- Deep Adult Leadership!!!

**Safety Projects for Den Meetings***Timucua District, North Florida Council*

- ✓ Learn how to build a fire and put it out. (Webelos outdoor activity)
- ✓ Learn how to call the fire department and how to escape from home in case of fire.
- ✓ Learn how to put out fire on a person and give him first aid; learn exits in public places boys frequent such as movies, schools and churches.
- ✓ Ask boys to tell how they held a home fire inspection.
- ✓ Make a card of emergency numbers.

**Fire Safety Posters***Baltimore Area Council*

Have boys create their own slogans and designs for posters. Use Poster Board and felt tip pens, crayons, or paint. Display at Pack Meeting.

**Fire- Triangle Experiment***Baltimore Area Council*

Fire requires three things: air, fuel, and heat. Take away any one and the fire goes out. Demonstrate this with a wooden match and bottle.

Have a Cub Scout (or a parent at the Den Meeting) strike a match (creating heat by friction). Let it burn a moment (using oxygen to burn the wood or fuel), and then drop it into the bottle and place his hand over the top. This cuts off the oxygen and the hatch goes out even though there is still plenty of fuel.

Have a Cub Scout strike a match and dip it into a glass of water. The water cuts off the air and cools the fuel, extinguishing the fire even quicker

Your boys may want to make a poster showing the fire triangle as illustrated.

**Instant Inventor Problems***Greater St. Louis Area Council*

**Goal:** To have the Dens try to invent solutions

As a pack activity, run all stations simultaneously, with dens starting at different stations and rotating. Separate stations, so a den can't copy another den's solutions. Allow Tigers about 15 minutes per station, Wolf and Bear Dens about 10 and Webelos dens about 8.

As a Den activity give your den one problem at a time.

**PROBLEM 1: Rescue!**

Place a doll on the floor about 8 feet from a line. Behind the line, have a pile of 15-20 3-ft. garden canes or similar sticks, string and scissors. Also, have some decoy materials. Give the Denner this message: A child is in danger of drowning in this alligator infested river. Save her! Use any material you see.

**Possible solution:** Build a triangle or rectangle with the sticks and string. Maneuver it behind the child and pull her to safety.

**Scoring** 5 pts for good try, 10 pts making a rescue

**PROBLEM 2: Move the Poison!**

Have an empty soda standing on the floor. Nearby are drinking straws, a length of string, and as decoys a wooden slat, a fork and a length of heavy wire. Give the Denner this message: There has been an accident in which a powerful poison has spilled out of this bottle and down its sides. The bottle must be moved to the table as soon as possible. Do not touch it or you will be burned badly. Use any materials you see here.

**2 Possible Solutions:** Use the drinking straws as shown in the "Lift the Bottlestick" game in the Den Chief Handbook or make an overhand knot in the string, slip it over the bottle, and tighten it.

**Scoring** 5 pts for good try hard, 10 for moving bottle

**PROBLEM 3: Deliver the Medicine!**

Mark off a canyon on the floor. Place a coffee can inside the canyon, approximately 8 feet from the edge. In a pile along the outside edge, have 2-10 ft. lengths of molding or other light strips of wood. Have other items as decoys. Give the Denner this message: One of your den members is far down in this canyon. He has suffered a bad cut in a fall and needs first aid supplies. It would take hours to climb down to reach him where the coffee can is. Invent a way to get the first aid supplies to him quickly without throwing them over the edge of the canyon.

**Solution:** Have the den members hold the molding strips together to form a trough for the can. Roll the ball down the trough.

**Scoring** 5 pts for good try hard, 10 for getting kit safely to the victim

**Personal First Aid Kit**

Timucua District, North Florida Council



**You need:**

- Mini Storage Box
- Paint Markers
- First Aid and/or Emergency Supplies: Band-Aids, Antiseptic Cream, Safety Pins, Q-Tips, Needle & Thread, Quarters

**Instructions:**

It's easy. Decorate mini storage box with paint markers. Fill with supplies.

**Film Canister First Aid Kit**

Timucua District, North Florida Council

Hook them to your belt or your back pack! These are great for camping, school, summer camp or field trips.

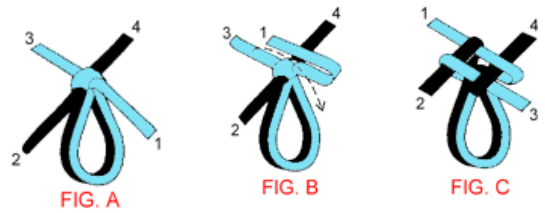


**You need:**

- ✓ Empty Film Canister
- HHHMMMmmm,
- I guess this craft will be obsolete in a few years with digital cameras! Maybe use pill containers???* CM
- ✓ 8' of Plastic Lace (4' each of two colors)
- ✓ Plastic Clip
- ✓ Alphabet Beads for Names or Initials or Number Beads for Troop Number
- ✓ 14 Pony Beads
- ✓ Foamie Cool Scout Shapes
- ✓ Gemstones
- ✓ Low Temp Glue Gun
- ✓ Paint Marker (optional)
- ✓ Scissors

**Directions**

1. Cut two 4 ft. pieces of plastic craft lace.
2. Tie them on a plastic clip so the same colors are opposite
3. Fold strand 1 to opposite side leaving a small loop (fig. B).
4. Fold strand 3 to opposite side leaving a small loop.
5. Hold strands in place with one hand.



6. With your other hand, weave strand 2 over strand 3 and under strand 1.
7. Weave strand 4 over strand 1 and under strand 3 (fig. C)
8. Pull tightly, stretching the cord slightly to secure.
9. Continue until you have about a 1" braid.
10. String a pony bead, then your number or letter beads, then another pony bead.
11. Continue with more box stitches until you have enough to go all around the film canister.
12. Glue the lanyard braid you have just made all around the film canister near the top.
13. Tie loose end to ring on clip.
14. Pull tight, stretching lace to secure.
15. Add three pony beads to each lace end.
16. Tie off with a double knot and trim.
17. Decorate the front of the film canister with foamies and gemstones.
18. Paint lid with a paint marker if desired.

**Ideas for your first aid kit:**

- Small paper with name, phone and address
- Band-Aid
- Safety Pins
- Wet Nap
- Needle with Thread
- Bee-Stinger Remover
- Antiseptic Wipe

**Identification Card-**

Greater St. Louis Area Council

Make identification cards for all the cubs in your pack.

Identification Card					
Name:					
Address:					
Phone Number:			Cell Phone:		
Height:			Weight:		
Eye Color:			Hair Color:		
Emergency Name:					
Emergency Phone:					
Finger Prints: Right Hand					
thumb	index	middle	ring	pinky	
Finger Prints: Left Hand					
pinky	ring	middle	index	thumb	
Any other information that you think might be necessary to identify your missing child!					Place Picture Here

***Be Prepared for the unexpected.***

**Code Wheel-***Greater St. Louis Area Council***Materials:**

- ✓ Cardboard (Paper plates are excellent)
- ✓ Small paper Brad

**Directions:**

1. Draw the code wheels directly onto the cardboard (see illustration for examples)
2. Cut out the circles and place the smaller circle marked key on top of the larger circle
3. Punch a small hole in the center of each circle and insert the brad.
4. Spread the legs of the brad so that the two circles are fairly tight against each other. Wheels should turn freely.
5. For your code turn the inner wheel so that a number is directly above the letter A on the larger circle. (e.g. Put 15 directly above the A.) Then write the number & letter that sets the code (for this example – A-15) Write your message using the numbers that correspond to the letters when 15 is at A

**Write a Hometown Hero Tall Story***Timucua District, North Florida Council*

It's highly unlikely that the boys want to sit down with pen and paper in hand and write up their own stories—too much like being in school! So, instead, have them work together with the leaders to create a tall story of their modern-day hometown hero. Start with a whiteboard or sheets of newsprint hung on the walls. You will need to coach/coax them in coming up with a “hero,” but if you start with a “main event” that the hero accomplished, things should flow fairly well from there. For example, if you give them some ideas for the main event, like “forming the Susquehanna River,” or “raising the Blue Mountain,” then they can come up with the hero and how the event was accomplished. Gather as many ideas as you can from them and then help them put together a chronology or timeline. Finally, piece together an outline for the few paragraphs the story should be and help them draft it. When it's all done, make sure it gets printed in the next Pack Newsletter.

**Fire Extinguisher***Timucua District, North Florida Council***Supplies:**

- 1 Small Soda Bottle,
- 1 Soda Straw,
- Cork,
- Thread,
- 3 Tbsp. Vinegar,
- Kleenex,
- 1 Tsp. Baking Soda,
- Tempura Paint

**Directions:**

1. Pour the vinegar in the bottle.
2. Put a hole through the cork.
3. Put the straw through the hole.
4. Unfold the Kleenex and put the baking soda in the middle of it.
5. Fold up the edges of the Kleenex and tie it with the thread.
6. Hold the thread and put the Kleenex into the bottle. Do not let it touch the vinegar.
7. Put the cork with the straw in it into the bottle. This will hold the thread.
8. Tip the bottle so the tissue gets wet from the vinegar. It will mix with the soda and form a gas.
9. Point the straw towards a candle flame and watch what happens. The gas will put out the flame.

*Do you know the name of the gas?**(Carbon Dioxide)*

# THEME & PACK MEETING IDEAS

## GATHERING ACTIVITIES

*Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD*

### Pack Gathering Activities. 2011-2012 CS RT Planning Guide

A successful, planned gathering activity will get a pack meeting off to a good start. A good gathering activity has pack members and parents interacting with each other. They should require minimal preparation, be fun for the boys, and can be enjoyed by the entire family. Since the Cubmaster is busy preparing for the pack meeting, other members of the pack should lead the activity. This is a great opportunity to begin involving parents who are not in a formal leadership position to help with something. Gathering activities may be found in the Den & Pack Meeting Resource Guide, the Den Chief Handbook, the Cub Scout Leader How-To Book, Group Meeting Sparklers, and Boys' Life. Plus the monthly Cub Scout roundtables.

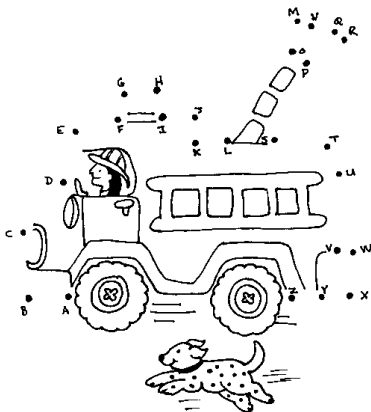
### Hometown Hero Matching Game

*Timucua District, North Florida Council*

Hang up pictures of famous "hometown Americans" with their names below their pictures. (These can be US heroes, locals, etc.) Have their heroic deeds listed out on a sheet that is handed out to everyone and have folks match the people with the actions.

### Connect the Dots

*Timucua District, North Florida Council*



### To the Rescue Word Search

*San Gabriel, Long Beach Area, Verdugo Hills Councils*

W T B T C E L P D Q T O R Y I Q J H R G  
 D E E X N A Q R L E F E S C R L Q E N Q  
 F R V L J A A B M E H J E N A E D L S T  
 C I A R E U R L C S H S A E R T S I R J  
 D O R U G P E D I W R T T G E B K C D J  
 C U O E G H H U Y N P N B R C W J O U N  
 S G F K E G G O C H C E E E I H T P P E  
 V I I X N N V N X E R L M F S C T L N  
 L Y B A I W G I Z E Y A T E F A U E T G  
 V F E T U Q P I S B E P M L O F Z R Q R  
 Q U X Q S L P S N S O C I G E E N E P D  
 J E L A D D E R N E O F N Z C T V X I H  
 R F I R E F I G H T E R S A I Y X L O L  
 P A R A M E D I C J L G C P L S P S L P  
 N E R I S M J A A W G X D U O U E X X N  
 T Z Y U E G R C P P J A U B P S B L T T  
 S Z Z W E S K M R A L A E K O M S M L H  
 E T E Q E E S R O T C O D P M P A Y A E  
 K E T A T Z L V U D K W E V C Y R I T L  
 D S T T H G H K Q T Q C J X A U S H Q A

Find words that describe rescue workers, their tools and safety items printed in the word search above. They can be upside down, backwards, forwards or diagonal.

- |                |              |                |
|----------------|--------------|----------------|
| AMBULANCE      | CAR SEAT     | CPR            |
| CROSSING GUARD |              | DOCTORS        |
| EMERGENCY      | EXTINGUISHER | FIRE ENGINE    |
| FIREFIGHTERS   | HELICOPTER   | HELMET         |
| HELP           | HOSES        | HYDRANT        |
| LADDER         | LIFEGUARD    | LIFEJACKET     |
| PARAMEDIC      | PARENTS      | POLICE OFFICER |
| RESCUE         | SAFETY       | SEATBELT       |
| SIREN          | SMOKE ALARM  | TELEPHONE      |

### Fire Safety Quiz

*Timucua District, North Florida Council*

Use this at a den meeting by reading the questions and asking the boys to write down the letter of the correct answer, or by making copies and giving one to each boy.

1. What should you do to be ready if fire should strike your home?
  - a. Keep pails of water handy.
  - b. Have an escape plan and rehearse it often.
  - c. Be ready to carry out furniture.
  - d. Have a suitcase already packed.



2. In making your escape plan, why should you know two ways out of every room?
  - a. So I can see different parts of the house when I practice.
  - b. In case fire or smoke blocks one escape route.
  - c. To keep people guessing.
  - d. To make home fire drills more fun.
3. If your clothing catches fire, what do you do?
  - a. Run for help.
  - b. Look for water to throw on yourself.
  - c. Roll on the floor or ground, wrapping yourself in a coat, blanket, or rug, if possible.
  - d. Try to blow out the fire.
4. What should you use for light in a dark closet where there is no light bulb?
  - a. A match.
  - b. A candle.
  - c. A cigarette lighter.
  - d. A flashlight.
5. When you check extension cords in your home for fire hazards, what should you look for? Choose two.
  - a. Frayed, broken insulation.
  - b. Whether the color matches the woodwork.
  - c. Whether they run under rugs.
  - d. Whether the plug is brown or white.
6. If there are small children in your home, you should be especially careful that they cannot play with which of these?
  - a. Pile of blankets
  - b. Matches
  - c. Tennis Balls
  - d. Pots and Pans
7. In checking around a furnace for fire hazards, you should remove which of these?
  - a. Fishing rods and reels.
  - b. Table.
  - c. Garden Tools
  - d. Gasoline can, greasy rags, newspapers
8. Stairways in your home should be:
  - a. A great place to play.
  - b. A good place to keep your toys when you aren't playing with them.
  - c. Kept clear of obstructions at all times.
  - d. A place to pile your laundry until you can take it to your room.

Answers: 1-b, 2-b, 3-c, 4-d, 5-a-c, 6-b, 7-d, 8-c

### **Follow the Clues**

*Timucua District, North Florida Council*

This activity will take a little time to put together and has to be based on where you will meet when you run the activity. List out a bunch of things that are in the meeting place and a clue as to what each is. Depending on the boys' level, you can make the clues appropriately hard/easy.

For example:

- Den Flag – Blue cloth with Number 4 on it that says what our Cub Scout group is.
- American Flag – A flag that stands for the nation.
- Advancement Poster – Where we track how well you are doing learning new things and completing activities.
- Craft Table – Where we gather to make special items with glue and paper.
- Supplies Box – Where the Den Leader stores materials for the Den Meetings
- Stairs – The up & down machine you used to get to the basement.
- Good Conduct Candle – What should stay shining bright throughout the meeting.
- Main Door – The entry way to the meeting.

Write out the clues on separate index cards (or inside folded sheets of paper) and attach each clue to an object to which the clue doesn't refer. (In other words, don't put the den flag clue on the den flag).

As each boy arrives, give him a sheet of paper with a starting point for him to follow the clues.

Explain that at his starting point he will find a clue to another object in the room and that he's to go to that object, write down what it is, and then follow the new clue at that object to get to the next one until he has followed all of the clues that lead back to his starting point.

After the opening ceremony, have the boys take turns reading off the objects to which the clues led them until all of the objects have been identified.

**Calling for Help Cryptogram**

*San Gabriel, Long Beach Area, Verdugo Hills Councils*

You must discover what number is assigned to each letter, then fill in the blanks to complete the message. Four letters have been identified for you. Have the boys work together to get started. If they have trouble, give them another letter such as L.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
12				2													7		16						

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
	E					R					A				T										

6 21 2 12 1 2    6 23 1 16    2 13 2 7 8 2 15 4 10  
 24 15 19 23 7 13 12 16 24 23 15    19 23 7    2 12 4 22  
 13 2 13 20 2 7    23 19    10 23 26 7    19 12 13 24 21 10  
 20 10    10 23 26 7    16 2 21 2 6 22 23 15 2 1    1 23  
 24 16    24 1    12 25 12 24 21    12 20 21 2    17 22 2 15 12  
 7 2 12 21    2 13 2 7 8 2 15 4 10    23 4 4 26 7 1

*Answer after SONGS section of Baloo's Bugle*

**OPENING CEREMONIES**

**Hometown Heroes**

*Greater St. Louis Area Council*

You will need 6 Cub Scouts. Have each Cub make up a card with a picture illustrating what the words on his card say or anything he wants related to the theme. Make sure the words are in LARGE print

- Cub # 1:** Sometimes a local hero is obvious, the policeman who risks his life to protect us from violence or the fireman who pulls people out of burning buildings.
- Cub # 2:** Other heroes that come to mind are the ambulance drivers, paramedics, doctors and nurses who save lives everyday.
- Cub # 3:** Some people around us seem like regular people, but they are heroes because they used to be soldiers in the military and served our country to keep us free.
- Cub # 4:** A hero is someone who does the right thing even when they are afraid of failure. They do it because it should be done.
- Cub # 5:** Some heroes are harder to spot, but they are still there. My heroes include the people who donate blood, teachers who spend their time and energy helping kids, and kids who say "No" to drugs.
- Cub # 6:** Heroes are all around us. Please join in saluting all the heroes of our country, by repeating with me the Pledge of Allegiance to the Flag.

**Fire Safety Opening**

*Timucua District, North Florida Council*

**Setting:** The room lights are turned off. The Cubmaster lights a candle.

**Cubmaster:** Cub Scouts, this candlelight represents the spirit of Cub Scouting, lighting our way through life. This flame also represents danger. As fire detectives, you have learned about the danger of fire and how to prevent it. Let's remember what we have learned so we will always use fire wisely and safely, not only today but the rest of your life. This light of Cub Scouting gives us warmth and good cheer. Make sure it is never allowed to run wild and destroy lives and property. Let's always be fire detectives. (Lights on. Have a Webelos den post the U.S. flag and lead in the Pledge of Allegiance.)

*I think this would make a great Cubmaster's Minute Closing, too. Your choice. CD*

**Cub Crime Prevention Tips**

*San Gabriel, Long Beach Area, Verdugo Hills Councils*

Have six Cubs with cards depicting various rescue items – police cars, fire trucks, .. And words on back in LARGE letters. Have another Cub or a leader lead the Pledge of Allegiance when Cubs are done.

- Cub # 1:** To help make things safer, we offer these tips, On everything from school to going on trips.
- Cub # 2:** Make sure that you know your full name and phone number, So if you should need them you don't stop and wonder.
- Cub # 3:** Learn from your parents where you're safe to go. That way if you're walking, which way they will know.
- Cub # 4:** Be alert in your neighborhood and note what you see Tell an adult if you think "It didn't look good to me."
- Cub # 5:** Don't let your feelings get you in a fight, Make friends or walk away whether you're wrong or right.
- Cub # 6:** And finally, remember, put safety number one So no one gets hurt and all will have fun.

**How to Dial 911**

*San Gabriel, Long Beach Area, Verdugo Hills Councils*

**Narrator:** It is important to know how and when to Dial 911. Our Cub Scouts want to share what they have learned about using 911.

- Cub # 1:** Always be prepared for an emergency. Know where the closest phone is.
- Cub # 2:** To Dial 911, pay phones are free.
- Cub # 3:** Know what is wrong, what's the emergency.
- Cub # 4:** Know where you are, the address and street.
- Cub # 5:** Say who you are and
- Cub # 6:** Tell them who needs help.
- Cub # 7:** Speak clearly and answer questions.
- Cub # 8:** Stay on the line until help arrives.
- All:** Dial 911 only for an emergency.

**When to Dial 911**

*San Gabriel, Long Beach Area, Verdugo Hills Councils*  
Cub Scouts enter one by one with signs reading Dial 911.

- Cub # 1:** Our Den Leader taught us to "Do our best" and know when to (*holds sign up*) Dial 911.
- Cub # 2:** When someone's hurt in an emergency (*holds up sign*). Dial 911.
- Cub # 3:** A house on fire is an emergency (*holds up sign*). Dial 911.
- Cub # 4:** Smell gas or smoke, it's an emergency (*holds up sign*). Dial 911.
- Cub # 5:** Need an ambulance, that's an emergency (*holds up sign*). Dial 911.
- Cub # 6:** Power line is down - it's an emergency (*holds up sign*). Dial 911.
- Cub # 7:** Choking on food or not breathing is an emergency (*holds up sign*). Dial 911.
- Cub # 8:** Fallen in the water and cannot swim can be an emergency (*holds up sign*). Dial 911
- All:** Join all of us to 'Do your Best' - Dial 911 in an emergency.

**Fire Brigade Opening**

*Baltimore Area Council*

A brigade of Cub Scouts dressed as fire fighters come running out on stage as if responding to a three-alarm fire. On stage is a ladder and taped to the sides are flames and billowing puffs of smoke cut from poster board or cardboard. On the reverse side of each flame and cloud of smoke is text describing a particular household fire hazard and means for preventing it. One by one, the Cub Scouts mount the ladder, remove a card, climb back down and read the text to the audience. Follow with a flag ceremony.

**AUDIENCE PARTICIPATIONS****The Spark Watcher**

*Timucua District, North Florida Council*

Divide audience into 6 groups. Assign each group a response to said when their word is read in the story. Practice as you assign the parts. Encourage VOLUME

Little Fire Engine: "Ding ding"

Big Fire Engine: "Clang clang"

Pumper: "Pump pump"

Fire Chief: (Siren sound)

Fire: "Crackle crackle"

Toys: "Ha-ha, ho-ho"

Once there was a LITTLE RED FIRE ENGINE who lived in a toyshop. "I'd like to go to a real FIRE just once," said the LITTLE RED FIRE ENGINE to the other TOYS. "I could watch the FIRE CHIEF, the BIG FIRE ENGINES and the PUMPERS shoot streams of water all over, and maybe then they would let me help put out the FIRE."

"Pooh," said the TOYS. "You're only a LITTLE TOY FIRE ENGINE, you wouldn't be any help at a big FIRE." All the TOYS laughed at him. "You've never

even seen a FIRE," said the TOYS. "How would you know what to do? You'd only be in the way."

The LITTLE FIRE ENGINE rumbled off to a corner by himself. He thought that he might be in the way, but he might be good at fighting FIRES. "I'll never know until I try. I'll have to go to a FIRE and see." So, the LITTLE FIRE ENGINE decided to go to a FIRE.

That very afternoon, he heard the siren blow. Out the open toyshop door he dashed, and stood at the curb panting. The BIG RED FIRE ENGINE, the PUMPER, and the FIRE

CHIEF went tearing by. "Wow!" said the LITTLE FIRE ENGINE, "I didn't know real fire engines were so very, very big!" But, he hurried down the street anyway. He did his best to keep up, but the BIG FIRE ENGINE got to the FIRE first. When the LITTLE FIRE ENGINE got there, the BIG FIRE ENGINES were already at work. The long hoses were twisting and winding all around. The LITTLE FIRE ENGINE could hardly get through. He puffed and panted over one hose and then another. At last, he was close to the FIRE, and he looked around for a job to do.

"I'll shoot water," thought the LITTLE FIRE ENGINE, but his hose was too short. In spite of all he did, the FIRE burned brighter. "I wish someone would tell me what to do," the LITTLE FIRE ENGINE said.

The PUMPER was busy shooting water and the BIG FIRE ENGINE was running up ladders for the fire fighters, while the FIRE CHIEF ran around giving orders. They had plenty to do, and they didn't even notice the LITTLE FIRE ENGINE was there. They pushed him to one side, out of the way. He had to be very careful that he wasn't run over.

"I guess I don't belong here," the LITTLE FIRE ENGINE thought sadly. "I'm too little for such a big FIRE. I better go back with the rest of the TOYS." But, just as he started to leave, he saw a spark fly from the burning building. It landed right beside him, and started to burn.

"Here," said the LITTLE FIRE ENGINE, "This will never do." He turned his hose on the little FIRE; his hose was just the right size. In an instant, the FIRE was out. He had an idea. He'd be a spark watcher. So he raced around looking for flying sparks. Whenever the LITTLE FIRE ENGINE saw one, he rushed to put it out.

He got all hot and smoky, just like the BIG FIRE ENGINE. He was so successful that the FIRE CHIEF'S car, the PUMPER and the BIG FIRE ENGINE called to him, "Why don't you stay with us in the fire house, LITTLE FIRE ENGINE? We could use you." He was delighted. And so, the LITTLE FIRE ENGINE lived from then on with the BIG FIRE ENGINES and became the best spark watcher in town!

**Clancy To The Rescue***San Gabriel, LB Area, Verdugo Hills Councils*

Divide audience up into 6 groups. Assign each group a response to do when their word is said. Practice as you assign parts. For a small group, everyone do last 2.

**CLANCY:** Feel your muscles, like a strong man

**HORSES:** Slap Thighs

**YELL:** Use your hand over your mouth

**FIRE ENGINE:** High-pitched siren sound

**BELL:** Swing arm like a clapper saying,  
"Clang, clang, clang!"

**HOSE:** Shh-sh-sh sound like water from a hose

**STEAM:** *Everyone* makes high pitched Sssss sound

**ASLEEP:** (*Only occurs once*) *Everyone* snores

If you like **HORSES**, you would have enjoyed living back in the 1800's when they had old-fashioned

**STEAM** type **FIRE ENGINES** pulled by **HORSES**.

One of the **FIRE ENGINES** was driven by the greatest hero ever, **CLANCY!** Yes, Sir! **CLANCY** was a real hero. Every day when there was no fire, he would take the **HORSES** out for exercise, trotting them gently up and down the streets. If there were children along the way, **CLANCY** would always stop and let them pet the **HORSES**.

Sometimes the alarms were in the daytime, but sometimes they were at night. When the alarm sounded at night, one man would **YELL** up to the firemen above, and the men would run to the **FIRE ENGINE** where the **STEAM** was started up, and away they would go to the fire, clanging the **BELL**, with **CLANCY** driving the **HORSES**.

One night most of the men were in bed and the others were playing checkers when the alarm sounded. Where was the fire? At the mayor's big two-story house! The **YELL** was given and quick as a flash the firemen were up and on their way. **CLANCY** stopped the **HORSES** and **YELLED**,

"Keep the **STEAM** up men." They started the fire

**HOSE** and began to squirt water on the fire.

**CLANCY** strained to see upstairs where the mayor's wife was trapped. Flames were everywhere! **CLANCY YELLED**, "You'll have to jump!" The mayor's wife was afraid, so **CLANCY** threw her a rope and she came right down into the middle of the net.

The firemen kept fighting the fire. They got the **HOSE** on it and kept up the **STEAM** in the **FIRE ENGINE**.

Before long, the fire was out, so they turned off the **HOSE**, got back on the **FIRE ENGINE** and went back to the fire house, clanging the **BELL**. To

**CLANCY** and the other firemen, it was all in a day's work. The tired firemen went back upstairs and soon were sound **ASLEEP**.

**ADVANCEMENT CEREMONIES****Badges of Cloth***Greater St. Louis Area Council*

This will make a great start to your first advancement ceremony. Although no awards are made during this it does a good job of explaining the advancement program.

You will need six cards in the shape of a badge, with one letter of the word **BADGE** on each card, the explanation for each letter on the reverse side.

- Cub # 1:** B: stands for badges given today. What is a badge? A scrap of colored material is not nearly so important as the job that was done to earn it.
- Cub # 2:** A: stands for Akela. Your family and leaders who have helped you earn your badge.
- Cub # 3:** D: stands for Deeds. Good deeds to be done now and in the future for family, friends, and the community. Good deeds done with the knowledge and skills acquired through the badges.
- Cub # 4:** G: stands for Growth. The Cub Scout experiences growth both mentally and physically as he moves through Cub Scouts.
- Cub # 5:** E: stands for Eagerness and Energy. Both are necessary to earn badges. Badges do not come easily and they should not or their value would be small. Badges present challenges, difficulties, and satisfaction in accomplishment.
- Cub # 6:** S: stands for Service. Service to others is one of our aims in life. Our badges help up to bring service to others.

**Do Your Best in an Emergency***San Gabriel, Long Beach Area, Verdugo Hills Councils*

**Cubmaster:** In Cub Scouting, the boys learn how to take care of themselves and how to issue first aid. They also learn what to do in case of a vehicle accident, family illness, or how to stop, drop and roll if they are on fire.

**Asst CM:** This month we have been learning about the people who help us in an emergency. Like the Cub Scouts, they do their best. The Cub Scout motto is: "Do Your Best." This is one of the things the Cub Scouts are always trying to do. We cannot ask more of someone.

**Cubmaster:** Would (*name*) please come forward with his parents? This Cub Scout has worked hard to do his best in earning the rank of \_\_\_\_\_. We present this badge to his parents to pin on him (*parents pin badge on*). We would also like to honor him by giving him a Grand Howl.

**Fire Safety Advancement Ceremony:***Baltimore Area Council*

As Cub Scouts we must be aware of being fire safe. As we develop in Scouting, our knowledge increases, our awareness of safety protects ourselves and those who live, play and work with us. Our responsibility to be fire safe and guide others increases as time goes on.

Entering into this beginning class are our new Bobcats, \_\_\_\_\_. Will these boys and their parents come forward? These boys are receiving the Bobcat award. This award is the beginning of their experiences in Cub Scouting. A part of this experience involves fire safety. The parents will present this bobcat award to their son. Congratulations and welcome to the Pack. LEAD CHEER

Advancing forward as a Tiger are \_\_\_\_\_. One of the adventures a Tiger may earn is Tiger: Safe and Smart. They learn how to Stop, Drop and Roll, plan an escape route from their home, and check the smoke detectors. This award is presented to the boys by their parents. Congratulations. LEAD CHEER

Advancing in knowledge as a Wolf are \_\_\_\_\_. One of the Adventures required for the Wolf Badge is Call of the Wild. They learn about outdoor fire safety for a campfire. This award is presented to the boys by his parents. Congratulations. LEAD CHEER

Another achievement in Cub Scouting is the earning of the Bear award. Tonight several boys have earned this award. Will the following Cubs and their parents come forward? \_\_\_\_\_. While attaining skills in several areas, one of the adventures a Bear may earn is Bear Picnic Basket. They learn about cooking and cooking safety, what to do for burns, and how to safely cook a foil pack over a fire. The parents will present the bear award to their sons. Congratulations. LEAD CHEER

Receiving the Webelos badge tonight are \_\_\_\_\_. Will \_\_\_\_\_ and their parents come forward? The knowledge initiated in the Webelos Cast Iron Chef, Camper, and Castaway adventures increased their knowledge of fires and fire safety. They learned more outdoor fire safety. They built fires, maintained them safely, and, maybe, used them for cooking. They learned what to do if a fire is in their campsite. And how to light a fire without matches. The Webelos leader will present the award to the parents and \_\_\_\_\_ congratulations on your success in Scouting. LEAD CHEER

**To Help Other People At All Times-***Greater St. Louis Area Council*

**Props:** A small taper candle for each Scout, A candelabra with three candles either all white or one red, one blue, and one white.

**Note** – add in the actual award names to personalize this ceremony. Have more Scouts, use a Scout to light the other candle.

**Cubmaster:** “To help other people at all times,” is the second of the three duties of a Scout expressed in the Scout Oath. Helping other people is part of what it means to be a good neighbor. We have to help and look out for each other. I will light the second candle to represent our duty to others. Tonight, would like to recognize several Scouts who with the help of their mothers, fathers, den leaders, and others have met the requirements for advancement to the next rank.

**Assistant CM:** Will Cub Scouts \_\_\_\_\_ and \_\_\_\_\_ please come forward with their parents? Will one of the parents please light the first candle, which represents a Scout's Duty to God and his Country? Duty to God and Country is the first duty of a Scout expressed in the Scout Oath.

**CM:** Will Cub Scouts \_\_\_\_\_ and \_\_\_\_\_ please come forward with their parents? Will one of the parents please light the third candle, which represents a Scout's Duty to himself? This duty is expressed in the words, "Keep myself physically strong, mentally awake, and morally straight." This is the third duty of a Scout expressed in the Scout Oath.

**Cubmaster:** I will now present these patches which represent your sons' accomplishments to you, the parents, to present to your sons. I do this because you have helped him the most to earn this award and deserve the honor of presentation more than I do.

Now, you may present the award to your son.

**Assistant CM:** Lead a Cheer

## LEADER RECOGNITION

### Survival Kits for Leaders

*Baloo's Archives*

#### Needed:

One New Leader's Survival Kit for each new leader (You can adapt this to install all your leader's for the next year.)

Will (names) please come forward. These are our (new) leaders for the upcoming Scouting season. As we all know Cub Scouting is a year round sport but there are different seasons throughout the year. In the fall we recruit and go outdoors, everyone is anxious to start earning his rank badge. In the winter we do more inside and prepare for the Pinewood Derby and our big birthday party, the Blue and Gold Banquet. Then spring comes and we are back outside, earning electives and family camping. Then in the summer it is off to camp and swimming and outdoor games and activities.

Cub Scouting is unique with many adults volunteering their time and talents to help the association, our Pack, the teams, our Dens, and our players, the Cubs to success. Success is not just a one-time victory in Cubs, it is the successful development of boys into youths who have good character and recognize there is a God, are good citizens, and are mentally and physically fit.

When a sports team signs a new player you see them presenting the player with his uniform and equipment to ensure his success and safety. So to in Cub Scouts, we want our leaders to "Be Prepared." So here is the emblem of your position (show position patches) and a "Survival Kit" to help you succeed. (Hold up one survival kit and go through contents)

- ✓ **Rubber Band:** To remind you to be flexible.
- ✓ **Glue Stick:** To help you to stick with it.
- ✓ **Sandpaper:** To help smooth out the rough edges.
- ✓ **Starburst:** A star burst to give you a burst of energy on the days you don't.
- ✓ **Yeast Packet:** To help you rise to the occasion.
- ✓ **Safety Pin:** To help you hold it all together.
- ✓ **Marbles:** To replace the ones you may lose along the way.
- ✓ **Match:** To light your fire when you're burned out.
- ✓ **Hershey Kiss:** A kiss to remind you that you are loved. (*We give kisses and hugs!!! CD*)

#### Alternate Words:

Just as a sports team has many coaches each with a specialty, our pack needs volunteers with many skills, administrative, leadership, teaching, encouraging, spirit and more. (Present patches and kits to (new) leaders as you call out their names and positions)

### Cub Scout Leaders' Sanity Kit

*Heart of America Council*

Make a kit with items like those listed below and present it to the new leaders. Be sure to explain everything to the group.

- ✓ **Sheriff star:** Use to deputize parents--don't try to do everything yourself.
- ✓ **Sponge:** To help you soak up all the Cub scouting information you need.
- ✓ **Smarties:** To remind yourself that you are smart enough to do the job right.
- ✓ **Smiley Face:** To remind yourself to smile and keep your spirit up!
- ✓ **Heart:** To remind yourself that volunteer leaders are the heart of Scouting; you are also all heart!
- ✓ **Kazoo:** To help you keep a song in your Cub Scouting heart.
- ✓ **2 Pennies:** When people say, "Oh, no! You're a den leader???" Have you lost your good sense?" you can say, "Why, no, here they are!" (marbles work well too.)
- ✓ **Knotted rope:** When you reach the end of your rope, tie a knot in it and hang on!
- ✓ **Lifesaver:** When things are tough, the boys make you crazy, the parents don't help, nothing works the way you planned, and you're at the end of your rope and even the knot is slipping through your hands, just reach out and grab that life saver, make that phone call, get some help, and just hold on a little longer 'cuz those boys are really counting on you.

### Fun Ways To Say Thank You to Leaders and Parents

*Heart of America Council*

- ★ **Bouncy ball:** "You put a lot of bounce into our pack program."
- ★ **Eraser:** "Cub Scouting rubs off on you."
- ★ **Wiggle eyes glued to ribbon:**  
"Our eyes are on you" *or*  
"We love looking at the result of your work!"

#### For the leader who sets the example.

- ★ **Box of Total:** For being totally awesome.
- ★ **Box of Cheer:** For being the official cheerleader.  
*Or* For always being cheerful.

**SONGS****9-1-1 HELP***Greater St. Louis Area Council*

Tune "My Bonnie"

Emergencies they will answer,  
They're always a phone call away  
They come when they're needed most promptly  
And for you they will most surely stay

**Chorus:**

Nine-one-one

Nine-one-one

We call on them when we need HE...LP

Medics are your friends and my friends

They answer their calls so fast

They come when they are needed so greatly

And always will stay to the last.

**Chorus:**

The firemen too answer calls

A fire is scary to see

But when they come oh so quickly

They put out the fire with glee

**Chorus:**

We often need a policeman

And 9-1-1 will get one there

Be sure that you know your address

Of this you should always be aware

**Chorus:****I Am Proud-***Greater St. Louis Area Council*

Tune "Yankee Doodle Dandy"

I am proud to be a Cub Scout  
It makes me want to sing and shout  
I wear a uniform of blue and gold,  
It's really a sight to behold  
You would like to be a Cub Scout  
I know without a single doubt  
I do my best to do my duty  
That's what Cub Scouting is about.

**Dial 911***San Gabriel, LB Area, Verdugo Hills Councils*

Tune: Three Blind Mice

Dial 911

Dial 911

If you are hurt

If you need help

If someone has fallen and can't get up

Run to the phone and pick it up

Stay on the line and don't hang it up

Help will come.

5. say "the end".

**Thinking Safety***San Gabriel, LB Area, Verdugo Hills Councils*

Tune: Clementine

In the kitchen, Dad was cooking,  
Frying chicken in some oil.  
Said he'd go out to do the shopping,  
Just as dinner tried to boil!  
Thinking Safety, I remembered,  
Told him, "Dad! Turn off the heat!"  
Using caution is more important  
Than preparing supper meat.  
At the table was a candle  
Mom had lit to cheer the room.  
Matches sitting on the counter  
Made me feel a sense of doom.  
Thinking Safety, I remembered,  
Told her, "Mom, this I must teach,  
Keep the matches and the lighters  
Out of little sister's reach!"  
In the bedroom, brother studied,  
Working oh so diligently,  
Stereo, TV, heater, computer,  
All plugged in the same circuitry.  
Thinking Safety, I remembered,  
Told him, "Bud, that's not too wise!  
You should unplug some electronics  
Before that one connection fries!"  
Fire prevention can be easy,  
Just have care at every turn.  
Use your good sense and some planning  
To prevent unwanted burn.

**I Wish I Were A Volunteer***Greater St. Louis Area Council*

Tune "Oscar Meyer Weiner"

Oh, I wish I were a volunteer fireman,  
That is what I'd really like to be.  
'Cuz if I were a volunteer fireman,  
Everyone would look up to me.  
I'd climb a ladder up high to save babies.  
I'd battle fire, smoke and burning steam.  
I'd wear my big, red fireman's cap proudly,  
And polish my badge until it gleamed.  
I'd rescue cats from limbs in very tall trees  
And do inspections very carefully,  
I'd teach the kids to all be fire detectives  
'Cuz then my job would be so easy

**By the Blazing Council Fire Light**

*Greater St. Louis Area Council*

Tune "Til We Meet Again"

By the blazing council fire's light  
 We have met in comradeship tonight  
 Round about the whispering trees  
 Guard our golden memories  
 And so before we close our eyes in sleep  
 Let us pledge each other that we'll keep  
 Scouting friendships strong and deep  
 'Til We Meet Again

**Fireman's Song**

*Timucua District, North Florida Council*

*(No tune was listed in either spot I found this song. So make one up or if you know – E-mail me. CD)*

Behold the noble Fireman, all dressed in red and black.  
 He climbs the tilted ladder with a rope upon his back.  
 An axe he carries by his side, a helmet on his head,  
 He goes to fight the fire, most powerful and dread.  
 He is our unsung hero, this man of brawn and might,  
 And to watch him fight a fire is a great and wondrous sight.

**Fire Prevention**

*Baltimore Area Council*

Tune: Clementine

Check your hallways, check your closets,  
 And underneath the stairwell, too.  
 For if you've piled lots of junk there,  
 A big fire may call on you.  
 Dirty paint rags, piled up papers,  
 Frayed extension cords won't do.  
 Fire prevention is the answer,  
 All cub Scouts must follow through.

**Prevent Fires**

*Baltimore Area Council*

Tune: Are You Sleeping?

Prevent fires, prevent fires,  
 Do your part, do your part,  
 Check your house for hazards,  
 Check your house for hazards,  
 You'll be smart. You'll be smart.  
 Hunt for hazards, hunt for hazards,  
 Clean them out, clean them out.  
 Help protect your family,  
 Help protect your family,  
 Have no doubt, have no doubt.

**Old Macdonald's Fire**

*Baltimore Area Council*

Tune: Old McDonald Had A Farm

Old MacDonald had a farm, E-I-E-I-O.  
 And on this farm he had some woods, E-I-E-I-O.  
 With a chop-chop here, and a chop-chop there,  
 Here a chop, there a chop,  
 Everywhere a chop-chop.  
 Old MacDonald had some woods, E-I-E-I-O.  
 Then Old MacDonald lit a match, E-I-E-I-O.  
 And he was careless burning trash, E-I-E-I-O.  
 With a spark-spark here, and a spark-spark there,  
 Here a spark, there a spark,  
 Everywhere a spark-spark.  
 Old MacDonald burned his woods, E-I-E-I-O.

(Sing this very slowly)

Through carelessness, he burned his woods, E-I-E-I-O.  
 Now, Old MacDonald has no woods, E-I-E-I-O.  
 With a ash-ash here, and a ash-ash there,  
 Here an ash, there an ash,  
 Everywhere an ash-ash.  
 Old MacDonald has no woods, E-I-E-I-O.

**Emergency Call**

*Baltimore Area Council*

Tune: Are You Sleeping?

Someone's crying,  
 Hurt and crying  
 911, 911  
 Tell them your location,  
 Stay calm and be patient  
 911, 911.

**Solution Calling for Help Cryptogram**

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
12	20	4		2	19	8	22	24		21	13	15	23	6		7	1	16	26	25	17			10	
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
S	E		C		P	R	G		Y		A	M		N	T	W		F	B	L	H	O	I	V	U
P	L	E	A	S	E		P	O	S	T		E	M	E	R	G	E	N	C	Y					
6	21	2	12	1	2		6	23	1	16		2	13	2	7	8	2	15	4	10					
I	N	F	O	R	M	A	T	I	O	N		F	O	R		E	A	C	H						
24	15	19	23	7	13	12	16	24	23	15		19	23	7		2	12	4	22						
M	E	M	B	E	R		O	F	Y	O	U	R		F	A	M	I	L	Y						
13	2	13	20	2	7		23	19	10	23	26	7		19	12	13	24	21	10						
B	Y		Y	O	U	R		T	E	L	E	P	H	O	N	E	S		S	O					
20	10		10	23	26	7		16	2	21	2	6	22	23	15	2	1		1	23					
I	T		I	S		A	V	A	I	L	A	B	L	E		W	H	E	N	A					
24	16		24	1		12	25	12	24	21	12	20	21	2		17	22	2	15	12					
R	E	A	L		E	M	E	R	G	E	N	C	Y		O	C	C	U	R	S					
7	2	12	21		2	13	2	7	8	2	15	4	10		23	4	4	26	7	1					



## STUNTS AND APPLAUSES

### APPLAUSES & CHEERS

*Timucua District, North Florida Council*

#### Fire Bucket Brigade Cheer:

Pretend to pass buckets of water, throw water on fire saying "SWWOOOSSHH."

#### Fire Engine Cheer:

Divide into four groups.

1. Bell... "ding, ding, ding."
2. Horn... "honk, honk, honk."
3. Siren... "rrr, rrr, rrr."
4. Clanger... "clang, clang, clang."

Have everyone yell at once.

#### Fireman's Applause:

- ★ Make sounds, "Crackle, crackle, pop" as you move your fingers over your head.
- ★ Then make a sound like a fire engine.
- ★ Grab your hose and spray on the fire and "hiss-s-s"
- ★ Say "The fire is out."

*San Gabriel, LB Area, Verdugo Hills Councils*

#### Firefighter Cheer: "WATER! WATER! WATER!"

#### Grand Howl Applause:

- ☉ Cub Scouts form a circle around the person being honored.
- ☉ Each Cub Scout in the circle squats, makes the two-fingered Cub Scout sign and touches the fingers of both hands to the ground, between his feet.
- ☉ Then, like young wolves, the Cub Scouts raise their heads and give a long howl:
- ☉ "Ah-h-kay-y-la! Wee-e'll do-o-o ou-u-u-ur best!"
- ☉ As the word "best" is yelled, very sharply, everyone jumps to his feet, raises his hands high above his head, and gives the Cub Scout sign.

#### Watermelon Cheer

*Capital Area Council*

You take a big bite of a watermelon,  
Chew it up good and now  
You spit out the pits like a machine gun

*Utah National Parks*

#### Ocean Cheer

Best done with a large group;  
First row sways from side to side;  
Second row sways in opposite direction;  
Third row same as first, etc.  
Then have them add sound effects:  
SWOOSH, SWOOSH, SWOOSH!!

#### Pole Vault Cheer

- ★ Hold one arm straight in front.
- ★ Stand 2 fingers of the other hand on the outstretched arm, like legs, and have them "run" down the arm.
- ★ When they get to the wrist, make them "leap" into the air.
- ★ As you bring your hand back down, clap.

#### Baseball Cheer

- ★ Pretend to throw a baseball in the air
- ★ Then pretend to hit it with a bat.
- ★ After you hit the ball, shout, "Home Run!!!"

#### Bowling Cheer

Pretend to throw a bowling ball down an alley.  
Then yell, "Strike!"

#### Bicycle Cheer

Say: "Pump, pump, pump!"  
Make motions as if using a manual bicycle pump

#### Long Hike Cheer

Stomp your feet loudly three times,  
Shuffle your feet softly three times  
Then say "Boy, I'm tired."

#### Longer Hike Cheer

Stomp your feet loudly six times,  
Shuffle your feet softly six times  
Then whine "Are we there yet?"

#### End of Hike Cheer

Throw hands up in the air and yell "We made it!" and collapse.

*Capital Area Council*

#### Big Balloon Cheer

Stick out your thumb and pretend to blow up your hand, keep opening your fingers until your hand opens up really big and yell "BANG!"

#### Jet Plane Cheer

Move your hand around yelling "Zoom, Zoom"  
then add one big clap for the sonic boom.

#### Lightning Cheer

Shake your finger like jagged lightning yelling "Shhhhh, Shhhh" on each movement.  
Throw in a "BOOM" every now and then.

### RUN-ONS

*San Gabriel, LB Area, Verdugo Hills Councils*

**1st Cub:** "Hey look over there, smoke signals."

**2nd Cub:** "Oh yes, what do they say?"

**1st Cub:** (*pretending to look away through binoculars says very slowly*) "Help... My... Blanket... is... On... Fire.

**1st Cub:** (*looking back at 2nd Cub*) "Help, my blanket is on fire?"

**1st Cub:** Who can hold up traffic with one hand?

**2nd Cub:** A policeman.

*Greater St. Louis Area Council*

Knock, Knock

Who's There?

Ella Mann

Ella Mann, who?

Ella Mann-terry my dear Watson

**Cub # 1:** Just by looking at them I can tell where you got your shoes

**Cub # 2:** Where?

**Cub #1** On your feet

**Cub # 1:** Why is it that when you are looking for something it is always in the last place you look for it/

**Cub # 2:** Because you stop looking when you find it!

*Baltimore Area Council*

**Cub #1:** Did you hear about the kid that always wore two different colors of socks?

**Cub #2:** Yeah, his mother told him to never touch matches!

### JOKES & RIDDLES

*Timucua District, North Florida Council*

All the toilets at police HQ have been stolen.

Detectives say they have nothing to go on!

Did you hear about the girl who ran away with the circus?  
The police made her take it back!

What wears a coat all winter and pants in summer?  
A police dog!

What does a desert doctor always carry?  
A thirst aid kit.

Knock, Knock.

Who's there?

Police.

Police who?

Police let me in; I'm freezing out here!

Knock, Knock

Who's there?

Dozen

Dozen who?

Dozen anyone answer the door?

### SKITS

#### C.P.R.

*Greater St. Louis Area Council*

The first Scout comes out walking around, he suddenly grabs his chest and falls to the ground.

Two other Scouts come in talking about just completing their first aid merit badge and find the scout on the ground.

They rush to his aid and begin C.P.R. Adjust the head, listen, feel for pulse then begin fake compressions. The other Scout counts.

After about 3 sets, the other Scout yells "SWITCH".

Suddenly, the scout on the ground gets up, one of the other two scouts lies down, and they begin again to administer C.P.R.

#### Fire Safety Skit

*Baltimore Area Council*

#### Set Up:

This skit needs at least five boys.

Mr. James and Narrator wear suits or shirt and ties.

Hose Man carries a garden hose,

Ladder Man carries a chair,

Chief wears a fireman's hat and raincoat.

Other props are a candle and matches, and an offstage siren. (*One of the boys can make the siren noise, as boys seem to do this so well.*)

**Narrator:** Now, this evening, folks, we have Mr. James to talk to us on fire safety. Let's welcome Mr. James. (Narrator begins applause, audience follows.)

**Mr. James:** Hello, ladies and gentlemen. This evening I would like to discuss the hazards of an unwatched open flame. I shall light this candle now as the first part of my demonstration.

(*Mr. James lights candle. Just as he is about to open his mouth to begin his talk a siren goes off.*)

**Hose man:** (enters shouting) Fire! Fire! Fire!

(*Ladder man enters and sets up chair next to Mr. James. Others may also enter, adding to the excitement,*

**All Firemen** (*Shout*) Chief! Chief! Chief! Fire! Fire! Fire!

*Chief enters and climbs chair, he ceremoniously blows out the candle. All firemen run off stage*

**Narrator:** That concludes our fire safety demonstration. Thank you, Mr. James. (*Shakes Mr. James' hand.*) I'm sure we'll all remember that an unwatched open flame can cause a lot of trouble!

*Narrator exits, Mr. James picks up candle and exits singing "Happy Birthday".*

**Why Are Fire Engines Red?***Greater St. Louis Area Council*

You will need 7 Cub Scouts each with a picture of a fire engine to hold.

**Cub # 1:** Why are fire engines red? Well. Roses are red too.

**Cub # 2:** And two and two are four. Four and eight are twelve.

**Cub # 3:** There are twelve inches in a ruler. Now Queen Mary was a ruler.

**Cub # 4:** Queen Mary was also a ship. Ships sail on the sea.

**Cub # 5:** Fish swim in the sea. Fish have fins.

**Cub # 6:** The Finns fought the Russians. The Russians were red.

**Cub # 7:** Fire engines are always rushin'. And that's why fire engines are red.

**Doctor! Doctor!***San Gabriel, LBArea, Verdugo Hills Councils*

The secret to success with this series of quickies is to keep them moving along. You can have one doctor and different patients, but it may add greater rush and flurry if a different doctor and patient fly in and out for each quickie.

**Cub #1:** Doctor! Doctor! I feel like a set of drapes.

**Doc:** Pull yourself together!

**Cub #2:** Doctor! Doctor! Am I going to die?

**Doc:** That's the last thing you'll do.

**Cub #3:** Doctor! Doctor! Everyone is ignoring me.

**Doc:** Next!

**Cub #4:** Doctor! Doctor!

My back feels like a deck of cards!

**Doc:** I'll deal with you later.

**Cub #4:** Doctor! Doctor! What's wrong with me?

**Doc:** Have you had this before?

**Cub #4:** Yes.

**Doc:** Well, you've got it again!

**Doc:** You'll live to be 80.

**Cub #5:** I am 80.

**Doc:** See!

**Cub #6:** Doctor! Doctor! I've got insomnia.

**Doc:** Don't lose any sleep over it!

**Cub #7:** Doctor! Doctor! My boy swallowed a pen!

**Doc:** Well, bring him to my office as soon as you can.

**Cub #7:** What should I do in the meantime?

**Doc:** Use a pencil.

**Doctor's Office***San Gabriel, LBArea, Verdugo Hills Councils*

First patient comes in hiccupping and asks to see the doctor. The second patient comes in cross-eyed, with a silly look on his face.

The third person can't control his muscles and is all jittery. They are all asked to sit down.

The first person is asked to go in. There is a real commotion and the patient comes out fine. The same thing happens to the second and third patients. The nurse tells the doctor it is time to go home. The doctor emerges with the symptoms of all his patients and goes offstage.

**FIRE STARTING***Sam Houston Area Council*

**Characters:** Eight boys

**Props:** See what each boy needs in the skit.

[Have each boy walk on stage with his prop, say his line, and build a fire.]

**Cub # 1:** (holding wood shavings, pine needles, dry grasses, shredded bark, etc) I'm tinder! I'm quick to burn because I'm small and dry!

**Cub # 2:** (holding pieces of firewood) I'm kindling! I'm dry dead twigs no thicker than a pencil.

**Cub # 3:** (holding pieces of firewood) I'm fuel! I'm dry dead wood as thin as your finger and up to as thick as your arm.

**Cub # 4:** (holding a big cardboard match) I'm a match! I create a spark which will ignite the tinder.

**Cub # 5:** (holding a poster board picture of a small flame) I'm a flame! I start the kindling burning.

**Cub # 6:** (holding a poster board picture of a medium fire) I'm a blaze! I burn the fuel and give off heat and light.

**Cub # 7:** (holding a poster board picture of roaring fire) I'm a bonfire! I'm very dangerous. I can give off enough heat to make this whole pack hot.

**Cub # 8:** (holding a pail with a small mist bottle of water hidden inside) I'm water. I can put out fires and cool you off. (Takes spray mist bottle out of pail and lightly sprays it into the air.)

**THE FIRE***Sam Houston Area Council*

You need two players and a behind-the-scenes person to move the fire (an artificial campfire with almost invisible strings attached).  
 The players sit by the fire, reading, doing a puzzle, etc. The fire moves slightly. They don't notice.  
 It moves again. They don't notice.  
 This continues until the fire is pulled off stage.  
 At that point, one of the players looks at the other and says,  
 "Looks like the fire's gone out again!"

**CLOSING CEREMONIES****Closing Ceremony***Timucua District, North Florida Council**(Light candle before starting ceremony)*

A group of boys rush into the room, imitating a fire brigade, circles the room and rush toward the fire. One or two boys might be sirens, another ring bells, several could carry a hose, one a bucket. They all rush toward the candle and just before they get there, the Cubmaster blows the candle out. The boys look disgusted and walk away. The Cubmaster says, "Good night everyone!"

**Top Ten Crime Prevention Tips***San Gabriel, LBArea, Verdugo Hills Councils*

- Cub # 1:** Do NOT commit crimes or hang around with people who commit crimes.
- Cub # 2:** Do NOT use illegal drugs or hang out with people who do.
- Cub # 3:** Trust your gut instinct. If you get a weird "vibe," you are probably right.
- Cub # 4:** Be aware of your surroundings.
- Cub # 5:** Be rude if you have to. It's better to be rude than to be a victim.
- Cub # 6:** Do not leave valuables in plain view.
- Cub # 7:** Vary your daily routine.
- Cub # 8:** Know your neighbors and keep you neighborhood clean.
- Cub # 9:** Use common sense (lock your doors, don't leave keys in the car, etc.).

**All Think!**

Have Cubmaster follow up with a Cubmaster's Minute about being safe and then dismiss Pack

**When Accidents Happen...***San Gabriel, LBArea, Verdugo Hills Councils*

A leader may do Cub #5's part.

- Cub # 5:** When accidents happen, we are told to call 911 using the telephone. But what if there is no phone available? What if we are out in the woods or on a boat? There are other ways that we can communicate that we need help. Let's have some of our Cub Scouts show us what we could do in such an emergency.
- Cub # 1:** (*carrying a flag upside down*) One distress signal is to fly the flag upside down and others will know that you need help.
- Cub # 2:** (*carrying a poster of 3 bonfires burning in a row*) Build three fires equally spaced apart. Remember that a fire will be seen a long way during the night, but smoke is better for day.
- Cub # 3:** (*carrying a horn or whistle*) Remember the number three! Three blasts from a horn or a whistle at equal intervals should bring help. (*Blow whistle three times*)
- Cub # 4:** (*carrying a flashlight or two sticks*) Don't forget SOS. You can use a flashlight to signal 3 short, 3 long and 3 short; or you can beat out this Morse code with sticks or on a pipe. (*Make signal*)
- Cub # 5:** Knowing how to communicate can save lives, those we love and even our own.  
*HHHMMMmmmm – the three fires signal for help made me wonder about Three Fires Council in Illinois. So I went to their website. Their name pays tribute to the Native Americans of the Ottawa, Potawatomi, and Chippewa group of tribes which banded together to form "The Three Fires," and who once populated their territory. It, also, takes inspiration from the idea of working together as a new council following a merger. Check it out at <http://www.threefirescouncil.org/> CD*

**Battery Check***Baltimore Area Council***Personnel:** 6 Cub Scouts**Equipment:** Smoke Detector and new Batteries

- Cub # 1:** Brings out the smoke detector and places on a table
- Cub # 2:** Checks for a sound, pushing button - nothing happens.
- Cub # 3:** Comes out and takes out the old batteries.
- Cub # 4:** Brings out the new batteries and put them in.
- Cub # 5:** Checks for a sound, pushing button - the smoke detector works.
- Cub # 6:** "A message to our parents. Please remember to check the batteries in our home smoke detectors tonight. Goodnight."

**Smoky Closing***Baltimore Area Council*

Each boy should hold up cards to spell "SMOKEY"  
Words on back in LARGE print

**Cub # 1:** Smokey the Bear has a message to tell.

**Cub # 2:** Make it a point to hear him well.

**Cub # 3:** Only you can prevent forest fires, Smokey says.

**Cub # 4:** Keep yourself safe in being careful that way.

**Cub # 5:** Everybody must do his part.

**Cub # 6:** Yes, we can stop fires before they start

**HERO Closing***Greater St. Louis Area Council*

You will need large cards spelling out H-E-R-O, with lines on the back in LARGE print for boys to read

**Cub # 1:** H is for Help. Help is on the way. A hero is someone who helps.

**Cub # 2:** E is for Everyone. Everyone can be a hero. You just have to be prepared and know that you can make a difference.

**Cub # 3:** R is for Remember. Remember that even brave people can be afraid. It is taking action even when you are scared that makes you brave.

**Cub # 4:** O is for One Person. One Person can make a difference. One person who helps can change someone's world



"Never too old, never too sick,  
never too late to do yoga  
and start from  
scratch once again."  
— Bikram Choudhury



**Same is true for Boy Scout Leaders!!**

**CUBMASTER'S MINUTES****A Scout is Helpful**

<https://johnscout.wordpress.com>



*A Scout is helpful. A Scout cares about other people. He helps others without expecting payment or reward. He fulfills his duties to his family by helping at home.*

Before Chicago publisher William D. Boyce made his fortune in the Windy City, he knew what it was like to live in the cold part of the country. In Winnipeg, Canada, he co-founded a newspaper. He worked as a reporter in Fargo, North Dakota. In Lisbon, North Dakota, he started the *Dakota Clipper*, a weekly newspaper specializing in political and business intrigues.

In 1909, Boyce was on his way home from an African safari, and lost his way in a dense London fog. A boy came to his aid and, after guiding the man, refused a tip, explaining that as a Scout he would not take a tip for doing a Good Turn. This gesture by an unknown Scout inspired a meeting with Robert Baden-Powell, the British founder of the Boy Scouts. As a result, William Boyce incorporated the Boy Scouts of America on February 8, 1910. He also created the Lone Scouts, which merged with the Boy Scouts of America in 1924.

No one knows what happened to the boy who guided Mr. Boyce through the London fog, but he was one Helpful Scout who will never be forgotten.

You can read more about the Unknown Scout in your *Boy Scout Handbook*.

(Adapted from BSA Speakers Bureau and the [Points of Light Institute](#))

**Be Prepared***Greater St. Louis Area Council*

Being a hero does not mean that you must risk your own life. It can mean getting help, or making a phone call to 911 to get the police, or fire department, or ambulance. The key is to use wisdom and judgment, but to do it quickly. Sometimes time is limited. You can save a drowning person by pulling them in with a life ring, and not become a victim yourself by jumping in after them. Many times an adult's life has been saved because a child knew to call 911 in an emergency and get help right away.

You never know when or where emergencies will arise. Cub Scouting teaches us to handle these situations. We don't expect to get hurt, and don't expect to need first aid, but we are prepared just in case. Do Your Best!

**Fire Safety Closing***Baltimore Area Council*

Extinguish the room lights, shine a small spotlight of flashlight on the U.S. flag and ask all to join in singing "God Bless America." Cubmaster then says, "Cub Scouts, all during our meeting the candle representing the Spirit of Cub Scouting has continued to burn. Now we'll blow it out, reminding ourselves that a flame must never be left burning when no one is around, but let us keep the light of Cub Scouting burning in our hearts."

**A Scout is Helpful***Bryant O'Tuel - Assistant Scoutmaster*

This month's theme for the SM minute is the 3rd part of the Scout Law.

A Scout is Helpful. This is what the Boy Scout Handbook says about being Helpful:

A Scout cares about other people. He helps others without expecting payment or reward. He fulfills his duties to his family by helping at home.

It sounds pretty simple. You can be helpful at home, school, scouting events, the neighborhood, and church.

The most important thing is to be helpful when someone needs it. When you see the need! Don't let peer pressure stop you from being helpful.

The scout movement in the United States was started because one scout helped a stranger cross the street in the London fog.

I challenge you to be more helpful. Start by helping someone tomorrow.

**CUB GRUB****Hot "Hero" Sandwich***San Gabriel, LB Area, Verdugo Hills Councils***Ingredients:**

- 4 crispy fried bacon slices
- ½ cup mayonnaise or salad dressing
- 1 cup shredded Cheddar cheese
- ½ cup dry roasted peanuts
- ½ teaspoon celery salt
- 1 teaspoon Worcestershire sauce
- 2 green onions, chopped
- 4 English muffins or 8 slices of bread, toasted

**Directions**

- ✓ Mix mayonnaise, Worcestershire sauce and celery salt in a bowl.
- ✓ Stir in cheese, onions and peanuts. (Watch for allergies)
- ✓ Crumble bacon into mixture. Stir.
- ✓ Fill each sandwich with ½ cup of the cheese mixture.
- ✓ Place one sandwich on a paper napkin and microwave on high 20 to 25 seconds.
- ✓ Makes 4 servings.

**Fire Hose***(Santa Clara County Council)***Ingredients:**

- 1½ cups apple juice
- 2 envelopes unflavored gelatin
- 3 oz. package any flavor Jell-O
- Ice cubes

**Directions**

- ✓ Heat half the apple juice to boiling.
- ✓ Add the Jell-O and stir to dissolve.
- ✓ Soften unflavored gelatin in remaining apple juice and add to hot Jell-O.
- ✓ Stir to dissolve.
- ✓ Add ice cubes and stir until melted.
- ✓ Refrigerate 15 minutes.
- ✓ Spoon into a Zip-Loc bag.
- ✓ Cover cookie sheet with plastic wrap.
- ✓ Cut corner off plastic bag and squeeze out small amount of Jell-O in shape of a hose.
- ✓ Chill 2 hours.
- ✓ Eat!!

**Chili**

- Get a package of any of the various Alarm Chilis (e.g. 3 Alarm) and mix and serve according to directions



**Firehouse Chili Dog Casserole***San Gabriel, LB Area, Verdugo Hills Councils***Ingredients:**

- 8 hot dog buns
- 8 hot dogs
- 1 (15 ounce) can chili
- ¼ cup chopped onion
- 1 tablespoon prepared mustard
- 2 cups shredded Cheddar cheese

**"It's like eating a chili dog, but with a fork."****Directions**

- ✓ Preheat oven to 350°F (175°C).
- ✓ Lightly grease a 9x13" baking dish.
- ✓ Tear up the hot dog buns and arrange the pieces in the bottom of the dish evenly.
- ✓ Slice the hot dogs into bite size pieces and layer the pieces over the buns.
- ✓ Pour the chili over the hot dogs,
- ✓ Sprinkle with the chopped onion,
- ✓ Then spread some mustard over the chili and the onion.
- ✓ Top off with the cheese.
- ✓ Bake at 350°F (175°C) for 30 minutes.
- ✓ Original recipe yield: 6 to 8 servings

**Firefighter Chili Cheese Dip***San Gabriel, LB Area, Verdugo Hills Councils***Ingredients:**

- 1 (8 ounce) package cream cheese, softened
- 1 (15 ounce) can chili
- 1 cup shredded Cheddar cheese

**Directions**

- ✓ In the bottom of a 9" microwave safe round baking dish, spread the cream cheese.
- ✓ Top the cream cheese with an even layer of chili.
- ✓ Sprinkle Cheddar cheese over the chili.
- ✓ Heat in the microwave on high heat 5 minutes, or until the cheese has melted.
- ✓ Serve with your favorite chips or vegetables.

**9-1-1 Nachos***Greater St. Louis Area Council***Ingredients:**

- 1 lb Ground beef browned, Drain grease
- 1 lb Velveeta Cheese, melted
- Tabasco sauce to taste
- Jalapenos (or other) diced to taste
- Chips
- 1 can Rotel tomatoes

**Directions:**

- ✓ Mix ground Beef, cheese Rotel tomatoes, peppers, and Tabasco in Dutch Oven or large pot and \
- ✓ Simmer until bubbly
- ✓ Serve with Tortilla Nacho chips
- ✓ Serves 8

**Campfire Pizza-***Greater St. Louis Area Council***Ingredients:**

- 1 ½ lb. Ground beef
- 1 package of pizza mix (complete with sauce)
- ½ lb. Mozzarella cheese; grated
- Olives; sliced

**Directions:**

- ✓ Brown beef in open skillet and set aside to remain warm.
- ✓ Mix pizza dough as directed and divide into 8 equal portions
- ✓ Form these portions into crust pieces about the size of doughnuts but of enough size to allow placing all 8 into two Dutch Ovens
- ✓ Place ground beef and cheese on the crusts;
- ✓ Pour tomato sauce from the pizza mix on each crust
- ✓ Then add sliced olives on top
- ✓ Bake as directed or 25 to 30 minutes
- ✓ **Serves 8**

**Variations:** Use sausage instead of beef or place chopped pieces of peppers on top of sauce to give your pizza a little FIRE!

**Hero Sandwich #1***Timucua District, North Florida Council*

Cut a loaf of French bread in half lengthwise.

Layer on slices of ham, salami, and cheese.

*Or maybe turkey.*

Top with lettuce and sliced tomatoes.

Add onions, pickles, and hot peppers, if desired.

Spread on mayonnaise or mustard.

**Hero Sandwich #2***Timucua District, North Florida Council*

Cut a loaf of French bread in half lengthwise.

Layer on slices of ham, salami, and Provolone, Swiss or American cheese.

Top with lettuce and sliced tomatoes.

Add onions, pickles, olives and hot peppers, if desired.

Spread on oil or mayonnaise or mustard

**Banana Blaster Muffins***Timucua District, North Florida Council***Supplies:**

- Muffin Pan,
- 2 Medium Bowls,
- Masher,
- Wooden Spoon,
- Oven Mitts,
- Cooling Rack,
- Spatula

**Ingredients:**

- ✓ Vegetable oil cooking spray
- ✓ 3 cups basic muffin mix
- ✓ 1 Tbsp. sugar
- ✓ 2 ripe bananas
- ✓ 2 Tbsp. honey
- ✓ 1 tsp. vanilla extract
- ✓ 1 cup chocolate mini-chips
- ✓ 1 egg

**Directions:**

1. Preheat oven to 400°F.
2. Spray muffin pan with vegetable oil cooking spray.
3. Put muffin mix and sugar in a medium bowl.
4. Stir well with the wooden spoon. Set aside.
5. In the other bowl, mash the bananas with the masher.
6. Add the egg, honey, and vanilla extract and stir.
7. Add the banana mixture to the bowl with the muffin mix.
8. Stir with the wooden spoon to combine until the dry mix is no longer visible.
9. Use the wooden spoon to fold in the chocolate mini-chips.
10. Fill the cups in the muffin pan evenly, so they are about 2/3 full.
11. Bake for 15 to 18 minutes, or until muffins are golden brown.
12. Have an adult use the oven mitts to remove the muffin pan from the oven.
13. Place the pan on the cooling rack and let cool for 5 minutes.
14. Use the spatula to loosen the muffins and remove from pan.

**Cool Down Punch**

*Timucua District, North Florida Council*

**Ingredients:**

- ✓ 3 oz. package strawberry or raspberry Jell-O
- ✓ ½ cup sugar
- ✓ 2½ cups of water
- ✓ 10 oz. frozen fruit
- ✓ 6 oz. frozen lemonade concentrate
- ✓ 1 large bottle carbonated beverage

**Directions:**

1. Boil 2 ½ cups of water.
2. Pour over Jell-O and stir until dissolved.
3. Stir in cold water, frozen fruit, and frozen lemonade
4. Stir until thawed.
5. Add carbonated beverage.

**GAMES****Fire, Police, Ambulance Game-**

*Greater St. Louis Area Council*

Three corners of the room are named "Fire Station", "Police Station", and "Ambulance".

The leader calls out a situation in which a boy might find himself and the Cub Scouts have to run to the correct "corner"

The last one home loses a point for his team.

Suggested situations-

1. Smoke is seen coming from under the door of a house. (Fire Station.)
2. Your window cleaner falls from a ladder while cleaning the upstairs bedroom window (Ambulance.)
3. When out fishing you spot some bushes on fire. (Fire Station.)
4. You see some older boys cutting the wire to a telephone in a call box (Police Station)
5. Your friend falls from his bicycle while you are out for a ride, (Ambulance.)
6. You find a transistor radio pavement. (Police Station.)
7. Your bicycle is stolen. . (Police Station.)
8. An older person who has rescued a small, unconscious girl from a river asks you to telephone for help (Ambulance)

**X Marks the Spot**

*Timucua District, North Florida Council*

This is a simple game that can be used to choose "It" for another game. All of the players stand on one side of the room touching the wall with their back. Have a Den Leader supervise this game.

The leader points out a spot on the ground, for example, a seam between two floor tiles. The players close their eyes and take turns walking slowly toward the spot, relying on their memory to judge its location. When the player believes he is on the spot, he stops and sits down. Players must remain sitting until everyone has sat down.

Whoever is closest to the spot is the winner. For an added challenge, turn off the lights after the spot has been chosen.



**Telephone Code***San Gabriel, LBArea, Verdugo Hills Councils*

This is a secret message game based on the telephone. Give each boy a pencil and paper and ask him to convert a very short message into code based on the dial numbers. Decoding can be tricky, since there is more than one letter for each number.

Here is a sample message:

DO:	36
YOUR:	9687
BEST:	2378

When each boy has encoded his message, exchange papers and have the boys try to decode each other's messages.

**First Aid Baseball-***Greater St. Louis Area Council*

For this game you will need a small corkboard, permanent markers, push pins, and Rank Appropriate Handbook

**Purpose:**

Everyone enjoys baseball, so why not test your Scouts knowledge of first aid in a fun manner!

Draw a baseball diamond on the corkboard (or a white (dri-erase) board with appropriate markers.

Divide your Scouts into two teams. Ask each team a question related to the first aid using their handbook as a reference.

Have each team designate one person as the spokesperson for the team. He will be the only person to give the team's answer. All members of the team are to discuss answers and vote on the correct answer, but only the spokesman gives the answer.

For each correct (simple) answer, you are awarded 1 base.

If you ask a multiple part question, the team can be awarded multiple bases if they answer the entire question, award them 2 bases. You keep score just as at a baseball game. You can designate a time to quit or assign a number of innings to finish the game.

The team with the most runs wins the game. This is a great game to play in the event of rain at an outdoor event.

**Tug of Peace***Timucua District, North Florida Council*

A group of boys sit in a circle holding onto a rope placed inside the circle in front of their feet. The ends of the rope are tied together to make a huge loop. If everyone pulls at the same time, the entire group should be able to come to a standing position. The Tug of Peace can also be played by stretching the rope out straight and having boys sit on either side of it, facing each other in two lines. If both sides pull on the rope evenly, they can help each other up.

**Missing Person***San Gabriel, LBArea, Verdugo Hills Councils*

The group should be seated in one area, where everyone can see everyone at a glance.

One person selected to be "it" faces away from the group and covers his or her eyes.

Another person is selected to leave the room while all the others quietly leave one seat and take another.

At a signal, "it" turns around and tries to guess who the missing person is while the group slowly counts to ten. If "it" guesses who is missing before the group finishes counting, then he can have another turn. Otherwise, another (the missing person?) now becomes "it".

**Where's the Fire Alarm?***San Gabriel, LBArea, Verdugo Hills Councils*

One boy stands with his eyes blindfolded in the center of a circle formed by the other boys.

The center counts aloud to 20. At the same time the other boys pass a small bell around the circle, ringing it as it travels.

When the counter reaches 20, all the boys in the circle put their hands behind their backs.

The boy in the center takes off the blindfold and tries to guess who has the alarm - the bell.

The boy in the center has 3 guesses; if he is correct, the boy who held the alarm comes into the center.

If not, the counter is blindfolded again, counts to 20 and the game continues as before. *No boy should be permitted to remain in the center of the circle for more than 2 or 3 turns. Remember: The boy in the center can turn as the bell rings so he should listen carefully.*

**Dial 911***Baltimore Area Council*

Pieces of paper are handed out to the captain of each team. Each paper contains emergency situations, i.e. house on fire, car wreck, cat up a tree. Each captain puts back the paper then goes back to his team and whispers what was written on the paper. Each team member must receive the message to the end. The last person raises his hand then when all the teams are done let each team's final member repeat the message and compare it to the original. Parents can judge to see which team came the closest.

**Rescue Relay***Timucua District, North Florida Council*

Divide den into 2 equal teams. Supply each Cub Scout with a piece of rope about 2 feet long. One cub from each team sits on a piece of cardboard some distance from the rest of his team. Each Cub must tie rope to his neighbors using a square knot. When all ropes are tied, one end is thrown to the Cub on the cardboard and his team pulls him to safety (pass a line on the ground). First team to pull in Cub is the winner.

**Fireman, Save My Child**

*San Gabriel, LBArea, Verdugo Hills Councils*

- ✓ You will need a drinking straw for each player.
- ✓ Cut paper (the children) into squares of various sizes (2" to 4" square).
- ✓ The players are divided into two teams.
- ✓ Scatter paper squares on a table, about 15 to 20 feet away from the start line.
- ✓ Place a container for each team about 10-15 feet from the table (the course is like a triangle).
- ✓ On signal, the first player from each team runs to the table with his straw and picks up a square by sucking up the paper against his straw.
- ✓ While holding the square this way, each player runs to his respective container and deposits his paper in it.
- ✓ If he drops the square on his way, he must stop and pick it up by sucking it up with his straw.
- ✓ Run this relay style or set a time limit and let everyone play at the same time. When done count the square pieces in the containers.

**Fireman Relay**

*San Gabriel, LBArea, Verdugo Hills Councils*

- ✓ You will need a set of Dad's old clothes (or big boots, pants, and suspenders), a bucket and a log for each team.
- ✓ Put blue or white crepe paper streamers 2 to 3 feet long in each fire bucket.
- ✓ Players form two teams.
- ✓ First player puts on a "fireman's suit" (old clothes) on top of his own.
- ✓ He picks up a bucket and runs to a spot about twenty feet away where a log represents a "fire."
- ✓ He pours the "water" (streamers) on the fire, refills the bucket (replaces streamers), and runs back to his team.
- ✓ He takes off his "fireman's suit" and gives it to the next player. The team that finishes first is the winner.

**Spinning Wheel**

*Timucua District, North Florida Council*

Players sit in a circle on the floor with their legs stretched out in front of them and their feet touching. Players lean back on their hands, which they have placed behind them, and wait until the leader says, "Turn!" Then everyone moves to the right at the same time. To keep the wheel intact, everyone must turn together. If a player moves too slowly or too quickly, a pileup may happen and someone can yell: "Flat!" Players try to make the most consecutive turns as possible, although the fun is in the effort, not the outcome.

**Who Done It? Round Robin**

*Timucua District, North Florida Council*

This is an activity that the kids love. Set up a "Who Done It" mystery scenario and then have different "tables."

The Cubs visit the tables to gather clues to solve the mystery.

For the event, try to also arrange for a local police officer to come in at the end of the activity to ask the Pack for help in solving the crime.

Of course, the event is set up so that all clues point to the Cubmaster.

The officer hand-cuffs him/her and then the Pack could take up a collection to make bail. (Donate proceeds to a worthy cause or use for a Service Project for your Chartered Org)

***I am not sure on the rules for collecting money; you should check them out before you do this. CD***

**Who Dunit?**

*Timucua District, North Florida Council*

Before starting the game, explain the way it is played to all the boys. Each boy will have a turn at playing the Detective. That boy will leave the room and another boy will be selected as the one "Who Dunit." All of the boys left in the den area (including Who Dunit) will come up with a one-phrase clue to give the Detective when he returns. The clues should not be so obvious, as the boy's name, but should be fairly unique to Who Dunit. For example, it might be the boy's street name (Oakmont Road) or his color of eyes (blue eyes) or his family (three sisters). Based on the clues, the Detective tries to guess Who Dunit. To identify Who Dunit, the Den Leader should select one boy randomly (so there's no order to who is selected for each turn).

**Who Is Missing?**

*Timucua District, North Florida Council*

**Equipment:** None

**Formation:** Circle

The Cubs walk round in a circle. When the leader gives a signal they all cover their eyes with their caps or their hands. The leader touches one of the Cubs on the shoulder and he leaves the room as quickly and as quietly as possible, while the others still walk with their eyes closed.

When the leader calls 'STOP!', the Cubs stop walking and uncover their eyes. The first one to give the name of the Cub who is missing, is the winner. Note: The Cubs should not walk round for too long a time, as they will become dizzy. Watch out for any Cubs who are cheating by peeping through their fingers!

## BRYAN ON SCOUTING

A Blog for the BSA's Adult Leaders

Robert (Bob) L. Stocker  
LCRS District Commissioner  
Abraham Lincoln Council, BSA

“**Bryan on Scouting**” is the official blog of Scouting magazine, a Boy Scouts of America publication. Scouting magazine is published five times a year and is received by 1 million registered adult volunteers. Bryan covers many topics every month. He keeps his Blog current and deals with the latest issues.

His articles this past month are listed below (Every title has a hyperlink). The articles in BLUE are of special interest for Cub Scout Leaders.

If the word SPONSORED appears, that BSA received compensation for that blog post.

July 2016

[Ben Gallaher, country singer and Eagle Scout, makes his mark in Nashville](#)

July 27, 2016 // [0 Comments](#)



Eagle Scout Ben Gallaher, who lives in Nashville, has a Sony Music recording contract and has opened for Neal McCoy, Big & Rich, Lynyrd Skynyrd, and others. \_

[How has Boys' Life magazine improved your Scout's experience?](#)

July 26, 2016 // [3 Comments](#)



Today's Tuesday Talkback is all about Boys' Life magazine. Join me in sharing stories about BL's impact on your family and your son or sons. \_

[Philmont Photo Archive now includes every attendee since 1976](#)

July 25, 2016 // [6 Comments](#)



The Philmont Photo Archive now stretches back to the year the U.S. celebrated its Bicentennial and Steve Jobs founded Apple Computer. \_

[Can packs, troops, teams or crews participate in political rallies?](#)

July 22, 2016 // [57 Comments](#)



The BSA might be the most patriotic organization in the U.S. But we don't endorse any party. Here's the policy on participation in political rallies. \_

[American Hiking Society has a deal for 2016 high-adventure base attendees](#)

July 21, 2016 // [1 Comment](#)



The American Hiking Society has a special offer for participants of 2016 high-adventure programs at Philmont, Sea Base, Northern Tier or the Summit. \_

[Neil Armstrong's success in space didn't surprise his fellow Boy Scouts](#)

July 20, 2016 // [1 Comment](#)



A diligent student, dedicated Boy Scout and model employee, Neil Armstrong still made time for fun — as told in the March-April 1970 issue of Scouting. \_

[Alaska Airlines CEO Brad Tilden is an Eagle Scout](#)

July 20, 2016 // [3 Comments](#)



Brad Tilden, president and CEO of Alaska Airlines, is an Eagle Scout. In the viciously competitive airline industry, he proves nice guys can finish first. \_

[Pokémon sightings reported at Eagle projects, Scout camps, council offices](#)

July 19, 2016 // [20 Comments](#)



Pokémon GO trainers are finding Pokémon, PokéStops and gyms at summer camps, Eagle Scout service project sites and local Boy Scout council offices. \_

[2016 Pool Safely Pledge: Take a minute, save a life](#)

July 18, 2016 // [3 Comments](#)



The third-annual Pool Safely Pledge Week is July 18 to 24, 2016. The Boy Scouts of America is a partner in promoting this important safety message. \_

[So you've been bitten by a venomous snake? Here's what to do.](#)

July 16, 2016 // [5 Comments](#)



When traveling in areas where you might encounter a venomous snake, knowing what to do is just as important as knowing what not to do. \_

[Eagle Scout performs with Blue Angels](#)

July 15, 2016 // [0 Comments](#)



Navy Cmdr. Frank Weisser, an Eagle Scout, will rejoin the Blue Angels as a solo pilot, the U.S. Navy announced this week. \_

[How Scouts, Explorers in North Texas are supporting Dallas Police](#)

July 14, 2016 // [0 Comments](#)



For decades, the Dallas-based Circle Ten Council and the Dallas Police Department have been partners in developing young people into responsible adults. \_

[Eagle Scout offers tips for being safe while playing Pokémon GO](#)

July 14, 2016 // [4 Comments](#)



The Eagle Scout who made headlines with a campaign against texting while driving is back with an important safety message about Pokémon GO. \_

[Philmont Scout Ranch plays vital role in supporting northern New Mexico](#)

July 13, 2016 // [0 Comments](#)



A new, fascinating story in the Albuquerque Journal tells of the economic and social impact Philmont Scout Ranch has on northern New Mexico. \_

[Five myths about the 2017 National Jamboree, debunked](#)

July 12, 2016 // [34 Comments](#)



Before you sign up to attend as a participant or serve on staff at the 2017 National Jamboree, let's debunk some myths out there about jamborees. \_

[There's a Pokémon GO PokéStop outside BSA headquarters — where else have you found one?](#)

July 11, 2016 // [13 Comments](#)



The statue of a Boy Scout outside the Boy Scouts of America's headquarters in Irving, Texas, is a Pokémon GO PokéStop! Where else have you found one? \_

[Surprise, you're the Cubmaster! Here's a guide to getting started](#)

July 11, 2016 // [8 Comments](#)



Whether you're a veteran Cubmaster, new Cubmaster or a Cubmaster-in-training, you need these essential tips to surviving and thriving in this vital role. \_

[Sea turtle rescued, released with help of Scouts from Florida and Texas](#)

July 7, 2016 // [1 Comment](#)



A group of Scouts from Texas helped release a sea turtle back into the wild — the same turtle a group of Scouts from Florida had rescued months earlier. \_

[Why shouting 'sign's up' to quiet Scouts is all kinds of wrong](#)

July 6, 2016 // [53 Comments](#)



Leaders know they can conjure calm by raising the Scout sign. But sometimes the sign is accompanied by a not-so-silent exclamation: "Sign's up!" \_

[Cub Scouts compete at an epic pinewood derby race in Times Square](#)

July 1, 2016 // [0 Comments](#)



Last Saturday, more than 250 Cub Scouts raced pinewood derby cars at this awesome race in New York City's Times Square. \_

## My.Scouting – Membership Manager

By Gary Moore

*Pine Tree Council Alumni Relations Chair*

*Pine Tree Council Executive Board Member*

Managing membership in a Pack is simple, right? When a new member joins, they fill out a membership application, appropriate fees are collected, and these are submitted in a timely manner. This info is then accurately recorded by the Council Registrar. And then, once a year at re-charter time, a unit roster is provided to the Pack, adjustments are made for those who are no longer members and the necessary fees and paperwork is turned in to start a new year. No problem?

I think a brief conversation with any Pack Treasurer, Committee Chair or Membership Chair might correct that perception.

Registration in Scouting is a paper intensive process requiring meticulous recordkeeping and persistence. Every adult application requires signatures by the Committee Chair and the Chartered Organization Representative even if it is just to change the role of an already registered member! When it gets to the Council Registrar, all of the carefully printed (?) information on the application is manually keyed into a computer. No



**Member Manager**

chance of error there, right? And, until My.Scouting tools became available, there was no easy way to check the final results until unit rosters were produced at the next re-charter or by special request to your District Executive..

With all that, I think it is a real tribute to the volunteers at both the unit and District levels and the Council Registrars and their staffs that our records are as complete as they are.

While there have been some hints that BSA is working to have online registration, there has been nothing said about an ETA or even a target date for that. For now, we must continue to be diligent paper pushers.

My.Scouting does, however, offer the Member Manager tool to offer accessibility of membership data. It also offers the ability to update and enables expanded use of a Pack's membership data. A video showing how to use the Member Manager tool is found at <http://bit.ly/2aq6aYH>

To facilitate communication, the Member Manager tool lets you create sub-organizations. For example, you could create Dens so that, as we saw last month in the Announcement and Calendar tools article, you could have a specific announcement for each Den. How about announcements and calendar items targeted to the Pinewood Derby Committee or Blue and Gold Committee? That's all possible through the Member Manager tool.

The Member Manager is available to the Unit's Key 3 (Committee Chair, Cubmaster and Chartered Organizations Representative.) Up to two Key 3 Delegates may also be created to help manage records. (Key 3 Delegates must first be registered Committee Members. More on how to do that in an upcoming article.)

The Member Manager allows access to profiles of unit members and the ability to update contact information like mailing addresses, phone numbers and email addresses. It also makes it easy to print lists. Call lists with phone numbers and email addresses, mailing lists with mailing addresses and email addresses and member lists with all positions held by registered Scouters are available. These are all downloaded as .csv (comma separated value) files that can be easily imported into spreadsheet programs like Excel or database programs like Access.

One of the primary advantages of the Member Manager tool, though, is immediacy. Need to verify a new application is really on the books? Look in the Member Manager. It uses the same database used by the Council professionals, so you'll see it as soon as it has been

entered. Remember that all adult applications require a background check, so don't expect it immediately. Typically background checks are done by an outside agency. Your Council doesn't control their timing. Updates to member profile information made in the Member Manager tool are actually saved in ScoutNet, the "official" Scouting database.

A good practice is to encourage all members to keep their profiles updated (as we mentioned in the May 2016 article.) It not only helps in contacting people, it makes re-charter a breeze as all the updates are done!

Next month, we'll be covering the Training Manager, which is also a valuable tool at re-charter time. See you then!

## **BSA Social Media**

*Robert (Bob) L. Stocker  
LCRS District Commissioner  
Abraham Lincoln Council, BSA*

### **You Tube Channels**

(Images are hyperlinked to the You Tube Channels)



Scouting Magazine



Boys' Life Magazine



Boy Scouts of America



Summit Bechtel Reserve

Check out the cool stories and interviews on the different channels. (Click on images to view the videos)

Scouting Magazine



A Trip down the Rogue River.



Cool Camp: Camp Meriwether  
DID YOU KNOW?

Bill Gates received the Silver Buffalo Award



About Rev. Dr. Terry Groove, the Distinguished Eagle Scout Award, and the largest Eagle Scout award collection.



About "Agave" Thread



Fat Guys in the Woods



Boys Life Magazine

Check out the different play lists that are on the Boys Life Magazine YouTube channel.

[BL Essentials](#)

[Handbook Hacks](#)

[How to tie knots](#)

[Scouting Around](#)

[Uploads](#)

Summit Bechtel Reserve

(Click on images to see video)



Northern Tier

(Click on images to see video)



Northern Tier Promotional Video (older video, but still gives you a great idea of what Northern Tier has to offer)



Jobs at Northern Tier



Cub Scout Family Camp



Northern Tier – Packing Personal Gear



OKPIK Promo

Philmont Scout Ranch

(Click on images to see video)



1Philmont Scout Ranch Drone Tour



2How to Hang Bear Bag



3How To Set Up A Camp

[BSA Facebook](#)

<https://www.facebook.com/theboyscoutsofamerica/>



Be sure to check out Boy Scouts of America Facebook page for more great articles and Videos regarding Scouting.

## DEN ADVENTURES



## TIGER

### Tiger Adventure: Tiger Bites



1. Identify three good food choices and three foods that would not be good choices.
2. Show that you know the difference between a fruit and a vegetable. Eat one of each.
3. With your adult partner, pick a job to help your family at mealtime. Do it every day for one week.
4. Show you can keep yourself and your personal area clean.
5. Talk with your adult partner about what foods you can eat with your fingers. Practice your manners when eating them.
6. With your adult partner, plan and make a good snack choice or other nutritious food to share with your den.

Workbook for use with these requirements:

[PDF Format](#) [DOCX Format](#)

## The Fast Food Song



<http://scoutermom.com/9838/fast-food-song/>

The Fast Food Song is fun for Scouts. It is an action song and would fit in well with a nutrition themed meeting.

The Fast Food Song is fun for Scouts. It is an action song and would fit in well with a nutrition themed meeting. Use the song to introduce the topic of fast food and making healthy choices.

Go through the actions before you sing the song. When you say "Pizza Hut" make a roof over your head with your hands. When you say "Kentucky Fried Chicken", flap your arms like a chicken. And when you say "McDonalds", make an M in front of you with your arms.

If you don't know the tune, here is a very funny [YouTube video](#) by The Fast Food Rockers, who wrote the song. This is the whole song. When we do it with scouts, we only sing the refrain.

The Fast Food Song

A Pizza Hut a Pizza Hut  
 Kentucky Fried Chicken and a Pizza Hut  
 A Pizza Hut a Pizza Hut  
 Kentucky Fried Chicken and a Pizza Hut  
 McDonalds McDonalds  
 Kentucky Fried Chicken and a Pizza Hut  
 McDonalds McDonalds  
 Kentucky Fried Chicken and a Pizza Hut

## [Build Your Own Food Pyramid](#)

<http://scoutermom.com/311/build-your-own-food-pyramid/>



Most Scouts are probably familiar with the food pyramid from school. To make the nutrition components of the Scout program more interesting, turn them into a hands-on activity.

### Materials

One large piece of poster board – the bigger the better  
markers

magazines with pictures of food (or use the cards from the [Food Pyramid Go Fish game](#) and pictures of physical activity (walking, running, hiking, exercising , etc.)

scissors

glue

### Instructions

Get a large piece of poster board – the bigger the better.

Draw the basic food pyramid on the poster. See the [mini poster at mypyramid.gov](#) for an example. It doesn't need to be elaborate. Just the basic shape will do.

Have the scouts cut pictures of various types of food out of the magazines. Also have them cut out some pictures of people involved in exercise or physical activities.

They should glue the pictures to the appropriate place on the pyramid. Not only should they place the food in the correct stripe, but they should decide if the food goes closer to the bottom (more healthy choices for the food group) or toward the top (less healthy choices).

Place the pictures of the people engaged in activity along the side of the pyramid (where the picture of the person going up the steps is.)

While placing discuss the importance of eating a balanced diet and eating more foods from the bottom of the pyramid than from the top. Also talk about the importance of physical activity.

## [Cub Scout Nutrition Game – Food Pyramid Go Fish Game](#)

<http://scoutermom.com/100/food-pyramid-go-fish-game/>

This is basically a go fish game with different types of food. I liked how the kids talked about the different types of food they saw on the cards.

Fitness is an important part of scouting programs. The Tiger, Wolf, Bear and Webelos programs all include some requirement about nutrition. And this continues into Boy Scouts with the requirements for the First Class rank and merit badges. A Cub Scout nutrition game is a way to introduce these concepts to younger Scouts.

About a year ago, I came across this game on the [USDA site](#). Use it with any of the requirements which reference the food pyramid or healthy food choices. I can't find the link on their site anymore, but I did save a copy of it.

This is basically a go fish game with different types of food. I liked how the kids talked about the different types of food they saw on the cards. There were a couple of scouts who were even talking about if the food on the card should be at the bottom of the pyramid (a more healthy choice for the food group) or at the top (a less healthy choice). Even my den chiefs had some lively discussion about what was shown for the different food groups.

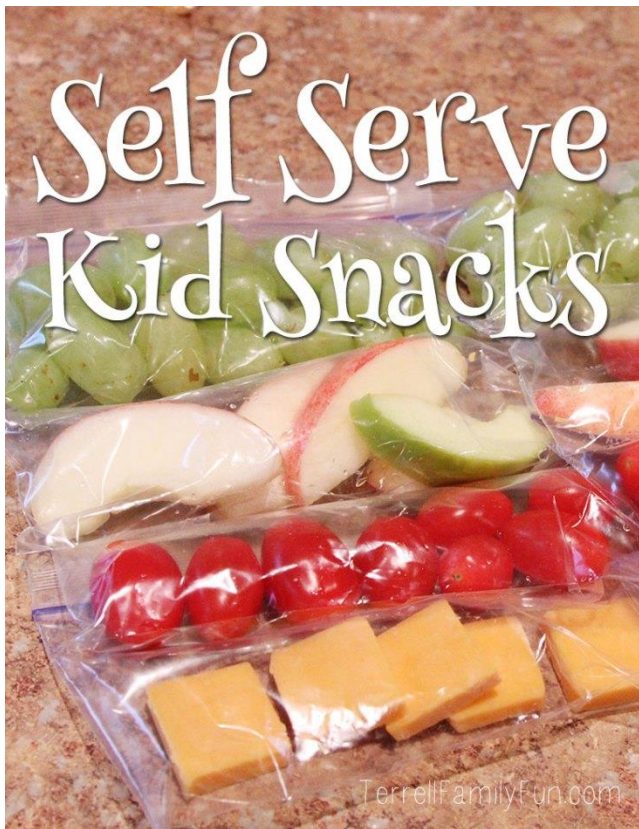
Printable copy of [Food Pyramid Go Fish Game](#) (includes instructions)

I wish I could come across the original page on the USDA site with the link to this, because there were some other great materials there also. If anyone finds it, please let me know.

## **Self Serve Healthy Kid Snacks**

<http://terrellfamilyfun.com/2013/09/healthy-kid-snacks/>

Kid snacks and toddler snacks being handy and at their level is what I'm talking about today. Lennox loves to get her own snack and I always find her digging around the pantry to get something to eat in the morning, after school – all the time it seems. I don't mind her snacking throughout the day, but she tends to pick out a lot of junk.



So when I went shopping the yesterday, I grabbed our normal fruits and veggies that I usually have in the fridge – but this time I planned on getting them all ready for Lennox before snack time.

I decided to clear out the bottom drawer of our fridge and place all her cold snacks in there. She can open the fridge and get into that drawer on her own. Everything in there will be pretty healthy and individually packaged.



thought about buying all the small packages of everything but really its more economical to just buy it in the regular packages and split it up yourself. I bought Grapes, apple slices, banana cheese, cherry tomatoes (her favorite) and yogurt. Once I got home, I took the snack size ziplock bags (perfect for this, and cheap!) and separated everything out. I got everything into the bottom drawer and showed her.



This morning, it was a success. She picked out a banana, cheese and grapes to eat in the car on the way to school. No fruit snacks, not cookies, no candy — all which she would find in the pantry!



My next step will be cleaning out the pantry and making the bottom shelf of the pantry – kid friendly, as well.

### Linen Table Manners Napkins

<http://kidcrave.com/food/linen-table-manners-napkins/>



Instead of repeating the same list of do's and don'ts at the table each night, let a pretty set of napkins do the talking for you. The expertly embroidered Table Manners Dinner Napkins offer up all the instruction

they will need. "Chew with your mouth closed!" "Elbows off the table!" and "Use your fork not your fingers!" are covered, among others, in this set of six.

### Fruit and Vegetable Relay Games

<http://www.foodandfun.org/?p=learn/staff/activities&subject=Fruit+and+Vegetable+Relay+Games&unit=Unit+1:+Fruits+and+Vegetables>

#### Objective

Teams collect and sort as many fruit and vegetable containers as possible.

#### Preparation and Materials:

Collect, empty, and clean a variety boxes or cans of fruit/vegetables or juice. You could also use pictures/write names of fruits and vegetables to paste on small boxes (like empty milk cartons)

2 large containers (milk crates or paper grocery bags work well) for each team; label one box "fruit" and one box "vegetable"

#### Instructions

Arrange group in 2 or more teams and have each team line up on opposite sides of a gym/field/large open space.

Place fruit/vegetable containers in the middle of the space, between the teams.

On "Go!" each team member takes turns running to grab a fruit/vegetable container and returning to their team to sort the items. All team members should run in place, stretch, or do jumping jacks when waiting for their turn.

The team with the most items, correctly sorted, wins.

#### Extension Activities

Search for an item that meets the description called out by the leader. For instance, the leader calls out "orange fruit" and the team members in line run out and find an orange fruit to return to their teams. The next person in line searches for a different item, such as "green vegetable". Other options include: part of plant, how the food is typically served (lunch bag fruit, dried fruit snack, mashed vegetable, etc). For older students who have been introduced to key nutrients, categories may include options like "lots of vitamin C" or "little vitamin C"

As a class, make labels for a few of the fruits and vegetable that are translated into the different languages spoken by the group (Spanish, French, etc). Have children assist with translations. Review the names as a class and then play the game again.

To add variety to the game and encourage family involvement, have children bring in boxes and cans from home.

### Top 10 Patient Information Dental Infographics

<http://www.dentaltown.com/dentaltown/Blogs.aspx?action=VIEWPOST&b=54&bp=508&v=1>

What causes tooth decay? Tooth decay can be stopped if it is caught and treated early.

### Curiosity, Intrigue, and Magical Mysteries



1. Learn a magic trick. Practice your magic trick so you can perform it in front of an audience.
2. Create an invitation to a magic show.
3. With your den or with your family, put on a magic show for an audience.
4. Create a secret code.
5. With the other Scouts in your den or with your family, crack a code that you did not create.
6. Spell your name using sign language, and spell your name in Braille.
7. With the help of your adult partner, conduct a science demonstration that shows how magic works.
8. Share what you learned from your science demonstration.

Workbook for use with these requirements: [PDF Format](#) [DOCX Format](#)

<https://cubscouts.org/library/curiosity-intrigue-and-magical-mysteries/>

### Rationale for Adventure

This adventure helps Tigers explore how things work. Tigers and their adult partners will learn

about cracking codes and solving mysteries, as well as discover how science helps us solve problems and understand why things work in certain ways.

### Takeaways for Cub Scouts

- Cooperating with others
- Completing simple tasks
- Practicing listening
- Practicing communicating
- Practicing teamwork in games
- A Scout is helpful, friendly. [Tiger Character Compass]

### ADVENTURE Requirements (Tiger Handbook, page 108)

1. Learn a magic trick. Practice your magic trick so you can perform it in front of an audience.
2. Create an invitation to a magic show.
3. With your den or with your family, put on a magic show for an audience.
4. Create a secret code.
5. With the other Scouts in your den or with your family, crack a code that you did not create.
6. Spell your name using sign language, and spell your name in Braille.
7. With the help of your adult partner, conduct a science demonstration that shows how magic works.
8. Share what you learned from your science demonstration.

#### NOTES TO DEN LEADER

Meeting 3 will be a magic show for Tigers to perform the tricks they have learned and practiced during this adventure. Tigers will prepare invitations during Meeting 1, so the details of the magic show should be in place by that time (date, time, location, etc.). During Meeting 2, find out the

number of attendees expected, as well as any audience members' special needs, in order to plan for seating and refreshments. The magic show may take place in the home of a den member (with additional siblings and family members for an audience), at your regular meeting place, or with any audience that would enjoy viewing a Cub Scout magic show.

<https://cubscouts.org/wp-content/uploads/2015/04/Curiosity-Intrigue-MagicalMysteries.pdf>

Find a workbook here:

<https://meritbadge.org/wiki/images/0/05/Magic.pdf>

Spy Games for Kids – How to Break a Secret Code <http://funadventureforboys.com/2012/10/24/spy-games-for-kids-how-to-break-a-secret-code/>

Code Maker & Breaker

<http://www.crayola.com/crafts/code-maker--breaker-craft/>



Kids explore alphabet letters, words, and metric measurements with colorful Code Makers and Breakers. Your whole family can create coded messages to decipher.

1.

To make the code maker use Crayola® Scissors to cut a rectangle about 7 cm (3 inches) by 19 cm (7 1/2 inches) from recycled cereal box cardboard.

- 2. Fold the rectangle in half so the long ends meet. Snip into the fold at 3 cm (1 inch) from each end. Unfold. Cut into each snip to make a 4 cm (1 1/2 inches) opening centered and running parallel to each short end.
- 3. To make the code breaker, cut a 23 cm (9 inches) by 4 cm (1 1/2 inches) piece of construction paper to fit in the code maker's slots. Trim the sides of the code breaker so it will glide easily when you put it into the code maker.
- 4. Use Crayola Fine Line Markers to mark 1 cm (1/2 inch) spaces to the right and left of the code maker. Write A through M to the left and N through Z to the right in the spaces.
- 5. Write the code letters on the code breaker strip so they line up with your code maker alphabet. You can make several codes by sliding the code breaker up so each letter is aligned with a different letter. Write the top two letters that disappear in the new spaces at the bottom. Mark lines on the construction paper strip at the top to show how to line up the letters for the particular message you are sending, then be sure to tell the message's recipient at which line to arrange the code breaker.

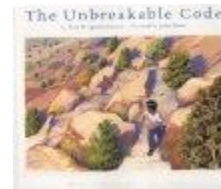
## Book Club for Boys: Navajo Code Talkers and Secret Code Scavenger Hunt

<http://www.pragmaticmom.com/2012/02/boy-book-club-unbreakable-code-navajo-code-talkers-making-breaking-code/>

My seven-year-old son is in first grade but his closest friends are in second and third grades. It just worked out that way because he missed the cutoff so he's among the older kids in his class. He can read but he needs help with chapter books and

when this book club was formed, I was concerned about bridging the different reading levels.

The solution? Advanced picture books for kids. To prepare for this, I even [blogged](#) on it. I love advanced picture books — and my older kids do too! — as a means of visiting new cultures around the world and even back in time.



Unbreakable Code by [Sara Hoagland Hunter](#), illustrated by [Julia Miner](#)

The Unbreakable Code is close to my heart because it's the story of the heroic Navajo Code Talkers of WWII, unsung heroes who created a code that the Japanese could not break. Apparently, the war in the Pacific prior to this had gone poorly as the Japanese were ace code breakers and intercepted and read every message from the United States military. And yet the United States had begun a systematic purging of the Navajo culture, forcing young Navajo children to boarding schools where they were punished for speaking their own language. The irony!

Sara Hoagland Hunter depicts this story in a way that small boys can relate to and Julia Miner's gorgeous illustrations make the book come alive.

I am hosting the first book club so I thought I would have the boys read the book at home. It's too long to read aloud during the book club. The activity would be to create their own code. Next, they would have to work together to crack a message of code that I create. When they follow the clues (all coded of course!), they will come to a hidden prize.

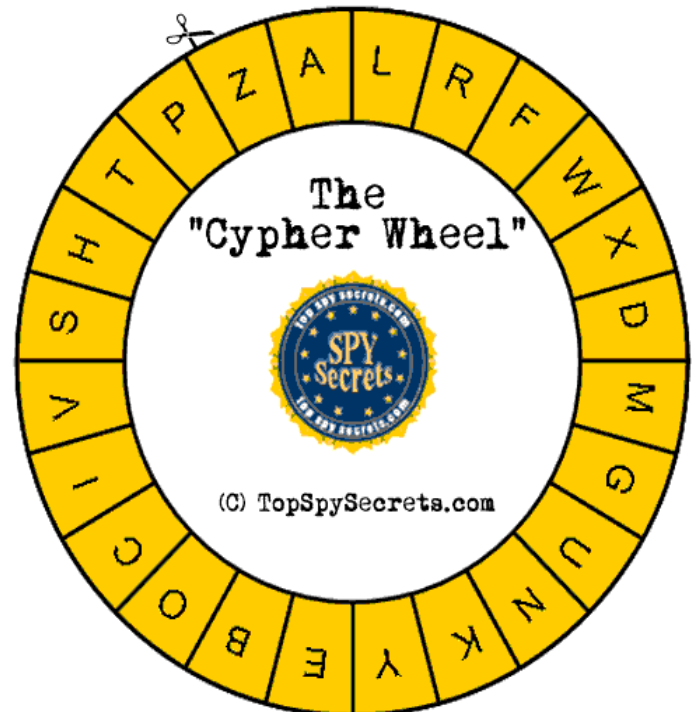
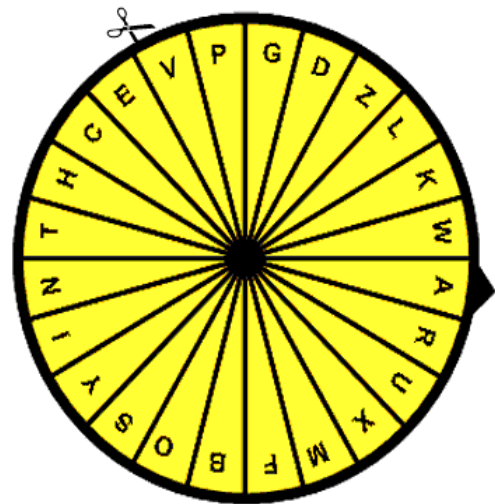
I think I will also have them make their own messages using [invisible ink made from baking soda](#).

1. Mix equal parts water and baking soda.

2. Use a cotton swab, toothpick, or paintbrush to write a message onto white paper, using the **baking soda solution** as 'ink'.
3. Allow the ink to dry.
4. One way to [read](#) the message is to hold the paper up to a heat source, such as a light bulb. The baking soda will cause the writing in the paper to turn brown.
5. A second method to read the message is to paint over the paper with purple grape juice. The message will appear in a different color.

I might also share some links for them to view:

1. This is the official site of the [Navajo Code Talkers](#). You can also donate to them. I might show them the website and see if they want to come up ways to raise money to donate to them.
2. Here's a great site to make your own Secret Code Wheel. You can print this out on heavy paper. Be sure not to cut off the black triangle. Have the child choose where the black triangle lines up, and then match up the letters in each circle to create the code. The key is to know where the black triangle line up!



3. For very advanced decoders who can't get enough AFTER the book club, I'd steer them here to a [Cryptography](#) site where there are all kinds of different kinds of secret code strategies.
4. Finally, here's a link to the Navajo language.

## Easy Magic Tricks for Kids, Sawing - Intro

<http://magic.about.com/od/libraryofsimpletricks/ss/122406sawing.htm>

# DISAPPEARING TOOTHPICK TRICK

May 20, 2014 By Allison Waken

<http://allfortheboys.com/home/2014/5/20/disappearing-toothpick-trick.html>



## WOLF

### Wolf Adventure: Howling at the Moon



1. Show you can communicate in at least two different ways.
2. Work with your den to create an original skit.
3. Work together with your den to plan, prepare, and rehearse a campfire program to present to your families at a den meeting.
4. Practice and perform your role for a pack campfire program.

**Workbook for use with these requirements:**  
[PDF Format](#) [DOCX Format](#)

## RATIONALE FOR ADVENTURE

This adventure will give Cub Scouts an opportunity to become comfortable speaking in front of others. It will also serve as a foundation for organizing and performing a campfire program.

## TAKEAWAYS FOR CUB SCOUTS

- Working together to share ideas
- Being part of a team
- Learning to cope with stress, fear, and anxiety
- Participating in a campfire
- A Scout is helpful, cheerful, trustworthy. [Wolf Character Compass]

### NOTES TO DEN LEADER

Meeting 3 will be a Wolf den campfire. Make sure that all of the Scouts' families are invited as soon as the time and location are arranged, and that any needed props are provided or brought by the boys.

Wolf Scouts will also practice and perform their roles at an upcoming pack meeting.

### Ideas for Adventure Requirements:

<http://www.boyscouttrail.com/cub-scouts/wolf-howling-moon-adventure.php>

1. Different ways to communicate include: facial expressions, writing, drawing, touching, sign language, speaking, braille, morse code
2. A short skit with simple lines usually works much better. Ensure every scout gets to be on stage.
3. Presenting to a small, friendly audience is a great way to get more comfortable performing. Consider inviting parents and siblings to arrive 15 minutes before the end of a regular den meeting just for the short program, so an extra meeting is not needed.



4. Communicate with other den leaders to ensure a variety of entertainment since they will all have similar requirements.

### Den Meeting Ideas for Howling at the Moon Adventure:

- Play some Communication games.
- View Kid's Health communication info.
- Use the Campfire Program Planner.
- There are many ideas for Wolf skits, songs, stories, and jokes available.

list of 6 skits that can be done without props and with little practice.

<http://cubscoutideas.com/3985/cub-scout-skits-for-campfires/>

### The Viper is Coming!

This works best with at least 5 boys.

Cub Scout 1: **Runs in** "The viper is coming! Run!" **Runs out**

Cub Scout 2: **Runs in** "The viper is coming! Hide!" **Runs out**

#3: **Runs in** "The viper is coming! Call for help!" **Runs out**

#4: **Runs in** "The viper is coming! Save yourselves!" **Runs out**

Viper: **Walks in holding a napkin or rag** "Hallo! I'm de Viper! Vere's de Vindows?"

### Got Any Duck Food?

You need 2 boys for this skit—a store owner and a customer.

**The store owner stands behind a table or chair as if they're behind a store counter.**

Customer: **Walks in and faces store owner** "Got any duck food?"

Owner: "No, this is a hardware store. We don't sell duck food."

**Customer leaves and walks back in.**

Customer: "Got any duck food?"

Owner: "I told you yesterday that we don't sell duck food."

**Customer leaves and walks back in.**

Customer: "Got any duck food?"

Owner: "No! This is a haaaaardwaaaaaaare store. We....do....not....sell....duck....food."

**Customer leaves and walks back in.**

Customer: "Got any duck food?"

Owner: "No! No! No! Like I told you yesterday, we have no duck food! And, if you ask me again, I'm gonna nail your feet to the floor!"

**Customer leaves and walks back in.**

Customer: "Got any nails?"

Owner: "No."

Customer: "Got any duck food?"

### Invisible Bench Skit

This skit is best with 4 to 8 scouts.

**Cub Scout 1 walks onstage and squats down as if he is sitting on a bench that is invisible.**

**Cub Scout 2 walks up to Cub Scout 1.**

Cub Scout 2: "Whatcha doing?"

Cub Scout 1: "Just sitting on this invisible bench."

Cub Scout 2: "Can I join you?"

Cub Scout 1: "Sure!"

**Cub Scout 2 squats down to sit next to Cub Scout 1.**

**Cub Scout 3 walks up to Cub Scouts 1 & 2.**

Cub Scout 3: "Hey, what are you guys doing?"

Cub Scouts 1 & 2: "Just sitting on this invisible bench."

Cub Scout 3: "Do you mind if I join you?"

Cub Scouts 1 & 2: "Not at all! Have a seat."

**Continue the dialog with each Cub Scout coming up to ask what the boys are doing and if he can join them until you get to the last Cub Scout.**

Last Cub Scout: "What are y'all doing?"

All Cub Scouts: "Just sitting here on this invisible bench."

Last Cub Scout: "No you aren't. I moved that bench over there yesterday." **Cub Scout points.**

**All Cub Scouts who are sitting fall down.**

### Can't Work in the Dark Skit

You need 4 or more scouts for this skit.

All scouts are pretending to rake leaves or dig with shovels. One scout just stands there with his arm raised straight as if he were holding a torch in his hand.

**Boss walks in. He walks up to the Cub Scout who has his arm raised.**

Boss: "I'm paying you to work, not to just stand around. Why aren't you working?"

Cub Scout with arm raised: "I'm a lightbulb!"

Boss: "Get to work! When I come back, if you aren't working, you're fired!"

**Boss leaves, and Cub Scouts continue to work. Boss returns and sees the "lightbulb" Scout still standing with his arm raised.**

Boss: "That's it! You're fired! Get out!"

**Scout drops his arm and dejectedly leaves. As soon as he drops his arm, the rest look around, stop working and start to leave.**

Boss: "Hey, why are you guys leaving? Get back to work!"

Cub Scouts: "How? We can't work in the dark!"

## **Emergency Broadcast System Skit**

**One Cub Scout or leader stands to the side or in front. All other Scouts stand in line.**

Leader: "For the next ten seconds, we will conduct a test of the emergency broadcast system."

Cub Scouts: "Beeeeeeeeeeeeppppp" **for 10 seconds until Leader raises his hand.**

Leader: "Thank you. This concludes the test of the emergency broadcast system. Had this been an actual emergency, you would have heard..."

Cub Scouts scream in panic and run around waving their hands.

## **'We Have No Skit' Skit**

You can use as many Cub Scouts as you would like for this skit.

**Cub Scout 1 walks up and slaps his forehead.**

Cub Scout 1: "Oh, no!"

**Cub Scout 2 walks up.**

Cub Scout 2: "What's wrong?"

Cub Scout 1 whispers into Cub Scout 2's ear.

Cub Scout 2: "Oh, no!"

**Repeat this for each Cub Scout only one Cub Scout**

is left. He runs up to the group.

Last Cub Scout: "What's wrong?"

All Cub Scouts: "We have no skit!!!"

## **Wolf Scout Skits**

<http://www.boyscouttrail.com/cub-scouts/wolf-scout-skits.asp>

◆ [Bravest Scout in the World](#)

◆ [Emergency Alert System](#)

◆ [Enlarging Machine](#)

◆ [Guess My Line on the Toilet](#)

◆ [Ice Fishing](#)

◆ [Invisible Bench - plus Add-Ons](#)

◆ [Ole, Champion Tree Climber](#)

◆ [One Bright Morning](#)

◆ [Short Runway](#)

[3 Vs. 1000](#)

[38 Over the Cliff](#)

[Art or Not](#)

[Banana Bandana](#)

[Be Prepared](#)

[Bear Attack](#)

[Big and Strong Like You](#)

[Brains for Sale](#)

[Brains for Sale - Version 2](#)

[Broken Finger](#)

[Brownie Pudding](#)

[Brushing Teeth](#)

[Bubblegum](#)

[Burning Schoolhouse](#)

[Can of Cola](#)

[Can't Work in the Dark](#)

[Cancer Operation](#)

[Chicken Farmer](#)

[Chory of Stinderella or Rinderella](#)

[Christmas with the Right Family](#)

[Clean Silverware](#)

[Clean Socks](#)

[Climbing Lightbeam](#)

[Clock Inspection](#)

[Clothes from Eddie Bauer](#)

[Contagious Pregnancy](#)

[Dead Body](#)

Depressed Reporter

Did You See That?

Dirty Socks

Dirty Socks - Version 2

Echos in the Woods

Elevator to Bathrooms

Fifth Floor

Fishing Secret

Flea Circus

Follow the Tracks

Fool's Gold

Fred the Flea

Gandhi

George Washington and the Cherry Tree

Good Thing About Christmas

Got Any Duck Food?

Gravity Check

Great Raisins

Grecian Fountains

Hair in my Hamburger

Hare Restorer

History of Cub Scouts

Hunting Thanksgiving Dinner

I Ain't Lost

I Gotta Go Wee

I Saw a Bear

Infantry Is Coming

Is It Time Yet?

Jailhouse Jokes

Jelly Beans Please

Lemonade for Sale

Lighthouse Stairs

Listen!

Lobster Tail

Lone Ranger and Tonto

Lost Bubblegum

Lost Green Ball

Lost Quarter

Lucky Boxer

Magic - Mystic Reader

Measuring Leader's Coffin

Meat for Sale

Musical Toilet Seats

My Centipede

My Royal Papers

My Worm

Need a Big Jerk

Need the Time

New Underwear

Not Enough Parachutes

Nuts, the Elephant

Nutty Fisherman

Oh What a Goose I Am

Olive the Other Reindeer

Olympic Blanket Tossing Team

Operation

Out of Film

Outrun the Bear

Panther Tracks

Pass the Pepper

Penguin Soup

Penny Candy

Plane Engine Trouble

Professor's Address

Pulling and Pushing Rope

Puppy In a Box

Raisin Fly

Raking an Invisible Garden

Run-aways

Sleep Over

Smart Astronaut

Smoke Signals

Soup and Flies

Sponge Butt Prank

Squirrels Think I'm Nuts

Stiff Neck

Taking My Case to Court

Talking Trash

Telling the Time

The Audition

The Good, the Bad, and the Remarkable

The Psychic

Throwing Little Stones

Toothache

Trained Caterpillar

Turkey Hunt

Two Suckers On a Stick

Ugliest Man in the World

Viper

Walk On Selections

Washing Ears

Water Vending Machine

Water, Water

We Have No Skit

What Kind of Tracks?

World Record Spitter

Worst Breath

Worst Criminal

Scout Soap

Yaputcha

You Don't Say

More Wolf Scout Information to Use:

Wolf Scout Achievements - Tasks to perform to earn the Wolf badge

Wolf Scout Electives - Tasks to perform to earn arrow points

Wolf Scout Activities - great den meeting and pack activity ideas

Wolf Scout Awards - see what awards are available to Wolf scouts

Wolf Scout Ceremonies - a few ceremonies

Cub Scout Games - den or pack games just right for 2nd graders

Wolf Scout Graces - fun meal graces

Wolf Scout Jokes - funny, gross, and silly jokes for scouts

Wolf Scout Projects - community or conservation projects for your Wolf den

Wolf Scout Recipes - easy recipes you can make with your scouts for fun snacks or on family campouts

Cub Scout Skits - skits that Wolf Scouts like to do

Cub Scout Songs - songs for Wolves

Wolf Scout Stories - choose stories that Wolf scouts will enjoy and understand

Wolf Scout Uniform - make sure you put all those badges and patches in the right spots

Cub Scout Academics & Sports - extra recognition opportunities

Wolf Scout Schedule - sample schedule of meetings and activities

Help your den be the hit of the next pack meeting by presenting a great cub scout skit from this collection. Make sure the scouts have time to practice their parts and are ready to perform. As they get better at working together, scouts should get to choose their own cub scout skits to present. Giving them a list of 3 or 4 to choose from might be a good idea.

Let each scout have an opportunity to be the lead onstage. Participating in cub scout skits is a great way to build comfort at being in front of groups. Remember to coach the scouts to perform for the audience rather than just giggle amongst themselves.

### Wolf Elective Adventure: Paws of Skill



1. Talk with your family and den about what it means to be physically fit. Share ideas of what you can do to stay in shape.
2. With your den, talk about why it is important to stretch before and after exercising. Demonstrate proper warm-up movements and stretches before and after each activity you do that involves action.
3. Select at least two physical fitness skills and practice them daily. See if you can improve over a two-week period.
4. With your family or your den, talk about what it means to be a member of a team. Working together, make a list of team sports, and talk about how the team works together to be successful. Choose one and play for 30 minutes.
5. With your den, talk about sportsmanship and what it means to be a good sport while playing a game or a sport. Share with your den how you were a good sport or demonstrated good sportsmanship in requirement 4.

6. Visit a sporting event with your family or your den. Look for ways the team works together. Share your visit with your den.
7. With your den, develop an obstacle course that involves five different movements. Run the course two times and see if your time improves.

Workbook for use with these requirements: [PDF Format](#) [DOCX Format](#)



## BEAR

### Bear Adventure: Fellowship and Duty to God



Do either requirement 1 OR requirement 2.

1. Earn the religious emblem of your faith.
2. Complete 2a and at least two of requirements 2b–2d.
  - a. Working with a parent or guardian, spiritual advisor, or religious leader, provide service to help a place of

worship or spiritual community, school, community organization, or chartered organization that puts into practice your ideals of duty to God and strengthens your fellowship with others.

- b. Identify a person whose faith and duty to God you admire, and discuss this person with your family.
- c. Make a list of things you can do to practice your duty to God as you are taught in your home or place of worship or spiritual community. Select two of the items, and practice them for two weeks.
- d. Attend a religious service, den or pack meeting worship service, or time of family reflection and discussion about your family's beliefs.

Workbook for use with these requirements: [PDF Format](#) [DOCX Format](#)

### Bear Elective Adventure: Baloo the Builder

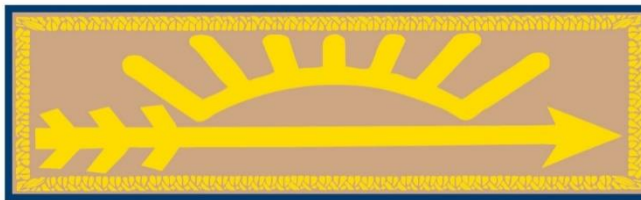


1. Discover which hand tools are the best ones to have in your tool box. Learn the rules for using these tools safely. Practice with at least four of these tools before beginning a project.
2. Learn the steps of planning a building project and how to read the instructions or drawings.
3. Select and build one useful project and one fun project using wood.
4. Learn how to finish a wood project.

Workbook for use with these requirements: [PDF Format](#) [DOCX Format](#)



## WEBELOS CORE



## ARROW OF LIGHT CORE

### Arrow of Light Adventure: Camper



Do all of these:

1. With the help of your den leader or family, plan and conduct a campout. If your chartered organization does not permit Cub Scout camping, you may substitute a family campout or a daylong outdoor activity with your den or pack.
2. On arrival at the campout, with your den and den leader or family, determine where to set up your tent. Demonstrate knowledge of what makes a good tent site and what makes a bad one. Set up your tent without help from an adult.

3. Once your tents are set up, discuss with your den what actions you should take in the case of the following extreme weather events which could require you to evacuate:
  - a. Severe rainstorm causing flooding
  - b. Severe thunderstorm with lightning or tornadoes
  - c. Fire, earthquake, or other disaster that will require evacuation. Discuss what you have done to minimize as much danger as possible.
4. On a pack campout, work with your den leader or another adult to plan a campfire program with the other dens. Your campfire program should include an impressive opening, songs, skits, a Cubmaster's minute, and an inspirational closing ceremony.
5. Show how to tie a bowline. Explain when this knot should be used and why. Teach it to another Scout who is not a Webeles Scout.
6. Go on a geocaching adventure with your den or family. Show how you used a GPS unit or a smartphone with a GPS application to locate a geocache.
7. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them while you are working on your Arrow of Light. After one outing, list the things you did to follow the Outdoor Code and Leave No Trace.

**Workbook for use with these requirements:** [PDF Format](#) [DOCX Format](#)

### Ideas for Adventure Requirements:

<http://www.boyscouttrail.com/webelos/arrow-of-light-camper-adventure.php>

1. This [Campout Planning Checklist](#) can be used as a guide.
2. Ensure all scouts have set up their tents previous, either at home or a den meeting. Read [this page](#) about tent tips.
3. See [Emergency Dude](#) for emergency prep and survival information.

4. Coordinate with the other Pack leaders to ensure the campout offers opportunities to all dens. Use this [Campfire Planner](#)
5. The most common error when learning the bowline is making the initial loop behind, rather than in front of, the standing end of the rope.
6. Read [Responsible Geocaching](#) and [Geocaching Guidelines](#).
7. Visit [Leave No Trace Dude](#) for LNT info and teaching aids.

### Den Meeting Ideas for Camper Adventure:

- Help scouts choose some good [Scout Recipes](#) for their campout.
- Play [Going Camping](#) activity.
- Perform [Bear Attack skit](#).
- When practicing tent set-up, try this [Anti-gravity Tent Pole](#) activity.
- Read [Letter from Scout Camp](#).
- Play [Bowline Flood Rescue](#).
- Play [Bowline Race](#).
- Consider working towards the Outdoor Ethics award.

### Webelos/AOL Elective Adventure: Fix It



Do all of these:

1. Put a Fix It Tool Box together. Describe what each item in your toolbox can be used for. Show how to use three of the tools safely .
2. Be Ready. With the help of an adult in your family, do the following:
  - a. Locate the electrical panel in your home. Determine if the electrical panel has fuses or breakers.
  - b. Determine what sort of heat is used to heat your home.
  - c. Learn what you would do to shut off the water for a sink, a toilet, a washing machine, or a water heater. If there is a

- main shut-off valve for your home, show where it is located.
3. Describe to your Webelos den leader how to fix or make safe the following circumstances with help from an adult:
  - a. A toilet is overflowing.
  - b. The kitchen sink is clogged.
  - c. A circuit breaker tripped, causing some of the lights to go out.
4. Let's Fix It. Select and do eight of the following. You will need an adult's supervision for each of these Fix It projects:
  - a. Show how to change a light bulb in a lamp or fixture. Determine the type of light bulb and how to properly dispose of it.
  - b. Fix a squeaky door or cabinet hinge.
  - c. Tighten a loose handle or knob on a cabinet or a piece of furniture.
  - d. Demonstrate how to stop a toilet from running.
  - e. Replace a furnace filter.
  - f. Wash a car.
  - g. Check the oil level and tire pressure in a car.
  - h. Show how to replace a bulb in a taillight, turn signal, or parking light, or replace a headlight in a car.
  - i. Help an adult change a tire on a car.
  - j. Make a repair to a bicycle, such as adjusting or lubricating the chain, inflating the tires, fixing a flat, or adjusting the seat or handlebars.
  - k. Replace the wheels on a skateboard, a scooter, or a pair of inline skates.
  - l. Help an adult prepare and paint a room.
  - m. Help an adult replace or repair a wall or floor tile.
  - n. Help an adult install or repair a window or door lock.
  - o. Help an adult fix a slow or clogged sink drain.
  - p. Help an adult install or repair a mailbox.
  - q. Change the battery in a smoke detector or a carbon monoxide detector, and test its operation.
  - r. Help an adult fix a leaky faucet.
  - s. Find wall studs, and help an adult hang a curtain rod or a picture.
  - t. Take an old item, such as a small piece of furniture, a broken toy, or a picture frame, and rebuild and/or refinish it.

Show your work to an adult or your Webelos leader.

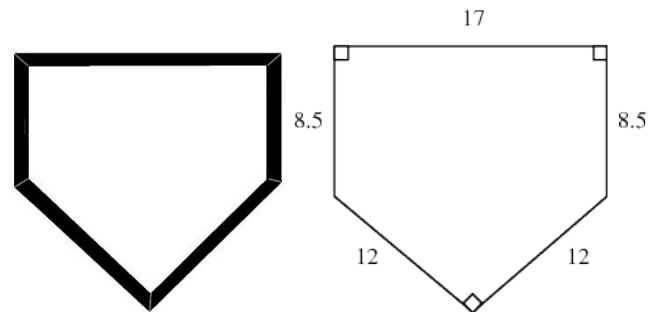
- u. Do a Fix It project agreed upon with your parent or guardian.

Workbook for use with these requirements: [PDF Format](#) [DOCX Format](#)

## ONE LAST THING

### Don't Widen the Plate!

*My Friend Wayne in NJ*



In Nashville, Tennessee, during the first week of January, 1996, more than 4,000 baseball coaches descended upon the Opryland Hotel for the 52nd annual ABCA convention.

While I waited in line to register with the hotel staff, I heard other more veteran coaches rumbling about the lineup of speakers scheduled to present during the weekend. One name, in particular, kept resurfacing, always with the same sentiment — “John Scolinos is here? Oh man, worth every penny of my airfare.”

Who the hell is John Scolinos, I wondered. No matter, I was just happy to be there.

In 1996, Coach Scolinos was 78 years old and five years retired from a college coaching career that began in 1948. He shuffled to the stage to an impressive standing ovation, wearing dark polyester pants, a light blue shirt, and a string around his neck from which home plate hung — a full-sized, stark-white home plate.

Seriously, I wondered, who in the hell is this guy?

After speaking for twenty-five minutes, not once mentioning the prop hanging around his neck, Coach Scolinos appeared to notice the snickering among some of the coaches. Even those who knew Coach Scolinos had to wonder exactly where he was going with this, or if he had simply forgotten about home plate since he'd gotten on stage.

Then, finally ...

“You’re probably all wondering why I’m wearing home plate around my neck. Or maybe you think I escaped from Camarillo State Hospital,” he said, his voice growing irascible. I laughed along with the others, acknowledging the possibility. “No,” he continued, “I may be old, but I’m not crazy. The reason I stand before you today is to share



with you baseball people what I've learned in my life, what I've learned about home plate in my 78 years."

Several hands went up when Scolinos asked how many Little League coaches were in the room. "Do you know how wide home plate is in Little League?"

After a pause, someone offered, "Seventeen inches?" more of a question than answer.

"That's right," he said. "How about in Babe Ruth's day? Any Babe Ruth coaches in the house?"

Another long pause.

"Seventeen inches?" came a guess from another reluctant coach.

"That's right," said Scolinos. "Now, how many high school coaches do we have in the room?" Hundreds of hands shot up, as the pattern began to appear.

"How wide is home plate in high school baseball?"

"Seventeen inches," they said, sounding more confident.

"You're right!" Scolinos barked. "And you college coaches, how wide is home plate in college?"

"Seventeen inches!" we said, in unison.

"Any Minor League coaches here? How wide is home plate in pro ball?"

"Seventeen inches!"

"RIGHT! And in the Major Leagues, how wide home plate is in the Major Leagues?"

"Seventeen inches!"

"**SEVENTEEN INCHES!**" he confirmed, his voice bellowing off the walls. "And what do they do with a Big League pitcher who can't throw the ball over seventeen inches?" Pause. "They send him to Pocatello!" he hollered, drawing raucous laughter.

"What they don't do is this: they don't say, 'Ah, that's okay, Jimmy. You can't hit a seventeen-inch target? We'll make it eighteen inches, or nineteen inches. We'll make it twenty inches so you have a better chance of hitting it. If you can't hit that, let us know so we can make it wider still, say twenty-five inches.'"

Pause.

"Coaches ..."

Pause.

"... what do we do when our best player shows up late to practice? When our team rules forbid facial hair and a guy shows up unshaven? What if he gets caught drinking? Do we hold him accountable? Or do we change the rules to fit him. Do we widen home plate?"

The chuckles gradually faded as four thousand coaches grew quiet, the fog lifting as the old coach's message began to unfold. He turned the plate toward himself and, using a Sharpie, began to draw something. When he turned it toward the crowd, point up, a house was revealed, complete with a freshly drawn door and two windows. "This is the problem in our homes today. With our marriages, with the way we parent our kids. With our discipline. We don't teach accountability to our kids, and there is no consequence for failing to meet standards. We widen the plate!"

Pause. Then, to the point at the top of the house he added a small American flag.

"This is the problem in our schools today. The quality of our education is going downhill fast and teachers have been stripped of the tools they need to be successful, and to educate and discipline our young people. We are allowing others to widen home plate! Where is that getting us?"

Silence. He replaced the flag with a Cross.

"And this is the problem in the Church, where powerful people in positions of authority have taken advantage of young children, only to have such an atrocity swept under the rug for years. Our church leaders are widening home plate for themselves! And we allow it."

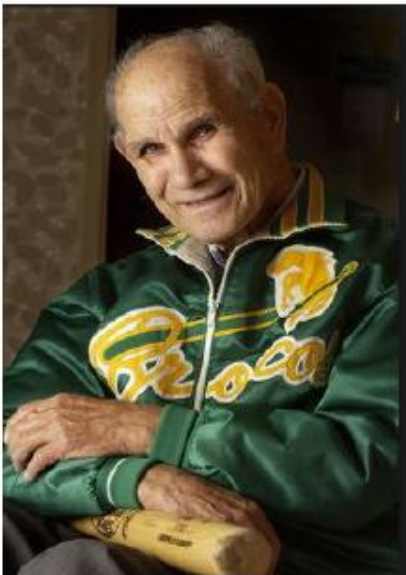
"And the same is true with our government. Our so called representatives make rules for us that don't apply to themselves. They take bribes from lobbyists and foreign countries. They no longer serve us. And we allow them to widen home plate and we see our country falling into a dark abyss while we watch."

I was amazed. At a baseball convention where I expected to learn something about curveballs and bunting and how to run better practices, I had learned something far more valuable. From an old man with home plate strung around his neck, I had

learned something about life, about myself, about my own weaknesses and about my responsibilities as a leader. I had to hold myself and others accountable to that which I knew to be right, lest our families, our faith, and our society continue down an undesirable path.

“If I am lucky,” Coach Scolinos concluded, “you will remember one thing from this old coach today. It is this: if we fail to hold ourselves to a higher standard, a standard of what we know to be right; if we fail to hold our spouses and our children to the same standards, if we are unwilling or unable to provide a consequence when they do not meet the standard; and if our schools and churches and our government fail to hold themselves accountable to those they serve, there is but one thing to look forward to ...”

With that, he held home plate in front of his chest, turned it around, and revealed its dark black backside. “... dark days ahead.”



John Scolinos was a Hall of Fame College Baseball Head Coach. He coached for Pepperdine University from 1948 to 1960 and Cal Poly Pomona University from 1953 to 1991. He died at age 91 in 2009.

Coach Scolinos died in 2009 at the age of 91, but not before touching the lives of hundreds of players and coaches, including mine. Meeting him at my first ABCA convention kept me returning year after year, looking for similar

wisdom and inspiration from other coaches. He is the best clinic speaker the ABCA has ever known because he was so much more than a baseball coach.

His message was clear: “Coaches, keep your players—no matter how good they are—your own children, your churches, your government, and most of all, keep yourself at seventeen inches.