



BALOO'S BUGLE



Volume 18, Number 1

"Make no small plans. They have no magic to stir men's blood and probably will not themselves be realized." D. Burnham

August 2011 Cub Scout Roundtable

September 2011 Core Value & Pack Meeting Ideas

COOPERATION

Tiger Cub, Wolf, Bear, Webelos, & Arrow of Light Meetings 1 and 2

CORE VALUES

Cub Scout Roundtable Leaders' Guide

The core value highlighted this month is:

- ✓ **Cooperation:** Being helpful and working together with others toward a common goal. Cub Scouts will gain a better understanding of the importance of cooperation as they work together to make the pack harvest festival a memorable occasion for everyone, including the new families..

COMMISSIONER'S CORNER

**Coming together is a beginning.
 Keeping together is progress.
 Working together is success.**

Henry Ford

New Roundtable Study Committee

The first significant undertaking of our new National Commissioner Service Roundtable Chair is to study the effectiveness of roundtables at the Cub Scout, Boy Scout, and Venturing levels. Dan has been charged with gathering a group of roundtable volunteers who will undertake a top to bottom analysis of what we do well and what does not work in our roundtable program. We have encouraged Dan's group to bring fresh ideas to the table, use technology as appropriate, and develop a platform that will make for effective roundtables as we enter our second century of service. If you are interested in serving on this group, please send Dan Maxfield an email at dmaxfil@yahoo.com.

ANOTHER NEW YEAR!!!

Get trained -

I will be at Philmont Training Center September 17-24 for Master Training Certification
 And guiding a patrol at Central NJ Council's Fall Wood Badge course. www.cnjwoodbadge.com

*Please let me know about Pow Wow's and Pow Wow Books!!
 I cannot do this job without your help!!!*

**Look for Pamela from North Florida
 to start helping next month!!!**

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THOUGHTFUL ITEMS FOR SCOUTERS

Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at bobwhitejonz@juno.com or through the link to write

Baloo on www.usscouts.org. CD

Roundtable Prayer

Scouter Jim, Bountiful UT

“Father in Heaven, we thank Thee for those that help us lead these young men to their greatest potential in doing their best.

We ask thee to bless us and bless those we work with as we

Cooperate together with thee to build the great men of tomorrow by helping them do their best today. **Amen”**

Cooperation

Scouter Jim, Bountiful UT

***We are all dependent on one another,
every soul of us on earth.***

George Bernard Shaw

I cut down a large tree in my yard that was dropping berries on the sidewalk and hanging too low on snowy mornings. The log that was left was larger than I had thought. As I struggled cutting up the large log with my small chainsaw, my oldest son, ask if I had an ax. I did and retrieved it for him. After several attempt to cut the large log with the ax he gave up. I resumed the job with the chain saw. After a bit of time the log was cut and ready for the firewood pile.

Though it is possible that one ax could have cut the log into fire wood pieces, the effort would have been heroic. Is it possible for one person to run a Cub Scout Pack? Yes and the effort would be heroic, and draining. What is the advantage of a saw, if even a manual one over an ax? The saw has many teeth doing the cutting, as opposed to the ax's single blade. The advantage of the Chainsaw, was not only did it have multiple cutting teeth, it has the power that comes from technology.

When a Pack is run with cooperation with a full staff, it is like using as saw. When we add the resources of the National Boy Scouts and the Planning Guide, we add, “More Power” to the program. At that point we are using a Chainsaw.

After Moses led the children of Israel out of Egypt, he was trying to lead and counsel all the people of Israel by himself. His father-in-law Jethro came to him and told him:

And Moses' father in law said unto him, The thing that thou doest is not good.

Thou wilt surely wear away, both thou, and this people that is with thee: for this thing is too heavy for thee; thou art not able to perform it thyself alone.

Hearken now unto my voice, I will give thee counsel, and God shall be with thee: Be thou for the people to Godward, that thou mayest bring the causes unto God:

And thou shalt teach them ordinances and laws, and shalt shew them the way wherein they must walk, and the work that they must do.

Moreover thou shalt provide out of all the people able men, such as fear God, men of truth, hating covetousness; and place such over them, to be rulers of thousands, and rulers of hundreds, rulers of fifties, and rulers of tens:

And let them judge the people at all seasons: and it shall be, that every great matter they shall bring unto thee, but every small matter they shall judge: so shall it be easier for thyself, and they shall bear the burden with thee.

If thou shalt do this thing, and God command thee so, then thou shalt be able to endure, and all this people shall also go to their place in peace.

So Moses hearkened to the voice of his father.
Exodus 18:17-24

Moses like the ax found it would wear him out to try to do it all alone. Better Cooperate and use the aid and strength of others. A Rope is made of many strands twisted together. Where one would be weak and break, many can carry the load. Teach boys to make rope as a lesson in cooperation. Teach leaders to work together so that they will not "Burn Out."

Quotations

Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster's minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover

We may have all come on different ships, but we're in the same boat now. [Martin Luther King Jr.](#)

In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit. [Albert Schweitzer](#)

Now join your hands, and with your hands your hearts. [William Shakespeare](#)

A hundred times every day I remind myself that my inner and outer life depend on the labors of other men, living and dead, and that I must exert myself in order to give in the same measure as I have received and am still receiving.

[Albert Einstein](#)

If we do not hang together, we will all hang separately. [Benjamin Franklin](#)

Competition has been shown to be useful up to a certain point and no further, but cooperation, which is the thing we must strive for today, begins where competition leaves off.

[Franklin D. Roosevelt](#)

Ethics is in origin the art of recommending to others the sacrifices required for cooperation with oneself.

[Bertrand Russell](#)

Great discoveries and improvements invariably involve the cooperation of many minds. I may be given credit for having blazed the trail, but when I look at the subsequent developments I feel the credit is due to others rather than to myself. [Alexander Graham Bell](#)

Honor bespeaks worth. Confidence begets trust. Service brings satisfaction. Cooperation proves the quality of leadership. [James Cash Penney](#)

The keystone of successful business is cooperation. Friction retards progress. [James Cash Penney](#)

The only thing that will redeem mankind is cooperation. [Bertrand Russell](#)

Though force can protect in emergency, only justice, fairness, consideration and cooperation can finally lead men to the dawn of eternal peace. [Dwight D. Eisenhower](#)

Where there is a will there is a way. And this must be the way not of compulsion but of cooperation... No government and no plan can succeed without it. [Lionel K. Murphy](#)

None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful.

Mother Teresa

TRAINING TOPICS

Parents and Family

[Bill Smith](#), the Roundtable Guy

The [Cub Scout program of the Boy Scouts of America](#) underscores the relationship of the family to the Scouting program and the importance of the family in the development of the Cub Scout age boy. Cub Scouting gives families sets of age appropriate activities structured so that parents and other family members have considerable control of how the Cub Scout grows.

Families are the basis of society. It is in the family that a child learns at an early age about love, values, social interactions, self-esteem, and preparation for today's world. Today's family has been targeted as vital to the future of our nation and our world.

[The BSA Family Program](#)

The Cub Scout program of the Boy Scouts of America is unique among the various Cub programs in the World Scouting movement. Our method is based on activities a boy could do around his own home or in his immediate neighborhood. While most other Cub organizations conducted a sort of "junior Boy Scout" program, with a few leaders in each pack, the BSA opts for something quite different: fun stuff right in and near his home.

Family involvement is an essential part of Cub Scouting. When we speak of parents or families, we are not referring to any particular family structure. Some boys live with two parents, some live with one parent, some have foster parents, and some live with other relatives or guardians. Whoever a boy calls his family is his family in Cub Scouting.

[Purposes and Methods of Cub Scouting](#)

When we fail to involve the parents and the rest of the family in the Cub Scout program, we deliver a second-rate value to the boys. It will lack one of the important aims of the program: **Family Understanding**. We should be building those traits that will help the boy grow to become a good husband and father. Making family an integral part of Cub Scouting helps to make that happen.

Of course, it is not always easy to do that. It doesn't work automatically. It takes a certain amount of knowledge and skill to convince a reticent parent to get involved. It might also take some effort and patience to sell the benefits to over worked, busy parents. It might seem easier to take the shortcut and leave the parents and family out of the picture.

Every time I hear the excuse that parents in our pack just won't cooperate, I wonder how much effort was taken to find

out what those adamant folk wanted for their sons. How much time was taken to get to know the parents, and to explain how valuable their interest and involvement would be to the boy's development.

Do those uncooperative parents love their kids? Do they care about their sons' growth and what sort of adults they will turn into? Or are we so caught up in our own roles as Cub Scout leaders that we take the easy route and not even bother trying – let alone do our best.

Most parents of Cub Scouts will be influenced by one or more of the following factors:

- **LOVE** - Most parents love their children and want to express their love in tangible ways. Getting involved with their son's Cub Scout program is a very special way of showing him how much they love him.
- **CHILDHOOD MEMORIES**- Many adults have fond recollections of their own good times with youth organizations like Scouting. They want their children to have similar opportunities and are willing to work to make it happen.
- **AIMS AND IDEALS** - We want our children to grow up to become good citizens with strong character traits and to be physically and mentally fit. Giving Good Will, Helping Other People, and Duty to God and Country, are important educational goals.
- **STRENGTHEN THE FAMILY** - The Cub Scout program is designed to strengthen communication and respect between family members. It is structured so that even the busiest of us - with the most stressed family structures - can take advantage of the achievements and electives to build strong bonds between ourselves and our Cub Scout sons.
- **ROLE MODEL**- Parents are role models for their children. Taking an active part in their son's Cub Scout program is a way of teaching boys how to make things happen. Every boy deserves to see his parents doing something important for his pack or den.

How many minutes does he get?

Bringing a boy's family into his Cub Scouting fun and adventure has the effect of multiplying the benefits many times. When I was a Cubmaster, my direct contact with any one boy was miniscule. No matter how hard I tried, how many zany costumes I wore, funny songs and rousing cheers I led, or solemn minutes I preached, my one-on-one time with each Cub Scout was measured in seconds once a month. I soon learned that I had little or no practical effect on a boy's growth. My job was to enhance the ability of others to do that. Den leaders spend more time with each Cub Scout. A good DL will have quality one-on-one experience for several minutes every week with each Cub Scout. Just think of how much more personal growth is possible in one hour a week with six or eight rambunctious, very unique Cub Scouts. Obviously much more effect than what a mere Cubmaster can provide.

However once the parents become part of his Cub Scouting, the time element explodes. Something as simple as preparing a meal (Wolf Req. 8C) can be as much as an hour of quality one-on-one time for just that boy. A lot of ordinary family

living is described in the boys' books and so can be part of Cub Scouting. Each boy spends a lot more time with parents and other family members than he does with pack or den leaders. The parents have ample opportunities to either enhance the benefits of our program or diminish them. Which do we want?

The key, of course, is to convince parents, right from the start, that they are Akelas, that they have the abilities and the responsibilities to use the time they spend with their sons to achieve those ten purposes of Cub Scouting. Almost any of the activities that families engage in can relate back to Cub Scout ideals and methods. Whenever we can accomplish this, we greatly multiply our power to help the boy grow. Cub Scouting then, is no longer just one hour a week, but becomes as much time each boy spends with his family. This is a huge improvement over what we can accomplish by ourselves..

We leaders must take on the job of selling this concept to parents as soon as their sons join. Fast Start, Parent Meetings, face-to-face interviews, messages delivered in ceremonies, newsletters and web sites all can be used effectively to get parents on board. The *Scout Parents Unit Coordinator Fast Start* on E-Learning and the [Scout Parents web site](#) have more good ideas. We really want parents to understand the purposes and Character Connections in our program and then use them in every day life.

The Yankee Clipper Council gives this advice to parents:

As you learn more about how Cub Scouting works and what goes on in a den and a pack, you will see that the program helps your boy in these five important developmental needs.

The uniqueness of Cub Scouting is that you, as his family, join the program with your boy. You will help him all along the way.

[Cub Scouting and Your Family](#)

Getting parents involved is not an easy task for leaders to do. It takes planning, a total commitment of the pack leadership, and often an unbelievable amount of patience to pull it off. For some leaders, it will take a complete turn around in attitude. It's so easy to treat parents as uncooperative Philistines looking for baby sitting. Yes, parents are busy and have all sorts of competing priorities but they also love their kids and want them to get the best out whatever they do. We have a great program of ethical education mixed with fun and adventure. It's our job as leaders to convince parents that Cub Scouting has wonderful tools for them to use with their Cub Scout sons.

Scouting is primarily, an educational program.

- The program teaches boys a complex of moral and ethical traits that promote self-reliance, self-discipline, self-confidence and self respect.
- We teach young men the duties, obligations, privileges and functions of citizenship.
- We promote healthy, drug free, growth and developing physical skills.
- We practice mental skills of judgment, problem solving, concentration and imagination.

Parents do not have to change much of what they do in order to make it Cub Scouting. Just be aware of what Cub Scouting

really is about and make it part of the conversations they have with their sons.

It's a tough job but the rewards for the boys are so great that we should never hesitate to do our best to make it work.

The only things that can stop us are arrogance, ignorance and laziness. And we're not going to let that happen, are we?

What are YOU going to do now?

The best gift for a Cub Scout.....

.....get his parents involved!

The greatest gift you can give your child

..... good self esteem!

✓ **Be sure to visit Bill Smith's website <http://rt492.org/>**
To find more ideas on everything Cub Scouting.

Reach Bill Smith at wt492@wtsmith.com.

*This item was reprinted from the
May 2006 issue of Baloo's Bugle*

I Am A Den Leader.

I own a hot glue gun, a ring toss game,
an American flag, and a 12 passenger van.

I know all about tour permits, permission slips,
and registration forms.

I save bits of string, scraps of lumber, old tin cans,
and a whole garage full of newspaper.

I am a den leader.

I get excited over paper sack kites that really fly,
boys who remember to bring their books,
and first aid kits that finally sell.

I laugh at Boy's Life jokes, cheer for my den kick ball teams,
i sing Frankenstein songs at pack meetings, and once wept
with a Cub who just found out parents are getting a divorce.

I am a den leader.

I have bribed new Cubs through the Bobcat trail,
herded unruly boys along library tours,
puffed my way up steep mountain tracks,
and panicked when I looked down the other side.
I have threatened to quit more than once.

But I am still a den leader

My patch says I'm "trained", but I know I still have a lot
to learn from district and council leaders, Cubmasters,
other den leaders, and especially my boys.

And I still have one more lesson to teach.

I will not give up, especially on any of my boys.

So I am still a den leader.

I like to think there is a special place in heaven reserved
for den leaders. Surely, they would have a need for bird
feeders and barometers and someone who could love
a dirty faced Cub Scout.

I hope when I die there is a hot glue gun plugged in
and waiting.

For I am a den leader.

*Julie H. Erickson, Pack 64,
Weber View District, Lake Bonneville Council, UT*

ROUNDTABLES

**Roundtable – Déjà vu, all over again
(thanks Yogi!)**

Beverly, Capital Area Council

Another Roundtable year is upon us and a whole set of new challenges await cub scout Roundtable commissioners and staff everywhere. If the RTPG looks very similar to last year, it is. The focus points/core values are the same 12, in the same order. There are changes to the format and content of the monthly agendas. Our main job is to serve as supplemental training for the leaders – a place to get answers to questions and a resource for ideas. So how can we continue to make Roundtable fresh and innovative and FUN?

First – let's look at the changes to the agenda. The big one is the decrease in allotted time from 90 to 60 minutes. The Outdoor Emphasis portion has been eliminated and time has been cut from just about every section, most notable from the leader breakout sessions. Also, there are no "workshop" formats like there were last year. Content changes include emphasizing ceremonies, with most months having a demo of one or more. The shortened breakouts are now mostly discussions, with little or no hands-on activities.

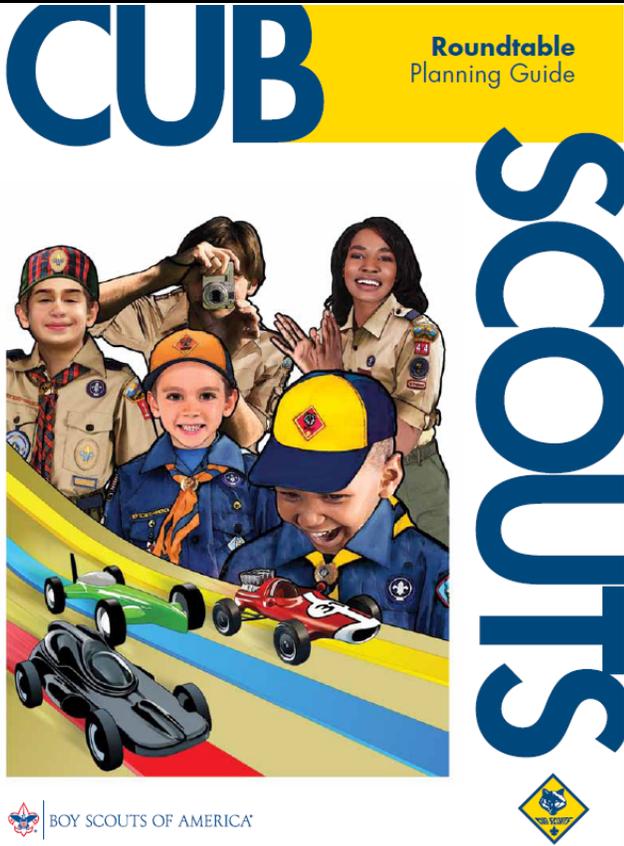
Let me remind you that the RTPG is a guide, not set in stone. It is a great template for you to use as you plan your roundtables, but we all know we need to be flexible and to use what works for each of us in our particular situations. I can tell you my staff decided that since our RTs are held the same time and place as the Boy Scout Roundtables and a youth meeting that are both scheduled for 90 minutes we would continue to do 90 minute RTs and add back in some hands-on activities. Also, because the great reception they had last year, we will do 3-4 workshops this year (derbies, blue and gold, water games, camping). If the workshop format worked for you last year, I encourage you to insert one or two into your programs.

My group is also looking at the entire year (training topics, etc) to see if there are months we can use costumes, silly hats, props, etc to ramp up the fun quotient. For example, Citizenship calls for lots of Red, White and Blue decorations, Uncle Sam hats, etc. (shop your party supply stores NOW for sales on these items). Anything extra you can do to make it fun for the leaders and give them ideas on taking the fun to their den and pack meetings is good. Just remember KISMIF.

DEN MEETING TOPICS

Wendy, Chief Seattle Council

MONTH/ CORE VALUE	AUGUST: HONESTY		SEPTEMBER: COOPERATION		OCTOBER: RESPONSIBILITY	
	MEETING #		1	2	3	4
TIGERS			Bobcat	Ach. #1 Making My Family Special	Ach. #3 Keeping Myself Healthy & Safe	Ach. #3G Sports field trip
WOLVES		Do supplemental meetings (they have letters instead of numbers in the Resource Guide) of your choice. Remember Boys want to be outside.	Bobcat & Ach. #2 Your Flag	Ach. #2 Flag & Ach. #1 Feats of Skill	Ach. #2 Flag & E #20 Sports	Ach. #3 Keep Your Body Healthy E20g Bowling
BEARS			Bobcat Ach. #8 The Past Ach. #16 Building Muscles	Ach. #3 America Ach. #8e Community History	Ach. #14 Ride Right	Ach. #7 Law Enforcement
WEBELOS			Fitness & Athlete	Forester & Naturalist	Forester & Naturalist	Traveler & Athlete
ARROW OF LIGHT			Family Member	Aquanaut	Outdoorsman	Sportsman
PACK ACTIVITY/ CORE VALUE			Water, Rain Gutter Regatta, Fishing (Honesty)	Harvest Festival (Cooperation)	Pack Overnighter (Responsibility)	



Note from Dave -

I spoke with Mark Griffin at National and he assured me that the CS RT Planning Guide will be out shortly. He knows August marks the start of the new RT Year.

The books are at the printers. (Or maybe issued by now)

There are changes this year (e.g. The length of RTs has been shortened)

Give your RT a hook and **have FUN!!**
 Look for ideas in your new CS RT Planning Guide

PACK ADMIN HELPS –

The 4 P's of School Night for Scouting

Twin Valley Council, BSA

<http://www.twinvalleybsa.org>

PLAN

All boys and their parents are invited to the School Night location nearest their home to learn about Scouting and joining a Tiber Cub group, Cub Scout Pack, or Boy Scout Troop. It is the intent that every Pack and Troop in the Council participate on the same night. Here is an opportunity to permit many boys to become members.

- ✓ It enlists the support of parents
- ✓ It leads to the organization of new units
- ✓ It is a recruiting idea of proven excellence.

When

"School Night for Scouting" will take place Thursday, September 23, 2009. It is a short, fast moving session where boys and parents gather to see simple displays and to hear a brief outline for the Scouting program. They will talk with adult leaders, fill out applications, (parents too), pay fees, and get needed information about meetings and activities. If existing Units cannot absorb the boys, they will meet with an organizer and a new unit organization will be started immediately.

What

At the same time, for each new boy and new adult, the Unit completes additional enrollments, collects fees, and makes a report to the District Coordinator at the District Report Meeting scheduled to immediately follow the sign up meetings. So let's get started! Be a part of the largest recruitment effort ever undertaken by our Council. We're proud to have you as part of our team. Let's move forward together and prepare for September 19, the first day of Scouting membership for hundreds of boys in South Central Minnesota.

PERSONNEL

School Night for scouting requires people. It attracts new people expressly for this single opportunity. They need to be selected early and trained in their responsibilities. Personnel essential to the success of the program are:

- ✓ The District Coordinator conducts training for the unit leaders and presides at the School Night for Scouting district report meeting to collect fees, applications, etc
- ✓ Unit leaders from the area to enroll boys and their parent in the Pack and Troop.
- ✓ A Tiger Cub Organizer from each Pack for Tiger den organization.

PREPARATION

School Night for Scouting takes time in preparation. At least three months are involved in important meetings and training. Other preparations begin even earlier. The time schedule outlines the minimum time requirements to do a thorough job. Personnel are urged to read their job description thoroughly and then strive to complete the steps "on time". All facets of "School Night" are designed to make this one meeting in each school successful. Work ahead so you're ready for the Fall

PROMISES

Boys and their parents are promised Scouting through the School Night for Scouting program. These promises can be, and must be kept. Key individuals in keeping this commitment are the unit leaders and organizers. The unit leader must be willing to accept new boys and to ensure each boy receives what has been promised. He must realize this is the time to sign up additional help and to have parents accept definite responsibilities. There will be no better opportunity than the one at hand.

The commitment of the organizer is to see that new unit organization is started and then follow it through the completion to provide a Scouting program for boys who cannot be absorbed in existing units.

School Night for Scouting Agenda

Adapted from *Twin Valley Council, BSA*

<http://www.twinvalleybsa.org/>

You may choose to make a School Night for Scouting flip chart based on the following agenda to ease your presentation

PRE-OPENING

Have the following ready –

- ✓ Attendance cards,
- ✓ Scouting literature,
- ✓ Ceremony equipment,
- ✓ American flag and unit flag

EXHIBITS AND DISPLAYS

Direct boys and parents to visit exhibit and display areas. Set up sign with unit number, sponsor, and time and place of meetings.

At least two Cub Scouts in uniform.

Pictures and/or slides of activities, *especially Day Camp*.

Sign to direct First Grade boys to special Tiger Cub meeting room.

Other display items might include Pinewood Derby cars, projects from past Scout Shows, etc

REGISTRATION

Have boys and parents fill out a name tag.

Have parents fill out attendance card for boy.

Split out Tiger Cubs (1st grade boys and their parents to different locations.)

OPENING CEREMONY

A) Teach "When the Sign Goes Up".

- Here is a simple way to get order for announcements or the next order of business. Explain that whenever you raise your hand in the Scout sign, the group is to become attentive and stop talking.
- Have everyone practice it a few times until the proper reaction becomes automatic. This method of getting order saves your voice and nerves. Explain to the boys "when the sign goes up, everyone is to listen".

B) Flag ceremony--Cub Scout Den

- Form two lines facing each other. The flag is marched up between the lines with all personnel saluting. The flag is halted at the head of the lines and turned about face, whereupon all assembled give the Pledge of Allegiance.

WELCOME - STATEMENT OF PURPOSE

- A. Briefly state purpose of meeting.
- Tell prospective members and their parents about Scouting's opportunities in the neighborhood and inform them as to how they may participate.
- B. Tell how Cub Scouting does business.
- Creates a partnership with an institution such as PTA, church, or civic group to use the Cub Scout program with their youth.
 - The unit is owned by the chartered partner (school, civic club, etc.)
 - The chartered partner provides unit meeting place and leadership.
 - The (name your local council) provides program literature and tools, training for leaders, volunteer and professional guidance and a major activity schedule, including provision of camp facilities. Let everyone know when the next scheduled training session is.
 - Cub Scouting is for boys in grades 1-5.
 - Cub Scouts join a Pack. The Pack meets once a month and it's a family meeting (Mom, Dad, brothers & sisters). The boy is assigned to a den which has 6-8 members and meets once a week.
 - Talk about benefits of Boys' Life.
- C. Introduce Unit Leaders

UNIT SPECIFICS

- A Parent participation.
- Place great emphasis on each parent joining Scouting with their son.*
- Parents who have boys of Scouting age are the major source of leadership. Cub Scouting is volunteer led.
 - Full support and cooperation of every parent is essential to a successful Cub Scout program.
 - Parents can help carry their share by serving as unit leaders or den leaders, unit committee members or auxiliaries, or by cooperating on transportation for Cub Scout outings.
 - Parents need to keep informed.
 - Parents should encourage their boy in his advancement.
- B Unit Information
- Leadership Meeting place and time
 - Registration fee
 - BOYS' LIFE SUBSCRIPTION –
 - Policies and procedures (if appropriate).
- C Review unit program for the coming year.
- Leader should distribute a "hand out" describing the Unit's planned program for the next 12 months.
- D Distribute and review applications for membership.
- E Work on organization of new dens as required.
- F Process applications for membership... Cub and adult. Fill out applications and collect fees for new enrollments. Adult applications need to be signed by a representative of the unit's chartering organization.
- G Our next meeting will be _____

ADJOURN

- Mention Boys Life magazine again
- Have inspirational Cubmaster's Minute (Closing Thought)

- Tell everyone Pack parents will remain to answer questions
- Dismiss Boys and Parents

COMPLETE YOUR SCHOOL NIGHT FOR SCOUTING' REPORT

- A Turn in Report along with all the registration forms to your District Coordinator.
- It does nobody any good for you to keep those applications on your refrigerator until charter renewal, you "get them all together," "I get a chance to look them over again", ... (or any of the myriad other excuses I have heard over the years)
 - Until you file that application –
 - ✓ The new Cub does not have BSA insurance
 - ✓ Will not begin receiving Boys' Life, which is usually three months after registration anyway
 - ✓ Your council may refuse to process awards for him as he is not registered (Mine does – CD)
- B Straighten up meeting room facilities - remove displays - thank custodian.

New Den Leaders

The Following Information is from the New Den Leader Kit printed by the Boy Scouts of America and available at the link below.

<http://www.scouting.org/sitecore/content/Home/CubScouts/resources/TheNewCubScoutDenLeaderKit.aspx>

Welcome to Cub Scouting!

First impressions are important and Cub Scouting is no different. Boys join Cub Scouts for excitement, to be with friends, and to have fun. If your first few meetings are fun, for you and for the Cub Scouts, they will come back for more ... and future meetings will be easier and easier for you.

Advancement

Read the youth handbook appropriate for your den program to learn about the advancement requirements for your den's grade level. Remember that in Tiger Cubs through Bear Cub Scout, helping the boy advance is primarily the responsibility of the parent. You will support their efforts by providing fun and exciting learning activities at the weekly den meeting.

Your First Month—Three Steps to Success:

Step 1. Establish the Basics

Complete a roster of the boys in your new den, including name, phone number, address, primary parent/guardian, and e-mail address, if available.

Be mindful of different family situations and gather primary and secondary contact information for parents if necessary. Your Cubmaster should provide you with your Cub Scout pack and den number.

Determine the day, time, and location of your weekly den meetings.

Den meetings should occur consistently on the same day, same time, and same location of each week every month. Your den may meet at a parent's home, school, church, or community organization building. A discussion with the parents in your den will help you determine the best day, time and place for your den meetings. Once determined, let everyone know when and where your meetings will be.

Holding den meetings at the same time and place each week is encouraged; that will help keep attendance strong.

Find out the location, date, and time of your monthly pack meeting.

The pack meeting is a monthly gathering of all Cub Scouts and their families, led by the Cubmaster. The pack meeting consists of activities and recognition based on the month's theme. Let all your den members, leaders, and parents know when and where pack meetings will be.

Ask for your Cubmaster's name, phone number, and e-mail address.

The Cubmaster is the leader of your pack. This person is in charge of planning and conducting the monthly pack meetings. The Cubmaster helps plan and carry out the pack program.

Find out the location, date, and time of your monthly pack leaders' meeting.

The pack leaders' meeting is held to help you and the Cubmaster and plan den and pack meetings based on a monthly theme.

Identify and recruit an assistant den leader(s). Having an assistant will help the meetings run smoother and the assistant can fill in if you have to miss a meeting. Have the recruited assistant fill out an adult leader application and give it to your Cubmaster so that she or he can secure the necessary approval.

Study the Fast Start CD.

View the Fast Start CD as soon as possible. Or you may complete this training on your local council's Web site. After viewing the Cub Scout Leader Fast Start CD, you'll want to attend the New Leader Essentials and Cub Scout Leader Specific Training courses as soon as possible. Ask your pack trainer for information on these..

Step 2. Prepare for Your First Den Meeting

The den meetings are planned around a monthly theme set by your pack. Meetings consist of activities, projects, and business items.

Cub Scout Program Helps, No. 34304, is a book that is produced annually to provide a whole year of support for you when planning your meetings. You may purchase a copy of this annual resource from your local council service center or Scout shop.

As you will see in *Program Helps*, the basic structure of any den meeting includes:

- ☞ **Gathering activity**—to keep boys occupied until everyone arrives.
- ☞ **Opening ceremony**—such as reciting the Pledge of Allegiance or Cub Scout Promise—to officially kick off the meeting.
- ☞ **Business items**
- ☞ **Activities**—Learning a skill, playing a game, practicing a skit, and/or doing craftwork. Some of these activities can contribute to the way your den will participate in the monthly pack meeting.
- ☞ **Closing ceremony**—to calm and inspire the boys before they leave.

The key to successful planning is KISMIF—Keep it Simple, Make it Fun!

Step 3. Learn about Available Resources and Use Them!

People to Call

Your **Pack Leaders** are here to help you get started.

- ✓ My pack number is _____ .
- ✓ My Cubmaster is _____ .
- ✓ Phone number _____ .
- ✓ E-mail address _____ .
- ✓ My committee chairman is _____ .
- ✓ Phone number _____ .
- ✓ E-mail address _____ .
- ✓ The monthly pack leaders meeting is held _____ .

The staff at your local council service center can help you or can get you in touch with someone who can.

- ✓ My council name is _____ .
- ✓ Phone number _____ .
- ✓ Web site _____ .
- ✓ Scout shop phone number _____ .

Your district has a team of volunteers called the **District Committee**. They develop quality district wide programs in which boys can participate.

- ✓ My district name is _____ .
- ✓ My district executive is _____ .
- ✓ Phone number _____ .
- ✓ E-mail address _____ .

Your district has another volunteer team called the

Commissioner Staff. They are your “service team.” They check on the “health” of your pack and are a communications link between your pack and the local council. A commissioner is assigned to assist your unit.

- ✓ My pack's commissioner is _____ .
- ✓ Phone number _____ .
- ✓ E-mail address _____ .
- ✓ My district training chairman is _____ .
- ✓ Phone number _____ .
- ✓ E-mail address _____ .

Cub Scout Roundtable. This monthly leaders' meeting for all adult volunteers in your district is where you can get help with outdoor activities, crafts, games, skits, and songs for use at den and pack meetings. It's a great place to ask questions and share ideas—you can get the benefit of other leaders' experience and support.

- ✓ My district roundtable is held _____ .
- ✓ The roundtable commissioner is _____ .
- ✓ Phone number _____ .
- ✓ E-mail address _____ .

Hints and Tips For New Cub Scout Leaders

USSSP: Cubmaster.org

Plan your meetings far enough ahead to allow time to gather materials needed. Set goals that you want to accomplish during the year. Outline your program for the year and plan ahead to involve as many people as possible. Plan each meeting ahead of time. You might find it valuable to plan next weeks meeting after just completing a meeting.

Always have a plan B, each group will be different and activities that thrilled one den may bore another, and when they get bored they get rowdy. If they are showing signs of

boredom drop the activity and go to plan B and you will rarely have discipline problems.

If you plan an outdoor activity, always have an indoor alternate planned.

Transitions from one activity to the next are easiest if the meeting is planned so that the next activity is always preferred to the current one. For example we begin with opening ceremonies that reinforce the values of Scouting (boring) then go to advancement activities (less boring but not as much fun as games which come next), after games we go to snack time (they are always willing to stop what they are doing for snack!). I use the fact that they have their hands full and their mouths full as the best opportunity for announcements and reminders. Their parents are beginning to show up, and it doesn't hurt that parents are also hearing the announcements and reminders, it also helps to keep those impatient parents from grabbing the Cub and leaving before the closing ceremony, since they intuitively understand that they should not take their child away during announcements.

Don't try to carry all the load yourself. In Tiger, Wolf and Bear dens the family unit is central to the forming of the Cub Scout and activities revolved around the family unit. Get other parents involved. Help them realize it is their program and then depend on them to lend expertise on aspects of the program. Invite them to attend by determining their interests and using them.

Leadership is developed and learned. You can become an effective Cub Scout Leader if you will prepare yourself and take the time to learn. Remember to be flexible in your planning. There are no set answers to handling boys. Don't be afraid to experiment.

Get trained! Start out with the Cub Scout Den Leader Fast Start video. It is very short and enjoyable to watch. After you get settled in, attend the Cub Scout Den Leader Basic Training at your District. It is the best place to go to learn your Cub Scouting fundamentals.

Understand the Cub Scout program so you can help the boys grow throughout the program. There is a lot of resources available to help you. One of your best resources is the monthly district Cub Leader Roundtable, where you can exchange ideas with other Cub Scout Leaders.

Do your best, and, above all, have fun!

Thanks to [Susan Ganther](#) for her assistance in developing these tips.

10 Commandments of Den Control

1. Regularly use the Cub Scout Ideals: the Motto, the Promise and Law of the Pack, in ceremonies, and as a guide to conduct. You must set the example.
2. Use Den Rules. Start using them immediately. Boys need to know what is expected of them. Make sure both boys and parents know what the rules are.
3. Make uniforms important. Have regular uniform inspections and instill pride in wearing their uniforms. Boys behave differently when they dress up.
4. Be firm, fair and consistent. They will test you from time to time to make sure that you really mean it.

5. Use positive incentives. When the conduct candle burns down or the marble jar is full, give them the special party or outing you promised.
6. Make each boy feel special. Use warm greetings, compliments, words of praise, and fond farewells, liberally for each boy. Make them feel appreciated and wanted.
7. Boys must have input to rules. If you want them to cooperate they should feel that they have some control of how the den operates. You empower them and teach responsibility when they help set the rules.
8. Den programs must be full of short, fun activities. Boys at this age are active and quickly become bored or frustrated. Long talking sessions and complicated craft projects make it difficult to keep control of the meeting.
9. Use lots of help. From time to time, boys require individual attention. They will need help, encouragement, reassurance, advice or just want to tell you something important. You can't give them that attention if your doing it alone.
10. Get to know each boy. Every boy in your den is a unique individual with his own dreams, fears, and sense of humor. He needs to know that you care about him.

SPECIAL OPPORTUNITIES

Pat Hamilton, Baltimore Area Council

This month's Core Value is **Cooperation**. To reflect this Core Value with an Academics Belt Loop and Pin, I had to stretch a little. The best I could do is that the *numbers* have to cooperate for you to excel in Mathematics! In the Sports arena, what better to reflect cooperation than Volleyball. All the team members must cooperate to stop the attack of the opposing team, and then set up the ball for a team mate to return it over the net. A team of individuals where everyone tries to be the one to return the ball over the net will soon find itself in a losing situation.

Mathematics Loop and Pin

www.ussscouts.org

Webelos Scouts that earn the Mathematics Belt Loop while a Webelos Scout also satisfy requirement 7 for the [Scholar](#) Activity Badge *or* requirement 10 or the [Engineer](#) Activity Badge (but not both).

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Mathematics Belt Loop



Complete these three requirements:

1. Do five activities within your home or school that require the use of mathematics. Explain to your den how you used everyday math.
2. Keep track of the money you earn and spend for three weeks.
3. Measure five items using both metric and non-metric measures. Find out about the history of the metric system of measurement.

Mathematics Academics Pin



Earn the Mathematics belt loop, and complete one requirement from each of the five areas below of the following requirements:

- I. **Geometry is related to measurement but also deals with objects and positions in space.**
 1. Many objects can be recognized by their distinctive shapes: a tree, a piece of broccoli, a violin. Collect 12 items that can be recognized, classified, and labeled by their distinctive shape or outline.

2. Select a single shape or figure. Observe the world around you for at least a week and keep a record of where you see this shape or figure and how it is used.
 3. Study geometry in architecture by exploring your neighborhood or community. Look at different types of buildings-houses, places of worship, businesses, etc.-and create a presentation (a set of photographs, a collage of pictures from newspapers and magazines, a model) that you can share with your den or pack to show what you have seen and learned about shapes in architecture.
- II. **Calculating is adding, subtracting, multiplying, and dividing numbers.**
 1. Learn how an abacus or slide rule works and teach it to a friend or to your den or pack.
 2. Go shopping with your parent or adult partner and use a calculator to add up how much the items you buy will cost. See whether your total equals the total at check out.
 3. Visit a bank and have someone there explain to you about how interest works. Use the current interest rate and calculate how much interest different sums of money will earn.
- III. **Statistics is collecting and organizing numerical information and studying patterns.**
 1. Explain the meaning of these statistical words and tools: data, averaging, tally marks, bar graph, line graph, pie chart, and percentage.
 2. Conduct an opinion survey through which you collect data to answer a question, and then show your results with a chart or graph. For instance: What is the favorite food of the Cub Scouts in your pack (chart how many like pizza, how many like hamburgers, etc.).
 3. Study a city newspaper to find as many examples as you can of statistical information.
 4. Learn to use a computer spreadsheet.
- IV. **Probability helps us know the chance or likelihood of something happening.**
 1. Explain to your den how a meteorologist or insurance company (or someone else) might use the mathematics of probability to predict what might happen in the future (i.e., the chance that it might rain, or the chance that someone might be in a car accident).
 2. Conduct and keep a record of a coin toss probability experiment.
 3. Guess the probability of your sneaker landing on its bottom, top, or side, and then flip it 100 times to find out which way it lands. Use this probability to predict how a friend's sneaker will land.
- V. **Measuring is using a unit to express how long or how big something is, or how much of it there is.**
 1. Interview four adults in different occupations to see how they use measurement in their jobs.
 2. Measure how tall someone is. Have them measure you.

- Measure how you use your time by keeping a diary or log of what you do for a week. Then make a chart or graph to display how you spend your time.
- Measure, mix, and cook at least two recipes. Share your snacks with family, friends, or your den.

For additional information and helpful publications, check out the National Council of Teachers of Mathematics at <http://www.nctm.org>.

For worksheets to help with earning these awards go to <http://usscouts.org/advance/cubscout/academics/mathematics.asp>

Volleyball Loop and Pin

www.usscouts.org

Webelos Scouts that earn the Volleyball Belt Loop while a Webelos Scout also satisfy part of requirement 4 for the Sportsman Activity Badge.

Tiger Cubs, Cub Scouts, and Webelos Scouts may complete requirements in a family, den, pack, school, or community environment. Tiger Cubs must work with their parents or adult partners. Parents and partners do not earn loops or pins.

Volleyball Belt Loop



Complete these three requirements:

- Explain the rules of volleyball to your leader or adult partner.
- Spend at least 30 minutes practicing skills to play the sport of volleyball.
- Participate in a volleyball game.

Volleyball Sports Pin



Earn the Volleyball belt loop, and complete five of the following requirements:

- Compete in a pack, school, or community volleyball tournament.
- Demonstrate skill in two volleyball passing techniques: forearm pass and overhead pass (setting).
- Demonstrate skill in two volleyball serving techniques: underhand and overhand.
- Spend at least 60 minutes in practice over several practice periods to develop individual skills for volleyball. Make a chart to record your practice efforts.
- Explain how volleyball matches are scored, including the terms side-out and rally scoring.

- Accurately lay out a volleyball court.
- Play five games of volleyball.
- Officiate at least three games of volleyball.
- Explain the importance of good sportsmanship.
- Attend a high school, college, or professional volleyball game.

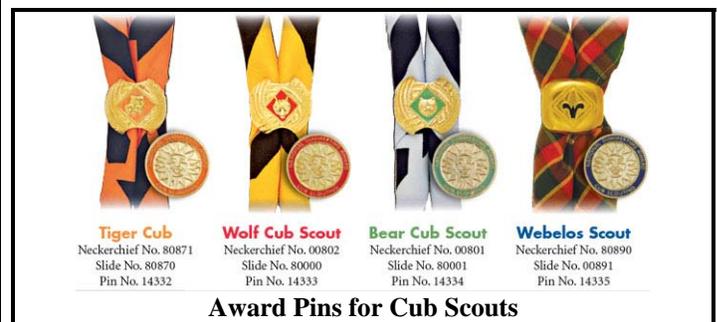
Check out <http://www.usavolleyball.org>.

For worksheets to help with earning these awards go to <http://usscouts.org/advance/cubscout/sports/volleyball.asp>

National Summertime Pack Award

www.scouting.org

As summer vacation is winding down and school is getting ready to start, now is the time to submit the paperwork for the National Summertime Pack Award.



Award Pins for Cub Scouts

As summer vacation is winding down and school is getting ready to start, now is the time to submit the paperwork for the National Summertime Pack Award.

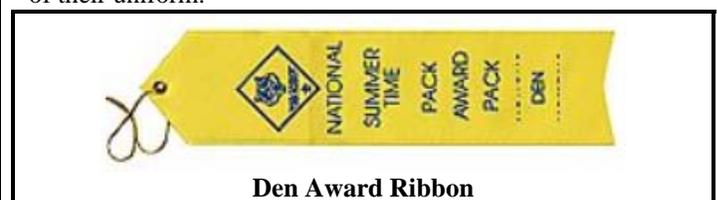
(from scouting.org)

A pack can earn the National Summertime Pack Award by doing three pack activities when school is out for the summer—one activity each in June, July, and August. Packs that qualify get a colorful streamer for their pack flag.



Pack Award Ribbon

Dens that have at least half of their members at the three summer pack events can earn a den ribbon. Pack members who take part in all three events are eligible for the National Summertime Pack Award pin, to wear on the right pocket flap of their uniform.



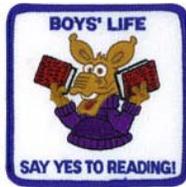
Den Award Ribbon

If a pack is in a "year-round school" (or is part of a home-school association), the pack could earn the Summertime Pack Award by having a special pack activity during school breaks.

For an application for the National Summertime Pack Award, go to <http://www.scouting.org/filestore/pdf/33748.pdf>

Boys' Life Reading Contest for 2011

<http://boyslife.org/>



SAY 'YES' TO READING

Enter the 2011 Boys' Life Reading Contest

Write a one-page report titled "The Best Book I Read This Year" and enter it in the Boys' Life 2011 "Say Yes to Reading!" contest.

The book can be fiction or nonfiction. But the report has to be in your own words — 500 words tops. Enter in one of these three age categories:

- * 8 years old and younger
- * 9 and 10 years old
- * 11 years old and older

First-place winners in each age category will receive a \$100 gift certificate good for any product in the Boy Scouts official retail catalog. Second-place winners will receive a \$75 gift certificate, and third-place winners a \$50 certificate.

Everyone who enters will get a free patch like the one on this page. (*And, yes, the patch is a temporary insignia, so it can be worn on the Boy Scout uniform shirt, on the right pocket.*

Proudly display it there or anywhere!) In coming years, you'll have the opportunity to earn different patches. The contest is open to all Boys' Life readers. Be sure to include your name, address, age and grade in school on the entry.

Send your report, along with a business-size, self-addressed, stamped envelope, to:

Boys' Life Reading Contest
S306

P.O. Box 152079
Irving, TX 75015-2079

Entries must be postmarked by Dec. 31, 2011 and must include entry information and a self-addressed, stamped envelope.

For more details go to <http://boyslife.org/>

Knot of the Month

This would be a great time to recognize this last year's First Year Webelos Leaders and encourage them to stay on to help their boys earn the Arrow of Light.

Why not see if they qualify for the -

Webelos Den Leader Award

www.usscouts.org



Tenure

Complete 1 year as a registered Webelos den leader. (Dates of service used to earn this award cannot be used to earn another key or award.)

Training

Do **all** of the following

1. Complete "The New Webelos Den Leader" Fast Start training.
2. Complete basic training for Webelos den leaders.
3. Complete Youth Protection Training.
4. Complete outdoor training for Webelos den leaders.
5. During your tenure for this award, participate in a Cub Scout leader Pow Wow or University of Scouting, or attend at least four Roundtables.

Performance

Do **seven** of the following:

1. During at least one program year, have a minimum of 50 percent of the Webelos Scouts in your den advance in rank (Webelos Badge or Arrow of Light Award).
2. At least once, reregister a minimum of 75 percent of the eligible members of your den as a part of pack rechartering.
3. Graduate a minimum of 60 percent of the eligible members of your Webelos den into Boy Scouting.
4. Have an assistant Webelos den leader who meets regularly with your Webelos den.
5. Have a Webelos den chief who meets regularly with your den.
6. Take leadership in planning and conducting two Webelos overnight campouts or other outdoor den activities.
7. Assist in planning and conducting a Webelos den / Boy Scout troop joint activity.
8. Take leadership in planning and conducting a Webelos den service project.
9. Conduct at least three Webelos den meetings per month, 9 months per year or follow an optional meeting plan approved by the pack.
10. Participate with your den in a Webelos day camp or resident camp experience.
11. Explore three "Character Connection" activities with your den members in one year.
12. Hold regular den meeting and activity planning sessions with your assistant den leader.

For a Progress Record for the Webelos Den Leader award, go to <http://www.scouting.org/filestore/pdf/34169-52.pdf>

GATHERING ACTIVITIES

"Gathering Activities" for large groups and getting groups to know each other are in this edition. Those good for dens (e.g. word searches, puzzles, mazes) are in the Den edition. Dave

Note on Word Searches, Word Games, Mazes and such – In order to make these items fit in the two column format of

Baloo's Bugle they are shrunk to a width of about 3 inches. Your Cubs probably need bigger pictures. You can get these by copying and pasting the picture from the Word version or clipping the picture in the Adobe (.pdf) version and then enlarging to page width. CD

Make a Model of Family Cooperation

Alice, Golden Empire Council



Each family gets to choose either smooth rocks or small pieces of driftwood, one for each family member. Then working together, they make a "model" of their family. Rocks could be gathered on a den, family or pack hike - But even if you don't go out and collect the rocks, you could get some smooth river pebbles from a local nursery to do this fun project.

Provide a variety of rocks and driftwood, glue and markers for those who want to add features to their "people." To make this activity easier, you could give each family a shallow Styrofoam meat tray to use as a base.

Make a Cooperation Spider Web –

Alice, Golden Empire Council

Check out the directions under GAMES. Be sure and point out that by working all together, your den or pack has made a web from ordinary yarn that provides support and ties everyone together – just like cooperation does!

The Picture of Cooperation

Alice, Golden Empire Council

Ask everyone to bring in pictures from magazines or that they have drawn – each picture should show people working together to accomplish something. Glue the pictures to a large piece of paper and top it off with large letters spelling out Cooperation.

A Story of Cooperation

Alice, Golden Empire Council

Give each family, den or team a bag with the same items in them – or you could put different items in each bag.

The challenge is for the team to work together to make something or to tell a story using the items. Items you could put in the bags include: colored paper, some buttons, rubber bands, a little box, some dowels, lunch bags, yarn, some googly eyes, some plastic lids, a couple of toilet paper or paper towel tubes, etc.

You should also supply scissors, tape and glue, paper or poster board, maybe some markers. Each team creates something working together.

Cooperation Code Challenge

Alice, Golden Empire Council

Start with a phrase about cooperation – but don't share it with the boys. Before the meeting, divide up the phrase into individual words which must be discovered by breaking a

code. Each boy or team of boys works on just one word. To make it more interesting, you could give each boy a different kind of code to break.

When each boy or team has found their word, the whole group must work together to put the words together to make the phrase.

Here's an example of a phrase you might use: "Everyone must work together to demonstrate Cooperation." There are all kinds of codes you can use – if you need some ideas, go to the boy's books, the How To Book, or check out:

www.scouting.org.za/codes/

Make "Cooperation Cake"

Alice, Golden Empire Council

Assign every boy, den or family to bring one essential ingredient from a simple cake recipe. Mix together, then bake in a 8X11 pan so it cooks quickly. (Assign someone to get it in the oven and watch it.) There's your treat for afterwards! But be sure and talk about how the cake would come out without everyone's cooperation and ingredients! What would happen if someone forgot to bring the eggs?

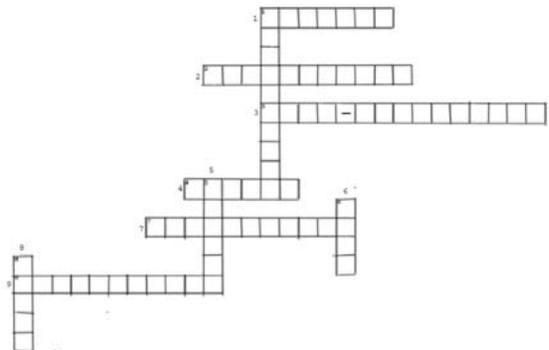
You can also make this a great object lesson by making two cakes – but make sure that an essential ingredient is "forgotten" for one cake – then watch to see what happens to the second cake made without sugar or baking powder. That's just what happens when someone doesn't cooperate and fails to do their part.

Cooperation Crossword

Catalina Council

Use the following words and a few others in completing this crossword puzzle:

- | | |
|-------------|-----------------|
| Compassion | Cooperation |
| Persistence | Self-discipline |
| Trustworthy | |



Across

1. If you have self-discipline, you can _____ your behavior, even when you are angry.
2. Teamwork, working well with others
3. Self-control
4. If you are trustworthy, people know that they can ____ on you.
7. Refusal to give up
9. Reliable, able to be depended on

Down

1. Kindness and mercy
5. If you show persistence, you don't give up _____.

- 6. If you show cooperation, you work ____ with others
- 8. If you show compassion, you care about the feeling of _____ people

Cooperation Word Search
Catalina Council

Note:

- ★ This may take some time for the boys to complete due to the size of the words.
- ★ The younger Scouts may need some help finding the words.
- ★ Another way to inspire cooperation would be to have the older boys work together with the younger boys.

Find the 26 words in this Word Search

U V B P J Y M J R G F Z C M K N W G L L
 Y E G N D A L Z M U S H S D D C T G Z Q
 T C T X V A N O I T A R E P O O C E X N
 S N R G H G S S L M Z L D U V M S N Y M
 E E M P A T H Y B O V K Y P Y U Y E E X
 N D I Y X Y H T R O W T S U R T E R Z M
 O I A W O Z C X M D G V U F I L L O I X
 H F M L V G V C N E T S I L D U R S G C
 Y N Y U Y T I R G E T N I D F F R I R E
 L O H F A I R N E S S B E Y Z P S T E B
 S C M E S S E N D N I K E P G L G Y N G
 G W A C O M P A S S I O N I O E Y V Y N
 O P B R A M M U N S E L F I S H N E S S
 X A Q U I T F O R G I V E N E S S A B G
 G T N O O N P E R S E V E R A N C E W J
 H I J S P S G N K S E V I T C A O R P X
 P E J E E N T H U S I A S M V G Q R M L
 T N H R E S P E C T S M O T N V K B F F
 N C O U R A G E C U H E C N A R E L O T
 W E W Y X X H K N Y S R B W Q H A U T U

Word List

CARING	COMPASSION	CONFIDENCE
COOPERATION	COURAGE	EMPATHY
ENTHUSIASM	FAIRNESS	FORGIVENESS
GENEROSITY	HELPFUL	HONESTY
HOPE	INTEGRITY	KINDNESS
LISTEN	PATIENCE	PERSEVERANCE
PROACTIVE	RESOURCEFUL	RESPECT
RESPONSIBILITY	SYNERGIZE	TOLERANCE
TRUSTWORTHY		UNSELFISHNESS

STAND UP

Sam Houston Area Council

Two players sit back to back with legs stretched out in front of them. They must try to stand up without using their arms. The Cub Scouts will see that they can only stand up if they work together.

Clothespin Mixer

Southern NJ Council

Equipment: Clip-on clothespins - 3 or 4 for each person

Give everyone 3 or 4 clothespins. Tell them that the object of the game is to get rid of their clothespins without having

anyone else pin THEIR clothespins on them. With everybody trying to get rid of his or her clothespins at the same time, as fast as possible, this is a rowdy and fun way to start a meeting. They can form cooperative groups who work together to keep people from "pinning" members of the group.

Splish Splash Word Search

Great Salt Lake Council

This puzzle contains words and phrases related to water safety. See how many you can find.

Boating	Lifeguard	Safety
Buddy System	Marco Polo	Safety Afloat
Canoe	Memory Lake	Sailboat
Fishing	Obey Rules	Sailing
Floating	PFD	Sprinklers
Fun Fun Fun	Rowboat	Surfing

OPENING CEREMONIES

Uncle Sam & Cooperation Opening

Alice, Golden Empire Council



Post a picture of Uncle Sam as a poster or on the wall before the ceremony begins – or have a boy bring out the poster as the ceremony is introduced. Before the meeting, boys in one of the dens can talk about Cooperation and how all of us can work together to keep our country strong. Each boy can choose a way that a Cub Scout can cooperate, then either spell out the word or find or draw a picture that illustrates his idea. You could also enlarge these images to use for each boy – then write his part in large letters on the back.

Narrator: This month, we have been learning about Cooperation. A long time ago, soldiers started calling the meat they got Uncle Sam's Grub, because U.S. was stamped on the barrels. A little later, cartoonists came up with an image of "Uncle Sam" wearing a top hat and stars and stripes. The cartoon was used to help recruit soldiers for the army, and to encourage citizens to collect rubber and metal that was needed for equipment for the army. So Uncle Sam became a symbol of all Americans cooperating to supply people and materials needed during a war.

Image of Uncle Sam is posted.



OR



Cub Scout #1: One way I can cooperate is to obey the laws of our country.

Shows image of boy obeying the law, such as crossing at the crosswalk instead of jaywalking OR he could have the same image of Uncle Sam, with the added phrase as shown below.



OR



Cub Scout #2: I can cooperate with others to serve those who need help.

Image of boy collecting for Scouting for food, or helping collect socks or books for people who need them, or some other project.



OR



Cub Scout #3: I can cooperate with my family to help make our family and country strong.

Image of boy working with his family to clean, rake leaves, paint, or take care of their house.



OR



Cub Scout #4: I can cooperate by being a team player and being a good sport.

Show image



OR



Cub Scout #5: I can cooperate with Akela at home and school and in Scouts.

Show image.



OR



Cub Scout #6: I can cooperate with others to honor my country's flag.

Move into Opening Flag Ceremony.

US Flag & Pack Flag

Arrangements: Narrators read the following as the color guards bring in the U.S. flag and the pack flag.

Cub #1: Would the audience please stand and face the pack flag, extending right hand toward it.

Cub #2: Here stands the flag which represents our pack with pride, a group of Cub Scouts with parents at their side.

Cub #3: Now would the audience turn and face the American flag and stand at attention.

Cub #4: And here stands the flag we call Old Glory. Standing for all we hold dear, it tells our country's story.

Cub #5: Let us all now join together in the Pledge of Allegiance to the flag of our country

Beginning Of the Year Opening

Heart of America Council

PROPS: Cubmaster (CM), Assistant CM (CA), 6 Cub Scouts in uniform; they enter stage, one by one, saying their parts. All remain on stage to sing with audience at end.

Cub #1: Another year is starting and we'd like to welcome you. And tell you what our purpose is and what we hope to do.

Cub #2: The Cub Scouts are a group of boys; they help us grow up strong. They teach us to do what's right, and fight against what's wrong.

- Cub #3:** They show us how much we can do if we work as a team,
If we COOPERATE, then we'll have fun and jobs won't be as hard as they first seem.
- Cub #4:** We'll go on hikes and field trips, to learn of nature's wonders,
So we'll respect her when we're grown and not make any blunders.
- Cub #5:** And we'll be shown in many ways that each man is our brother
And we'll see the joy there is in cooperating with one another.
- Cub #6:** We'll learn to be good citizens and hopefully, we'll see,
That laws are made for all the men, so each man can be free.
- CM:** To do this, the Cub Scouts need good leaders - that is true
That means we need the help of all of you - and you and YOU!
- CA:** And now to start our year off right in a good and proper manner,
We'd like you all to rise and sing our own "Star Spangled Banner."
(Audience rises. All sing. Cubs exit.)

CONSERVE

Baltimore Area Council

Cub Scouts hold cutouts of cars made from poster board, with letters printed on back of each one to spell out the word: CONSERVE.

- Cub #1:** C - Cars and buses and such were invented by men.
- Cub #2:** O - Oil fields were discovered also by them.
- Cub #3:** N - Nobody really worried about the amount of fuel this would take.
- Cub #4:** S - So on no transportation did they put the brake.
- Cub #5:** E - Eventually the amount of fuel used grew astonishingly.
- Cub #6:** R - Raising on everyone's mind a great big doubt.
- Cub #7:** V - Very soon the world's traffic was put to the test.
- Cub #8:** E - Everybody to conserve fuel must now do their best!

AUDIENCE PARTICIPATIONS & STORIES

THE LITTERBUG

Baltimore Area Council

Divide group into each of the characters. As the key word is said each group makes the corresponding sounds.

*PAPER Crackle-Crackle,
TRASH Dump-Dump,
CANS Clatter-Clatter,
LITTERBUG Toss and Throw*

God put bugs in this world for many reasons. He made them to live in every kind of season. But the pesky LITTERBUG with his PAPER and CAN, was made through neglected TRASH by the foolish person. To keep America beautiful, get rid of the LITTERBUG, so beach goers can again lounge on a clean sandy rug. Because of this pest, we must woller around, In PAPER and CANS and TRASH all over the ground. Just who are these LITTERBUGS who mess up our land? Do you ever really see them toss that PAPER and CAN? Quite often the LITTERBUG is a sneaky guy, and at dumping his TRASH he's oh so sly. So most of the time it just appears everywhere, As if it had dropped right out of thin air. Could it be we are so used to throwing things here and there, that we dump that PAPER and CAN without being aware? Without even thinking when we toss TRASH and waste, we could be an unconscious LITTERBUG in all our haste. So when you unwrap that gum or small piece of candy, don't throw the PAPER on the ground just 'cause it's handy. Next time stop and think when a pop CAN you toss, cause if you're a LITTERBUG, it's also your loss. So if every single person would take note of his habit, that pesky LITTERBUG we could certainly nab it. Then that terrible bug we would surely stamp out, with no more PAPER or CANS or TRASH about. To keep America beautiful, we must all do our part, by taking care of our TRASH properly from the very start.



The Story of the Pack

Catalina Council

Divide the group into seven smaller groups and assign each group one of the words listed below. Practice as you make assignments. Read the story.

After each of the words is read pause for the group to make the appropriate response.

PACK:	"Pack, pack"
PARENTS:	"Now, now"
BOBCAT:	"Meow, meow"
TIGER	"They're GREAT!"
WOLF:	"Howl, howl"
BEAR:	"Grrr, grrr"
WEBELOS:	"(Indian yell)"

Once upon a time there was a pretty good **PACK** who did a lot of things and had a lot of fun. The **PACK** had a few new **BOBCATS** who had just joined the **PACK** with a lot of other waiting to join. There were also a few **TIGERS** and **WOLVES**, they are the Cubs who are 6 and 7 years old. Most of the Cubs in the **PACK** were **BEARS**, who were 8 and some who were almost 9 years old.

After a Cub has been a **BOBCAT**, **TIGER**, **WOLF**, or **BEAR**, he becomes a **WEBELOS** which means WE'll BE LOyal Scouts. The **WEBELOS** differs from the **BOBCAT**, **TIGER**, **WOLF**, and **BEARS** because it prepares the **WEBELOS** Scout to be a Boy Scout. The **WEBELOS**

uniform is different, too. They wear a special hat, neckerchief, and a shoulder ribbon.

The **TIGERS, WOLVES** and **BEARS** work on achievements and electives for special beads or gold and silver arrows with their **PARENTS** and Den Leaders. The **WEBELOS** work toward activity pins and the highest award in Cub Scouting, the Arrow Of Light, with their Den Leader.

The **PACK** was going along real good until summer came and a few leaders moved. The **PACK** is now in great need for **PARENTS** of the **BOBCATS, TIGERS, WOLVES, BEARS** and **WEBELOS** to help the **PACK** as a Den Leader or on the committee. The **PACK** needs the help from the **PARENTS** so the **PACK** can grow and go. The **PACK** can't function with only a couple of **PARENTS** doing everything, so **PARENTS** help your **BOBCAT, TIGER, WOLF, BEAR,** and **WEBELOS** get a better program of fun and adventure in our **PACK**. **PARENTS** sign up now.

I Wanna Be A Cub Scout Heart of America Council

- ✓ Break audience into groups as indicated below
- ✓ Assign each group a part and a motion.
- ✓ Practice responses as you are assigning parts.

Cub Scout:	All Boys	"Do your best"
Tiger:	Tiger Den & Coaches	"GRREEAATT"
Bobcat:	All NEW boys	"It's the beginning"
Wolf:	Wolf Den	"I'm learning and growing"
Bear:	Bear Den	"I'm well on my way"
Webelos:	Webelos Dens	"Boys Scouts is next"
Parents:	All Parents	"Can I help?"
Leaders:	All Leaders	"Keep it simple make it fun"
Pack:	Everyone	"Pack ____!"

Once upon a time, not a long time ago actually, there was a boy. This boy had a dream of becoming a CUB SCOUT. He asked his PARENTS if he could join a PACK. A PACK was the CUB SCOUT organization at his school (church). His PARENTS were thrilled. Their son wanted to be a CUB SCOUT.

The PARENTS and their son went to the first PACK meeting. On entering the school cafeteria (church hall) they saw many other PARENTS and sons. Waiting in the cafeteria were LEADERS with their sons, who are now TIGERS, BOBCATS, WOLVES, BEARS, and WEBELOS.

The PARENTS and their son were so impressed. All the LEADERS, TIGERS, BOBCATS, WOLVES, BEARS, and WEBELOS were in uniform and they all looked important and so happy.

There they stood greeting everyone and ready to answer questions about CUB SCOUTING and the PACK. The LEADERS told the story of Akela and Mowgli. The LEADERS spoke about the TIGER ideas, the BOBCAT trail, the WOLF trail, the BEAR trail, and the WEBELOS achievements. The PARENTS listened intently as it was explained that their involvement would help their son be a good CUB SCOUT. Everyone there was reminded that it takes LEADER S , who were once "just" PARENTS and CUB SCOUTS who were once "just" sons to make a PACK successful. This is how CUB SCOUTING continues to thrive.

LEADER RECOGNITION & INSTALLATION

You will probably be recruiting some new leaders this month. Here are some ways to let them know you care. CD

Survival Kit for Leaders

Baloo's Archives

Needed:

One New Leader's Survival Kit for each new leader (You can adapt this to install all your leader's for the new year.)

Will (names) please come forward. These are our (new) leaders for the upcoming Scouting season. As we all know Cub Scouting is a year round sport but there are different seasons throughout the year. In the fall we recruit and go outdoors, everyone is anxious to start earning his rank badge. In the winter we do more inside and prepare for the Pinewood Derby and our big birthday party, the Blue and Gold Banquet. Then spring comes and we are back outside, earning electives and family camping. Then in the summer it is off to camp and swimming and outdoor games and activities.

Cub Scouting is unique with many adults volunteering their time and talents to help the association, our Pack, the teams, our Dens, and our players, the Cubs to success. Success is not just a one-time victory in Cubs, it is the successful development of boys into youths who have good character and recognize there is a God, are good citizens, and are mentally and physically fit.

When a sports team signs a new player you see them presenting the player with his uniform and equipment to ensure his success and safety. So in Cub Scouts, we want our leaders to "be Prepared." So here is the emblem of your position (show position patches) and a "Survival Kit" to help you succeed. (Hold up one survival kit and go through contents)

Rubber Band: To remind you to be flexible.

Glue Stick: To help you to stick with it.

Sandpaper: To help you smooth out the rough edges.

Starburst: A star burst to give you a burst of energy on the days you don't.

Yeast Packet: To help you rise to the occasion.

Safety Pin: To help you hold it all together.

Marbles: To replace the ones you may lose along the way.

A Match: To light your fire when you are burned out.

Hershey Kiss: A kiss to remind you that you are loved.

(We give kisses and hugs!!! CD)

Alternate Words:

Just as a sports team has many coaches each with a specialty, our pack needs volunteers with many skills, administrative, leadership, teaching, encouraging, spirit and more. (Present patches and kits to (new) leaders as you call out their names and positions)

ADVANCEMENT CEREMONIES

Cooperation Advancement *Alice, Golden Empire Council*

Before the Pack Meeting, check with each Den Leader to see what kinds of things the Den or den families did to demonstrate Cooperation this month. Ask each Den to be ready to share some ideas.

Narrator: This past month, our Cubs and Webelos have been trying all different ways to cooperate within their family, their den and their neighborhood. They've also been very busy earning awards. Let's see what they did.

Calls up Tiger Cubs and parents who are to receive any kind of award or recognition.

Tigers and Partners – we know you had some fun this month. What did you learn about cooperation?

Tigers & Adults share their experiences.

Narrator: Sounds like you learned a lot this month. And we know that you also worked to earn your Bobcat (or other award). Parents, please present the award to your son. Tigers, please present the parent pin.

Let's give them a big cheer. *(Choose an applause)*

Narrator: The Wolf den has also been very busy earning awards. Let's see what they did.

Calls up Wolf boys and parents who are to receive any kind of award or recognition.

Wolf Cubs – we know you found out some ways to Cooperate this month. Tell us what you did.

Wolf boys and parents share their experiences.

Narrator: Great example of cooperation – but we know that you also worked together to earn some awards! *Narrator lists the boys and awards earned.* Parents, please present the award to your son. Wolf scouts, please present the parent pin.

They deserve some applause! *(Choose an applause)*

Continue on in the same way with Bear, Webelos and Arrow of Light dens – but if you do have an Arrow of Light to award, make sure to move into a special ceremony.

Narrator: Well, we can certainly see that the boys in our Pack have been Cooperating this month. Congratulations to everyone!

Pack Rededication Ceremony

Materials: Rank posters or signs for Tiger Cub, Wolf Cub Scout, Bear Cub Scout, and Webelos Scout; eight candles.

Arrangement: Stand posters on a table with two candles in front of each poster. House lights are dimmed.

CUBMASTER: This is a fine time to reconfirm our beliefs in ourselves and the Scouting program. (Light two candles by the Tiger poster) All Tiger Cubs and their parents, please stand. Tiger Cubs, do you promise to do your best and help other people, obey the Law of the Pack, and advance one rank?

TIGER CUBS AND PARENTS: We will do our best.

(Follow the same procedures for Wolf and Bear Cub Scouts.)

CUBMASTER: (Light two candles by the Webelos poster) All Webelos Scouts and their parents, please stand. Webelos Scouts, do you promise to do your best in helping other people, obeying the Law of the Pack, and earning the Arrow of Light award?

WEBELOS SCOUTS: We will do our best.

CUBMASTER: All of these eight candles represent the spirit of Cub Scouting.

ASSISTANT CUBMASTER: The first four candles are the four parts of the Cub Scout Promise–duty to God, duty to country, to help other people, and to obey the Law of the Pack. The second four candles represent the four parts of the Law of the Pack–the Cub Scout follows Akela, the Cub Scout helps the pack go, the pack helps the Cub Scout grow, the Cub Scout gives goodwill.

CUBMASTER: As the spirit of Cub Scouting burns here, it also burns in the hearts of Cub Scouts everywhere. May it continue to burn in your hearts during the coming year as we go upward and forward in our pack. Let's repeat the Cub Scout Promise and the Law of the Pack.

Note: If your pack is missing one of the ranks, the Cubmaster may say the following:

CUBMASTER: The pack leadership, please stand. Will you rededicate yourselves, as representatives of our future (insert the missing group), to do your best in helping other people and obeying the Law of the Pack!

CUB SCOUT SEEDLING

Baltimore Area Council

STAGING: Cardboard trees and bushes in background.

CUBMASTER: Do you see that tree in my backyard. My first den & I planted that tree as a seedling the first year my oldest joined Cub Scouts. Look at it now! We did it as a conservation project to show how we can help our environment.

ASST CM: Wow, it sure has grown!!

CUBMASTER: A young Bobcat starting his Cub Scouting adventure may be like a young seedling just starting to grow like that one used to be in my backyard. We have several Cub Scouts that have earned the Bobcat rank.

ASST CM: Will the following boys and their parents please join us in the backyard. (Reads names)

CUBMASTER: These Cubs, like a planted seedling, have just started. Parents, I give you the Bobcat Badge to present to your sons.

CM lead cheer

CUBMASTER: A young Tiger has gone beyond the bobcat, like the seedling becoming a sapling. His limbs are beginning to grow but he still needs a prop to make sure he grows straight. Just like our Tigers have their Adult Partners.

ASST CM: We have several Cub Scouts tonight that have earned the Tiger Badge, the second rank in Cub Scouting. Will the following boys and their parents come into the backyard. (Read Tiger names)
Parents, please present these Tiger Badges to your sons.
CM lead cheer

CUBMASTER: A young Wolf has gone beyond the bobcat, like the seedling becoming a tree. His limbs extends high and becomes visible to the neighborhood reaching out to see and learn.

ASST CM: We have several Cub Scouts tonight that have earned the Wolf Badge, the third rank in Cub Scouting. Will the following boys and their parents come into the backyard. (Read Wolf names)

CUBMASTER: A Wolf Cub has accomplished more than the Bobcat and Tiger. His experiences, skills, and knowledge have begun to extend beyond his home and has become visible to others.
Parents, please present these Wolf Badges to your sons.
CM lead cheer

CUBMASTER: The Bear Scout, the next rank of Cub Scouting, has continued up the Scouting trail beyond the Wolf. He has become strong and straight as a young tree, not fully grown yet, but on his way. His search extends beyond his neighborhood into the town and country. His experiences could be fishing in a creek, a hike through town, or visit to local park or zoo. We have several Cub Scouts that have met the challenges of the Bear and will receive their awards tonight.

ASST CM: Will the following Cub Scouts and parents join us. (Read names)

CUBMASTER. The Bear Scout has matured and endured the challenges of the Cub Scout trail. His experiences and knowledge are nearly complete. His backyard is beyond his neighborhood. Parents please present these badges to your sons.
CM lead cheer

CUBMASTER: The Webelos Scout is coming to the end of the Cub Scout Trail. He is a fully grown tree in the Cub Scout forest. He stands straight and tall. His backyard extends up and down the highways. His fun may include Canoeing at a Cub Scout camp, hiking in the woods, and camping overnight. We have several Cub Scouts here tonight that have met the Webelos challenges.

ASST CM: Will the following boys and their parents join us in our backyard.

CUBMASTER: The Webelos Scouts have almost completed the Cub Scout trail. They are knowledgeable, skillful, and confident. His backyard is almost limitless. Parents please present these badges to your sons.
CM lead cheer



SONGS

Cooperation

Alice, Golden Empire Council

Tune: Supercalifragilisticexpiallidoious

If you just cooperate, you're sure to have some fun,
Working all together will keep troubles on the run,
Many hands together and the job will soon be done
If everyone cooperates, we all can work as one!

Oh.....

We should work together – just forget about your pride,
Many hands combining will be the best you've tried,
If we work together we'll all be on the same side,
So let COOPERATION become your daily guide.

Planet Earth's Our Only Home

Baltimore Area Council

(to the tune of Old McDonald)



Planet Earth's our only home,
It is in our hands.
We must learn to keep it safe,
The seas, the skies, the lands.

Chorus

With recycling,
And conserving,
I know I can, I know you can,
Yes it true, I know we can!
Planet Earth's our only home,
It is in our hands.

It's home to birds up in the sky,
Fishes in the sea.

It's home to creatures on the ground,
It's home to you and me.
(Repeat Chorus)

Turn off water, dim the lights,
Kids can do their part.
Making changes to conserve,
Is just being smart.
(Repeat Chorus)

Cooperation (Garden) Song
Alice, Golden Empire Council

Hear the tune at:

[www.televisiontunes.com/Sesame Street -
Cooperation \(Makes It Happen\).html](http://www.televisiontunes.com/Sesame_Street_-_Cooperation_(Makes_It_Happen).html)

Workers:

Co-operation ... makes it happen
Co-operation ... working together
Dig it!
Co-operation ... makes it happen
Co-operation ... working together

Muppet In Shades:

I saw these crazy dudes
And they went out on the street
They were cleanin' out the empty lot
And makin' it neat
I said, "Man is this cool
What you tryin' to do?"
They said, "Makin' a garden
For me and for you."
They said:

All:

Hey man, join us
Come on, let's go
Together we can make a pretty garden grow

Girl: I'll dig a hole

Guy: And I'll plant a seed

Together: And we can add the water
That all growin' things need

All:

Co-operation ... makes it happen
Co-operation ... working together
Dig it!
Co-operation ... makes it happen
Co-operation ... working together

People in a Family Should Do a lot Together

Baltimore Area Council

(Tune: Supercalifragilisticexpialidocious!)

If you have internet access go to
<http://www.niehs.nih.gov/kids/lyrics/supercal.htm>
to hear the tune

CHORUS:

People in a family should do a lot together,
In the house or out of doors,
No matter what the weather,
Do not try to put it off,

It's either now or never,
People in a family should do a lot together!
Mom and Dad should take the time
You'll be glad you did
To be a parent and a friend,
Do something with you kid.
One day they are tiny,
And the next day they are grown,
And before you know it,
You'll be living all alone.

CHORUS:

Go to a museum, see a show , or ride a bike,
Try your hand at fishing,
or at camping or a hike,
Swimming in a swimming pool
Or skiing on the snow,
Lots of things that you can do
and places you can go!

CHORUS:

What Shall We Do With a Litter Dropper?

Baltimore Area Council

(Tune: What Do We Do With a Drunken Sailor)

What shall we do with a litter dropper
What shall we do with a litter dropper
What shall we do with a litter dropper
Early in the morning?
Put them in the bin, let the garbage truck take them (say 3X)
Early in the morning.

What shall we do with the bottle smashers
What shall we do with the bottle smashers
What shall we do with the bottle smashers
Early in the morning?
Let the recycling truck take them (say 3X)
Early in the morning.

What shall we do with the tin can tossers
What shall we do with the tin can tossers
What shall we do with the tin can tossers
Early in the morning?
Put them in the bin, let the garbage truck take them (say 3X)
Early in the morning.

What shall we do if they take no notice
What shall we do if they take no notice
What shall we do if they take no notice
Early in the morning?
Pitch right in and stop all littering, etc. (say 3 X)
Early in the morning.

STUNTS AND APPLAUSES

APPLAUSES & CHEERS

Alice, Golden Empire Council

Cooperation Applause:

Each person stands facing another person. They give applause by each using only one hand and clapping with one hand of their partner.

Uncle Sam Applause:

Everyone makes the motion of putting on their top hat, adjusting their stars and strips jacket, then point to the front and say: "I Want You to Cooperate!"

Band Aid Applause

Everyone says "Ouch" and makes a motion of having hurt their finger. Then everyone says "I need a band aid" then "Find a Scout – they're sure to have one!"

Scratch that Itch Applause

Everyone makes a motion of having an itch in the middle of their back – they try to reach it various ways. Then each person raises one finger and looks as if they have a bright idea. Each person pantomimes to the person next to them to ask them to scratch that itch. They take turns scratching that itch. Then everyone says "Aaaaw, that's much better!"

RUN-ONS**Cooperation Run Ons**

Alice, Golden Empire Council

All during the meeting, boys suddenly appear and demonstrate working together to do something – choose activities that require more than one person – in other words cooperation. Here are some possibilities:

- ☺ **Folding a Flag** – one boy comes out, tries to fold the flag, then says, "Hey I need another set of hands" Another boy or boys appears, and together, they get the job done.
- ☺ **Playing catch** – one boy comes out, says "Wish I had someone to play catch with!" Another boy joins him, and they toss the ball back and forth a couple of times.
- ☺ A boy comes out with a big stack of newspapers, which he drops so they scatter all over the floor. "Oh, no – look at this mess. Wish I had some help!" Another boy or boys appear and they get the papers stacked in no time and leave.
- ☺ A boy comes out with a paint can and a paint brush – he pretends to look at a very LONG fence. "I'll never get this fence painted in time to play ball" he says, "Wish I had some help!" Out comes another boy or even several boys with a brush – together they make motions of painting the whole length of the fence.

After each run on, either the boy or a Leader says, "Great. Now that's what I call Cooperation!"

JOKES & RIDDLES

Alice, Golden Empire Council

Q: I am found in the sea and on land but I do not walk or swim. I travel by foot but I am toeless. I'm never far from home. What am I?

A: A snail

KNOCK, KNOCKS

Sam Houston Area Council

Knock, Knock
Who's there?
Ketchup
Ketchup who?

Ketchup to me if you can!

Heart of America Council

Knock, knock.

Who's there?

Gladys.

Gladys who?

Gladys time for Scouts.

STICK

Sam Houston Area Council

Cub: (Comes on stage with stick in his hand.

He puts the point of the stick down on the floor, Then he picks it up and puts it down in another place.

Leader: What are you doing?

Cub: Oh, I'm just sticking around.

SKITS**Recruiting Adults**

York Adams Council

The Cubmaster is the center of the skit. He or she goes to center stage while another adult "runs the show." This adult begins by introducing the Cubmaster and explaining the important role he/she plays. This is emphasized by handling over a dozen eggs—fragile, young charges.

Then the fun begins. The talker continues to explain that the Cubmaster also has other responsibilities, especially as there isn't enough adult support to make things happen. Depending on the open positions and just how much you want to drive home the point, either use only the open positions or use a bunch of different positions. For each "job," the talker hands over a symbol of the task described. Some examples that are fun.

Position	Symbol
Pack Trainer -	Ace Bandage
Treasurer -	Cash box
Secretary -	Paper & pencil
Ride Coordinator -	Large Toy car
Advancement -	Large badges on cardboard
PR person -	Camera

I think you get the picture. Anyway, after overflowing the Cubmaster with all sorts of jobs, the talker stops and says "Unless you help, he's going to drop those eggs." Then he/she starts taking the symbols from the Cubmaster and hands them out to the people in the assembly.

You could do this with hats or packs with labels for the positions, too.

The person who submitted this told us -

The last time we did this, the people who had been given the symbols came up after the meeting expecting and accepting that they had been given these new jobs! I tell you, this works!



The Story of the Black Plate
Alice, Golden Empire Council



GAMES

Alice, Golden Empire Council

Here are two variations of some traditional group games that demonstrate it's sometime much easier if you **COOPERATE!**

Scratch My Back

One person has an "itch" in the middle of their back. (A piece of masking tape in the center of the back represents the itch)

Each person tries to remove the "itch" on their own first. On signal, you tell them they can cooperate with another boy and work together to remove the "itch."

Fold it Up

Have a really large blanket and give a boy a very short time to fold it up to a small size. You might count to ten for example. You could also do this with a flag laying on a table.

Now tell two boys they can work together to fold the same blanket in the same amount of time.

Talk about which way was best. Which way was fastest? Which way left the blanket folded up nicest? What was the difference? COOPERATION!

Challenge the boys to come up with other activities or actions that take two people to do well.

Relay the Message

Alice, Golden Empire Council

This is a game used in some corporate training situations, but it would be fun to do pairing parents and scouts at a pack meeting, or pairing two scouts at a den meeting.

Divide the group into teams of two. The team sits opposite each other, so that one person has their back to the front of the

room. (At a Pack meeting, the rest of the audience would be looking at that person's back)

Each team gets a short message, but only one member of the team (and the audience) knows what the message is.

The leader shows the audience what the message is. Now the member of each team who knows the message must try to give his partner as many words as possible to get the person to guess what the message is.

You can give hints, but you cannot use the word or any form of the word.

Only one minute is allowed to have the partner guess the message. (We did this by having the partner write the message on a piece of paper) But you could also have a lot of excitement if the guesses are given out loud. But only the first person to guess the message correctly gets credit.

The team that guesses the most messages correctly in your allotted time wins.

Cooperation Challenge

Alice, Golden Empire Council

This activity requires boys to work together and agree on what they will do quickly in order to beat the other team(s).

First, divide the group into teams – could be by dens, include teams of parents and boys, or just be a couple of teams competing together.

Before the activity, prepare cards or strips that list different activities: "Sing a song" or "Play the same tune on a kazoo" or "Play a Game" or "Decide where to hide something" or "Set up an obstacle course" or "Demonstrate a set of physical activities."

Provide props as needed, such as cones, hula hoops, chairs for an obstacle course, or kazoos or other fun instruments for a musical challenge.

Each team is handed a card and told they must decide on what to do together and everyone must agree on the song, game or activity they will do. Leader or parent should prompt the team to work together, and remind them that everyone has to agree.

The first team that agrees to do the same thing and does it gets a point. Songs, games or activities can't be repeated during the game.

Winning team is the one with the most points.

Want to make this more challenging for older boys? Tell them they cannot say anything – they must use actions to get their ideas across and agree on what the group will do.

After the game, talk about the activity: Was it hard to find something you all agreed on? Did it take more time? Did everyone feel they had a chance to give their ideas? How would you feel if no one wanted to do what you suggested? Does it matter what you say when someone gives their ideas?

Cooperation Spider Web

Alice, Golden Empire Council

This is another fun way to demonstrate that when everyone works together, you can accomplish something big. This activity is sometimes used as a way to introduce people to

each other, and it can also be used to give positive feedback to everyone in a group.

Start with a large ball of yarn and with everyone seated in a big circle.

Toss the ball of yarn across the circle to someone else, who holds on the end of the yarn and tosses the ball of yarn to another person.

Continue tossing the ball and holding on to the end of the yarn until everyone in the circle has gotten the ball of yarn at least once – and you can throw the ball of yarn overhand or underhand.

You could also ask each person to say their name or their favorite sport, or color, or TV show, or ? as they throw the ball of yarn to someone else.

When everyone has had at least one chance to catch and throw the ball of yarn, you will have a wonderful “spider web” of yarn that you can all lift up together. And everyone will be included! That’s what cooperation is all about!

Delivering the News – Together

Alice, Golden Empire Council

This is based on a real-life situation – getting newspapers ready to deliver. There are a lot of steps, and sometimes another family member helps the person who finally delivers the paper.

Demonstrate how the paper should be folded together and then folded over, a rubber band around the middle, and the whole thing in a plastic bag. If anyone in your pack or den has actually been a paper delivery boy, they can talk about how others helped them get the job done.

Start by dividing the group into at least two teams. Each team gets the same materials:

1. Several sections of the same newspaper, all taken apart – be sure you also have some advertising sections, sports section, and different specialty sections – the same for each team.
2. Rubber bands large enough to go around the entire paper when folded
3. A large plastic bag like those used to cover the paper when it’s raining

(If you don’t have a paper carrier in your group, ask the local paper to help – they always have extra copies – the Sunday paper is good, because it’s so large. It works best if you get several copies of the same paper)

Explain that each team must put their paper together, all sections facing the same way, with the first section on the front, and every section folded into the others. For older boys, you might have a list of the order the sections must be in when folded

There are two ways to do this relay: either have one boy at a time go to the finish and do just one step of getting their newspaper together, then run back and tag the next boy to go do the next step; when the whole paper is folded together, rolled and rubber-banded and in the plastic bag, the team is done – and if they have followed directions, the first team done wins.

OR

Let boys work as teams of two at a time and do the whole process. On signal, the first team runs to the disorganized paper, puts it together, puts on the rubber band, and then puts their paper in the plastic bag.

Then the team of boys runs to tag the next team in their line – meanwhile, a leader or parent stationed at the finish should take the paper apart and scatter it out again for the next team.

The winning team gets all their boys finished and the first team to the front of the line first.

Be sure and talk about how the teams worked together – did they find a good way to make it easier and faster to get their paper ready? Did both boys work together? Would it be easier if they did the paper in sections, like the main sections, special sections, advertising in the middle?

Group Hacky Sack

Alice, Golden Empire Council

Give the boys a large beachball – they have to work together to keep it off the ground, and their goal is to keep it in the air for as many hits as possible. Help them develop a team strategy, like having a “zone” for each boy. To make it really challenging, trade out the beachball for a smaller ball or a hacky sack.

CLOSING CEREMONIES

Cooperating Together Closing

Alice, Golden Empire Council

Before the meeting, hide large letters to spell out Cooperation under seats in the audience.

Cubmaster: Well, we have seen that it takes everyone working together to get things done. Now we have a special challenge for all of you. We can’t have our closing ceremony till we locate some missing letters. So everyone please look under your chairs. If you find a letter, please bring it forward. *Audience looks for the letters and brings them forward.*

Narrator: We seem to have a lot of letters here – but we need to work together to spell out the message. That will call for some cooperation!

Group with the letters works together to spell out the word Cooperation.

Narrator: Well, audience, what do you think? Have they found the message? Did they all work together to find it?

Well, that’s our message to everyone as we leave tonight – remember to work together to have fun, accomplish the task, and get things done. In other words, COOPERATE! Thanks for coming tonight.

Happy Faces

Arrangement:

Eight Cub Scouts with self-made happy face signs.

Cub #1: I think there were 1,000 smiles here tonight. Did you know . . .

Cub #2: A smile costs nothing but creates much.

- Cub #3:** It happens in a flash, but the memory sometimes lasts forever.
- Cub #4:** It cannot be bought, begged, borrowed, or stolen.
- Cub #5:** But it is of no earthly good to anyone unless it is given away.
- Cub #6:** So, if you meet someone who is too weary to give you a smile, leave one of yours.
- Cub #7:** No one needs a smile quite as much as a person who has none left to give. What a better way to spread goodwill.
- Cub #8:** And let's remember to keep our smiles throughout the coming year.

A TREE IS A GOOD SCOUT

Baltimore Area Council

Personnel: 6 Cubs and a narrator

Equipment: Each Cub hold a picture or drawing of a tree with his section of text on the back.

- Cub #1:** Did you ever pause to think about how helpful a tree is?
- Cub #2:** It provides a nesting place for birds, shade from the sun, and protection from the rain.
- Cub #3:** It discards its dead branches, thus providing wood for building fires and for cooking food.
- Cub #4:** A tree adds beauty to the countryside and to camping areas.
- Cub #5:** We must admit that a tree gives a lot more than it receives.
- Cub #6:** We can learn a lesson from the tree, by doing our best to always be helpful to others and by putting our fellow Scouts first and ourselves second.
- Cub #7:** Remember the lesson we learn from the tree - To give to others more than we receive.

CUBMASTER'S MINUTE

"It is amazing how much people get done if they do not worry about who gets the credit."

Swahili proverb.

The Scouting Tripod

Alice, Golden Empire Council

One of the skills boys learn in scouting is lashing – using rope and wood to make useful things like a stool. But more than rope and wood is needed in scouting. Let me show you how important YOU are to the program – and to every boy doing his BEST.

Call up a boy, a parent and a leader – arrange with them before hand if you want. Also, make sure you know how to quickly do a simple lashing – or assign that to someone who can do it quickly and well.

We're going to make a tripod that represents our pack – we have three legs: one represents the boys, one the parents and the third one represents the leaders of our dens and pack.

None of these legs can stand alone – and we'll prove that to you!

Have boy try to make his leg stand alone. Then lash together two legs. Finally, add the third leg lashed to the other two.

It takes all three to make a tripod that will stand. And it takes BOYS, PARENTS, and LEADERS to make our Pack work. So always remember that each of us has an important place in Scouting!

THIS APPLE IS THE WHOLE WORLD

Baltimore Area Council

**This ceremony involves the use of a pocketknife, so an adult should handle this.*

PROPS: Apple, Pocketknife, Table

CUBMASTER: Earth Day comes in April and it reminds us to be careful with our home planet. There is also an old song about April showers bring May flowers. Together, these remind me of how precious and valuable water is, and how important it is to use it wisely. I

Imagine that this apple is the whole world. Three quarters of the world is covered with water, and only one quarter is covered by land. (Cut one-fourth section off of apple and place it down on the table.)

Out of the three quarters covered in water, only about three percent is fresh water and the rest is salt water, mostly in the oceans. (Cuts off thin sliver from apple, and places larger piece down on the table. Holds the thin sliver up for all to see).

Of this 3% slice, about two-thirds of that is generally not available. Most of that is frozen in the North Pole and South Pole, and other hard to reach places. (Cuts off two thirds of the thin sliver and puts larger piece down).

Only this thin sliver is left. All the fresh water that is available to life on the land's surface. This is all the fresh water we have. What would happen to us if we ruin this thin sliver by pollution? (Eats thin sliver in one bite).

We would be gone just like that. Be careful with the world. We need to save it for all these young people here tonight.

A Bundle of Twigs

Materials: A single twig and a bundle of twigs.

"I hold in my hand several twigs. You can see that one twig alone is easy to break (demonstrate by breaking a single twig in two), but when I collect a bunch of twigs and bundle them together, they are almost impossible to break (make an unsuccessful effort to break the bundle of twigs). There is strength in numbers. As members of our Cub Scout pack, if we work together, we can keep the pack strong."

CORE VALUE RELATED STUFF

**Connecting Cooperation
with Outdoor Activities**

Wendy, Chief Seattle Council
(Adapted from B.A.L.O.O. Appendix E)

- * **HIKES** - Plan a hike, which involves opportunities for problem solving by teams (set these up ahead of time). Discuss how following the leader can help the team.
- * **NATURE** - Watch an anthill and point out cooperative behavior Pair boys when doing an activity and have them work together.
- * **SERVICE PROJECTS** - Have den or pack collect recyclable materials to earn money for a good cause.
- * **GAMES & SPORTS** - Play some team games that involve cooperation of team members. There are many outdoor games involving cooperation in the How to Book.
- * **CEREMONIES** - Demonstrate cooperation in a ceremony One boy cannot light a candle with a match if the wind is blowing, but two or more can when one shields the wick from the wind.
- * **CAMPFIRES** - Do a skit showing cooperative behavior. Boys show cooperation by joining in with songs and other campfire elements.
- * **DEN TRIPS** - Visit a grocery store (or other business) and talk about how the employees cooperate to make the whole enterprise work smoothly
- * **PACK OVERNIGHTER** - Every boy brings one item for a special dessert or breakfast treat or craft project. Careful planning is necessary to ensure the project will not work if all the parts aren't there.

September – A Month for Cooperation

Alice, Golden Empire Council

September 3 – Uncle Sam's Birthday

Uncle Sam is now considered a symbol of the United States, and was widely used to help recruit people to serve in the army, and also to encourage people to help save materials that were needed to make equipment for the military.



The government realized that they needed the **Cooperation** of everyone – including people who weren't in the army, but who could collect or give up using materials that the military needed, such as rubber or metal. Boy scouts were very much involved in collection efforts!

Here's the popular version of the rest of the story:

During the War of 1812, Samuel Wilson, a meat packer from Troy, New York was supplying barrels of meat for soldiers – he stamped the barrels U.S. for United States, but the soldiers started calling the meat “Uncle Sam's.” After newspapers picked up the stories, the nickname stuck.

In the late 1860's a political cartoonist named Thomas Nast, started drawing Uncle Sam with a white beard and stars-and-stripes suit – Nast also drew the modern image of the round, jolly Santa Claus we usually picture, and came up with donkey and elephant as symbols of the Democratic and Republican parties.

The picture of Uncle Sam on the poster was drawn by James Montgomery Flagg, who added a top hat and the pointing finger. During World War I, Uncle Sam was put on recruiting posters.

Finally, in September 1961, the U.S. Congress declared Samuel Wilson as the “progenitor of America's symbol of Uncle Sam.” Troy, N.Y. now calls itself “The Home of Uncle Sam.”

So whenever you see Uncle Sam, remember that everyone must cooperate to keep our country strong!

September 4 – Newspaper Carrier Day

A lot of people work together to put a newspaper together, and even to deliver the newspaper to your front door. If you have a boy or family that deliver newspapers in your pack, invite them to share examples of how they work together to do the job.

You could also play “Delivering the News – Together” game in the Games Section.

September 5 – National Cheese Pizza Day

You can have a lot of fun cooperating to make a cheese pizza – and it will taste great, too!

September 7 – Neither Rain Nor Snow Day

Today is the anniversary of the opening of the New York Post Office building in 1914. This inscription was carved on the building:

"Neither snow nor rain not heat nor gloom of night stays these couriers from the swift completion of their appointed rounds."

Also, in September 1789, the very first post office was opened in the United States – so this is a good day to thank your letter carrier! Or visit a post office and find out how the mail is handled – a great example of cooperation, because many people work together to make sure the mail gets delivered on time.

September 10 – Swap Ideas Day

This day is celebrated by Girl Scouts – but Swapping Ideas is a great way to cooperate. Many people call it brainstorming. If you are planning an activity or trying to decide what to do, everyone gives their ideas – the only rule is that there are no bad ideas – so No “put-downs” of someone's idea – even your own.

September 13 – Positive Thinking Day

Explore Positive Thinking – you will discover that it's contagious – if you are a positive thinker, it will rub off on others around you!

Positive Thinking can also help you DO YOUR BEST in school this year!

Here are some good ideas for Practicing Positive Thinking:

- In every class, look for positive people to associate with.
- In every lecture, look for one more interesting idea.

- In every chapter, find one more concept important to you.
- With every friend, explain a new idea you've just learned.
- With every teacher, ask a question.
- With yourself, keep a list of your goals, positive thoughts and actions.

September 16 – Collect Rocks Day

On a den or family hike, collect some smooth rocks with interesting shapes – smooth river pebbles are great to use for art projects! Check out the idea for a Gathering Activity to make a “Model of Family Cooperation.” Of course, boys could also use these rocks to start their own rock collection.

September 20 – First Railroad Station Opens



The Broad Green Station was the first ever opened, as part of the Liverpool route in 1830 England. But Americans quickly decided they also needed a railroad to open up the vast regions of the West.

It certainly takes a lot of cooperation and hard work to operate a railroad. The first transcontinental railroad was built across America in the 1850s and 1860s – but it took lots of people working together! The Congress wanted to build a railroad even in 1840, so that people could move to the West and be able to get people, supplies and products back and forth to the rest of the country.

But no one could agree on what route to follow. Originally, surveyors agreed that a southern route was the best, but politics and the beginning of the Civil War made that impossible, so the northern route won out. The Union Pacific began building in Council Bluffs, Iowa, and the Central Pacific started in Sacramento, California. It wasn't till May 10, 1869, that the two rails finally were joined at Promontory Point, Utah.

But a lot of Cooperation was needed before the railroad was finished: Theodore Judah laid out a route through the Sierra Nevada Mountains, and then brought together the Big Four to create the Central Pacific. And people from many countries worked together to actually build the railroad – men from Ireland and other parts of Europe, freed slaves originally from Africa, and finally thousands of Chinese. There was a lot of racial bias, and many objected to importing the Chinese, but they did the dangerous job of carving tunnels and setting charges so the Sierras could be conquered. The population and history of California and the West were forever changed.

The Railroad served the North during the Civil War, made Western expansion possible, and built the fortunes of influential men. Years later, its importance dwindled with the rise of interstate highways and air travel, and much of it was pulled apart for materials for later war efforts. But the history

of cooperation lives on in the stories of the people who built the railroad.

We had a great relay game called Building the Railroad at our Cub/Webelos Twilight Camp this year – thanks to Phil Rooks. He took lengths of inexpensive pipe insulation and pvc pipe to “build” a railroad relay game. By cutting slots into parallel 8 foot lengths of insulation, shorter lengths of insulation, or “ties” could be connected between longer parallel lengths of insulation, using short pieces of pvc pipe as connectors. The long lengths of pipe insulation were also joined with pvc pipe, to make 25 foot long “railroad tracks.”

Then came the most fun – using buckets with lots of holes, boys moved buckets of “dirt and rock” – actually water, from one end of the track to the other to fill up a large container. Of course, it was a lot of fun to lift the bucket over your head and get very wet on a hot summer day! – Alice

September 21 – International Day of Peace

People who understand each other can live together in peace. Peace definitely requires Cooperation! So learn about another culture or country so you can better understand and accept the differences. Invite pack families to share some stories and information about their cultural backgrounds – what do you have in common? How are you different? What do you admire about their culture? What surprised you?

September 22 – Boy Scouts & Band Aids



Can you imagine life without band aids? Well, until 1920, no one had that wonderful little box of band aids in their medicine chest or kit.

Earl Dickson was a cotton buyer for Johnson & Johnson, and noticed that his wife often cut her fingers while working in the kitchen. But the gauze and adhesive tape didn't stay on the cut very well when she was working in the kitchen, especially when they got wet. So Earl decided to make something better. He took a small piece of gauze, attached it to the center of a piece of tape, and then covered they whole thing to keep it sterile and dry.

When Earl's boss saw the invention, he decided it was well worth manufacturing to sell to the public – and he made Earl Dickson a vice president of the company!

But here's where Boy Scouts connects to this story. People were slow to buy the new product. Then Earl's boss decided to donate some of the new band aids to Boy Scouts – and they loved them! They stayed on even when wet, protected the cut from mud, and were easy to carry on hikes! By 1924, band aids were machine made and almost every household had a box!

September 23 – Native American Day

Native American tribal groups were a model of cooperation, among themselves and even when the first white settlers came to America. Even young children had important jobs to do in helping prepare food, getting the family or village ready to move, protecting or harvesting crops, or in honoring and learning cultural history, dances, art and music. For example,

when a mother or grandmother worked on traditional pottery or weaving, small children were also there to help, according to their ability and size. Among tribes that planted crops, the children were often assigned to chase away birds who wanted to steal the seeds that had been planted.

When the first white people came to America, there was a lot of cooperation between both peoples – the Native Americans shared information about local conditions, crops, and resources, and how to deal with weather and the natural world. The pioneers provided new materials and tools made of metal that were an improvement over what the natives had available. Both groups benefitted from the cooperation between them. Unfortunately, this didn't last – but if you aren't familiar with the stories of the first pioneers and how the natives helped them, you might want to check out the story of Squanto – it could make a great skit for a Thanksgiving celebration in October or November!

Go to:

www.mayflowerhistory.com/History/BiographyTisquantum.php

September 15 – Good Neighbor Day

Good Neighbor Day is celebrated on the fourth Sunday in September – challenge your den or pack to choose a special way to be good neighbors. They could make some cookies to share, rake leaves for a neighbor, host a Neighborhood Watch meeting, help a neighbor fix a fence or paint some window frames. Every one has a neighbor – find a way to be a Good Neighbor – and demonstrate the Scout challenge to “Do a Good Deed Every Day!”

September 27 – Crush a Can Day

Cooperate to clean up around your meeting place or neighborhood. Then have some fun crushing any cans you find and take them to a recycling center.

You can also have some fun before you crush those cans – play an old fashioned game called “Kick the Can.” It's a simple thing – Divide into two groups and give each group a can. Identify a starting and ending point. Now, on signal, the first boy in each team kicks the can until he crosses the finish line, then kicks it back to the next boy in line. The winning team gets every team member back to the starting line first. And then you can all enjoy a CAN of your favorite soda! (But don't forget to recycle those cans! Remember that Scouts Leave No Trace!)

September 30 – Safety Pin Invented



Cooperation is how people work together – but safety pins help keep fabric together. Pins were used to fasten clothing together even in Roman times – but people were always getting stuck! A mason and farmer in upstate New York, named Walter Hunt, invented the safety pin in 1848, while twisting a piece of wire and trying to think of something he could invent to pay back a \$15 debt. He later sold his patent rights for the safety pin to the man he owed - for \$400.

His pin was made from one piece of wire, coiled into a spring at one end and a separate clasp and point at the other end, so

that the point could be forced by the spring into the clasp. Hunt designed it to keep fingers safe from injury – so he called it the safety pin!

He also designed lots of other things, and was granted many other patents – machinery for mills, a knife sharpener, streetcar bell, artificial stone, road sweeping machinery, a stove to burn hard coal, and even a sewing machine.

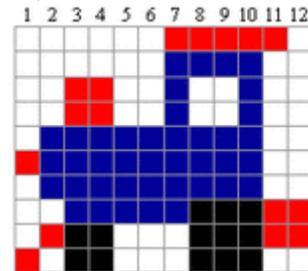
Safety pins have lots of uses – in scouting, we sometimes use safety pins to make a craft.

Use this free pattern to make beaded safety pin jewelry that looks like a train. The finished project could be attached to a backing to use as a tie slide. Lots of other beaded designs are available.

Go to:

<http://familycrafts.about.com/cs/beadedsafetypins/a/080700c.htm>

This project makes a train engine design – Make this to celebrate the opening of the first train station on Sept. 20th! The web site estimates 30 minutes to make it. (*Does not include drying time*)



Materials Needed:

- 12 - 1 1/16 inches Safety Pins
- 1 - 1 3/4 inch Safety Pin
- Seed Beads (refer to picture for colors needed)

Instructions:

Follow the pattern to complete this project.

Each number column represents a pin; for example, your first pin will have 5 white beads, 1 red bead, 3 white beads, and then 1 more red bead.

Your second pin will have 4 white beads, 3 blue beads, 1 white bead, 1 red bead, and then 1 more white bead.

When you thread these beaded pins onto your larger pin, start with pin number 1.

Crazy Holidays

Jodi, Webelos Resident Camp Director, SNJC

August is

- ☺ National Catfish Month,
- ☺ National Golf Month,
- ☺ National Eye Exam Month,
- ☺ National Water Quality Month,
- ☺ Romance Awareness Month,
- ☺ Peach Month, and
- ☺ Foot Health Month

August 1 is Friendship Day and

National Raspberry Cream Pie Day

August 2 is National Ice Cream Sandwich Day

August 3 is National Watermelon Day

August 4 is Twins Day Festival
 August 5 is National Mustard Day
 August 6 is Wiggle Your Toes Day
 August 7 is Sea Serpent Day
 August 8 is Sneak Some Zucchini Onto Your Neighbor's Porch Night
 August 9 is National Polka Festival
August 10 is National S'Mores Day
 August 11 is Presidential Joke Day
 August 12 is Middle Child's Day
 August 13 is Blame Someone Else Day
 August 14 is National Creamsicle Day
 August 15 is National Relaxation Day and National Failures Day
 August 16 is Bratwurst Festival
 August 17 is National Thriftshop Day
 August 18 is Bad Poetry Day
 August 19 is Potato Day
 August 20 is National Radio Day
 August 21 is National Spumoni Day
 August 22 is Be An Angel Day
 August 23 is National Spongecake Day
 August 24 is Knife Day
 August 25 is Kiss-And-Make-Up Day
 August 26 is National Cherry Popsicle Day
 August 27 is Petroleum Day
 August 28 is World Sauntering Day
 August 29 is More Herbs, Less Salt Day
 August 30 is National Toasted Marshmallow Day
 August 31 is National Trail Mix Day

September is

- ☺ Self Improvement Month,
- ☺ Be Kind To Editors and Writers Month,
- ☺ International Square Dance Month,
- ☺ Cable TV Month,
- ☺ National Bed Check Month,
- ☺ National Chicken Month,
- ☺ National Courtesy Month,
- ☺ National Honey Month,
- ☺ National Mind Mapping Month,
- ☺ National Piano Month,
- ☺ National Rice Month,
- ☺ National Papaya Month,
- ☺ Classical Music Month

September 1 is Emma M. Nutt Day
 September 2 is National Beheading Day
 September 3 is Skyscraper Day
 September 4 is Newspaper Carrier Day
 September 5 is Be Late For Something Day
 September 6 is Fight Procrastination Day
 September 7 is Neither Rain Nor Snow Day
 September 8 is National Date Nut Bread Day and Pardon Day
 September 9 is Teddy Bear Day
 September 10 is Swap Ideas Day
 September 11 is No News Is Good News Day

September 12 is National Pet Memorial Day and National Chocolate Milkshake Day
 September 13 is Defy Superstition Day
 September 14 is National Cream-filled Donut Day
 September 15 is Felt Hat Day
 September 16 is Stay Away From Seattle Day and Collect Rocks Day
 September 17 is National Apple Dumpling Day
 September 18 is National Play-Doh Day
 September 19 is National Butterscotch Pudding Day
 September 20 is National Punch Day
 September 21 is World Gratitude Day and International Banana Festival
 September 22 is Hobbit Day and Dear Diary Day
 September 23 is Checkers Day and Dogs In Politics Day
 September 24 is Festival Of Latest Novelties
 September 25 is National Comic Book Day
 September 26 is National Good Neighbor Day and National Pancake Day
 September 27 is Crush A Can Day
 September 28 is Ask A Stupid Question Day
 September 29 is Poisoned Blackberries Day
 September 30 is National Mud Pack Day

Folktales about Cooperation

Alice, Golden Empire Council

Choose a folktale about cooperation to share with the den or pack. Here are two examples:

Coyote Brings the Fire to the People

This is a traditional Native American folk tale about how Coyote brought fire to the people – but he had the cooperation of squirrel, chipmunk and frog.

At one time, only the Fire Beings had fire – and other people suffered in the cold winter – especially the elderly and the young. Some of them died from the cold.

Coyote said he could steal some fire – and he proceeded to sneak in and grab a stick burning on one end. But the Fire Beings were very fast, and one reached out and grabbed Coyote's tail. The heat turned the tip of his tail white. He threw the burning stick to Squirrel, who caught it in her tail and ran with it. The heat of the burning stick made her tail curl up over her back. The Fire Beings almost caught squirrel, who tossed the burning stick to Chipmunk. But as chipmunk turned to run off, one of the Fire Beings clawed his back, leaving three white stripes. Chipmunk tossed the burning stick to Frog, but one of the Fire Beings caught him by his beautiful long tail. Frog's eyes bulged out with the effort to get away, but finally he tore free from the Fire Being, leaving his tail behind.

Finally, Frog threw the burning stick to Wood, who swallowed it and refused to give it up. The Fire Beings finally gave up and left. But Coyote knew a secret.

"Fire is a gift for everyone. If you rub two dry sticks of Wood together very fast Wood will get itchy and give you some fire. From now on you will be warm in winter".

"I told you Coyote was cunning" said Frog.

"Yes, but I wonder what frog's tail soup tastes like?" asked Squirrel.

And that is why today, Coyote's tail has a white tip, squirrel's tail curls around over her back, chipmunk's coat has white stripes and frog has no tail.

And now you see how all the animals worked together to bring fire to mankind.

The Little Mice and the Big Elephants – A Folktale of India

Once upon a time, a village was ruined by a strong earthquake. The houses and roads got totally damaged. The village was shattered on the whole. Due to this, the villagers were forced to leave their houses and settle somewhere else. Finding the place vacant, the mice began to live in the ruined houses. Soon their number grew into hundreds and thousands. There was a big lake located near the ruined village. A herd of elephants used to visit the lake for drinking water. This was the only way for them to reach the lake. But on the way to the lake, they stepped on many of the mice.

In order to find a solution to this problem, the mice held a meeting. It was decided that a request should be made to the king of the elephants regarding the problem. The King Mice met the King Elephant and asked, "Sir, we live in the ruins of the village, but every time when your herd crosses the village, thousands of my subjects get crushed under the colossal feet of your herd. Kindly change your route. We promise to help you in the hour of your need, if you keep my term." The king elephant laughed on hearing this and replied, "You mice are very small to be of any help to giants like us. But doesn't matter, we will do you the favor of changing our route to reach the lake and making you safer". The King mice thanked the king elephant and returned home.

One day a group of elephant-hunters came and trapped the group of elephants in huge strong nets. The elephants struggled hard to free themselves, but all in vain. Suddenly, the king of elephants remembered the promise of the king of mice, who had talked earlier about helping the elephants when needed. He summoned one of the elephants of his herd which had not been trapped, to go and contact the king of rats. The rat king immediately took his entire group of mice to rescue the herd. He found the elephants trapped in a thick net. The mice set themselves on the task. They nibbled the thick net at thousands of spots making it loose. The elephants broke the loose net and got free. They were grateful to the mice for their great help and became friends for ever.

Morale: Thus you can see that even a small creature can accomplish something by cooperating with others.

For some other Folktale Ideas, go to:

- **Great Big Enormous Turnip (The)**- by Alexei Tolstoy
<http://amy-On-literacy.blogspot.com/2011/05/great-big-enormous-turnip-by-alexei.html>
In a form adaptable for a skit -
<http://www.worknotes.com/LA/Shreveport/DebbieRickets/TheGreatBigEnormousTurnip.pdf>
- **Hare (The) and the Water**, a Tanzanian Folktale from Water in Africa
http://www.eric.ed.gov/ERICWebPortal/search/detailmini.jsp?nfpb=true&&ERICExtSearch_SearchVal

[ue_0=ED457079&ERICExtSearch_SearchType_0=n&o&accno=ED457079](http://www.eric.ed.gov/ERICWebPortal/search/detailmini.jsp?nfpb=true&&ERICExtSearch_SearchType_0=n&o&accno=ED457079)

- **Farmer (The), the Snake and the Heron**, an African folktale (overcoming bias)
<http://www.overcomingbias.com/2009/02/an-african-folktale.html>

DEN & PACK ACTIVITIES

Alice, Golden Empire Council

- ★ **Go outside an watch some ants – watch them cooperate together** – Find an ant hole, then use a pencil tip to put a few grains of dirt to block the hole. Now settle back and watch how the ants work together to solve the problem.

You can also find an ant trail and then block it with a leaf, or a short stick. Watch to see how the ants work together and realign their trail.
- ★ **Assign each den or family to choose a folktale to share** – they could do pictures to illustrate the story, do a puppet show, or put on a skit, or even invent a game based on the folktale. See Theme Related for ideas.
- ★ **Help your pack families or even your school work together to prepare for possible emergency or weather situations.** In California, for example, some classrooms gather some food with long shelf-life, water, blankets and emergency contact information for each student in the classroom, then store it outside the school building in case of earthquake or fire evacuations require kids to stay at school for a prolonged time.
- ★ **Celebrate Uncle Sam's Birthday on Sept. 3rd by learning about the story of his nickname.** Work together to share the story as a skit or puppet play, or by writing the story for your den, pack or school newsletter.
- ★ **Celebrate Newspaper Carrier Day on Sept 4th by learning about how the newspaper gets to your door.** Visit a local newspaper, or invite a carrier to come and talk about how many people work together to get the paper delivered.
- ★ **Cooperate to make a pizza on National Cheese Pizza Day on Sept. 5th** - then enjoy your treat while you talk about ways to cooperate with each other.
- ★ **Cooperate with another den or even another pack**, in doing a service project for Good Neighbor Day. See Theme Related.
- ★ **Cooperate with another den to visit a Railroad station or Post Office to celebrate some special days** – see ideas under Theme Related.
- ★ **Make a Community Ice Cream Sundae** –All you need is a clean raingutter, ice cream and fixin's – then the whole group can Cooperate to make a special treat to share.
- ★ **Or Try a Special Community Sandwich** – check Cub Grub for some fun ideas on Cooperating Treats!

★ **Work together to make a Cooperation Obstacle Course or Adventure Trail** – each team or den or family is assigned a section to complete. They can get some ideas from the Wolf Book or the How To Book, but the idea is to use common materials and challenges from what the boys are learning in scouts. For example, one section could include an Ultimate challenge, with a Frisbee and a hanging ring made out of a hula hoop. Or boys could be challenged to spell out the Motto from a set of blocks dumped in a bucket before moving on to the next challenge.

Cooperate to make a tied quilt to donate to a community service group or a group like Soldier's Angels that helps members of the military. Each boy or family could be given a blank fabric square, with a large margin marked all the way around. They could use permanent markers to make a design within the marked space on their square. And here's where the cooperation comes in: have a den or pack family member sew the squares together, then make a tie quilt. A sheet can make the backing, and someone with quilting experience can help everyone learn how to use yarn to tie the finished quilt top, bottom and batting together. I've done this kind of project with even very young kids, and it's a fun way to work together!

★ **Give the boys a challenge – let them find a way to cooperate.** Divide the boys into teams of at least three boys. Give them a job to do that involves several steps. Here's the challenge: each boy must do part of the job, but no one boy can do all of the job. If every boy doesn't do a part of the job, the team will lose points. Give the boys a few minutes to figure out how they will divide the job.

The reward could be a treat – but if there are three boys, make it four cookies, or five. The boys can't have their treat till they figure out a fair way to divide the treat, and until everyone agrees it's fair.

Things to discuss when it comes to saving resources...

Baltimore Area Council

Recycling

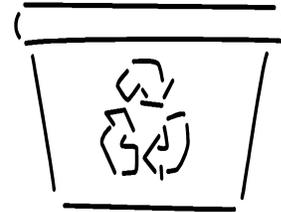
When an object can be shredded, melted or otherwise processed and then turned into new raw material -- for instance, aluminum cans can be melted down to make more cans, glass can make more glass, cardboard and paper make more cardboard and paper, plastic bags and containers can be turned into other plastic products. This takes some energy (very little for aluminum), but it is a good choice.

Reusing

When you find a use for an existing item - like decorating a bag and using it as a gift bag instead of buying wrapping paper; putting leftovers into a clean container from some other food; turning a used box into storage; decorating a can to hold pencils; saving packing peanuts and boxes and using them the next time you need to ship something or give a gift.

It is important to 'reuse' items wisely -- reusing packing peanuts to pack an item is by far the best way to use them.

Recycling them, if it is available, would be the next best thing. Giving things in good condition that you no longer need to charity is another good way to reuse things like outgrown clothing or toys. Reusing is often the best way to save resources. This is something to consider year-round, not just around the winter holidays.



Shop Wisely

Can the container be easily recycled or reused? Will a larger container reduce the amount of packaging and perhaps cost less per serving? Is everything that can be recycled being recycled? Save resources (and money) by asking yourself if the item is something you really need, and if it is well suited for the task, and if it will last. Not only can this save you money, it can save you space and work, too. Five toys that are loved and played with are more fun than 10 toys that are broken or are boring to play with. And it's quicker to pick up 5 toys and put them away than to pick up 10.

After discussing ways to recycle do the following activities:

1. Divide den into two teams. Open up a mystery trash bag at each table and identify which things can be recycled. Lift up the bag again and feel how much lighter it is when people take things out of the trash, which can be recycled

2. This activity was adapted from a lesson written by: Phyllis Youngberg, a teacher at Burnt Mills Elementary School. NOTE: If there is a tree on or near the school grounds, take the den outside for this activity. If there are no trees, have the den look at pictures of trees.

Give the boys a pencil and paper. Tell them they are going to examine a specific tree. Use the following procedure:

- A. Ask them to use their senses to make observations about the tree. (Provide them time to do this silently, then discuss in the den)
- B. Have them touch and smell the tree.
- C. Ask them to close their eyes and listen for sounds associated with the tree.
- D. Next, have them look for signs of who or what uses the tree, then discuss their observations.
- E. Ask: "What could hurt the tree? How? Why?"
- F. Pose the following "What if" questions for them to consider:
 - a. What if this tree (or all the trees in our community) were gone? What would be good/bad/interesting about that?
 - b. What if the birds that use this tree went away? What will be good/bad/interesting about that?
 - c. What if lots of trees were planted on the school grounds? What would be good/bad/interesting about that?

G. Ask: "Whose job is it to care for the tree? Why?"

3. If the weather is pleasant, ask the boys to go outside to sit and observe the area around them. They are to use their senses to observe other things in nature (sky, ground, plants, birds, etc.) Have them take a pencil and/ or crayons and paper and:

- A. Draw a picture of themselves outside.
- B. Draw their observations.
- C. Draw or write about their feelings about nature. (Provide ample time for this.)

When the boys return inside, provide time, if needed, to complete their work. Then have them share their work. Use the opportunity to discuss the importance of taking care of all things that are provided by the Earth.

Different types of walks you can take with the boys.



RAINBOW WALK — look for items of different colors, try a color per block or every so often, or just plain color identification.

HAWKEYE WALK — a list of items to spot or pictures of items to look for.

SUNSHINE AND SHADOW WALK — play with the shadows, measure some, make creatures, play shadow tag.

PHOTO WALK — take pictures before and have the boys look for certain items. Try weekly pictures to sequence spring development.

BINOCULAR WALK — make binoculars for toilet tissue rolls and use them on the walk to focus on items. It makes for a new look at the same old scenery.

ALIEN WALK — take your walk on this planet earth as if you were from another planet. Try to identify the things you see, not knowing their real name of purpose.

BINGO CARD WALK — on a bingo type card, with pictures or drawings of items, go for a walk to identify the items on the card.

SIGNS OF POLLUTION WALK — clean up the environment as you go using plastic gloves to protect hands.

ALPHABET WALK — make a list of things with letters of the alphabet and have the boys identify them.

DEN MEETINGS

Wendy, Chief Seattle Council



TIGER

Tiger Cub Program

Kevin in Norman, Oklahoma

For those of you just joining us -

Tigers earn their Bobcat first and use the Cub Scout motto. Tigers wear the blue uniform.

(And those designed to grow with them S2 zip off pants!!!)

Requirements for the Tiger Cub Totem

- * Learn the Cub Scout motto:
- * Learn the Cub Scout sign
- * Learn the Cub Scout salute

A Tiger Cub must finish Bobcat before beginning to earn his Tiger Cub rank. But hey, once he has learned the Cub Scout Motto, Sign and Salute, the Immediate Recognition Emblem is already earned, it's a done deal except for presentation.

So even if the Law of the Pack or the Promise take a bit longer, the Immediate Recognition Emblem requirements are in fact already done. Applying a bucket of common sense, and as we favor instant recognition in Cubs, I would say go ahead and do the Immediate Recognition Emblem either that day in the den meeting, or at the latest the next pack meeting, even if Bobcat is not yet completed.

If you want more information, go to **Tiger Cub Leader Fast Start** at www.myscouting.org for the online version. It's worth a look through, even if you are not a Tiger leader, to help get up to speed so you can help Tiger leaders in your unit, district and online. (PS in the one picture on Fast Start it says to mouse over the Tiger Cubs but the boys have khaki shirts and compass emblems, they are Webelos. In another they have blue uniforms but blue neckerchiefs, too. They are Bears.)

After earning his Bobcat Badge, the Tiger Cub must then complete one Den Activity, one Family Activity, and one Go See It Activity within each of the five achievement areas to earn the Tiger Cub rank. He works with his adult partner to do this. As he completes each of the 15 requirements, he receives the appropriate orange, white, or black bead at the next den meeting to add to his totem.

What is Tiger Cubs?*Grand Teton Council*

- ★ T - Time spent building a stronger relationship with a boy and his family
- ★ I - Introducing a boy and his family to Scouting.
- ★ G - Getting to know others and one's self better.
- ★ E - Entering into a group; being part of something special.
- ★ R - Reaching out to one another and getting hands on experiences.
- ★ S - Sharing and discovering new things and ideas.

This is what Tiger Cubs is all about**Promise/Law Puzzle***Southern NJ Council*

This came from a Den leader for 14 Wolf cubs. She used this jigsaw puzzle type game to help them learn the Cub Scout Promise and the Law of the Pack.

- ✓ Write out the Promise and Law on pieces of two foot by two foot 1/4 inch masonite.
- ✓ Then use a jigsaw to cut out each word. When you are done each word will be a separate piece of the puzzle.
- ✓ Have the Cubs take turns in groups of four (or so) putting the puzzles together.
- ✓ Time the groups to see which group is the fastest to assemble the puzzles.
- ✓ Not only does this help them learn the Promise and the Law, it also forces them to work as a team if they want to be the winners.

It took the DL about an hour and \$5 to make 2 of each puzzle. The puzzles are also good for gathering activities, as boys arrive, to keep them busy until everyone is there.

Cub Scout Salute Race*Simon Kenton Council*

A great way to help prepare boys for their Bobcat badge.

- ✓ Line up the teams.
- ✓ At "GO", the first man on each team runs to the judge (one judge is required for each team), snaps to attention and salutes.
- ✓ Player then returns and touches off next member, while the judge calls out right or wrong.
- ✓ First team completing a given number of the correct salutes wins.

Variation 1: Judge keeps the player until he does the salute correctly. In this case, the first team finished wins.

Variation 2: Use the Cub Scout sign, handshake, Promise, Law, Motto, or any combination, instead of the salute. This game is a natural for new Cub Scouts and their parents.

Cub Scout Dice*Simon Kenton Council*

You will need: Make dice from large cubes of foam rubber or blocks of wood. Paint words pertaining to Cub Scouting on the 6 sides of the dice - Tiger Cub, Bobcat, Wolf, Bear, Webelos, Arrow of Light, Boy Scouts.

How to play: Divide boys into teams. Each team rolls one die (boys take turns rolling), trying to match the words on top. If they match, each team gets two points. If not, the team rolling the "higher" level of Scouting gets one point.

**WOLF**

Both Wolf & Bears do Physical fitness Achievements in their first meetings. So maybe -

Physical Fitness Belt Loop and Pinwww.usscouts.org

This information is from the Cub Scout Academics and Sports Program Guide (34299B) 2006 Printing.

NOTE:

Webelos Scouts that earn the Physical Fitness Belt Loop while a Webelos Scout also satisfy requirement 10 for the Athlete Activity Badge and part of requirement 3 for the Sportsman Activity Badge.

Belt Loop

Complete these three requirements:

1. Give a short report to your den or family on the dangers of drugs and alcohol.
2. Practice finding your pulse and counting your heart beats per minute. Determine your target heart rate.
3. Practice five physical fitness skills regularly. Improve performance in each skill over a month. Skills could include pull-ups, curl-ups, the standing long jump, the 50-yard dash, and the softball throw.

Sports Pin

Earn the Physical Fitness belt loop, and complete five of the following requirements:

1. Make a diagram of the Food Guide Pyramid. List foods you ate in a week and show where they fit in the pyramid.
2. Choose a form of exercise, bring your heart rate up to target, and keep it there for 15 minutes. Don't forget to warm up and cool down.
3. Set up a four-step exercise program. Chart your progress for five days a week for two weeks.
4. Explain the reason for warming up and cooling down before and after each exercise session.
5. Visit a local gym and talk to a trainer about exercises and programs for young people.
6. Participate in some aerobic exercises at least three times a week for four weeks.
7. Build an obstacle course that could include some exercises with jumping, crawling, and hurdles. Time yourself three times to see whether you can improve your time.
8. Swim for a total of an hour, charting your time as you go.

9. Participate for at least three months in an organized team sport or organized athletic activity.

If you would like to download a workbook for these awards go to:

For Word.doc -

<http://usscouts.org/advance/cubscout/sports/worksheets/physical-fitness.doc>

For Adobe. PDF -

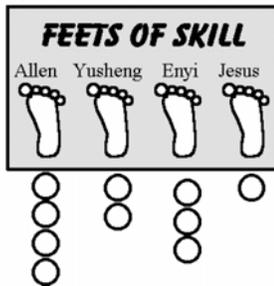
<http://usscouts.org/advance/cubscout/sports/worksheets/physical-fitness.pdf>

“FEETS” OF SKILL SCORE BOARD

Tatanka District, Sam Houston Area Council

Materials:

- Posterboard,
- Pink construction paper (for feet),
- Glue, Paper punch, Paper clips,
- Crayons or colored pens



In order to give the boys an incentive to work hard on these skills or any muscle building skills which they may accomplish this month, following are some patterns and ideas for personal score boards which can be made from many different materials.

This also provides the boys with a craft item for the month which they can proudly display at the pack meeting and then hang in their room.

1. Cut an 8 1/2” x 11” piece of poster board for backboard.
2. Cut feet from pink construction paper and
3. Glue to poster board.
4. Letter poster board as shown using Cub’s own name.
5. Punch holes in bottom of board.
6. Copy patterns of “medals” and let each boy color them. Then glue to poster board and cut them out.
7. Punch holes in top and bottom of each medal.
8. As boys complete each “feet” of skill let him hang his medal using the paper clips.

Also check out the following past issues of Baloo's bugle for ideas for fitness and sports games that you can adopt to the requirements for Feats of Skill, Wolf Achievement #1 and Building Muscles, Bear Achievement #16

June 2008, "Go for the Gold"

<http://usscouts.org/bbugle/bb0805.pdf>

July 2009, "Be a Sport"

<http://usscouts.org/bbugle/bb0906.pdf>

Wolf Ideas Roxanne
Heart of America Council

RoxAnn, Heart of America Council

While working on the flag for Meeting 1, earn the Citizen Belt loop and part of the pin. For Homework assignment they may finish the pin and bring to Meeting 2.

Citizenship



Belt Loop

Complete these three requirements:

1. Develop a list of jobs you can do around the home. Chart your progress for one week.
2. Make a poster showing things that you can do to be a good citizen.
3. Participate in a family, den, or school service project.

Pin

Earn the Citizenship belt loop and complete five of the following requirements:

1. Interview someone who has become a naturalized citizen. Give a report of your interview to your den or family.
2. Write a letter to your newspaper about an issue that concerns you. Send your letter by mail or e-mail.
3. Create a collage about America.
4. Make a list of items to check for a home safety or energy audit and then inspect your home. Talk with your parent or adult partner about correcting any problems you find.
5. Visit your local site of government. Interview someone who is involved with the governmental process.
6. Visit a courtroom and talk with someone who works there.
7. Go to the polls with your parents when they vote. Talk to them about their choices.
8. Take part in a parade with your den or pack.
9. List ways you can recycle various materials and conserve and protect the environment.
10. Attend a community event

For Meeting 2, the boys may play The Caterpillar Walk, Wheel Barrel Race (see Baloo, September 2010), Tag, and Balloon Race (see Physical Teamwork, Activity 3).



From the Cub Scout Leader How-To Book – Accentuate the Positive, Chapter 1, make everyone feel wanted and positive about the group. Den Doodles to bring your dens together as teams

Razzle Dazzle, Chapter 5, really WOW! Them at that first Pack Meeting!!

Cooperative Games – pages 3-13 to 3-22

Game Modifications to make it easier – page 7-49

Choosing Teams – pages 3-2



BEAR

See the Physical Fitness Loop ideas under Wolf

Bear Ideas by Felicia



Bear Achievements:

Mtg Plan 1:	3b	8c d g	16a
Mtg	2:	3a b d j	8 b e
Mtg	3:	14a b c e f	

The Bear year is different from the Wolf year. To earn the Bear Rank a Boy needs to complete only 12 of the Achievements. Not all 24! This must be done in a

specific combination of the sections: from God 1; from Country 3; from Family 4; & from Self 4.

To satisfy each Achievement only a portion of the requirements need to be done. For Ach. 3 each boy must do 3a, 3j, & only 2 other requirements. They need do only 4 requirements – not all 10. For Ach. 8 only 3 (8g + 2); not all 7. For Ach. 14 only 4 (14a + 3); not all 7.



Although, the Handbook (p. 25) indicates that a Bear may not use extra requirements done in the sections he uses to satisfy his rank requirements as electives; that does not appear to be true. The BSA den meeting plans indicate that they can be used as electives (see the yellow "Want More Fun Activities?" boxes). Being that BSA made the den plans after the Bear Book – It is fair to assume that its position on that has changed or they never meant it to be interpreted that way.

The Bear Achievement Trackers which follow, count them as electives.

Here are some **AWESOME ACHIEVEMENT TRACKERS**

to download for all levels of Scouts!

Plus they are totally **FREE**.

<http://www.madsenco.com/scouting.shtml>

OR

<http://trax.boy-scouts.net/cubtrax.htm>

These allow you to record the boys' achievements & electives & tell you if they have enough for a bead or their rank. There are also ones for tracking Belt loops & Pins, registration information, attendance, special patches, and more! If you have Excel - I highly recommend that you try one of these.

Our thanks to

Dave Blodgett, Roxanne Prahser, & Frank Steele for these wonderful assets for all scouts.

In the world of scouting "they rock!"

I give them 5 stars.



At this time of year, I would try to wait to do **the extra assignments set out in the den plans**. You are likely to have to revisit some achievements – due to boys missing meetings or joining late. That means there is a potential for duplicating when you are trying to catch those boys up (if you have different requirements to do which the boys who never miss a meeting have not done – it will be fresher & more interesting for them - even though they already completed that achievement). **The time you have is short & better spent on a game or fun activity for the boys than extra requirements**

Before you choose which Achievements to do, look at your choices & try to do the more active ones. Most of these boys have been in school all day & find it very difficult to spend another hour sitting doing school type of work. Make it fun, keep it active, & try to do as much as you can outdoors.

If you decide to go anywhere other than your regular den meeting location:

Permission Slips can be printed from this site <http://www.scouting.org/filestore/pdf/19-673.pdf>.



Sample **Den Meeting 1 –**

The Past is Exciting & Important

- I would save this meeting for a rainy day (*meeting 3 should be done a.s.a.p. before the wet weather of fall takes hold*) – For this meeting, I would do the following:

- Gathering Activity - Craft - **Ach. 8c** – have each boy design a page for your den scrap book telling about himself. Either take photos for their page or have the boys draw a self portrait (if they do the latter make a note of it as that can be used towards ½ of the **Art Pin** requirement # 2). Mention how the den is working together to make its' scrap book.
- Opening - say the Cub Scout promise & law.
- Discussion of **Ach. 8b** (if you weren't a cub scout - have a guest cub scout Alumnae) & **g**.
- Activity **Ach. 16a** – if you have the time & the room (use a cloth ball or a balled up paper to do the softball throw indoors).
- Closing

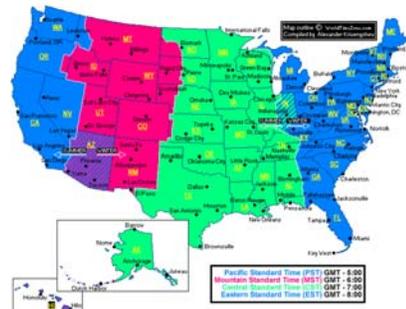
Meeting 1 Forms can be found at

<http://www.scouting.org/filestore/CubScoutMeetingGuide/bear/BearMeeting1.pdf>

*p. 3 is the blank **Family Tree** form for the Cubs to fill out for **Ach. 8d**.*

*p. 4 is a blank form for a **Scrap Book Page** for **Ach. 8c**.*

*p.5 is a blank form to **record** the boys' **fitness achievements** for **Ach. 16a**.*



Sample **Den Meeting 2 –**

What Makes America Special

- If you have access to an outdoor flag pole - I would do the following:

- Gathering Activity – Play a lawn game forming teams to cooperate in playing (corn hole, catch, Frisbee, horseshoes, etc...). (If you are up for it build 3 outdoor toss games & satisfy **elective 18b** – & instead of going on the hike – play your games).
- Opening **3h & i**. Say the Pledge of Allegiance. Say the Cub Scout Promise. Mention the cooperation used in the flag ceremony by the color guard.
- Discussion of **3a & j**. Don't forget to talk about cooperation in America's history (forming the union,

drafting the constitution, our 3 branch government system and how it works together, etc...)

- Go on a city hike (**Hiking Pin** requirements #1 time to use towards 5hr total & # 8 one of the two required hikes).
- Closing

Meeting 2 **Bike Safety Quiz** is on p. 3 & the answers are on p. 4 of the following site.
<http://www.scouting.org/filestore/CubScoutMeetingGuide/bear/BearMeeting2.pdf>

Ach 3e information on the states can be found here.
<http://www.factmonster.com/states.html>;
<http://www.enchantedlearning.com/usa/states/>; or
<http://www.50states.com/>



Ach. 3 f, g, & h information our flag & its ceremonies can be found here.
<http://usscouts.org/scoutduty/sd2gc90.asp>;
<http://usscouts.org/flag/flagcode.asp>;
<http://www.fortunecity.com/millennium/puppet/989/cere/cereflag.html>;
<http://www.usflag.org/flaquetiquette.html>;
http://www.legion.org/flag/questions_answers/

Ideas for the outdoor toss games. On line there are some interesting projects for kids tossing games at
<http://tlc.howstuffworks.com/family/tossing-games-for-kids.htm>; <http://www.livestrong.com/article/167104-kids-toss-games/>



Directions to make corn hole, washer toss, ladder ball, mollky, etc... can be found online.
<http://www.suite101.com/content/diy-outdoor-lawn-games-for-back-yard-family-fun-a153137>

http://www.ehow.com/how_6631905_build-washer-tossing-outdoor-game.html

<http://www.outdoorgameplayers.com/outdoor-games-list/ladder-toss-ladder-ball-monkey-balls/>

<http://www.outdoorgamesblog.com/making-a-mollky-game/>

Stone Toss.

Draw a grid on a board with 1 ½ inches between the lines. Find several small stones about the size of a quarter.

Players take turns tossing stones onto the board. When someone gets a stone entirely inside a square, not touching any lines, he wins.



Easy to make Bean Bags

Use zip lock sandwich bags, **double them and fill inner bag with dried beans or uncooked rice, remove excess air and seal both bags.**

or

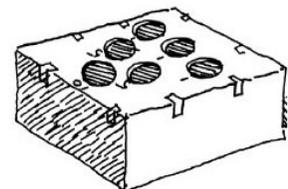
Use a sock (*knee highs, tube socks, those with some leg coverage are best*) and dried corn or beans. **Fill the sock with 2 handfuls of beans then tie a tight knot in it to hold them in.**

Bean Bag Toss

You toss bean bags at a large box with holes cut in the top.

Needs:

- Bean bags
- large cardboard box
- heavy poster board (*big enough to cover the large box*)
- small coffee can or similar sized circular shaped item (*for tracing*)
- marker
- scissors
- masking tape



How to make:

- 1 Find a piece of heavy poster board big enough to fit over the opening of your big cardboard box. Set the poster board on a solid surface. Line up the top & left corners with your poster board edges – so you can trace the box. Then cut your poster board to the same size as your box opening.
- 2 Place your can 4 inches from the top center and trace around it.
- 3 To make a pyramid - trace 2 circles 4 inches below the first. Finally trace 3 more circles below the two circles.
- 4 Cut out the circles.
- 5 Over the top circle, mark 10 points. Over the middle 2 circles mark 5 points. Over the last 3 circles, mark 1 point.
- 6 Put the poster board over the box, taping the edges down with masking tape.

How to play:

Stand 5 to 7 feet away from the box; with the three 1 point circles closest to the tosser and the top ten point circle farthest away. Toss the bean bags into the holes. You can play by yourself or with others. Players take turns throwing the bags into the holes to score points.

**Squishy Stress Balloon Toss**

Is played like bean bag toss above – except you toss flour-filled balloons. *I recommend doing this outside or putting down newspaper under the entire area the boys are filling their balloons in & check their knots before they toss them.*

Needs:

- empty thick helium grade rubber balloons - 4 of each color per player (8 balloons/person)
- funnel
- flour

How to make:

- 1 Gently put one balloon inside another balloon. Straighten out the inner balloon by blowing into the balloons.
- 2 Carefully pull the necks of the double balloons over the narrow end of the funnel. Fill the inside balloon almost full with flour. Tie off the Balloon Stems.

Make 4 balloons with the same outside color for each player. Each player should have a different colored balloon.

For more information see

<http://tlc.howstuffworks.com/family/tossing-games-for-kids2.htm>

**Sample Den Meeting 3 –**

Ride Right (Bicycles) - *I would do this meeting a.s.a.p. before the cold wet weather of fall takes hold - I would do the following:*

Meet at a bike trail

- Gathering Activity - teach a couple fun repeat after me **songs** while you are waiting for everyone to arrive.
- Opening - say the Cub Scout promise & law.
- Discussion of **14a & c**
- Activity **14b & f** (have the boys demonstrate sharp left & right turns, a u-turn, an emergency stop, & then ride a ½ mile each way on the trail – unless a 1 mile loop is available)
- Closing

Meeting 3 the **Bike Safety Quiz** is on p. 3 & the answers are on p. 4 of the following site.

<http://www.scouting.org/filestore/CubScoutMeetingGuide/bear/BearMeeting2.pdf>



Little Red Wagon*[repeat after me]*

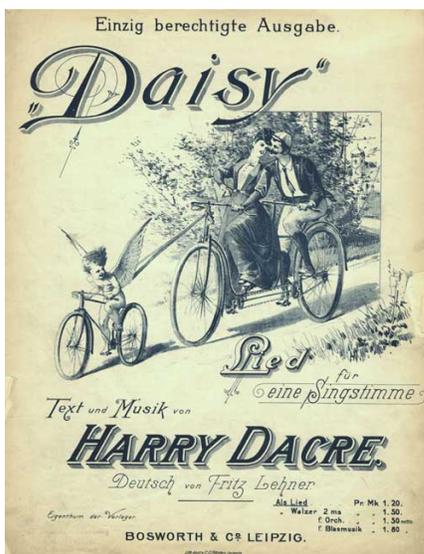
You can't ride in my little red wagon
 Front seat's broken and the axels draggin'
 Boo Ah Boo Ah Boo Ah Ah!

Second verse, same as the first. A little bit louder and a little bit worse!

Third verse, same as the first! A whole lot louder and a whole lot worse!

To hear & see a great rendition of this song see:

http://games.greenghoulie.com/games/songs/little_red_wagon.htm

**Daisy Bell**

Bicycle Built For Two (Daisy Daisy)

Written By: Harry Dacre 1892

There is a flower
 Within my heart,
 Daisy, Daisy!
 Planted one day
 By a glancing dart,
 Planted by Daisy Bell!
 Whether she loves me
 Or loves me not,
 Sometimes it's hard to tell;
 Yet I am longing to share the lot -
 Of beautiful Daisy Bell!

Chorus

**Daisy, Daisy,
 Give me your answer do!
 I'm half crazy,
 All for the love of you!
 It won't be a stylish marriage,
 I can't afford a carriage**

**But you'll look sweet upon the seat
 Of a bicycle made for two.**



We will go 'tandem'
 As man and wife,
 Daisy, Daisy!
 'Peddling' away
 Down the road of life,
 I and my Daisy Bell!
 When the road's dark
 We can both despise
 P'licemen and 'lamps' as well;
 There are 'bright lights
 In the dazzling eyes
 Of beautiful Daisy Bell!

Chorus

I will stand by you
 In 'wheel' or woe,
 Daisy, Daisy!
 You'll be the bell(e)
 Which I'll ring you know!
 Sweet little Daisy Bell!
 You'll take the 'lead'
 In each 'trip' we take,
 Then if I don't do well,
 I will permit you to
 Use the brake,
 My beautiful Daisy Bell!

Chorus

To hear Daisy Bell in its entirety see:

<http://www.youtube.com/watch?v=coaiVbIZC-k&feature=related>

Or <http://www.youtube.com/watch?v=cLIF-fkC2Os&feature=related>

If you are looking for other **Songs** for kids – some nice ones can be found & heard here. *Even with songs you know are for kids: always preview the song before you let the kids watch (some people have less than family friendly versions).*
<http://games.greenghoulie.com/games/index.html>
www.youtube.com/user/hcycamp#p/u
www.youtube.com/user/ultimatecampresource#p/u
http://bussongs.com/songs/bicycle_built_for_two.php



Here are some suggested ways to tie cooperation into the following Achievements and Electives from **Wendy of Chief Seattle Council.**

Cooperative Bear Achievements

Ach. #3a, - Think about ways that cooperation between Americans makes our country special.

Ach. 3b, - Look for connections to cooperation as you learn about two famous Americans.

Ach. #3d, - If you visit an historic location: make sure you look for ways that people worked together, or spent time together. For example, how did they eat or what did they do for entertainment?

Ach. #3f, h, & I – Discuss cooperation used by color guards to maintain the proper respect for our Flag.

Ach. #3j – Discuss how the first American citizens used cooperation to form our country & our government.

Ach. #6g – Take part in a den or pack conservation service project.

Ach. #8, - Look for examples of cooperation in activities from the past. If you talk to a grandparent or older person, find out how they feel cooperation was important in their lives.

Ach. #9 – Work with an adult to bake cookies, make a snack, prepare meals, make trail food for a hike or make a dessert.

Ach. #10 – Family Fun, demonstrate cooperation as you do a family outing or have a game night.

Ach. #14a – Discuss how bike riders & drivers cooperate when they all obey the traffic rules – making getting around town safer for everyone.

Ach. #14g - Go for a family bike ride.

Ach. #24a – Help a boy join Scouts or complete the Bobcat trail.



Cooperative Bear Electives:

Elect. #8c – Play in a den band using homemade or regular instruments; perform together at a Pack Meeting.

Elect. #13b – Work with other scouts to put on a magic show.

Elect. #15e - As a den, visit a lake, stream, river, or ocean. Plan and do a den project to help clean up this important source of water. Name four kinds of water pollution.

Elect. #21b – Help with a garage sale or rummage sale for your family, den or another organization.

Elect. #24 - Learn about American Indian people in your area and how they cooperated to make clothing, housing, tools and to use the resources available in your area.



WEBELOS DENS



Joe Trovato,
WEBELOS RT Break Out Coordinator
Westchester-Putnam Council

Have a question or comment for Joe??

Write him at

webelos_willie@yahoo.com

There is an underscore between Webelos and Willie



Character development should extend into every aspect of a boy's life. Character development should also extend into every aspect of Cub Scouting. Cub Scout leaders should strive to use Cub Scouting's **12 core values** throughout all elements of the program—service projects, ceremonies, games, skits, songs, crafts, and all the other activities enjoyed at den and pack meetings

As you work on this month's Athlete or other badges, belt loops or pins, remind boys that cooperation is the key to success and fashion activities to help them learn how to work together. Complete the **Character Connection for Cooperation:**

1. **Know**- What is "cooperation"? Why do people need to cooperate when they are doing things together? Name some ways that you can be helpful and cooperate with others.
2. **Commit**- Discuss with your family what makes it hard to cooperate. How do listening, sharing, and persuading help us cooperate?
3. **Practice**- Practice being cooperative while participating in Family Activities.

Core Value for August Cooperation



Cooperation:

Being helpful and working together with others towards a common goal.

“Great discoveries and improvements invariably involve the cooperation of many minds. I may be given credit for having blazed the trail, but when I look at the subsequent developments I feel the credit is due to others rather than to myself.”

Alexander Graham Bell.

Scottish born American Inventor and Educator, best known for the inventing the telephone in 1876.

Some Thoughts on Cooperation

The core value of cooperation is important as Webelos begin to work together more as a team, looking ahead to Boy Scouts and being part of a patrol. Working together towards a common goal requires cooperation among team members.

One great place to practice cooperation is a “fun” break during a den meeting. Consider using games where the Webelos have to work with one another, cooperating to solve the problem. Here are a few you may want to try:

Cooperation Games

Passing Chairs



- ✓ Each scout stands on a chair.
- ✓ The scout on the right hand side has to pass the chair on which he is standing to the child who is standing next to him .
- ✓ This is continued until the end of the line.
- ✓ The object of the game is to pass all of the chairs to the left-hand side of the row, without the children getting off the chairs.

Go to <http://www.activities-for-kids.net/cooperation-activities-for-kids.html> to see this game and other Cooperation Games for Youth

Notes from Joe on the Passing Chairs Game -

- ✓ The game is best played with sturdy but light weight chairs.
- ✓ The object of the game is to have the boys figure out the solution - not give it to them but here is an answer -
 - The boys each stand on a chair.
 - The boy on the end joins the boy to his right and moves the chair he was on down to each boy to his right until it gets to the end.
 - Once it is there everyone moves down one.
 - The boy on the end does it again and again until the first boy is standing alone on the chair he was standing on at the beginning.
- ✓ If you don't have enough sturdy chairs - the same game may be accomplished with place mats or oak tag placed on the floor. This takes away the angst of some leaders/parents with having the boys standing on the chairs.

Lead Me



- ♣ Mark two tracks using cones.
- ♣ Divide the scouts into two groups.
- ♣ Within each group, the scouts are divided into pairs.
- ♣ One scout from each pair covers his eyes with a blindfold, and his partner has to lead him along the track using verbal instructions only.
- ♣ Each pair to complete the task successfully receives one point.
- ♣ The team to accumulate the highest number of points is the winner.

Toxic Waste



Set-Up

- Use a rope to create a circle at least 8 ft in diameter on the ground to represent the toxic waste radiation zone. The larger the radiation zone, the more difficult the activity.

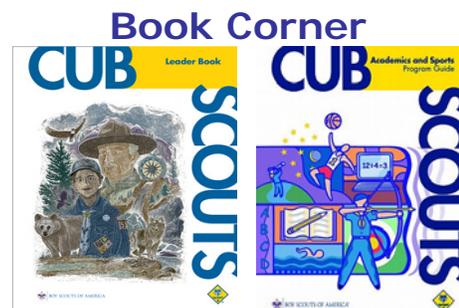
- Place a small bucket in the center of the radiation zone and fill it with water or balls to represent the toxic waste.
- Place the large neutralization bucket approximately 30 to 50 feet away. The greater the distance, the more difficult the activity.
- Put all other equipment (i.e., bungee, cords, and red herring objects (optional - extra items placed there for confusion effects) in a pile near the rope circle.

Directions

The challenge is for the group to work out how to transfer the toxic waste from the small bucket into the large bucket where it will be "neutralized", using only the equipment provided and within a time frame. The waste will blow up and destroy the world after 20 minutes if it is not neutralized.

Anyone who ventures into the radiation zone will suffer injury and possibly even death, and spillage will create partial death and destruction. Therefore, the group should aim to save the world and do so without injury to any group members. The rope circle represents the radiation zone emanating from the toxic waste in the bucket. Emphasize that everyone must maintain a distance (circle radius) from the toxic waste wherever it goes, otherwise they will suffer severe injury, such as loss of a limb or even death.

Give the group some planning time with no action e.g. 5 mins. Then start the clock and indicate it is time for action, e.g., 15 or 20 mins.



From the *Cub Scout Leader Book* (page 4-4):

On COOPERATION:

“Using athletics as their ideal, many boys tend to think of all outcomes as win-lose situations. Instead, they need to find ways, through cooperation, by which everyone can be successful. They need to come to understand that they can meet more of their goals and realize more success through joint effort and finding the middle ground.” (Page 3-1)

Some Practical Applications:

- Be helpful to others and work together.
- Do your part in a project.
- Listen to and consider the ideas of others.
- Be unselfish.
- Be cheerful.
- Share things with others.
- Be happy for the good fortune of others on the team.
- Use everyone's special talents.
- Be friendly.
- Be willing to share the credit.

(Cub Scout Leader Book:Page 4-3)

Check out pages 5-2 and 5-3 of the *Cub Scout Leader Book* for developing Family Cooperation through the Cub Scout program.

Parents' Meeting:

Now is the time to hold a meeting for Den adults!

Webelos Den Adults' Meetings are extremely important and should be held each Fall and on an as-needed basis after that. The purposes of the Webelos den adults' meeting is to let parents know what is expected of them, to learn how parents can contribute to the den, and to get better acquainted. Make sure families understand how the Webelos program is different from the Wolf and Bear programs. Establishing good communication can help keep boys in Cub Scouting. Of course, Second Year Webelos parents should be briefed on the Webelos Scout to Boy Scout transition process.

Page 5-4 of the *Cub Scout Leader Book* provides some excellent examples of how to implement good communication processes. Pages 5-5 through 5-8 give you more than 50 ways parents can help with the program.

You can find a copy of the *Cub Scout Leader Book* at http://www.scouting.org/filestore/hispanic/english/33221_WEB.pdf

DEN NEWSLETTER

As an adjunct to having a parents' meeting, communicating regularly with parents can only help the den to be successful. It keeps parents' involved and is a good way to ask for volunteers. The *How-To Book* provides information on publishing a Pack newsletter that can be adapted to your Webelos den. (Page 1-9.) Today, get parents' email addresses and deliver your newsletter electronically. Get the scouts involved in putting it together.

BADGES

The *How-To Book* also provides theme-related crafts that can be worked into your meetings. One example that the scouts will love is making plaster casts in connection with the **Naturalist** badge. See page 2-26 for plaster leaves and plaster animal tracks! Also learn how to put on a Field Day in connection with **Athlete** on page 6-15.

You can find a copy of the *How-To Book* at http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf

Academic and Sports Program



Keep the Academic and Sports Program as part of your den meeting planning and demonstrating that it being honest by following the rules and not cheating makes the game fair for

all. Information on the requirements for the various sports belt loops and pins can be found on-line at:

At USScouts.org -

Academics -

<http://usscouts.org/advance/cubscout/academics.asp>

Sports -

<http://usscouts.org/advance/cubscout/sports.asp>

On National Council's official sites -

http://www.scoutstuff.org/BSASupply/images/pdfs/34299_07_CS_SA_Guide.pdf and

<http://www.scouting.org/scoutsource/CubScouts/Cub%20Scouts/UniformsAndAwards/sanda.aspx>

Erin Mirabella represented the United States in the 2000 and 2004 Olympics. Her blog provides an insight on Honesty in the sporting world that can serve as a basis for your discussions with the scouts.

Meeting Planner



This month's meeting plans for the **Webelos Den** (First year Webelos) work on the Fitness, Athlete, Forester and Naturalist badges.

Meeting 1:

Do:

Fitness 1 and six from 2-8;

Athlete 1-7;

Bobcat Review

Home/Family Assignments:

Complete **Fitness** 2-7.

Complete **Athlete** 4-7.

Review **Forester and Naturalist** chapters.

See:

<http://www.scouting.org/filestore/CubScoutMeetingGuide/webelos/WebelosMeeting1.pdf>

Meeting 2:

Do:

Forester 5 and 6;

Naturalist 6, 7, and 9

Home/Family Assignments:

Review **Traveler** chapter.

See:

<http://www.scouting.org/filestore/CubScoutMeetingGuide/webelos/WebelosMeeting2.pdf>



This month's Meeting Plans for the **Arrow of Light Den** (Second Year Webelos) work on Family Member and Aquanaut.

Meeting 1:

Do:

Family Member 8 and 9,
Arrow of Light 2 and 7

Home/Family Assignments:

Family Member 2–6, 9.
Review **Aquanaut** chapter.

See:

<http://www.scouting.org/filestore/CubScoutMeetingGuide/ArrowofLight/ArrowofLightMeeting1.pdf>

Meeting 2:

Verify:

Family Member 2, 3, 5, 6

Do:

Aquanaut 1–5, 8 (Swimming belt loop)

Home/Family Assignments:

Family Member 4, 9.
Review **Outdoorsman** chapter

See:

<http://www.scouting.org/filestore/CubScoutMeetingGuide/ArrowofLight/ArrowofLightMeeting2.pdf>

Flag Ceremony for September

Labor Day



Labor Day falls on the first Monday of September and our flag ceremony may include a reference to this observance.

Follow your standard Color Guard process (see prior month's Bugle for a sample). After the Cub Scout promise (or Boy Scout Law, and Oath, if this is a Webelos Den meeting) and before posting the U.S. Flag you may insert the following:

- Cub #1:** Labor Day is a national legal holiday that is over 100 years old
- Cub #2:** The first Labor Day parade occurred Sept. 5, 1882, in New York City. The idea spread across the country, and some states designated Labor Day as a holiday before the federal holiday was created
- Cub #3:** Labor Day is a day set aside to pay tribute to working men and women. It has been

celebrated as a national holiday in the United States and Canada since 1894.

Cub #4: Let us all recite the Pledge of Allegiance.

Den Meeting Helpers WEBELOS



Working on the Athlete Activity Badge could be coordinated with the Fitness Activity Badge.

Fitness



Fitness is more than just nutrition. It is also understanding about drugs and alcohol and the dangers that come with them. We can make a difference by teaching the boys that a good diet and exercise is essential to be healthy and strong.

FITNESS IDEAS

Have the boys read a story in a newspaper or magazine about a drug or alcohol related incident. Have them report back to the den and discuss what happened.

Invite a nurse, doctor, or EMT to talk about the effects of tobacco, drug or alcohol abuse as well as the positive effects of eating a healthy diet.

Invite a local sports figure or coach to come and discuss fitness with the boys.

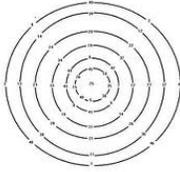
Let boys design posters on how to say no to drugs, cigarettes and alcohol. Display at a pack meeting.

Show videos (approved by parents and pack committee) on drug and alcohol abuse.

Invite a dietitian to come and discuss the benefits of a balanced diet.

Take a field trip to a fitness or recreation center.

Have the boys collect advertisements for tobacco and alcohol. Help the boys see that the activities in those ads have nothing to do with tobacco or alcohol. Have them read the warning labels on cigarette advertisements, note the size of the warning in relation to the ad.

MAGIC CIRCLE**Preparation:**

At least three people, roughly the same size

Object:

- ♣ Can you and all your friends all sit down without touching the ground and without using a single chair?
- ♣ Everybody stands in a circle facing the same way with his or her hands on the next person's waist.
- ♣ Now, everybody bends their knees until they are sitting on the knees of the person behind them.
- ♣ Lead your entire pack in this activity at the next pack meeting.
- ♣ What is the largest Magic Circle you can make? All the workers at a Japanese car factory formed the world's largest Magic Circle of 10,323 people!

JUMPING ROPE

Jumping rope is wonderful aerobic exercise, which means that it exercises the heart. Professional athletes like boxers use skipping rope to build their endurance and coordination. See how many jumps you can do before making a mistake. How long can you jump rope? The world record is over 12 hours. How fast can you jump rope? Fast jumping is best done boxer style with both feet together all the time. It is helpful to have a short rope so that it just misses the ground as you jump. Can you jump backwards? With practice, you will find this almost as easy as skipping forward. Cross hand jump: jump in the normal way but, as the rope passes over your head, bring your hands forward and cross your wrists. Quickly uncross them before jumping over the rope.

ACTIVITY TAG**Materials**

Activity Cards highlight activities like jumping jacks, sit-ups, push-ups, and other basic calisthenics.

Number cards from 1-10 to add to the tasks students complete. (You can use a deck of cards if the jacks, queens, jokers, aces, and kings are removed.)

Directions

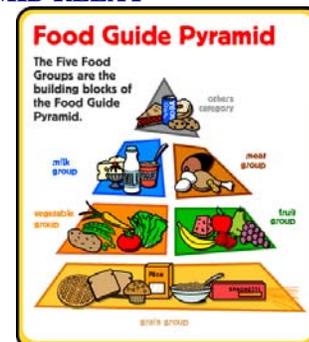
- Designate an "it" and give that person a stack of activity cards and the numbered cards.
- When they tag someone they give the tagged person an activity card and a number card.
- The person tagged is to perform the activity the number of times specified on the card.
- Once a boy finishes the task, they may enter the game again.
- You can designate a safety zone with a time limit so children can rest and be safe.

HEALTHY BONE RELAY**Materials**

Plastic eggs or Hard-boiled eggs
Two large spoons
Rubber band

Directions

- Divide students into two teams.
- Each team is given an egg, a large spoon, and a rubber band.
- On the signal, the first person on each team will take the rubber band and wrap it around the egg.
- Then, they will walk their egg to the other end of the field and hand it to their teammate.
- The relay continues until all the students have taken their egg on a ride.
- If a team breaks their egg, they will continue the race without an egg.

FOOD PYRAMID RELAY**Materials**

Plastic or pictures of food
Three trays

Directions

- Students form two equal lines.
- On the signal, the first student in each line walks with their lunch tray to the circle of plastic foods.

- They choose a food from the Food Guide Pyramid.
- After choosing a food and placing it on the tray, they hand the tray to the next student.
- The event continues in this way until the team has a food from each group represented on their tray.
- If a student drops a food, that food must be picked up and put back on the tray.
- The first team to compile the balanced meal sits down.
- Then they will explain the food groups they have chosen and how they built a balanced meal.

Plate = New Symbol For Healthy Eating

http://kidshealth.org/kid/stay_healthy/food/pyramid.html



Goodbye, pyramid. Hello, plate.

The Food Guide Pyramid was the model for healthy eating in the United States. Maybe you had to memorize its rainbow stripes in school.

But the USDA, the agency in charge of nutrition, has switched to a new symbol: a colorful plate —

called **My Plate** — with some of the same messages:

- ★ Eat a variety of foods.
- ★ Eat less of some foods and more of others.
- ★ The pyramid had six vertical stripes to represent the five food groups plus oils. The plate features four sections (vegetables, fruits, grains, and protein) plus a side order of dairy in blue.
- ★ The big message is that fruits and vegetables take up half the plate, with the vegetable portion being a little bigger than the fruit section.
- ★ And just like the pyramid where stripes were different widths, the plate has been divided so that the grain section is bigger than the protein section. Why? Because nutrition experts recommend you eat more vegetables than fruit and more grains than protein foods.
- ★ The divided plate also aims to discourage super-big portions, which can cause weight gain.

GOOD HEALTH HABITS

Circle the correct answer(s). (Correct answers in **bold** type)

1. Bathe/shower (**every day** OR 1/week) and especially after exercise.
2. Wash your hair (1/month OR **2+ times/week**).
3. Wash hands (**before eating** OR **after using the restroom**) and when they're dirty.
4. Eat right - (**3** OR 4 OR 6) regular meals each day at regular times!
5. Eat (just some OR **a variety of**) food from each of the 4 food groups.
6. The average 10 year old should get (6 OR **9** OR 12) hours of sleep each night.

CLEAN & STRONG

Circle T for True or F for False. (answers in **RED**)

- A. **T** F Our bodies "repair" themselves while we sleep
- B. T **F** Clean clothes aren't necessary after a bath or shower - they are just in the morning.
- C. **T** F Use proper lighting for all activities including reading, TV viewing, and playing
- D. **T** F Fitness is never just physical - it involves both the mind and body together
- E. **T** F Stand tall, and walk tall with shoulders back and stomach in
- F. T **F** It's OK to share drinking cups, washcloths and towels.
- G. **T** F Different foods provide different nutrients, and no one food can sustain us.
- H. **T** F Rushing meals or skipping meals can be harmful to your body.

Athlete



MINI-OLYMPICS

This can be done with a den, between dens and even as a pack activity. Here the Scouts compete through the course outlined below - record each Scouts score. Be sure to have them do some warm-up exercises before starting (ex. ten toe touches, deep knee bends, and jumping jacks and body twists). Afterwards, discuss a balanced diet and the effect exercise may have on their performance. Then challenge them to do their chosen Fitness badge exercises for thirty days and have them redo the course. Ask them how they think their performance will change. This will complete #5 of the Fitness badge and helps them to complete #2. If time is available #3, #4, and #6 of the Fitness badge should be discussed.

The following is an example of a course:

Station #1 - Curl Ups (adult holds feet) - Do as many as possible. Record time and number. .

Station #2 - Pull Ups - Do as many as possible. Record time and number.

Station #3 - Push Ups - Do as many as possible. Record time and number.

Station #4 - Standing Long Jump - Mark off six feet in one-half foot increments (highlight the five foot mark). Begin with toes at the start line and measure at the heel after the jump. Record the distance jumped.

Station #5 - Vertical Jump - Set up a post or a board. Mark the post starting from the bottom with a scale, in inches from 0 - 15 inches. Attach a ball to a string and hang it over the post. Have an adult hold the end of the string. The adult will need to adjust the height of the ball on the jump side, according to each Scout's height - about a foot above the tips of their fingers when their arm is stretched above their head. They

then try to jump up and touch the ball. The adult watches to see how high they jump - the height of the jump is measured from the bottom of the post to the bottom of their feet at the height of the jump. Record height of jump

Station #6 - Tire Run - Scout must run through a series of tires, being sure to put one foot in each tire with alternating feet.

Station #7 - Hopping on One Foot - Scout has to hop on one foot through a set of cones. One foot must be help behind their back through the entire course. Record the time to complete the course.

OBSTACLE COURSE

Ask the Webelos to help with this project. They will have fun picking out a theme to use and making up stories for each station. Mix and match these ideas, and add more of your own.

- #1: Elephant Walk: you must step in four buckets in a row.
- #2: Climb over two sawhorses.
- #3: Swing across a stream: hang a rope on a tree limb and mark the banks of the stream with string.
- #4: Caves: crawl through several cardboard boxes in a row.
- #5: Crocodile River: lay a ladder flat on the ground. Boys must step on each rung to cross.
- #6: Under the falls: Spray a garden hose (On fine mist) from behind a bush.
- #7: Whirlpool: low garden edging stuck in the ground in a pattern.
- #8: Pretzel shot put: just what it says!
- #9: Carry a (chair) from one station to the next.
- #10: Fill up a small cup with water, using only a sponge to dip water out of a pail.
- #11: Ring toss: Clamp clothespins around the top of a can and throw jar rings at it.
- #12: Lift a small 5 pound barbell three times

MUSCLE BUILDING EXERCISES



Some muscles need more building up than others for increased strength and stamina. Start out slowly and increase gradually in these exercises designed for a 15 minute home workout program.

Biceps Builder

Bend one arm at the elbow and extend, palm up, from your side. Make a fist with this hand.

With the other hand, grab the extended arm just below the wrist. Push up with the extended arm

while pushing down with the other. Hold 10 seconds. Do this five times with each arm.

Neck Builder

Grab each end of a good strong bath towel with one hand on each end. Put the towel behind your head. While holding your head up straight, push hard against the back of the neck with the towel until your neck muscles quiver. Try this for three minutes.

Abdominal Muscle Builder

Lay on your back on the floor with your arms at your sides and your feet together.

Raise and spread your legs slowly without touching the floor and hold for 10 seconds.

Do this three times, then rest and repeat.

Back & Chest Strengtheners

Lie face down with hands at the back of your neck, elbows out.

Raise head and chest and hold.

Repeat.

Arm & Shoulder Muscle Builder

Push-ups are great for this.

Keep back and arms straight while raising and lowering your body.

Work up to 20 push-ups a day.

Stomach Muscle Builder

Lie on your back with your arms straight above your head on the floor. Raise up and touch your toes with your fingers, keeping your legs straight.

Feet & Toe Conditioner

Walk pigeon-toed with your toes curled. Practice picking up marbles or smooth stones with bare feet.

Leg & Thigh Builder

Stand up straight with your hands on your hips. Rise up on your toes while bending your knees slowly until you are in a squat position. Repeat.

GAMES

Rooster Fight

Boys grasp one ankle, hopping on the other foot inside a circle.

By bumping shoulders opponents try to cause each other to loose their balance or step out of the circle.

Gorilla Relay Race

Boys line up for the race. In turn, each boy spreads his feet shoulder width, then bends down and grasps his ankles.

He then races forward, keeping knees extended and legs straight out.

Wheelbarrow Race

Teams of two. One boy lies on the ground. His partner takes his feet.

The first boy is the wheelbarrow. He walks on his hands while his partner holds his feet, and they race other teams to the finish line.

Forester



A forester deals with the care and growing of trees, and a Webelos Scout working on his Forester Activity Badge will learn how to recognize different species of trees by their shape, foliage, bark and types of wood, as well as animals who live and grow there.

A forester must learn how to do a great variety of things as well as know many facts about trees. Some of his tasks are making tree inventories, estimating the lumber content in standing timber, surveying, logging, tree planting, insect control, recreational planning, and the mapping and marking of trees for harvesting. He is interested in woodlands conservation and learns how to preserve and protect them from fire and disease. A forester must have excellent health and a love of the outdoors.

Forester Requirement #7 –

Collect pieces of three kinds of wood used for building houses. Tell what kinds of wood they are and one place each of them might be used.

- ★ **Oak:** Hard Durable Wood. Used for cabinet, flooring, furniture, moldings. Found in almost every home in the United States.
- ★ **Pine:** Soft wood, durable as long as it is protected from the weather and hard use. Pine is used in framing structure of the home and furniture.
- ★ **Cedar:** Aromatic wood; differing levels of hardness; disease and insect resistant. Exterior trim, decks and fences; lining for closets, drawers and chests.

Plant Some Trees



Ask the County or State Parks Department if your den can plant trees. The parks will provide the trees and designate where to plant them.

How Do We Use Trees?

Think! What are all the ways that we use trees?
Make a list.

We use trees for:

1. _____
2. _____
3. _____
4. _____
5. _____

6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____

Hint on uses for trees -

Thousands of products come from trees -- our wooden houses and the furniture in them, the rayon clothing we wear, the film in our cameras, and many of the good fruits we eat. Ash and hickory are used in the manufacture of baseball bats and other sporting equipment. Lumbering is a major industry in many countries of the world. The one very important value is the aesthetic. Think what beauty we would be missing if there were no trees. Our world couldn't and wouldn't be as interesting.

Pollution

By Seymour Simon

Coat two index cards with a thin coat of Vaseline. Pin one of the cards to the trunk of a large tree. Pin the other card to a near-by place that is not shielded from above by leaves. After a few days remove the cards and examine them with a magnifying glass. Which card has more pollution particles and do the particles on one card differ from those on the other card? What does this show? With a den of boys this can be done over an entire neighborhood, and a pollution chart of the neighborhood can be drawn up to show where high pollution areas are.

Field Trips

- ✓ Arrange a trip to a lumber yard. Talk to the salesman about the different woods available for use. How is wood treated for gardens, etc? What are the standard sizes of boards and plywood? How does a contractor know how much wood it takes to build a house?
- ✓ Visit a local nursery or tree farm, or an orchard in production.
- ✓ Contact a local tree service and ask if you can watch their crew in action. Watch a tree felling or brush chipping operation Find out about the safety features used.

Bark Rubbing



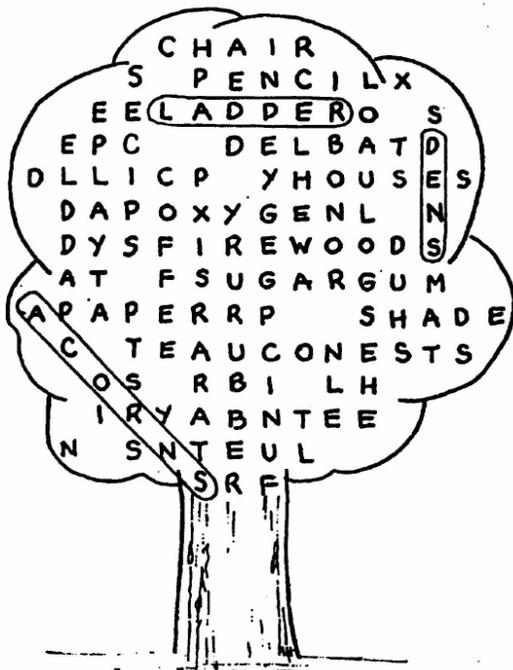
Needed –

- a tree,
- a piece of construction paper,
- a piece of screening 7-1/2" by 12-1/2",
- masking tape, and
- a crayon.

Directions

- ☺ Find an interesting patch of bark, and tape the construction paper over it.
- ☺ Holding the crayon flat side against the tree, rub up and down over the paper, pressing firmly.
- ☺ Keep coloring until you get an interesting pattern.
- ☺ Remove the tape and inspect your bark rubbing.
- ☺ Try different trees, and look at the different patterns you get.

Tree Word Search



We get many things from trees. Find and circle these 35 words in the tree above. The words are horizontal, vertical, and diagonal, forwards and backwards.

- | | | | |
|--------|--------|-------|----------|
| ACORNS | BAT | BOX | CHAIR |
| COFFEE | CONES | DYE | FIREWOOD |
| FRUIT | FUN | GUM | HOUSES |
| LADDER | LOGS | NESTS | NUTS |
| OXYGEN | PADDLE | PAPER | PENCIL |
| PLAY | POLE | POST | RESIN |
| RUBBER | SEED | SHADE | SHELF |

- | | | | |
|--------|-------|-------|-------|
| SPICES | SUGAR | SYRUP | TABLE |
| TEA | TAR | WOOD | |

Tree Quiz Contest:

Sam Houston Area Council

Call out these questions in front of the group and have fun with the answers.

1. What tree is the opposite of me? yew
2. What is a double tree? pear
3. What tree is nearest to the ocean? beech
4. What is the calendar tree? date
5. What is the Egyptian plague tree? locust
6. What tree do we offer friends when you meet them on the street? palm
7. What tree is used in kissing? tulip
8. What tree is used in a bottle? cork
9. What tree is still there, even after you burn it? ash
10. What tree is longing to see you? pine
11. What tree probably tastes really bad? yucca
12. What tree keeps mammals warm? fir
13. What tree do you have two of on your bed? Tupelo
14. What tree do you chew? gum, or sweet gum

Naturalist



Naturalist Requirement #11 –

Learn about aquatic ecosystems and wetlands in your area. Discuss with your Webelos den leader or activity badge counselor the important role aquatic ecosystems and wetlands play in supporting lifecycles of wildlife and humans.

What is an aquatic ecosystem?

It is an area where plants, animals, and microorganisms are dependent on each other and their surroundings in a:

- #1: Marine environment (ocean) – Covers 71% of the Earth’s surface and contains 97% of the world’s water.
- #2: Freshwater environment (lakes, ponds, streams, etc.) – Covers 0.8% of the Earth’s surface, contains 0.009% of the world’s water and 41% of the world’s known fish.

What is a wetland ecosystem?

There are four ingredients:

- #1: Water must be found for at least part of the growing season.
- #2: Hydric soils, or water-saturated soils, that have little or no oxygen so only certain plants which have adapted can grow there.
- #3: Hydrophytic plants which have adapted to the hydric soils.
- #4: Bacteria (decomposers) and animals, including beavers.

Why are aquatic and wetland ecosystems important?

- a. Recycles nutrients – The many decomposers in the wetlands break down materials into nutrients for plants and animal.
- b. Flood control and water storage –Wetlands control flooding by absorbing the water and slowing the spread of fast moving water. The absorbed water is then slowly released into downstream habitats and groundwater.

#2: Decontamination – Wetland soils and plants remove harmful substances by absorbing them before they reach the aquatic ecosystems.

#3: Climate control – Water is returned to the atmosphere helping to average out temperatures and reduces the carbon dioxide in the atmosphere by storing it in the soil.

#4: Soil conservation and water purification – Wetlands strain up to 90% of the sediments and debris from upstream making the downstream waters and areas cleaner.

#5: Human use – Aquatic and wetland areas are used for recreation and are important for tourism.

Games**Find 'Em**

- ✓ Each Webelos Scout is given a written list of things that may be spotted along a hike route, with a point score for each. .
- ✓ First player to find one reports to the leader and is given the appropriate score.
- ✓ The players have to stay quiet and they do not touch any of the things they find.

Examples:

Bird's nest	20 points
Oak leaf	2 points
Blue Jay	10 points
Balsam Fir tree	5 points
Dandelion	1 point
Poison oak	10 points
Any animal track	15 points

Tree Tagging

- ♣ Divide den into two teams.
- ♣ Give each team twenty strips of cloth and a felt-tip pen.
- ♣ Object of the game is for the teams to tag as many different kinds of trees as possible, making correct identification.
- ♣ Set the boundary and a time limit.
- ♣ At the end of the time, go over with the boys each tree they tagged and remove the cloth strips.
- ♣ The winners are the team with the most correct tags.

Check out <http://www.arboday.org/treeguide/browsetrees.cfm> for information on tree identification and additional ways to connect your scouts with nature.

Memory Hunt (A Kim's Game)

- ♣ Divide den into two teams.

- ♣ Each team is seated facing the same scene.
- ♣ For two minutes, all team members study the view in front of them, trying to memorize all plants, trees, and animal life, including insects and birds.
- ♣ At the end of two minutes, both teams turn around and list everything they remember.
- ♣ Longest correct list wins.

Mysterious Night Bug Mixture

Nocturnal, active at night, bugs are very interesting, but you rarely get to see them. Their colors make them hard to find in the daytime so their predators won't eat them while they rest. You can make some special food "paint" that will attract them during the night, so you can get a close-up look at these mysterious creatures.

Needed –

- 1 or 2 very ripe bananas, peaches or 1 cup of berries
- 1 cup fruit juice
- 4 Tablespoons of sugar
- Bowl; Fork; Paintbrush

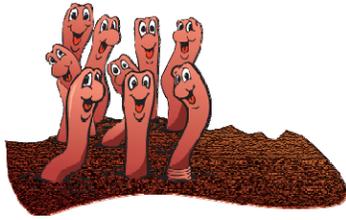
Directions

- ✓ Mash the fruit in the bowl with a fork.
- ✓ Add the sugar to the fruit and mix.
- ✓ Gradually add the juice to the fruit mix stirring well with each addition of juice.
- ✓ Paint mixture on tree trunk.
- ✓ When it is night and fully dark, go out with a flashlight and check the trees to see what insects were attracted.

Bug Match

- ⚡ Have someone cut out a bunch of different insect pictures and mount them on paper to hang around the Pack Meeting room. (Make sure you know the names of the different bugs.)
- ⚡ Label the pictures with letters or numbers.
- ⚡ Hand out sheets of paper with the names of the different bugs listed in a mixed up order.
- ⚡ Ask people to match the pictures with the names.
- ⚡ After the opening ceremony, read off the answers and ask everyone how they did.
- ⚡ Give an appropriate cheer/applause to the one(s) who got the most matches.

Wormy Experiment



- Try this experiment to show your den how worms work.
- Put four to five inches of rich soil in a large glass jar with a half-dozen earthworms.
- On top of the soil, put an inch of light sand.
- Sprinkle corn meal on the sand.
- Wrap black paper around the jar to shut out light.
- At your next den meeting, take off the paper and see what has happened.
- The worms will have moved dark soil up into the sand and sand down into the soil.
- You will see tunnels along the glass marking their travels.
- Explain that the worm's tunnels bring oxygen and nitrogen to nurture life and that the tunnels help the soil hold water.

ARROW of LIGHT



Boy Scout Stuff



THE SCOUT LAW PUZZLE

Z U M Y N Q S R M K Y O H R Z
 R T C J H E M H X L L E I N T
 F J F H A T Y Z D N L C A R H
 M K J W E V R N L P K E K E T
 G E H R D E E O F A L T B V S
 F K V R G I R U W C Y U K E U
 B X P U R K L F J T T O S R O
 U Y T F I R H T U I S X L E E
 O B E D I E N T E L N U Y N T
 J K I N D V D I V S F R R T R
 Q K S S B K X L A F Y P D T U
 N E P J K C M X R J Q Y V B O
 L D P X T T J F B H Y P J L C
 W X K T H C R N L N A X E Q X
 B L T Z P T I W F G D D U R T

TRUSTWORTHY	LOYAL	HELPFUL
FRIENDLY	COURTEOUS	KIND
OBEDIENT	CHEERFUL	THRIFTY
BRAVE	CLEAN	REVERENT

SCOUT LAW SPEED TEST

- This is one of my favorite scout law games. The kids love the competition and they learn it fast.*
- ✓ Using a permanent marker, write each of the 12 parts of the scout law on a separate tongue depressor or ice cream bar stick.
 - ✓ Mix them up, throw them on a table.
 - ✓ Each Webelos Scout takes a turn to put them in order (i.e., Trustworthy, Loyal, Helpful, etc.)
 - ✓ Using a stop watch, time each scout.
 - ✓ The scout who is the quickest, wins.

ROLL THE DICE GAME

This requires one dice. Each boy rolls the dice and depending on what number comes up, he performs one of the requirements of the Bobcat trail. Score points for each boy who does the task correctly. Add some flavor - let a roll of 5 yield an extra roll.

- 1 = Boy Scout Oath & its meaning
- 2 = Boy Scout Law & its meaning
- 3 = Scout motto & slogan
- 4 = Scout sign/salute/handshake
- 5 = Scout badge & BS uniform
- 6 = Tie a square knot

Check out <http://www.boyscouttrail.com/tests/arrow-test.asp> for an on-line Arrow of light test!

Family Member



This badge focuses on helping each young Cub Scout learn how to contribute to the success of his family. It also helps prepare to him for the future by giving him a start on budgeting, planning family activities, thinking about health and safety issues, and improving his relationships with other family members.

FAMILY MEMBER IDEAS

- ★ Start a family photo album
- ★ Switch chores with another family member for a month
- ★ Discuss “secret chores” that the boys can do for their families without their families finding out
- ★ Send a “why my ___ (dad, mom, etc) is important” letter to someone in your family
- ★ Teach the boys basic cleaning skills. If possible, invite a professional housecleaner to come to your den meeting.
- ★ Have a contest and see who can sew a button on the fastest and the best.
- ★ Have the boys fix a meal and invite the parents for a feast!
- ★ Have the boys start their own recipe files. Invite a dietician to come visit the den and explain why balanced diets are important.
- ★ Visit a grocery store.
- ★ Go to a restaurant for a tour and then eat there!

GAMES AND ACTIVITIES

THE GREAT BATHTUB EXPERIMENT

Should you take a bath or a shower?

Materials:

Your bathtub with an overhead shower,
a yardstick

Directions

- Start by taking a bath.
- Fill your bathtub with water as usual, but before you step in, use a yardstick to measure the depth of the water in the tub.
- Be honest with the amount of water you use. If you are not, the experiment will be useless.
- Record the number for future reference.
- Next time you bathe, take a shower. But before you begin, do something unusual.
- Close the bathtub drain so that the shower water will collect in the tub.
- When you are finished, measure the depth of the water that has collected.
- Compare this reading in the shower with the bath water depth.
- You will find that your shower used substantially less water – probably less than half as much!
- A lot of this water is hot water. As a rule of thumb, figure that it takes a cubic foot of gas, or 1/4 kilowatt-hour of electricity to heat a gallon of water. So you can see showering saves energy – as well as water!

WASH-SORT



- ☺ Gather some “dirty” laundry – clean actually and enough for Webelos Scouts to sort through in roughly a minute.
- ☺ Mix the laundry into two piles having about the same amount of white, color, and dark items in each.
- ☺ You can add to the fun by including something that must be dry cleaned so that the Webelos Scouts must read the labels to properly sort things.
- ☺ Also, put some pens and/or papers into the pockets for even more reality.
- ☺ Split the den into two teams.
- ☺ The first team to sort their clothes properly wins.
- ☺ You may want to time each Webelos Scout individually for another variation.

FOLD’EM GAME



When you get done sorting the laundry, you may want to do the fold’em game. It’s just that...fold each item neatly. First team done is the winner.

FAMILY FACTS

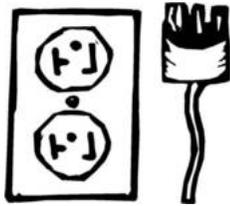


Save your family memories and pass them on to the next generation. Nothing gives more enjoyment to a family than “REMEMBER WHEN”. Children learn who they are from their parents and grandparents. To play FAMILY FACTS have each member of your family write out questions that only your family would know - the more personal the better.

- ☺ Who went to Canada on vacation?
- ☺ What was this family's first pet?
- ☺ Who broke their arm during the school play?
- ☺ Who ran into the basketball standard and chipped his front tooth?
- ☺ What was the address of our first house?
- ☺ When is Grandma's birthday?
- ☺ When did dad graduate from high school?
- ✓ Play in the car, home on a rainy day or at family gatherings.
- ✓ For a different twist, make up cards in categories -dates, people, places, events, pets, vacations, etc., and play family trivial pursuit.

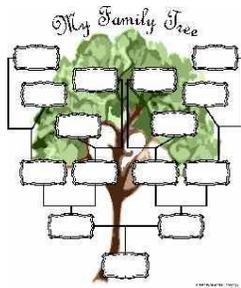
- ✓ Use the regular Trivial Pursuit game, but substitute your family cards.

FIND THE WASTED ELECTRICITY



- Have a lot of lights and appliances on in your house.
- Go outside your house to the electric meter and have the boys observe how fast the meter is spinning.
- Then have them go inside and turn off as many things using electricity as possible (leave the refrigerator plugged in!).
- Observe the results.
- Have them find and list the things using electricity in the house:
 - Lights
 - Washing machine
 - Refrigerator
 - Air conditioner
 - TV
 - Fans

FAMILY TREES



Materials:

White and light green construction paper

Directions:

- ❖ Have the boys cut trees out of the green construction paper and paste them onto the white paper.
- ❖ Have them write their name and their siblings' names, birthdates and birthplaces on the trunk of the tree.
- ❖ Above this near the bottom of the leafy part of the tree write their parents' names, birthdates and birthplaces.
- ❖ Above each parent write the grandparents' information.
- ❖ Above the tree add Great-Grandparents, if possible.
- ❖ Connect lineages with lines.

YOUR SHARE OF THE FAMILY'S WATER

Some water is used for the good of everyone in your family, such as water for cooking and cleaning. This chart can help you estimate your share of that water. Suppose, for example, that there are five people in your family. If you estimate that water for meals, cleaning and other family uses equals 100 gallons, your share is 100 divided by 5, or equals 20 gallons. Enlarge chart to desired size.

DAILY WATER USE

Put "X" for each use Total

_____ Taking a bath	30 gallons
_____ Taking a shower	20 gallons
_____ Flushing toilet	3 gallons
_____ Washing hands or face	2 gallons
_____ Getting a drink	¼ Gallon
_____ Brushing teeth	¼ Gallon
_____ Other	You estimate

HOME INSPECTION CHECK LIST ADDITIONS

There is a good home inspection checklist in the Webelos handbook, but there are other important inspections to do. Here are a few that Webelos can do at their homes and at their grandparents' homes:

- #1: Check to see that there are smoke detectors on every floor of the house, near all bedrooms and in hallways that connect sleeping areas to living areas of the house.
- #2: Test the batteries of all of the smoke alarms.
- #3: Use a "polarity tester" on every outlet inside and outside the house. Outlets are often wired with the black and white wires backwards or without a good ground wire. Inexpensive testers are available.
- #4: Are any power plugs hot or extra warm to the touch?
- #5: Check to see that appliance, telephone and lamp cords are not in places where people typically walk, so that they are unlikely to trip on them.
- #6: Check to be sure that power cords are not under any furniture legs, rugs or carpeting.
- #7: Are all power cords in good shape; not frayed or cracked?
- #8: Are several cords going into an extension cord that is not rated for the load?
- #9: Are any of the area rugs able to slip or slide?
- #10: Is there a list of emergency numbers near every telephone, including poison control, local police (911 and non-emergency), and fire?
- #11: Check the wattage of every light bulb versus the rating of the sockets.
- #12: Make an emergency exit plan so that the whole family knows how to get out of the home from any room. Everyone needs to know what the emergency gathering spot will be. Are there any safe alternative ways out of upstairs windows? Do a practice emergency escape from the home to see how long it takes.
- #13: Does the stove vent out smoke properly?
- #14: Are any appliances plugged in too near the sink in the kitchen or bathroom?
- #15: At night, is kitchen lighting bright enough to see adequately and be safe? Webelos Family Member Activity Badge
- #16: Does the fireplace have something to keep sparks from entering the room?
- #17: Are there any rugs or flammable objects near the fireplace?
- #18: Are hallways well-lit and free of clutter?

- #19: Do bathtubs and showers have non-skid surfaces to stand on?
- #20: Are poisons and household chemicals out of reach of small children?
- #21: Are there light switches at both the top and bottom of all staircases?

Aquanaut



PREPARING FOR BOY SCOUTS

- ✓ Aquanaut Requirement 1 & 2 are similar to [First Class](#) Requirement 9b.
- ✓ Aquanaut Requirement 5 is similar to [Second Class](#) Requirement 7c & [First Class](#) Requirement 9c.
- ✓ Aquanaut Requirement 7 is similar to [Second Class](#) Requirement 7b.

Remember to check the Guide to Safe Scouting and Safe Swim Defense before engaging in any water activities!

You can find both here:

<http://www.scouting.org/scoutsource/HealthandSafety/Resources/Guidetosafescouting.aspx>

<http://www.scouting.org/scoutsource/HealthandSafety/Aquatics/safe-swim.aspx>

AQUANAUT IDEAS

- Invite a member of a scuba diving team to come to your meeting and bring equipment to demonstrate. Scuba demonstrations can be arranged at a local dive shops and outfitters.
- Go to see a swim meet or diving competition at the high school or college. Talk to the coach.
- Invite several Boy Scouts to come to your meeting and talk about earning water merit badges. Ask them to tell about the summer camp waterfront activities they have enjoyed.
- Have them demonstrate and teach water rescue techniques.
- Visit your local police station and talk to the water search and rescue team. How often are they called out? What are some of the circumstances? What equipment do they take along?
- Discuss the importance of the buddy swimming system.
- Have a demonstration of mask, fins, and snorkel by an expert.
- Take the Den swimming. Let them try to pass the 100-foot requirements, and surface dive and snorkel optional requirements.
- If a rowboat is available, have boat safety methods and rowing techniques demonstrated by an expert. Give boys a chance to practice the methods. Invite parents to come along.
- Teach the four basic rescue methods. Let boys' practice reaching and throwing a lifeline for rescue.
- Practice rescue breathing on a dummy.

- Go to a canoe or sailboat race.
- Invite an expert to explain how to handle emergencies in the water. (Contact a swim instructor, the YMCA or Coast Guard)
- Visit a boat yard.
- Have a quiz on boat safety rules.

NEIGHBORHOOD WATER TOURNAMENT

- #1: Water pistol duels
- #2: Fishponds - can be made from cleaned out ice cream cartons or tubs (gallon size). Make "fish" out of sheet metal. Tie toy magnets to string of fishing poles. Numbers painted on fish indicate prizes won by fisherman.
- #3: Water Pistol Fireman - The object is to shoot out a candle flame with a water pistol. Make up your own rules.
- #4: Water Nail Driving - Attempt to drive nails in a piece of wood submerged in a waterfilled tub.
- #5: Throw wet sponges at a clown. His head sticks through a hole in a piece of canvas, plastic tarp or other heavy plastic.
- #6: Fill soda bottles with water carried in paper cups relay fashion.
- #7: Set up a large metal tub and duck for apples.
- #8: Divide the group into "armies" and have a water balloon fight.
- #9: Play Tug O' War with a hose set up on a ladder spraying water or a mudhole.
- #10: Skish - is a test of plug-casting skills. You'll need some casting rods, plastic plugs and targets (cardboard boxes, plastic hoops, chalk rings on the cement, etc.)

BUDDY SYSTEM GAME

Divide the den into pairs of scouts. Each pair is a separate team. Each player is given a bottle cap. Place a bucket half filled with water in the center of the playing area.

Partners should hold onto the other Cub's belt, carrying the bottle cap in their free hand.

A circle, 8 feet in diameter is drawn around the bucket.

At the leader's signal teams run to the bucket to fill their bottle caps with water. Both team members must be outside the circle to participate in the game's action which is splash other teams. Teams may keep refilling their bottle caps during the games except when the leader yells "Buddies." At this, no one may splash or refill, but everyone stops where they are and hold their arms high. Those caught splashing or refilling after "Buddies" is called, are out. Resume play until last team remains or time runs out.

WATER FUN AND SAFETY QUIZ

Water Safety

For each statement, circle the correct answer, either DO or DON'T.

- DO DON'T 1. Show off in the water.
- DO DON'T 2. Swim with a buddy.
- DO DON'T 3. Dive into strange or shallow waters.
- DO DON'T 4. Check with your buddy to see if he knows how to swim.

- DO DON'T 5. Go in swimming right after eating.
 DO DON'T 6. Have your family physician give you a physical before starting a swimming course.

Boat Safety

For the statements below, circle the correct answer(s) to fill in the blanks.

1. In a rowboat, _____ people per seat is a safe rule. 1 / 2 / 3
2. _____ should wear a life jacket in a boat 20 feet or shorter. Children / Scouts / Adults
3. If your boat tips over, _____.
swim to shore / **hang on to the boat**
4. Always keep a lookout for _____.
other boats / swimmers / sharks

Swimming and Rescue Safety

Using words from the list below, fill in the correct letter for each description.

A. Throw B. Buddy System C. Sidestroke D. Reach

- D Rescue method where you extend something for the victim to grab onto.
C This stroke is done on either your left or your right side.
B This is the name for swimming with another person.
A This rescue method involves providing a floating device to the victim.

ADDITIONAL ADVANCEMENT IDEAS

Alice, Golden Empire Council

*Someone wrote and asked me why Alice and I have this section with all the advancement in the new Resource Book. These are additional ideas. Maybe your Cubs did some advancement in camp and you got to skip a section. Maybe your den is above average and streaking through the program. Maybe you want some ideas to tie into the Core Value of the month. Maybe your presenter or field trip for that week fell through and you need a Plan B. Here are ideas you can use!!
CD and Alice*

These ideas are based on the Core Value assigned for September – **Cooperation**. But each of these requirements will also help boys advance.

Tiger Achievements

Ach. #1F – Show some practical cooperation by choosing a chore to do with your adult partner – or maybe the whole family can help. “Many hands make light work”

Ach. #1G – If you visit a museum or other historical location, look for examples of cooperation to point out – (for example, bringing in the harvest required the help of every member of the family. Even the littlest children might be assigned to pull the husks off the corn, or pick up and dispose of the chaff or husks.)

Tiger Electives

Tiger Elect. #24 – Help the adult who is preparing a meal to set up and also clean up – (this could be the chore you agree on to fulfill Ach. #1F)

Tiger Elect. #28 – With an adult partner, check and replace batteries in smoke detectors in your home or another building – you might do this for your neighbors to celebrate Good Neighbor Day.

Wolf Achievements

While working on assigned **Ach. #1 – Feats of Skill**, challenge the boys to tell which ones include Cooperation - (#1a and #1j require two people) Also, you can encourage cooperation by pairing two boys to work together to help each other accomplish other activities, such as the front, back and falling forward roll. Make sure the boys encourage and cheer on each other!

Since **Ach. #2 – Flag** is also assigned, be sure to point out that no boy can accomplish a flag ceremony or folding on his own – everyone must cooperate! You might have the boys take a turn and try to fold the flag by themselves – do this by laying the flag on a table and asking each boy to take a turn making a fold – then talk about whether it is easier to fold the flag when you have others helping you!

Ach. #8e – with an adult, help plan, prepare and cook an outdoor meal

Wolf Electives

Elect. #1a – Introduce the Value of Cooperation using a code that has been divided into parts so that every boy or team of boys is needed to break the code. For example: Put this phrase into a code – “Everyone must work together to demonstrate Cooperation.” Each boy or team of boys must break one section of the sentence to cooperatively arrive at the solution.

Elect. #4f - play one of the Cooperative games shown in Baloo

Elect. #7c – Make a set of Foot Racers and use them cooperatively with a friend. Try making a longer one for a real challenge!

Elect. #8b – help an adult do a chore using a wheel and axle (wheelbarrow) – you could also play the game of wheelbarrow to demonstrate cooperation.

Elect. #10f – In honor of Native American Day, make some sets of the American Indian word pictures; divide boys into teams and let each team work together to come up with a story made from 12 of the pictures.

Elect. #11a, f – Learn a song about cooperation and sing it with your den at a pack meeting. (I’ve Got the Cub Scout Spirit is a good choice, or try the new song in this Baloo.

Elect. #12d – If your den is doing a skit, let everyone help to make some scenery or a backdrop for the skit, play or puppet show. Check out ideas for some folktales about cooperation under Theme Related – or start working on a skit about Squanto for a pack meeting in October or November.

Elect. #16 – Family Alert; some families may want to take this opportunity to make preparations for possible weather, flooding or home emergencies by working together to make

sure everyone knows what to do in case of emergency. Don't forget the Band Aids! (See the story under September – A Month for Cooperation) The Den could also work together to make a Den First Aid box, with each family donating different items.

Elect. #20 – Play some team sports and cooperate together; **#20j** – flag football; **#20i** – baseball or softball; **#20m** – basketball. Remind the boys that being a team player and showing good sportsmanship is a way to demonstrate Cooperation.

Elect. #23d – Explain the Buddy system – it's a great example of working together to be safe!

Bear Achievements

While working on assigned **Ach. #3a,b** think about ways that cooperation between Americans makes our country special, or look for connections to cooperation as you learn about two famous Americans. If you do **Ach. #3d**, and visit an historic location, make sure you look for ways that people worked together, or spent time together. For example, how did they eat or what did they do for entertainment?

Ach. #6g – Take part in a den or pack conservation service project.

While working on assigned **Ach. #8**, look for examples of cooperation in activities from the past; if you talk to a grandparent or older person, find out how they feel cooperation was important in their lives.

Ach. #9 – Work with an adult to bake cookies, make a snack, prepare meals, make trail food for a hike or make a dessert.

Ach. #10 – Family Fun – demonstrate cooperation as you do a family outing or have a game night.

Ach. #24a – Help a boy join Scouts or complete the Bobcat trail.

Bear Electives

Elect. #8c – Play in a den band using homemade or regular instruments; perform together at a Pack Meeting.

Elect. #13b – work with other scouts to put on a magic show

Elect. #15e - As a den, visit a lake, stream, river, or ocean; Plan and do a den project to help clean up this important source of water; Name four kinds of water pollution.

Elect. #21b – Help with a garage sale or rummage sale for your family, den or another organization

Elect. #24 - Learn about American Indian people in your area and how they cooperated to make clothing, housing, tools and to use the resources available in your area.

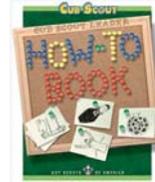
Webelos Activity Pins

When working with the boys on their Activity Awards, guide them into cooperation. Here are some ideas:

- Two or more work together to put up tents
- They figure out the trees together
- They play team sports together

MORE GAMES AND ACTIVITIES

Wendy, Chief Seattle Council



✓—Water Carnival, page 6-14

✓—Summer Celebration, page 6-18

✓—Pack Picnic, page 6-22

✓—Bicycle Safety Day, page 6-11 to 6-12

Want to check something in the "How-To Book," and your copy is not available?? Want to copy something quick to use at a meeting?? You can find the "How-To Book" at this address on **National's Web Site** -
http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf

CUB GRUB

Cub Grub Cookbook

This is a really great cookbook for Cubs -

<http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf> -

You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

Make a Community Sandwich

Alice, Golden Empire Council

- ☺ Provide condiments and mayonnaise, ketchup, mustard and a long "Subway" type loaf bread for each den or table – or go all the way and order a 6 foot long one. Olives, Tomatoes, and other veggies and a box of toothpicks are a great addition.
- ☺ Each family or den can bring some sandwich fixings and then the whole group works together to make a special sandwich.
- ☺ After they agree on what goes inside their community sandwich, they can try to make their sandwich look Unique – my group did this one time and made our sandwich into a crocodile, complete with open mouth and "teeth" made from cheese triangles.

"Let's Get Together" Dessert –

Alice, Golden Empire Council

This is really easy - Just assign each boy, den or family to bring one ingredient of a favorite dessert recipe. No one gets the complete recipe till everyone turns in their assigned ingredient. Then you can all work together to create a tasty dessert everyone can share. The most important ingredient in this recipe is Cooperation!

Easy Trail Mix

Ingredients:

- 2 Tbsp. margarine
- 1/2 Cup peanut butter
- 4 cups mini marshmallows
- 6 cups of fruit and bran cereal, crushed

Directions:

- Place margarine and peanut butter in a microwavable bowl.
- Microwave on medium heat for one minute.
- Add marshmallows, toss to coat.
- Microwave an additional 1 and 1/2 minutes, or until the marshmallows are puffed.
- Stir until well blended.
- Add the cereal and mix well.
- Press cereal mixture firmly into a nine-inch square pan.
- Let stand one hour or until firm.
- Cut into 20 bars, wrap in plastic wrap or serve immediately

Note: Be aware of food allergies and diet restrictions

WEB SITES And Other Resources

Books

- ★ Den & Pack Meeting Resource Guide;
- ★ Cub Scout How To Book;
- ★ Boys' Tiger, Wolf, Bear, Webelos Hand books;
- ★ Cub Scout Leader Book;
- ★ Cub Scout Ceremonies Book;
- ★ Family Fun Magazine.

Team Building - Cooperative Games

Alice, Golden Empire Council

<http://usscouts.org/training/teambuildngames.asp#allaboard> - there's a whole section on Team Building Games!

www.activities-for-kids.net/cooperation-activities-for-kids.html various activities that help build team spirit and teach cooperation for kids

<http://www.activities-for-kids.net/cooperation-activities-for-kids.html> to see Cooperation Games for Youth

Cooperative Game Links:

RoxAnn, Heart of America Council

Physical Teamwork, Social Games, Communication Games
http://www.ehow.com/list_5953752_christian-cooperation-games-kids.html

Cooperation Dots

Sent in by: Carlene of New York

<http://www.pbs.org>

Marble Race, Screaming - Blaring - Screeching, Better than Eddie Murphy, The Caterpillar Walk

<http://www.youthwork-practice.com/games/cooperation-games.html>

The above cooperation games may be used for the den meetings and/or pack meetings.

Cooperative Games Links

Wendy, Chief Seattle Council

Minute to Win it Games: <http://www.nbc.com/minute-to-win-it/how-to/> This site produced an 11 page document of games. **Check it out!!!**

www.ultimatecampresource.com

www.mrgym.com

http://www.schenectady.k12.ny.us/Academic/Physical_Education/PhysicalEducation/PE.cooperativegames.k8.pdf

<http://www.learningforlife.org/exploring/resources/99-720/x08.pdf>

<http://www.shambles.net/pages/learning/games/team/>

One of the best for Cooperative Games -

If you Google "cooperative games". On about page 6 this link below will come up. Click on it to open the document: *Cooperative Games*, Trust Games, Initiative Activities. Instructor: Miss Michelle Ulmen Central Washington University Ellensburg, Washington 98926 ...

<http://www.google.com/url?sa=t&source=web&cd=1&ved=0CBIOFjAA&url=http%3A%2F%2Fwww.asd4.org%2Fcurricu>

[lum%2Fpe%2FMini_Unit_Cooperative_Games_Trust_Games_Initiative_Activities.doc&ei=L01LTLWAJH68Aaa_vE0&u sg=AFQjCNEZlq-Qvz0Adn6UpsZW rYmEdNUeKw&sig=4ZKbM8M6Hvlg0UiOcSXiw](#)

or you can go to her website at -

<http://www.cwu.edu/~jefferis/unitplans/cooperativegames/index.html>

Websites

Codes and More Codes

This link to the Scouts of South Africa site has well over a dozen different codes. Boys love solving codes and writing secret messages.

www.scouting.org/za/codes/

From Steve Leth, Training Chair,

White Horse District, Southern NJ Council

- ☺ www.Scouting.org - The BSA's main website. (By the way - BSA.ORG is actually the Business Software Alliance, a trade group that campaigns against computer software piracy.)
- ☺ www.ScoutStuff.org - The BSA National Supply Division
- ☺ www.snjscouting.org - Southern New Jersey Council
- ☺ www.USScouts.org - An independent treasure trove of Scouting information, including *Baloo's Bugle*.
- ☺ <http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf> - Source for the *Cub Grub Cookbook*. You can save a copy on your PC by selecting **File, Save As...** in your web browser's menu bar.

Journey to Excellence:

<http://www.scouting.org/scoutsource/Awards/JourneyToExcellence.aspx>

Games, Games, Games

If you search the web for group games, you can get hundreds of listings. Here are a few that I have found:

www.Boyscouttrail.com

They have a section for group games. You can search based on the age of the boys, the type of game, or by game name. They also have a listing of all the belt loops to help you play those games as well.

www.Funandgames.org

These games are geared toward kids. They have some of everything and are listed by categories. This site can help with group games as well as pre-openers. It is a database of games compiled by many people, so as you read the rules you can see different people's style of writing.

www.Gameskidsplay.net

This site lists lots and lots of games. They have some in categories and others are just listed. They have a search engine as well. They are not listed by age so you will have to read the rules of the games to decide if they are right for your group. They do give variations for how to play many games.

www.Funattic.com

This site offers free game ideas as well as sells things for games. It seems to focus on products for disabled children. I haven't purchased anything from them, but the game listing is organized and easy to understand. They have a newsletter you can subscribe to as well as a monthly game to play.

www.Macscoouter.com

This site has what it calls two volumes of games in a PDF format. The first volume is for younger scouts and the second for older scouts. It is easy to navigate and find the type of game you are looking for. They even have a listing of games called Scouting Games by Baden-Powell; great fun all year long. This site has other information for basic cub scouting, as well.

Den & Pack Meeting Help:

Baloo's Bugle: <http://usscouts.org/bbugle.asp>

Links to theme related publications:

<http://www.scoutingthenet.com/Training/Roundtable/Handouts/11/>

Free Wood Project Workshops:

http://www.homedepot.com/webapp/wcs/stores/servlet/ContentView?pn=Kids_Workshops&langId=-1&storeId=10051&catalogId=10053&cm_mmc=THD_market_ing- -Clinics_site- -Digitas- -KidsClinics
<http://www.lowesbuildandgrow.com/Home.aspx>

American Folklore Stories (Bear Ach. #4):

<http://www.americanfolklore.net/ss.html>

Science Articles (Wolf Ach. #7e):

<http://kids.nationalgeographic.com/kids/>

Cub Masters: <http://www.cubmaster.org/>

Ceremonies: <http://usscouts.org/usscouts/ceremony.asp>

Crafts, Games, & Activities:

<http://familyfun.go.com/>

<http://www.dltk-kids.com/scouts/index.htm>

Crafts: www.makingfriends.com

Sports & Games:

<http://www.scoutingweb.com/scoutingweb/program/Games.htm>

POW WOW EXTRAVAGANZAS

Let me know as soon as your date is set. I will post whatever I receive! CD

Baltimore Area Council



Be A Super Hero

November 5, 2011

School to be announced, MD

Call Baltimore Area Council, 443-573-2500, visit the website, <http://www.baltimorebsa.org/>, or E-mail Joe Greenbeck, joe fg@comcast.net for more information

ONE LAST THING

A Leader's Resolution

I shall study my boys so that I may understand them.
 I shall like my boys so that I can help them.
 I shall learn-for they have much to teach me.
 I shall laugh-for youth grows comfortable with laughter.
 I shall give myself freely-yet I shall take, so that they may acquire the habit of giving.
 I shall be a friend-for a friend is needed.
 I shall lead-yet I shall beware of pushing.
 I shall listen-for a listener prevents combustion.
 I shall warn them when my experience warrants it.
 I shall command when actions merit it.
 I shall overlook mistakes-yet I will not blame them.
 Lastly, I shall try to be that which I hope they think I am."

UP - An Interesting Word!

My Aunt Betty in Florida

Lovers of the English language might enjoy this...How do non- natives ever learn all the nuances of English???

There is a two-letter word that perhaps has more meanings than any other two-letter word, and that word is **'UP.'**

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake **UP**?

At a meeting, why does a topic come **UP**? Why do we speak **UP** and why are the officers **UP** for election and why is it! **UP** to the secretary to write **UP** a report?

We call UP our friends and we use it to brighten **UP** a room, polish **UP** the silver, we warm **UP** the leftovers and clean **UP** the kitchen. We lock **UP** the house and some guys fix **UP** the old car.

At other times the little word has real special meaning. People stir **UP** trouble, line **UP** for tickets, work **UP** an appetite, and think **UP** excuses.

To be dressed is one thing but to be dressed **UP** is special.

And this UP is confusing:

A drain must be opened **UP** because it is stopped **UP**.

We open UP a store in the morning but we close it **UP** at night.

We seem to be pretty mixed **UP** about **UP**!

To be knowledgeable about the proper uses of **UP**, look the word **UP** in the dictionary. In a desk-sized dictionary, it takes **UP** almost 1/4 of the page and can add **UP**.

If you are UP to it, you might try building **UP** a list of the many ways **UP** is used.

It will take UP a lot of your time, but if you don't give **UP**, you may wind **UP** with a hundred or more.

When it threatens to rain, we say it is clouding **UP**. When the sun comes out we say it is clearing **UP**. When it rains, it wets **UP** the earth.

When it doesn't rain for a while, things dry **UP**.

One could go on & on, but I'll wrap it **UP**, for now my time is **UP**, Sooooo**Time to shut UP**

Oh...one more thing:

What is the first thing you do in the morning & the last thing you do at night? **U P**

Next Month's Core Value -
RESPONSIBILITY