The core value highlighted this month is:

✓ **Citizenship**: Contributing service and showing responsibility to local, state, and national communities. Cub Scouts will demonstrate good citizenship as they participate in pack flag ceremonies, show respect for people in authority, and strive to be good neighbors.

---

**COMMISSIONER’S CORNER**

**Prayer**

*Scouter Jim, Great Salt Lake Council*

Our Great and Gracious Father in Heaven, we thank thee for this land. We thank Thee for the voices of the men who have led us to battle against evil. We thank Thee for the freedoms we enjoy to use our voices and our votes for change in this great nation. Let us reach down with one hand and lift up the down-trodden, as we raise our arm with Wolves ears and give honor to cause and country. Let our ears be as those of the wolf; attuned to danger and injustice, and be as ferocious as the bear in protecting our scared liberty. Let us teach our boys the value of one citizen’s voice and vote; and to shoot the arrow straight toward the light. Amen

---

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In many of the sections you will find subdivisions for the various topics covered in the den meetings.

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William Lloyd Garrison

William Lloyd Garrison was born in Newburyport, Massachusetts on December 12, 1805 to Abijah Garrison and Frances Maria Lloyd. His father was a sailing pilot and master and had immigrated to the United States from New Brunswick, Canada. His father left the family in 1808 when he was only three. His mother was a tall, charming woman of strong religious character and began calling him Lloyd. She died in 1823, leaving the youthful Lloyd alone.

Lloyd had work as a child selling home-made lemonade and candy and delivered fire-wood to help support the family. In 1818 at the age of 13, Lloyd was apprenticed as a compositor for the Newburyport Herald. A compositor was a composed the stamps that would print a new paper and to be able to read the mirror image of the document being printed. He young Lloyd began to write articles under the pseudonym Aristides, taking the name of an Athenian statesman and general known as “the Just.” After his apprenticeship ended, he and another young printer named Isaac Knapp purchase their own newspaper, the short lived Free Press.

Even as a young man, Lloyd Garrison, was strident his belief of Universal freedom for all men and women. At the age of 25 he joined the anti-slavery movement. Garrison began writing for and became co-editor with Benjamin Lundy of the newspaper Genius of Universal Emancipation in Baltimore, Maryland.

One of the regular features that Garrison introduced during his time at the Genius was "The Black List," a column devoted to printing short reports of "the barbarities of slavery—kidnappings, whippings, murders." One of Garrison's "Black List" columns reported that a shipper from his home town of Newburyport, Massachusetts, one Francis Todd, was involved in the slave trade, and that he had recently had slaves shipped from Baltimore to New Orleans on his ship the Francis. Todd filed a suit for libel against both Garrison and Lundy, filing in Maryland in order to secure the favor of pro-slavery courts. The state of Maryland also brought criminal charges against Garrison, quickly finding him guilty and ordering him to pay a fine of $50 and court costs. (Charges against Lundy were dropped on the grounds that he had been travelling and not in control of the newspaper when the story was printed.) Garrison was unable to pay the fine and was sentenced to a jail term of six months. He was released after seven weeks when the anti-slavery philanthropist Arthur Tappan donated the money for the fine, but Garrison had decided to leave Baltimore, and he and Lundy amicably agreed to part ways.

In 1831, Lloyd Garrison returned to New England and founded a weekly anti-slavery newspaper The Liberator. In the first issue he wrote:

I am aware that many object to the severity of my language; but is there not cause for severity? I will be as harsh as truth, and as uncompromising as justice. On this subject, I do not wish to think, or to speak, or write, with moderation. No! No! Tell a man whose house is on fire to give a moderate alarm; tell him to moderately rescue his wife from the hands of the ravisher; tell the mother to gradually extricate her babe from the fire into which it has fallen; – but urge me not to use moderation in a cause like the present. I am in earnest – I will not equivocate – I will not excuse – I will not retreat a single inch – AND I WILL BE HEARD. The apathy of the people is enough to make every statue leap from its pedestal, and to hasten the resurrection of the dead.

The threat posed by anti-slavery organizations and their activity drew violent reaction from slave interests in both the Southern and Northern states, with mobs breaking up anti-
slavery meetings, assaulting lecturers, ransacking anti-slavery offices, burning postal sacks of anti-slavery pamphlets, and destroying anti-slavery presses. In the fall of 1835, a mob of several thousand surrounded the building housing Boston’s anti-slavery offices, where Garrison had agreed to address a meeting of the Boston Female Anti-Slavery Society after the fiery British abolitionist George Thompson was unable to keep his engagement with them. The mayor and police persuaded the women’s to leave the building, but when the mob learned that Thompson was not within, it began yelling for Garrison with cries for his lynching or tar and feathering. The mayor managed to sneak Garrison and an assistant out a window, but the mob pursued, captured him, tied a rope around his waist, and dragged him through the streets of Boston. The sheriff rescued Garrison from lynching by arresting him and taking him to the Leverett Street Jail.

Lloyd Garrison was not only concerned about slavery, but was an early supporter of women’s suffrage. In June of that same 1840, when the World Anti-Slavery Convention meeting in London refused to seat America’s women delegates, Garrison refused to take his seat as a delegate as well, and joined the women in the spectator’s gallery. The controversy introduced the woman’s rights question not only to England, but also to future woman’s rights leader Elizabeth Cady Stanton, who attended the convention as a spectator accompanying her delegate-husband, Henry B. Stanton.

With the passage of the Thirteenth Amendment to the United States Constitution, William Lloyd Garrison, published the last issue of The Liberator on 29 December 1865 and with that issue wrote his farewell:

Commencing my editorial career when only twenty years of age, I have followed it continuously till I have attained my sixtieth year—first, in connection with The Free Press, in Newburyport, in the spring of 1826; next, with The National Philanthropist, in Boston, in 1827; next, with The Journal of the Times, in Bennington, Vt., in 1828–9; next, with The Genius of Universal Emancipation, in Baltimore, in 1829–30; and, finally, with the Liberator, in Boston, from January 1, 1831, to January 1, 1866;—at the start, probably the youngest member of the editorial fraternity in the land, now, perhaps, the oldest, not in years, but in continuous service,—unless Mr. Bryant [William Cullen Bryant], of the New York Evening Post, be an exception. ... The object for which the Liberator was commenced—the extermination of chattel slavery—having been gloriously consummated, it seems to me specially appropriate to let its existence cover the historic period of the great struggle; leaving what remains to be done to complete the work of emancipation to other instrumentalities, (of which I hope to avail myself,) under new auspices, with more abundant means, and with millions instead of hundreds for allies.

William Lloyd Garrison passed away at midnight on May 24, 1879. Garrison was buried in the Forest Hills Cemetery in Boston's Jamaica Plain neighborhood on May 28, 1879. Eight abolitionist friends, both white and black, served as his pallbearers. Flags were flown at half-staff all across Boston. Frederick Douglass, then employed as a United States Marshal, spoke in memory of Garrison at a memorial service in a church in Washington, D.C., saying "It was the glory of this man that he could stand alone with the truth, and calmly await the result."

**THOUGHTFUL ITEMS FOR SCOUTERS**

*Thanks to Scouter Jim from Bountiful, Utah, who prepares this section of Baloo for us each month. You can reach him at bobwhitejonz@juno.com or through the link to write Baloo on www.usscouts.org.*

**One Voice, One Vote**

*Scouter Jim, Great Salt Lake Council*

"[T]he vote is the most powerful instrument ever devised by man for breaking down injustice and destroying the terrible walls which imprison men because they are different from other men."
- President Lyndon B. Johnson, at the signing of the Voting Rights Act of 1965

There is a difference between Patriotism and Citizenship. During the War of Independence, Patriots were not fighting for freedom; they were fighting for independence from the British Empire. After the war, many Americans were still not free. Some remained in the chains of slavery for another three score years.

Others were removed from their sacred native lands, where for generations they had lived off the land, by the force of the barrel of a gun and relocated to a barren wilderness, unfamiliar to them and far away from the graves of their ancestors.

Nearly half the population of the United States could not vote until August 18, 1920 when the Nineteenth Amendment to the Constitution was ratified granting women the right to vote.

Other Americans even a century after they were given freedom and the right to vote, were segregated into substandard facilities and banned from the better things of society. These laws even had a name; Jim-Crow Laws."
There are times when our government does things that we feel are morally un-conscionable. There are decisions made by our some of our leaders that are sometimes morally repugnant to us; there-in lies the duties of citizenship. We are duty bound to raise our voices against those injustices when we see them, and rally other citizen to action to restore justice and liberty for all. One voice is one vote, and enough voting voices can stand for right.

America’s families are under attack by outside sources, and those we have invited in. We must use the eyes and ears of the wolf to look for dangers that lurk in the dark street corners and in the pulsing light of the screens in our own homes. We must use the courage of the bear to fight those evils that would invade our homes and spirit away our children. We must be Loyal Scouts and shoot straight and true and let our light shine before the world.

We protect those we can from danger with vigilance. We rescue as many others as we can from evil, and place them on the straight path of the Arrow of Light with love.

**Quotations**

*Quotations contain the wisdom of the ages, and are a great source of inspiration for Cubmaster’s minutes, material for an advancement ceremony or an insightful addition to a Pack Meeting program cover*

In the future days, which we seek to make secure, we look forward to a world founded upon four essential human freedoms.

- The first is the freedom of speech and expression--everywhere in the world.
- The second is the freedom of every person to worship God in his own way--everywhere in the world.
- The third is freedom from want--which, translated into world terms, means economic understandings which will secure to every nation a healthy peacetime life for its inhabitants--everywhere in the world.
- The fourth is freedom from fear--which, translated into world terms, means a world-wide reduction of armaments to such a point and in such a thorough fashion that no nation will be in a position to commit an act of physical aggression against any neighbor-anywhere in the world,

> – Franklin Delano Roosevelt

As citizens of this democracy, you are the rulers and the ruled, the law-givers and the law-abiding, the beginning and the end. — Adlai E. Stevenson

Bad officials are elected by good citizens who do not vote. — George Jean Nathan

The best principles of our republic secure to all its citizens a perfect equality of rights. — Thomas Jefferson

Let us at all times remember that all American citizens are brothers of a common country, and should dwell together in bonds of fraternal feeling. — Abraham Lincoln

The first requisite of a good citizen in this republic of ours is that he shall be able and willing to pull his own weight. — Theodore Roosevelt

Fellow citizens, we cannot escape history. — Abraham Lincoln

Citizenship comes first today in our crowded world ... No man can enjoy the privileges of education and thereafter with a clear conscience break his contract with society. To respect that contract is to be mature, to strengthen it is to be a good citizen, to do more than your share under it is noble. — Isaiah Bowman

Every good citizen makes his country's honor his own, and cherishes it not only as precious but as sacred. He is willing to risk his life in its defense and is conscious that he gains protection while he gives it. — Andrew Jackson
The most important office ... that of private citizen. — Louis D. Brandeis

Citizenship is what makes a republic; monarchies can get along without it. — Mark Twain

Voting is the least arduous of a citizen's duties. He has the prior and harder duty of making up his mind. — Ralph Barton Perry

Now the trumpet summons us again -- not as a call to bear arms, though arms we need -- not as a call to battle, though embattled we are -- but a call to bear the burden of a long twilight struggle year in and year out, "rejoicing in hope, patient in tribulation" -- a struggle against the common enemies of man: tyranny, poverty and war itself. — John Fitzgerald Kennedy

The end goal of CC is to establish a moral identity for our youth. Until a boy takes on Scouting's values as his or her own, it isn't a violation of a child's personal morals to break those values. Values are situational, too. In the context of a Scout meeting, a boy may quite comfortable reciting the pledge or discussing the importance of not littering. However, under pressure from his peers in a non-Scouting setting, the boy needs to have a sense of greater conviction to those same values to stand behind them as strongly when they may not be as popular for him or her to follow them.

CC can be integrated into achievements in the following manner:

1. Say you're working on a conservation project or hike. You're out in nature, and you come across a pile of rubbish left by some campers or hikers. One of your boys makes a comment about how rude or careless littering is. Ask the boys why they think it's rude to litter. This is the KNOW component. They've seen an example of littering, and now they realize that it's not nice to toss your trash in the woods. Ask them how they felt when they came across the pile of trash. Did it distract them from everything else that was around them? Did it make them forget that they were looking for animal tracks, or a certain type of plant? 2. This is the Commit phase, where these boys realize that they don't want to be thought of in the same way as they're thinking of whoever left the trash. Now that you've guided them to discover how they feel, they establish a personal set of values about littering. The important part here is that it is easy to break a rule we don't believe in or hold as a personal value. People speed because they don't think it's too wrong--they consider themselves good drivers and capable of handling a vehicle at a higher speed than the posted limit, or because the importance of being someplace sooner outweighs the importance of breaking the law. Speeding just doesn't violate most people's core values or beliefs. Most people, though, do have a value system that prevents them from shoplifting. Doing so would violate their personal values.

3. Cultivation of a sense of community and the impact that values have on the boy's place in that community. We've
helped the boys establish *for themselves* that littering is wrong, guided them to understand how they feel about the person that left the trash, and realize that they don't want to be thought of in the same way. Now we apply the last part of the program, **Practice**, where the values are broken into actual skills. Here it may help to script the steps toward the end goal so that difficult concepts can be better understood. Help them make the decision to pick up the trash, and to not litter themselves. It's not until they have an opportunity to actually do/avoid something that the three parts come together and a character connection is made.

4. Cool down, where discussion of what went well, what could have gone better, and what might come next can be discussed.

**How to do a Character Connection activity:**

1. Reserve judgment—let them give their ideas
2. Open ended questions—require scouts to think and give personal ideas.
3. Feeling questions—what did they felt about the experience—that makes it personal to the scouts.
4. Judgment questions—about their feelings
5. Ask guiding questions and stay on track.
6. Closing thoughts—Bring discussion to an end.

This isn't a classroom type of program. Rather, it's a method by which we as leaders can have an informal discussion with our youth and allow them to discover how they feel about something. As in all Scouting activities, Make it simple, make it FUN! Examples found in the 2005 **Character Connections Packet** are collected from 2002 to present so that future Leaders will have the resources we had from the beginning.

**To learn more check out Character Connections**

*The Purposes of Cub Scouting and Character Connections*

How Character Connections are used as part of the requirements.

**Character Connections Chart #13-323A** Chart explaining Character Connections

**2005 Character Connections Packet** Examples of the different areas covered by Character Connections from past Program Helps (from 2002 to this year's 2005 - 2006), Roundtable Resource sheets, and the 2003 Cub Scout Books.

**Character Connections Data** Some history behind the program.

**Character Connections** Overview of all ranks on a chart.

**C Connections Outdoor Grid** Ideas for outdoor activities.

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**PACK ADMIN HELPS - Recruiting Adults**

*York Adams Council*

The Cubmaster is the center of the skit. He or she goes to center stage while another adult "runs the show." This adult begins by introducing the Cubmaster and explaining the important role he/she plays. This is emphasized by handling over a dozen eggs—fragile, young charges.

Then the fun begins. The talker continues to explain that the Cubmaster also has other responsibilities, especially as there isn't enough adult support to make things happen. Depending on the open positions and just how much you want to drive home the point, either use only the open positions or use a bunch of different positions. For each "job," the talker hands over a symbol of the task described. Some examples that are fun.

<table>
<thead>
<tr>
<th>Position</th>
<th>Symbol</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pack Trainer</td>
<td>Ace Bandage</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Cash box</td>
</tr>
<tr>
<td>Secretary</td>
<td>Paper &amp; pencil</td>
</tr>
<tr>
<td>Ride Coordinator</td>
<td>Large Toy car</td>
</tr>
<tr>
<td>Advancement</td>
<td>Large badges on cardboard</td>
</tr>
<tr>
<td>PR person</td>
<td>Camera</td>
</tr>
</tbody>
</table>

I think you get the picture. Anyway, after overflowing the Cubmaster with all sorts of jobs, the talker stops and says "Unless you help, he's going to drop those eggs." Then he/she starts taking the symbols from the Cubmaster and hands them out to the people in the assembly.

You could do this with hats or packs with labels for the positions, too.

**The person who submitted this told us** -

The last time we did this, the people who had been given the symbols came up after the meeting expecting and accepting that they had been given these new jobs! I tell you, this works!

---

**LEADER RECOGNITION, INSTALLATION & MORE**

*Survival Kit for Leaders*

*Baloo's Archives*

**Needed:**

One New Leader's Survival Kit for each new leader (You can adapt this to install all your leader’s for the new year.)

Will (names) please come forward. These are our (new) leaders for the upcoming Scouting season. As we all know Cub Scouting is a year round sport but there are different seasons through out the year. In the fall we recruit and go outdoors, everyone is anxious to start earning his rank badge. In the winter we do more inside and prepare for the Pinewood Derby and our big birthday party, the Blue and Gold Banquet. Then spring comes and we are back outside, earning electives and family camping. Then in the summer it is off to camp and swimming and outdoor games and activities.

Cub Scouting is unique with many adults volunteering their time and talents to help the association, our Pack, the teams, our Dens, and our players, the Cubs to success. Success is not just a one-time victory in Cubs, it is the successful development of boys into youths who have good character and recognize there is a God, are good citizens, and are mentally and physically fit.
When a sports team signs a new player you see them presenting the player with his uniform and equipment to ensure his success and safety. So to in Cub Scouts, we want our leaders to “be Prepared.” So here is the emblem of your position (show position patches) and a “Survival Kit” to help you succeed. (Hold up one survival kit and go through contents)

**Rubber Band:** To remind you to be flexible.

**Glue Stick:** To help you to stick with it.

**Sandpaper:** To help you smooth out the rough edges.

**Starburst:** A star burst to give you a burst of energy on the days you don’t.

**Yeast Packet:** To help you rise to the occasion.

**Safety Pin:** To help you hold it all together.

**Marbles:** To replace the ones you may lose along the way.

**A Match:** To light your fire when you are burned out.

**Hershey Kiss:** A kiss to remind you that you are loved.

**Alternate Words:**

Just as a sports team has many coaches each with a specialty, our pack needs volunteers with may skills, administrative, leadership, teaching, encouraging, spirit and more. (Present patches and kits to (new) leaders as you call out their names and positions)

**Cub Scout Leaders’ Sanity Kit**  
*Heart of America Council*

Make a kit with items like those listed below and present it to the new leaders. Be sure to explain everything to the group.

**Sheriff star:** Use to deputize parents--don’t try to do everything yourself.

**Sponge:** To help you soak up all the Cub scouting information you need.

**Smarties:** To remind yourself that you are smart enough to do the job right.

**Smiley Face:** To remind yourself to smile and keep your spirit up!

**Heart:** To remind yourself that volunteer leaders are the heart of Scouting; you are also all heart!

**Kazoo:** To help you keep a song in your Cub Scouting heart.

**2 Pennies:** When people say, “Oh, no! You’re a den leader?? Have you lost your good sense?” you can say, “Why, no, here they are!” (marbles work well too.)

**Knotted rope:** When you reach the end of your rope, tie a knot in it and hang on!

**Lifesaver:** When things are tough, the boys make you crazy, the parents don’t help, nothing works the way you planned, and you’re at the end of your rope and even the knot is slipping through your hands, just reach out and grab that life saver, make that phone call, get some help, and just hold on a little longer ‘cuz those boys are really counting on you.

---

**Fun Ways To Say Thank You to Leaders and Parents**  
*Heart of America Council*

**Bouncy ball:** “You put a lot of bounce into our pack program.”

**Eraser:** “Cub Scouting rubs off on you.”

**Wiggle eyes glued to ribbon:**

- “Our eyes are on you” or
- “We love looking at the result of your work!”

**For the leader who sets the example.**

- **Box of Total:** For being totally awesome.
- **Box of Cheer:** For being the official cheerleader. or For always being cheerful.

---

**New Pack Leaders Welcome**  
*Heart of America Council*

**Personnel:** Cubmaster, Committee Chairman or Pack Trainer

**Equipment:** Kentucky Fried Chicken box containing a rib, thigh, breast and a wing.

**Setting:** Call forward all who you wish to welcome.

It's not easy being the BEST. You start out by doing that thing until you do it better than anyone else. Here in pack we do one thing, and we do it RIGHT.

We start out by using only the BEST INGREDIENTS and it's our SECRET RECIPE (Colonel Sanders is a secret, too) that keeps making our pack #1.

So here’s to you! We don't mean to RIB you. (Pull Rib piece out of box). We just want to say that you're a welcome addition to our ORIGINAL STAFF.

When you agreed to join us, we breathed a THIGH of relief! (Pull Thigh piece out of box). You add SPICE (Point to box and mention KFC's the 11 herbs and spices) to our program.

You help keep us a-BREAST (Pull breast piece out of box) of the latest Scouting news.

We can count on you to CARRY OUT (The box is a carry out) any assignment and know that it will be WELL DONE. (just like our chicken)

When you're asked to do something, even at the last minute you pitch right in and WING it. (pull wing piece out of box)

Yes, we pick only the BEST and we SERVE the BEST because ONLY THE BEST WILL DO! That's why we're #1 because WE DO PICKIN’ RIGHT!

---

**The best gift for a Cub Scout...**

......get his parents involved!

**The greatest gift you can give your child**

...... good self respect!

---

✓ **Be sure to visit Bill Smith’s website** at [http://rt492.org/](http://rt492.org/)

To find more ideas on everything Cub Scouting.

*Reach Bill Smith at wt492@wtsmith.com.*
**ROUNDTABLES**

**Pack Participation**  
Barbara J. Hicklin, ACC - Roundtables  
DelMarVa Council  
Contact me at: bjhicklin57@hotmail.com

The summary for the Publicity and Promotion session of Cub Scout Roundtable Commissioner Basic Training states that “The secret to better attendance is not in making people come to your roundtable meetings, but in making them want to come. A well-planned roundtable meeting will inspire leaders to try the program ideas they see and to come back next month for more ideas, fun, and fellowship that make their jobs back in the pack easier.

Get people involved. Get them on their feet, singing, participating. Create the feeling that they are a part of the roundtable.”

So, do your Roundtable participants feel that it is their Roundtable and that they are part of the FUN?  
If pack participation/attendance needs improved try these ideas from the Cub Scout Roundtable Planning Guide (pg 6):

**Pack Participation:**

Roundtable should be presented as learning experiences. Leaders watch demonstrations, and then practice what they just learned. Since people learn best by observations, Cub Scouting leaders attending a roundtable should have as much opportunity as possible to participate. Participation can be as informal as playing a game or making a craft. Or, a segment of the program can be assigned to individuals or a pack in advance so they have time to prepare. This makes roundtables more satisfying experiences and convinces Cub Scout leaders that these are their roundtables. Pride in doing a task well can help Cub Scouts develop their leadership skills.

**TIPS:**

Pack Assignments  
Show and Tell  
Participation Awards

**Roundtable Promotion Idea**  
from Pat Hamilton

*I got this from a dear lady who has since gone on to the Final Roundtable. She taught me so much about Roundtables. Thanks, Sharon!*

Print the following on ¼” round labels. Stick one of each on opposite sides of Starlight mints and pass them out at any Scouting event that you can make it to.

**PACK MEETING SUPPLEMENTAL THEMES**

Comissioner Dave (with help from Kim)

National added more supplemental theme based agendas this month. The plan is to have four supplemental Pack Meeting plans for each month. All the Pack Meeting plans will be posted on National's site at: [http://www.scouting.org/scoutsource/CubScouts/Leaders/DenLeaderResources/DemandPackMeetingResourceGuide/PackMeetingPlans.aspx](http://www.scouting.org/scoutsource/CubScouts/Leaders/DenLeaderResources/DemandPackMeetingResourceGuide/PackMeetingPlans.aspx)

35 of the 36 Pack Meeting agendas have been posted to BSA’s website and are available to use!!

**And don’t forget to use YOUR IMAGINATION, too!!**

---

Cub Scout Den Leaders – Youth Leadership  
Webelos Den Leaders- Youth Leadership  
Cubmasters - Maintaining Discipline in Pack Meetings  
Pack Leaders - Blue and Gold Banquet Preparations
Here is the complete list of all 36 Supplemental Themes. Any Pack/Cubmaster can use any theme any month.

| Core Value Patches are available at www.scoutstuff.org |
| Core Values and Supplemental Themes in Green are posted on National's web site. |
| Only one more of the original 6 plus 36 to go!!! |
Core Value Patches are available at www.scoutstuff.org
For Theme patches go to

December's Core Value, Respect, will use "Passports to Other Lands."
Month's that have themes that might help you with Respect and "Passports to Other Lands" are:

<table>
<thead>
<tr>
<th>Month</th>
<th>Year</th>
<th>Theme</th>
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</thead>
<tbody>
<tr>
<td>March</td>
<td>1943</td>
<td>United Nations Month</td>
</tr>
<tr>
<td>November</td>
<td>1945</td>
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<td>1946</td>
<td>Boys of the World</td>
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<tr>
<td>January</td>
<td>1947</td>
<td>A New World</td>
</tr>
<tr>
<td>November</td>
<td>1947</td>
<td>In Old Mexico</td>
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<tr>
<td>April</td>
<td>1949</td>
<td>Life in the Philippines</td>
</tr>
<tr>
<td>March</td>
<td>1959</td>
<td>Canada, Land of the Mounties</td>
</tr>
<tr>
<td>January</td>
<td>1961</td>
<td>South America</td>
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<tr>
<td>March</td>
<td>1962</td>
<td>Islands of the World</td>
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<tr>
<td>March</td>
<td>1965</td>
<td>South of the Border</td>
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<td>November</td>
<td>1967</td>
<td>Around the World</td>
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<tr>
<td>December</td>
<td>1973</td>
<td>Customs of Countries</td>
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<tr>
<td>January</td>
<td>1978</td>
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<tr>
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<td>December</td>
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<td>What do You do at Holiday Time?</td>
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<td>December</td>
<td>2007</td>
<td>Celebrations Around the World</td>
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If you want more Holiday ideas - just go to any December Theme issue of Baloo's Bugle

Respect

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<thead>
<tr>
<th>Month</th>
<th>Year</th>
<th>Theme</th>
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<tr>
<td>December</td>
<td>2010</td>
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<td>December</td>
<td>2011</td>
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<tr>
<td>December</td>
<td>2012</td>
<td>Respect (Holiday Lights)</td>
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Please let me know about Pow Wow's and send me Pow Wow Books!!
I cannot do this job without your help!!

DEN MEETING TOPICS

When a Den Meeting occurs depends on when you start your year and how often you meet. A Den that starts in August will be doing meetings 1 & 2 then, and 3& 4 in September. A den that meets three times a month will do 1, 2, and 3 in September. The pace is up to you!!
### PACK MEETING THEMES

**Commissioner Dave (with help from Kim)**


Here are the 12 themes featured for 2013-2014 in the CS RT PG -

<table>
<thead>
<tr>
<th>Month</th>
<th>Core Value</th>
<th>Supplemental Theme</th>
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<tbody>
<tr>
<td>September</td>
<td>Cooperation</td>
<td>Amazing Games</td>
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<tr>
<td>October</td>
<td>Responsibility</td>
<td>Down on the Farm</td>
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<td>Citizenship</td>
<td>Your Vote Counts</td>
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<td>Respect</td>
<td>Passports to Other Lands</td>
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<td>January</td>
<td>Positive Attitude</td>
<td>Lights, Camera, Action</td>
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<td>February</td>
<td>Resourcefulness</td>
<td>Invention Convention</td>
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<td>March</td>
<td>Compassion</td>
<td>Pet Pals</td>
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<td>April</td>
<td>Faith</td>
<td>My Family Tree</td>
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<tr>
<td>May</td>
<td>Health and Fitness</td>
<td>Destination Parks</td>
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<tr>
<td>June</td>
<td>Perseverance</td>
<td>Over the Horizon</td>
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<tr>
<td>July</td>
<td>Courage</td>
<td>Space - the New Frontier</td>
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<tr>
<td>August</td>
<td>Honesty</td>
<td>Heroes in History</td>
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</tbody>
</table>

Kim, the chair of the task force, says "I do want to stress that the focus is still the Core Value and the theme is just there as an enhancement. The theme pack meeting plans are specifically crafted to bring out the important points of the Core Value in a fun way."

Here is the complete list of all 36 Supplemental Themes. Any Pack/Cubmaster can use any theme any month. The year designation is to show you which themes will be featured at Roundtables each year. So, the 2012 - 2013 RT year kicked off in August with Cooperation and Hometown Heroes. Then Responsibility and Jungle of Fun.
November themes are Citizenship and Your Vote Counts! Just in time for the national elections! Although we are not allowed to show up for rallies of politicians in uniform we do encourage Scouts to learn about the election system, what all the politicians believe, and make their own judgments from that information. To avoid some of the heated national or state political debates in meetings why not have a more personable election in your pack of their favorite den leader or committee member? Or even one of each? Have dens make support posters for the pack meeting, have Scouts interview their choices and make a pamphlet about that leader to hand out at the pack meeting, have dens nominate the den leader or co leader, let the den leaders or committee members give speeches on how they plan on improving their dens and helping the pack. (all of that can fit in with their advancements) Set up voting booths at the pack meeting so they can see what a ballot is like and vote. These can be made using PVC pipe and sheets as curtains. Have the Scouts construct a voting box and decorate. Of course for the young Scouts add pictures of that leader on the ballots so they don’t feel left out because they can’t read. Then have your Webelos or Den Chiefs count the votes and perhaps give an award of Den Leader of the Year and Committee Member of the Year. There can even be runner up awards. This can become an annual event at the same time learn how elections are run, the time spent on making posters, listening to the views. Then implement some of those ideas at your pack meetings or an outdoor event… you may end up with an even better year than you thought!

Great Guest speakers for this month’s themes: The Mayor, Sherriff, and Fire Chief.

Don’t forget October is Fire Safety month as well and a great time to have Den leaders check to see if Scouts have a family plan for getting out of the house and have checked their fire alarm batteries.

For our Transatlantic and Asia-Pacific Councils: this is a great way for your Scouts to prepare for that next change in station or share with the Scouts where they just came from in the US. For you all perhaps a map of the USA and have Scouts and Leaders place round stickers of various colors or stick pins where they have all lived and designate a larger one of where they started and notice your “unit censes”.

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<thead>
<tr>
<th>Core Value</th>
<th>Cooperation</th>
<th>Responsibility</th>
<th>Citizenship</th>
<th>Respect</th>
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<th>Respectfulness</th>
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<th>Health &amp; Fitness</th>
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**CUBMASTER'S CORNER**

*Pamela, North Florida Council*
For your Scouts who have only lived overseas this is a great information for them of what is like or different in schools, money, and environment. I lived overseas in the Transatlantic Council and I have heard more than one story from Scouts who come back to the US to be shocked by many things. It is always good to prepare them for the changes and how to look for the positives since change to many is very scary.

Opening Ceremony:
Props: Cards with words printed on them for each Cub Scout, and an upright stand such as a ladder for each sign to be attached at the appropriate time.

Narrator (Den Chief or another Scout): We think of Cub Scouting as a ladder of good citizenship. Let us show you what we mean.

Cub #1 Friendship. We make lots of friends in our school, church, neighborhood, den and pack.

Cub #2: Teamwork. We learn how important it is to work with others as a member of a team.

Cub #3: Dependability. We learn to be places when we promise and to do our part.

Cub #4: Leadership. We learn to lead games and help with other den and pack activities.

Cub #5: Honesty. We learn to tell the truth, to handle money, and to understand what honesty means.

Cub #6: Loyalty. We learn to be true to our friends, our parents, and our den and pack, and to honor our country and its flag.

Cub #7: Good Will. We like to help our school, church, neighbors and those less fortunate than we. Good will projects make us feel good.

Cub #8: Responsibility. We learn to be responsible for certain jobs, our own belongings, things about our home, and for the property of others.

Narrator: Good Citizenship. Through Cub Scouting experiences, boys learn things that help make them better citizens as they grow into manhood.

Flag Story Opening ~ Northern Star Council
Preparation: Dim the lights as the last speaker finishes and have two boys shine flashlights on the flag.

CUB SCOUT 1: On September 13, 1814, the British began shooting at Fort McHenry, outside the city of Baltimore, Maryland.

CUB SCOUT 2: They were holding an American prisoner on board a warship until they finished their attack.

CUB SCOUT 3: Through the night, the American paced the deck as he watched the battle, not knowing whether the fort could hold.

CUB SCOUT 4: The next morning, the haze was so thick that he couldn’t tell whether the battle had been won or lost.

CUB SCOUT 5: Suddenly, a clearing in the mist gave him a glimpse of the U.S. flag still flying over the fort.

CUB SCOUT 6: Francis Scott Key was so excited he wrote a poem that is now our national anthem.

CUB SCOUT 7: Please rise and join us in singing “The Star-Spangled Banner.”

Opening ~ “Star Spangled Banner Opening” ~ Pamela

I love our National Anthem: “The Star Spangled Banner” If you have the supplies a fog machine, have it running as Scouts enter and line up in front of a table. On the table is where the American flag (on its pole) and where no one can see it, Some of the Scouts will be holding balloons behind themselves and popping when everyone sings the words: “bombs bursting in air” have the Scouts pop a balloon or 2 or 3... (try for “not at the same time”) and have one Scout raise the flag slowly up from behind the boys as the words “gave proof though the night... that our flag was still there.” One more option would be to shine a light on the flag as it rises. As the flag rises make sure you have people in the audience know to stand and salute as they sing. Perhaps as the flag rises stop the fog machine(s). If you know how to work dry ice this can be used as well. At the end of the song have the Denner or Den Chief announces:

Please join us in the Pledge of Allegiance.

Color guard post the colors.

Color guard retreat.

2 (so everyone stops saluting)

Flag Ceremony Planning
When you take the time to plan ahead, the Cub Scouts will be prepared for a successful experience.

• When younger Cub Scouts are responsible for a flag ceremony, make sure the flags are not too heavy for the boys to carry.

• Check the ceiling height beforehand to determine whether the flags will clear it. If they won’t, post the colors before the meeting.

• Rehearse the ceremony.

Use the following suggestions to make your ceremony effective:

• Have the color guard post the colors and retreat. Delay the Pledge of Allegiance until after your opening ceremony.

• Post the flag, and then create a slight breeze with an electric fan.

• Shine a flashlight or spotlight on the flag.

• Follow the flag with a flashlight or spotlight while the color guard walks in.

• Use background music.

• Prerecord music and play it, making it louder or softer as your ceremony progresses.

• Use songs that are appropriate for the occasion.

“The Star-Spangled Banner” Seasonal songs “America, the Beautiful” Marching songs

“You’re a Grand Old Flag” Spiritual songs “God Bless America”
Cub Scout Spirit ~ Northern Star Council

Preparation: Set up four candles or lights.

NARRATOR: Scouts and leaders, we are following a trail blazed by millions of boys, men, and women. All of them have had that Scouting spirit, which the flame of this light represents. (Lights first candle or light.)

CUB SCOUT 1: What is Cub Scout spirit?
CUB SCOUT 2: It is the three things we promise to do in the Cub Scout Promise.
CUB SCOUT 3: The first part is, “I promise to do my best to do my duty to God and my country.” (Lights next light.)
CUB SCOUT 4: The second part is “to help other people.” (Lights next light.)
CUB SCOUT 5: The third is “to obey the Law of the Pack.” (Lights last light.)
CUB SCOUT 6: While these lights burn, please stand and say the Cub Scout Promise.

Suggestion! For your Cub Master Minute: Remember that a prop or props are a great way for Scouts to remember what you say.

CubMaster Minute: America’s Answer ~ Northern Star Council

America needs citizens who value their heritage. How does a boy come to know and appreciate his heritage as a citizen of the United States of America? As a Bobcat, he promises to “do my duty to God and my country” and learns to handle and fold the flag. Later, he stands tall as the flag is lowered at camp. He is learning about citizenship. He continues to learn to treasure his American heritage, and he will do all he can to preserve and enrich it. So this young boy comes to manhood. He has grown tall through his Scouting experiences and through the influences of the many men and women who have guided him. He is a Scout. He is America’s answer!

Cub Master Minute: Apple Seeds ~ Northern Star Council

Materials: An apple and a knife

If I were to give you a choice, which would you rather have, an apple or the apple seeds? (Cut the apple and take out a few seeds.) I guess most of us would choose the apple. A long time ago, there lived a man who would have taken the apple seeds. For many years, Jon Chapman, also known as Johnny Appleseed, walked across hundreds of miles of our country. Everywhere he went, he planted apple seeds. There is a type of seed that you are planting every day, too. It is the seed of fellowship. Every time you help other people, you are planting this seed. Then the seed that you have planted can grow in them, and they can spread it to others, just like the seeds in the apple.

Cub Master Minute: Compass

Preparation: Hold a compass in your hand as you give this talk.

How many of you have ever held and used a compass? Are you able to find which way is north? In Scouting, we have another type of compass. It’s called the Cub Scout Promise. It is an excellent guide for making decisions in life. Whenever you are wondering what to do, say the Cub Scout Promise. It will not always give you an easy answer. Sometimes you’ll have to really think it through to make your decision. But chances are, it will help you know the right thing to do.

Cub Master Minute: Do Your Best

When we say the Cub Scout Promise, the words “Do my best” are some of the first words we say. Let’s stop for a minute and think about them. What does the word “best” mean? (Let the boys answer.) That’s right—it means to do something better than we have done it before. You are the only person who knows whether you have done your best. Think about the meaning of this promise and decide that you will always “do your best,” no matter what you are doing.

Cub Master Minute: Dominoes ~ Northern Star Council

Preparation: Hold up a box of dominoes.

Does everyone know what these are? Right. This is a box of dominoes. Imagine that each one of them is a Cub Scout. Have you ever lined them up on a table so that they are standing on their ends? They stand up straight and tall, but as they go through life, there will be winds that try to knock them down. It doesn’t take much to make the dominoes start to fall. And yet, it only takes one domino to stop the entire row from collapsing. Perhaps the Cub Scout relies on the support of a family member, his den leader, Cubmaster, teacher, or another relative to help him stand tall. Or perhaps he uses what he has learned in Cub Scouting to move out of the influence of drugs or a friend who tells him that shoplifting is OK. Or perhaps all the dominoes band together for strength in numbers so that they can’t be knocked down. Scouting will help you remain standing tall and proud just like these dominoes.

Pack Closing: A great closing is Scout Vespers. Usually this is sung and everyone walks out slowly ending the meeting. Make sure all announcements and leaders and parents know this is the closing so they have everything in hand before walking out. Tell your leaders please at your Pack Committee Meeting what the plan is so all can leave one time in an orderly manner. An option would be the den that is doing the retirement of colors to retrieve the colors then begin the procession out. For the larger packs you have to sing this more than once to get out the door. You may even give out the words at the month before Committee Meeting so Scouts can practice before hand and avoid making massive amounts of copies at the Pack meeting.
Cub Scout Vespers
Preparation: Have a den lead “Cub Scout Vespers.”
Tune: “O Tannenbaum”
As the night comes to this land,
On my promise I will stand.
I will help the pack to go,
As our pack helps me to grow.
Yes, I will always give goodwill.
I’ll follow my Akela still.
And before I stop to rest,
I will do my very best

Closing: One Candle
Preparation: Have one candle or a small light available.
Cub Scout 1: Let’s turn out the lights. (Have someone dim the
lights.)
Cub Scout 2: We want you to think about the darkness. (Pause
and then light the candle or turn on the small light.)
Cub Scout 3: Even this one tiny light makes the room seem
more cheerful.
Cub Scout 4: That’s the way it can be with a Cub Scout!
Cub Scout 5: A Scout might not be very big, but he can light
up his home and make
the people around him a little happier if he keeps the Scouting
spirit alive.
Cub Scout 6: Cub Scouts, to do that, always remember to do
your best!

Den Chief Induction Ceremony
(For den chiefs who have been Cub Scouts) ~ Northern Star Council
Materials: Den chief cord
NARRATOR: Cub Scouting is different from Boy Scouting.
Like Boy Scouting, there are games, crafts, advancements, and
service projects. The biggest difference between the two
programs is in the type of activities that we do. The person
who knows these activities best is one who has been a Cub
Scout. It’s the job of den chiefs to help lead den activities that
will help boys achieve the purposes of Cub Scouting. Den
chiefs set a good example by being both good leaders and
friends. Not only do den chiefs participate in troop, patrol, and
crew activities, they attend den chief training and den and
pack meetings. Tonight, we want to recognize those who will
serve our pack as den chiefs. (Call the names.) Will you
please make the Scout sign and repeat the den chief pledge
after me:
I promise to help the Scouts in my den
To the best of my ability;
To encourage, guide, and protect them in den and pack
activities,
And to show them by my example what a good leader is.
I will strive to be prompt and dependable and to cooperate
with the leaders in carrying out the Cub Scout program.
Narrator: Thank you for all you are doing for our pack!
(Present the den chief cord.)

Appreciation for Service ~ Northern Star Council
Materials: A certificate and a “Nice Job” pin
NARRATOR: Today, we would like to honor someone in our
pack who has shown unselfish service by (list the unselfish
service). Will [Name] please come forward. (Pause.) On
behalf of our pack committee and chartered organization, I
would like to present to you this certificate of appreciation for
your service as (list the role this person assumed). (Present
the certificate.) We also want to present you with a pin that
can be worn only by those who have served Scouting in an
extra special way. We feel you should have this pin in
recognition of your service to our pack. (Present the pin.)
Please join me in showing an expression of our appreciation.
(Lead an appropriate applause.)

Are You A Ziploc Pack???
By Sean Scott
http://scouting.argentive.com/
Most leaders recognize that rank advancement ceremonies
should be impressive and representative of the amount of
work the boy has put into earning the award. But what about
the belt loops, activity patches and other "smaller" awards
your boys earn?
Unfortunately, these awards are often given out using the
"Baggie and Handshake" ceremony. You know, a baggie with
the boy’s name, and a hearty handshake. No offense, but that’s
not PHUN! And Scouting, especially Cub Scouting, is
supposed to be PHUN!

SPECIAL OPPORTUNITIES
Pat Hamilton, Baltimore Area Council
Our Monthly theme is Citizenship and our Core Value is
Your Vote Counts. Your boys aren’t old enough to vote yet,
but you need to get them ready by showing them what they
can learn by reading about the candidates. I have chosen
Reading and Writing for the Academics Belt Loop and Pin
and that good old American pastime Kickball for the Sports
Belt Loop and pin.
On a more personal note, I’m writing this as a brand new
Grandfather! Jax, my future Tiger Cub, was born on
September 17.

Reading and Writing Loop and Pin
from http://www.usscouts.org
The requirements listed below are taken from the
Cub Scout Academics and Sports Program Guide (34299)
2009 Printing. This subject was added in 2009.
Tiger Cubs, Cub Scouts, and Webelos Scouts may complete
requirements in a family, den, pack, school, or community
environment. Tiger Cubs must work with their parents or adult
partners. Parents and partners do not earn loops or pins.

Reading and Writing Belt Loop
Complete these three requirements:
1. Visit a library and get your own library card. Check out and return a book.
2. Write a letter or a short story. Read it to your den or family.
3. Keep a diary of your activities for one week. Read it to your den or family.

Reading and Writing Academics Pin

Earn the Reading and Writing belt loop, and complete five of the following requirements:
1. Locate and identify the following parts of a book: title, author, spine, cover, table of contents, and index.
2. Read a book to a child or group of children.
3. Participate in a school or community organized reading program.
4. Explain the differences in a biography, autobiography, fiction, and nonfiction books to your parent or den leader.
5. Create a bookmark that you can use, or design a book cover.
6. Read an article from a newspaper or magazine. This can be done on the computer. Report about what you read to an adult.
7. Write a poem and read it to a family member.
8. Write a short report about something of interest to you. Read your report to your den or family.
9. Read several jokes and riddles. Create two of your own and share them with your den or family.
10. Write a commercial, song, or jingle for some product. Perform it for your den or family.
11. Create your own alphabet, writing system, or code and explain it to your den or pack.
12. Learn about another writing system such as petroglyphs or Egyptian hieroglyphs. Do your best to draw some of these symbols. Report what you learned to your den or family.

Kickball Belt Loop

Complete these three requirements:
1. Explain the rules of kickball to your leader or adult partner.
2. Spend 30 minutes practicing the skills of kickball (pitching, kicking, base running, catching, throwing). This may be over two different practice periods.
3. Play a game of kickball.

Kickball Sports Pin

Earn the Kickball belt loop, and complete five of the following requirements:
1. Demonstrate the following kickball skills: pitching, kicking, base running, catching, throwing.
2. Explain the rules of base running.
3. Describe the basic defensive positions in kickball (pitcher, catcher, infielder).
4. Draw a kickball field to scale; include the starting defensive positions.
5. Report to your den or family about the similarities between the rules of baseball and kickball.
6. Explain the role of being the captain of a kickball team.
7. Play five games of kickball using basic rules.
8. Help set up a kickball field for a game.
9. Serve as a referee for one game of kickball.
10. Participate in a pack, school, or community kickball tournament or a supervised kickball league.

For worksheets to help with earning these awards go to http://www.usscouts.org/advance/cubscout/sports/kickball.asp

Messengers of Peace
from http://scouting.org
Program Overview
Launched in September 2011, Messengers of Peace is a global initiative designed to inspire millions of young men and women in more than 220 countries and territories to work toward peace. Using state-of-the-art social media, the initiative lets Scouts from around the world share what they’ve done and inspire fellow Scouts to undertake similar efforts in their own communities. The initiative is inspired by the World Scout Committee, administered by the World Scout Bureau, and driven by youth volunteers worldwide.

Defining Peace
In terms of the MOP initiative, peace encompasses three dimensions:
1. The personal dimension: harmony, justice, and equality
2. The community dimension: peace as opposed to hostility or violent conflict
3. Relationships between humankind and its environment: security, social and economic welfare, and relationship with the environment

Any Scout or Scouter who participates in a project that has had a significant impact on the community in any one of the three dimensions above can qualify as a Messenger of Peace.

Submitting Projects
Submitting MOP-related projects is easy for BSA units. All they need to do is check the Messengers of Peace box when entering a service project through the Journey to Excellence website: http://www.scouting.org/Awards/JourneyToExcellence. Doing so will add the project to the map on the Messengers of Peace website, http://scoutmessengers.com and will generate a unit certificate.

Recognition Item
Any Scout or Scouter who participates in a qualifying project is eligible to wear a Messengers of Peace ring patch around the World Crest on his or her uniform. To purchase these ring patches, a unit representative should take the unit certificate to the local Scout shop or council service center.

Messengers of Peace Service Project Ideas

Peace is more than the absence of war. It encompasses harmony between individuals, between communities, and between humankind and the environment. A Messengers of Peace service project is defined as any project that touches on one of these dimensions of peace:
1. The personal dimension: harmony, justice, and equality
2. The community dimension: peace as opposed to hostility or violent conflict
3. Relationships between humankind and its environment: security, social and economic welfare, and relationship with the environment

Here are sample project ideas:

Personal Dimension
- Host a holiday party for children of prison inmates.
- Collect books and magazines for inner-city schools.
- Conduct entertainment programs, including skits and plays, at a nursing home.
- Make and donate gift boxes to be distributed by Feed the Children.
- Assist organizations that provide home maintenance services for those in need.
- Clean a Habitat for Humanity house before the family moves in.

Community Dimension
- Create a community prayer garden.
- Replace graffiti with peace-related murals.
- Host conflict-resolution workshops in a local school.
- Plan a sports tournament that brings together kids from different segments of the community.
- Serve as “victims” for a county EMT or first responders training course.
- Assist in the packaging of medical supplies for developing countries.

Environmental Dimension
- Clean up a campground, a local park, a river, or a school parking lot.
- Assist with a shoreline-restoration project.
- Collect and dispose of household chemicals, batteries, and other potentially dangerous waste products from the residences of shut-ins.
- Remove invasive species and plant native trees in a park.
- Volunteer at a community recycling center.
- Clear brush from fire buffer zone.

For tips on conducting successful projects, visit www.scouting.org/scoutsource/Awards/JourneyToExcellence/unit_tips.aspx

Boys' Life Reading Contest for 2013
http://boyslife.org/
**SAY ‘YES’ TO READING**

*Enter the 2013 Boys’ Life Reading Contest*

Write a one-page report titled “The Best Book I Read This Year” and enter it in the *Boys’ Life* 2013 “Say Yes to Reading!” contest.

The book can be fiction or nonfiction. But the report has to be in your own words — 500 words tops. Enter in one of these three age categories:

✶ 8 years old and younger
✶ 9 and 10 years old
✶ 11 years old and older

First-place winners in each age category will receive a $100 gift certificate good for any product in the Boy Scouts official retail catalog. Second-place winners will receive a $75 gift certificate, and third-place winners a $50 certificate.

Everyone who enters will get a free patch like the one on this page. *And, yes, the patch is a temporary insignia, so it can be worn on the Boy Scout uniform shirt, on the right pocket. Proudly display it there or anywhere!* In coming years, you’ll have the opportunity to earn different patches.

The contest is open to all *Boys’ Life* readers. Be sure to include your name, address, age and grade in school on the entry.

Send your report, along with a business-size, self-addressed, stamped envelope, to:

Boys’ Life Reading Contest  
S306  
P.O. Box 152079  
Irving, TX 75015-2079

Entries must be postmarked by Dec. 31, 2013 and must include entry information and a self-addressed, stamped envelope.

For more details go to [http://boyslife.org/](http://boyslife.org/) and click on “Contests.”

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**What is “PALA”?**

★ PALA stands for the Presidential Active Lifestyle Award, an activity challenge of the President’s Challenge program. The President’s Challenge is a program of the President’s Council on Fitness, Sports and Nutrition (PCFSN).

★ PALA is designed to motivate participants to be physically active on a regular basis by allowing them to participate in activities they enjoy. Earning a PALA is definitely doable by ANYONE at ANY fitness level.

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**What is the SCOUTStrong PALA Challenge?**

★ In 2011 the BSA aligned with the PCFSN with the shared goal of together promoting good health for America’s youth; the SCOUTStrong PALA Challenge is one of the results of this alliance.

★ The SCOUTStrong PALA Challenge is a Scout-specific PALA challenge. Each BSA local council will have its own PALA group. Members of these groups will be able to:

✓ Compare their progress relative to the group
✓ Send messages to group members

**Who can participate in the SCOUTStrong PALA Challenge?**

The entire BSA organization is being encouraged to earn their SCOUTStrong PALA Challenge award; this includes the following:

- Scouts of all ages
- Venturers
- Parents/Guardians
- BSA Volunteers
- Local Council Staff
- National Council Staff
- Friends of Scouting
- BSA Alumni
- Council Board Members

**How does the SCOUTStrong PALA Challenge work?**

★ To earn the SCOUTStrong PALA Challenge award, a participant is required to meet a daily activity goal of 30 minutes a day for adults and 60 minutes a day for kids.
under 18 for at least five days a week, for a total of six weeks. Participants can take up to eight weeks to complete the program.
★ The participant picks their activities as they strive to reach their goal, logging their physical activity along the way.
★ Over 100 indoor and outdoor activities count toward the daily requirement, including walking, running, aerobics, gardening, and canoeing, as long as major muscle groups are engaged at a moderate to vigorous activity level.
★ Starting the SCOUTStrong PALA Challenge will help participants:
  1. Commit to daily physical activity—and stick with it.
  2. Set realistic goals to encourage fitness for a lifetime.

How do I get started with the SCOUTStrong PALA Challenge?
Participants can enroll and track their progress either online with a free Online Activity Tracker or on a paper Active Lifestyle Activity Log.

ONLINE:
★ Participant begins by visiting www.scouting.org/SCOUTStrongPALA.
★ Participant uses the appropriate dropdown menu to pick the state that the council/organization they want to be affiliated with is located in.
★ Participant use the appropriate dropdown menu to pick the council/organization with which they want to be affiliated with.
★ Participant clicks [START THE SCOUTStrong PALA CHALLENGE].
★ The participant should be at the PALA page of their affiliated council/organization. They should click [CREATE AN ACCOUNT].
★ The participant should complete the required fields and click [REGISTER].
★ They’ll arrive on their activity tracker home page, which they will see each time they log into their account. From this screen they can track their activities, join a group, see their award progress, and adjust their account preferences.
★ Upon completion of the six-week program, the participant will receive a congratulatory email from the President’s Challenge. Participants should print and submit this email to their Scout leader.

ON PAPER:
★ Participants will need to have an Active Lifestyle Activity Log; these can be downloaded for free at www.presidentschallenge.org/tools-resources/docs/PALA_log.pdf

What will participants who complete the SCOUTStrong PALA challenge earn?
After successfully completing the SCOUTStrong PALA Challenge, participants will be eligible to acquire all of the awards listed below:
★ Participants may purchase a Joint BSA/PALA SCOUTStrong PALA Challenge award patch. These will be available in Scout shops after October 1, 2011.
★ Participants may download for free a Joint BSA/PALA SCOUTStrong PALA Challenge achievement certificate at: www.scouting.org/SCOUTStrongPALA.
★ Participants may purchase a President’s Challenge PALA patch, an achievement certificate, and other products by visiting www.presidentschallenge.org/challenge/active/ and clicking on [SHOP].

Links For More Information
About SCOUTSTRONG:
www.scouting.org/SCOUTStrongPALA
List of SCOUTSTRONG PALA Challenge Activities:
www.presidentschallenge.org/challenge/activities.shtml
About PALA:
www.presidentschallenge.org/challenge/active
About The President’s Challenge:
www.presidentschallenge.org/about/
About the PCFSN:
www.fitness.gov/about-us/

GATHERING ACTIVITIES
Miss Betsy Ross
Baltimore Area Council

Give each player paper and crayons or pieces of colored construction paper and tell them that they have been commissioned to design a new American flag. After the designs are finished, take a vote to see which design wins. The winner is crowned “Miss Betsy Ross”.

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GATHERING ACTIVITIES
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Display what each boy or den has done during the month on a Brag Table – this should be a permanent fixture at every Pack meeting, so that boys get some recognition for projects (For example, display the leaf rubbings the Tiger Den did during the month)

Webelos Scouts could choose their favorite Bill Nye the Science Guy projects to share as the Pack Meeting begins. He makes science FUN – and the Webelos are working on the Science Activity Pin. Go to: www.billnye.com and let each boy choose his favorite idea to share.

**Citizenship Ideas**

**Answer the Challenge**

Enlarge and mount this Uncle Sam poster on the wall. Explain that Uncle Sam is looking for a good citizen, since our freedoms are only preserved when good citizens are taking part and doing the right things. Each person, den or family is assigned to make a list of as many qualities or actions of a good citizen as possible. The person or group with the most correct examples wins.

If you do this with your den, each boy could pick an action or quality to work on during the month – have the boys display or share their experiences at the Pack Meeting.

*Note: The image of Uncle Sam has become a symbol of the United States – a reminder that we should know and do what is right, no matter what the cost. His pointing finger is not accusatory. It is a challenge to do the right thing – and often Uncle Sam has been used to recruit people to serve in the armed forces. There are several versions of where “Uncle Sam” originated. In 1961, Congress made the story of Samuel Wilson the official version. He was a prominent meat packer in Troy, New York, and during the War of 1812, he sent crates of meat to troops. They were stamped with U.S., meaning United States, but the soldiers themselves jokingly claimed it stood for Uncle Sam, since they knew of Sam Wilson’s generosity. Want to know the other interesting versions? Go to: www.suite101.com/content/uncle-sam-a42838

Have a stirring selection of Sousa marches playing as the meeting starts – challenge the den families to name them. Learn more about Sousa and his patriotic music under Value Related. (You can probably find a CD of his marches at the library, or go to www.en.wikipedia.org/wiki/John_Philip_Sousa and click on the tabs near the musical notes to hear his most famous music)

**Build a Scouting for Food Pyramid** – Ask every family to bring some non-perishables to turn in for the Scouting for Food project.

Challenge everyone to match up famous Americans with why they are famous citizens

Print off a list of Americans that have been honored with a stamp. For a great list, go to: www.en.wikipedia.org/.../List_of_people_on_stamps_of_the_United_States Choose a selection of names, and a short phrase that describes what that person is known for. Mix up the two lists and challenge everyone to match up names and what they did. (An example from this packet: John Philip Sousa - known as the March King.)

**Create a Collage of Freedom for the Pack Meeting** – Each person, family or den can cut out images that relate to the freedoms we enjoy – then everyone adds their images to the effort. People could also look for words to describe the rights and duties of good citizenship to include in the mix.

**Choose a special service project to show Scouts in Action** – Cleaning up a local park, planting a tree, collecting blankets and pet food for the local SPCA, collecting socks and hygiene items for a homeless shelter – all are a way to demonstrate good citizenship.

**American Foods Bingo**

Go to www.print-bingo.com and print out Bingo cards with food categories such as Appetizer, Meat, Seafood, Fruit, Vegetable, Snack, Dessert, Camping, Potato in the squares. Each person or family gets a card and they have to fill in an American food that fits the category in each box. If you want to make it more interesting, start with foods beginning with “A,” then add a food beginning with “B” and finally “C” in each square before they yell “Bingo!” (The winning card will have three foods in each square, one each beginning with A, B, and C)

**Famous American Bingo**

Follow the steps listed above, but either use blank squares that must be filled with famous American names, or use categories such as Author, Patriot, President, Sports Figure, Inventor, Founding Father, Astronaut, etc.

**OPENING CEREMONIES**

**How to Spell Citizenship Opening**

Before the meeting, prepare large letters, one to a page, that would spell out Citizenship. The part for each boy could be written on the back in large letters.

**Narrator:** The boys have been learning all about Citizenship this month – it’s a long, complicated word, but they even know how to spell it!

**Cub #1** – (Comes out and holds up his letter, C, or posts it on the wall, and reads: C is for Courage to do what is right.

**Cub #2** - (Comes out and holds up his letter, T, or posts it on the wall, and reads: T is for Thanksgiving – an American holiday when we can show our gratitude for the blessings of living in this country.

**Cub #3** - (Comes out and holds up his letter, Z, or posts it on the wall, and reads: Z is for the Zeal and enthusiasm shown by our Founding Fathers when they fought for freedom.

**Cub #4** - (Comes out and holds up his letter, E, or posts it on the wall, and reads: E is for the Energy you need to be a good citizen – you can’t just sit and do nothing!
Cub #5 - (Comes out and holds up his letter, N, or posts it on the wall, and reads:
N is for Nation – the citizens of our country came from many countries and cultures, speaking many languages, to form one unified nation.

Cub #6 - (Comes out and holds up his letter, S, or posts it on the wall, and reads:
S is for Service that every citizen should give.

Cub #7 - (Comes out and holds up his letter, H, or posts it on the wall, and reads:
H is for Honesty and integrity – part of being a good citizen.

Cub #8 - (Comes out and holds up his letter, P, or posts it on the wall, and reads:
P is for Patriotism – love of country and the willingness to sacrifice to defend it.

Narrator: (Looking confused and pointing to the letters) Well, boys, you’ve told us some important things about Citizenship – but I don’t think you spelled it correctly.

Cub #9 – We’re not done yet – the most important letter in Citizenship is the “I”-
He puts the letter I where it needs to go or hands it to boys to hold in the correct place – (between the C & T, the T & Z and the H & P)  and says:

All boys: Because “I” am the one who should be a good citizen!

AUDIENCE PARTICIPATIONS & STORIES

Service to Country

ARMY – Be all you can be!
NAVY – Can do!
AIR FORCE – No one comes close!
MARINES – Semper Fi!
COAST GUARD – Always ready!
CUB SCOUTS (All) – Do your best!

In the United States of America, we have several different branches of the military, all prepared to defend our freedom. There is the ARMY, the NAVY, the AIR FORCE, the MARINES, and the COAST GUARD.

All these different groups have mottos and slogans, just like the CUB SCOUTS. Part of the CUB SCOUT Promise includes duty to God and country, and certainly, all the men and women who serve in the ARMY, the NAVY, the AIR FORCE, the MARINES, and the COAST GUARD demonstrate their duty to country in a big way.

As CUB SCOUTS, we take pride in being good citizens, in honoring our flag, and in helping others. One day, some of you may choose to join the ARMY, the NAVY, the AIR FORCE, the MARINES, or the COAST GUARD. But, for now, we give thanks and appreciation for those who help protect and defend our county, while we learn to be the best we can be as CUB SCOUTS.

ADVANCEMENT CEREMONIES

Looking Back – Looking Forward Advancement Ceremony

Enlarge the Rockwell print shown and cut it into as many pieces as needed – one puzzle piece for each boy receiving an award.

(If you have a large group, or if you want to have a different focus for each rank, use a different patriotic Rockwell print for each rank) If you Google Rockwell Scout paintings, you will find lots of choices. You can add a numbered post-it on top of each puzzle piece to make it easy to put together, with a matching numbered post-it on the wall showing where each piece should go.

Cubmaster: This month we have been learning about one of the most important values in scouting – Citizenship. There are many parts to Citizenship – we all have rights and duties, and there are many ways to demonstrate good citizenship. Tonight we are honoring scouts who have demonstrated good citizenship as they advanced in rank, earned badges and pins and gave service in their homes and communities.

Calls up boys one by one or in groups, along with their parents, to receive the award they have earned. Be sure to give some information about what the boy or boys have done, or ask them to tell about it (If you have warned them in advance) For rank advancement, follow the standard of handing the award to the parent to present to the boy, and the parent’s pin to the boy to pin on his parent.

Cubmaster: We have seen tonight how the many parts of scouting are represented in the work the boys have accomplished. Just as we look back in history to the Father of our Country, George Washington, for an example of citizenship and service, we look forward to the example of each Cub Scout and Webelos Scout from our Pack – Well done, scouts!

Narrator: Citizenship has been going on all around our Pack this month – you might be surprised where we found some examples.

First of all, we have some boys who have been learning all about doing their duty to God and their Country. They have completed all the requirements for their first badge – the Bobcat.

(Call up boys and parents – give the badge to the parent to present to their son; the son can then present the parent pin to his mother or father)

Narrator: Congratulations, Bobcats! (Have an applause for the new Bobcats)
Narrator: Our Tiger Cubs and their partners went for a hike this month to look at the weather – and they learned something about citizenship, too! They discovered that knowing what the weather will be can help firefighters, policemen, emergency workers and community helpers prepare for storms, flooding, and severe weather. They can warn people to get out of the way, and be ready to help protect their community – a great example of citizenship. *(Call up boys and parents – give the badge to the parent to present to their son; the son can then present the parent pin to his mother or father)*

Congratulations, Tiger Cubs! *(Applause)*

Narrator: The boys in the Wolf Den have also been showing that they can be good citizens - they have been learning and using the rules to street and bike safety. Like all good citizens, they have learned to follow the rules! *(Call up boys and parents – give the badge to the parent to present to their son; the son can then present the parent pin to his mother or father)*

Congratulations, Wolf Cubs! *(Applause)*

Narrator: The boys in the Bear Den aren’t old enough to be policemen – but they have been learning how to help prevent crime by making sure their home is safe. They’ve also learned how to reach the right people in an emergency – and they made sure their family was safer by posting those numbers by each phone. *(Call up boys and parents – give the badge to the parent to present to their son; the son can then present the parent pin to his mother or father)*

Congratulations, Bears! *(Applause)*

Narrator: The Webelos Den worked on the Citizenship Belt Loop this month – and learned all about the rights and responsibilities of being a United States citizen. They also learned that service is part of being a good scout and a good citizen. *(Call up boys and parents – give the badge to the parent to present to their son; the son can then present the parent pin to his mother or father)*

Congratulations, Webelos! *(Applause)*

Narrator: The Arrow of Light boys have been working on the Scientist Activity Pin - but they also learned that the work of scientists has helped our nation to develop technology that makes us strong and safe in today’s world. Scientific principles have led to developments in flight, space travel and weather forecasting. *(Call up boys and parents – give the badge to the parent to present to their son; the son can then present the parent pin to his mother or father)*

Congratulations, Arrow of Light den! *(Applause)*

Narrator: As you can see, citizenship has been all around our Pack this month – and each of the boys is well on his way to being a good citizen.

Note: If you have an Arrow of Light award to give, this should be a separate and special ceremony. Here is one possible lead in.

Narrator: Tonight we have a very special award to give. The Arrow of Light is the only Cub award that can be worn on the Boy Scout uniform. In order to earn the Arrow of Light, a Webelos Scout must show leadership, patriotism, and service, as well as personal responsibility – in other words, Good Citizenship.

*(Explain arrangements and call the boy and his parents forward – his Webelos leader and new Scoutmaster or 11 yr. old leader should be present – Audience should be seated in an arrangement that allows everyone to hear and see – Younger Cubs could be placed at the right side forming an aisle for the boy being honored to move toward his new position and SM. Proceed with ceremony)*

**SONGS**

**Citizenship Songs**

Alice, Golden Empire Council

**A Special Patriotic Song for Scouts**

Irving Berlin was a popular musician in 1910, the year Scouting began in America. He wrote a song called “God Bless America” in 1917 for his World War I show "Yip Yip Yaphank", but he didn't use it at that time. In fact, it was 20 years before he revised it and brought it out – He knew it was the kind of patriotic song that would endure, and in 1940, he gave all the royalties from the song to a fund for Boys Scouts and Girl Scouts. Every time someone sings or plays that song in a performance, the royalties go to scouting – and more than $6 million has been donated in the decades since! So remember the connection to scouting whenever you sing this favorite American patriotic song!

**God Bless America**

God Bless America,
Land that I love,
Stand beside her, and guide her
Thru the night with a light from above.
From the mountains, to the prairies,
To the oceans, white with foam
God bless America,
My home sweet home.

I Am A Citizen

*Tune: My Bonnie Lies Over the Ocean*

I’m learning to be a good citizen,
I’m learning we all have some rights
I’m learning each right has a duty
I must keep them both in my sights.

Chorus:
Rights and Duties
They both go together, You know, You know
Rights and Duties
Good Citizenship I must Show

We all have a right to religion,
To worship the way that we please,
But that means I have to allow you
Your choice, though I may not agree

Chorus

We all have the right to assemble
To gather with people we know
And all have the freedom of speaking
If citizenship is to grow
Chorus
We each have the right to make choices
And no one can threaten that choice
I may not agree with your statements
But each person can raise their own voice.
Chorus
(Bet you can add on other verses about the rights and duties of citizenship! – Alice)

from the Baltimore Area Council Pow Wow Books

A Cub Scout Citizen
(tune: Yankee Doodle)

Honest Abe was President,
He stood for truth and justice,
He knew that loyal citizens,
Make this country what it is.

Chorus:
Here's to all the citizens,
Scattered through our land,
For each makes America,
A nation that is grand.

Here's to men in uniform,
Our country they defend.
And each one is a citizen
Their duty never bends.

Chorus

Flags of America
(Tune: Yankee, Doodle Dandy)

We're the flags of America
We're as proud as we can be,
Fifty Flags of colors all so bright
United-ly flying tonight,
Representing peace and freedom
To all those who show respect.
So when you see us flying high
Just stop and take a minute
To thank the mighty Lord above,
For all that he has given.

Our Town
(Tune: She'll Be Coming 'Round the Mountain)

There are lots of places in our town for fun
There are lots of places in our town for fun
There are parks and playgrounds all ‘round
There are parks and playgrounds all ‘round
There are lots of places in our town for fun.
The people in our town like it here a lot
The people in our town like it here a lot
There are many things to do here
There are many things to see here
The people in our town like it here a lot.

America My Homeland
(Tune: You Are My Sunshine)

You are my homeland; you are a great land.
You make me happy; you make me free.

STUNTS AND APPLAUSE

What did Delaware
(tune at http://www.musiclegacy.com/delaware.mid)

What did Delaware, boys,
What did Delaware?
What did Delaware, boys,
What did Delaware?
What did Delaware, boys,
What did Delaware?
I ask you now as a personal friend,
What did Delaware?
She wore her New Jersey, boys,
She wore her New Jersey
She wore her New Jersey, boys,
She wore her New Jersey
She wore her New Jersey, boys,
She wore her New Jersey
I tell you now as a personal friend,
She wore her New Jersey
What did Idaho, boys,
She hoed her Maryland
What did Iowa-weigh?
She weighed a Washington
How did Wiscon-sin?
She stole a New-brass-key
What did Tennessee?
She saw what Arkansaw
How did Flora-die?
She died in Missouri
Where has Oregon?
She's gone to Oklahom
Why did Califon?
She phoned to say Hawai-ya
What did Mississip?
She sipped a Minnisota

Guitar: E E A E   E E B7 B7   E E A E   E E B7 E

APPLAUSE & CHEERS

Alice, Golden Empire Council

Ben Franklin – act out flying a kite, working the string up into the air, and then scream when you get zapped

Constitution – “We the People Approve”

George Washington – I cannot tell a lie. That was great!

Abe Lincoln: “That was great--honestly!”

Eagle: Lock thumbs, flutter fingers like wings, shout "Cree, cree!"

Politician Applause: Pat yourself on the back.

Mount Rushmore: Shout “Washington, Jefferson, Lincoln, Roosevelt!”
Old Glory Applause: Do the regular “wave” where one group at a time starting from one side and going to other, creates a wave by waving both arms as you say “Old Glory, Long May She Wave!”

Soldier: Stand at attention and salute. Yell “Well done!”

Salute the New Citizen: To recognize the hard work of learning in order to pass the test to become a new citizen, have everyone stand, make a salute, and say “We salute you!”

Congressional Stamp of Approval: Stamp feet, or pound left fist onto your right palm.

Good Turn (for service projects): Spin in place while clapping.

Uncle Sam Applause: Announce that in honor of Uncle Sam and his search for good citizens, we will do the Old Glory Wave Applause. Then do the regular “wave” where one group at a time starting from one side and going to other, creates a wave by waving both arms. End by taking an Uncle Sam stance and saying “I Want You”

Two Sides of Citizenship Applause: Divide audience into two groups. One side shouts: “Rights, I have Rights!” The other side shouts “Duties, I have Duties!” As you point to each side, they shout their phrase. Then Signal to both groups to stop and say “That’s the Two Sides of Citizenship!” as you hold up two fingers.

In Honor of Scouting for Food:
Leader: This next cheer is in honor of the Scouting for Food Drive that takes place in November. I have here a “can” – whenever I take off the lid, Laugh Out Loud. When I put the lid back on, Be Very Quiet! This is the Cub Scout version of “Canned Laughter!”

(Demonstrate and then bring the “Can” out throughout the meeting, especially after a joke)

RUN-ONS

Alice, Golden Empire Council

Only In America Run-Ons
1. Only in America......can a pizza get to your house faster than an ambulance.
2. Only in America......are there handicap parking places in front of a skating rink.
3. Only in America......do drugstores make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front.
4. Only in America......do people order double cheese burgers, large fries, and a DIET coke.
5. Only in America......do banks leave both doors open and then chain the pens to the counters.
6. Only in America......do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage.
7. Only in America......do we use answering machines to screen calls and then have call waiting so we won't miss a call from someone we didn't want to talk to in the first place.
8. Only in America......do we buy hot dogs in packages of ten and buns in packages of eight.

JOKES & RIDDLES

Alice, Golden Empire Council

Red, White & Blue…With Stars!
A Dutchman was explaining the red, white, and blue Netherlands flag to an American. "Our flag is symbolic of our taxes. We get red when we talk about them, white when we get our tax bills, and blue after we pay them."
The American nodded. "It's the same in the USA only we see stars, too!"

Q: Where is the only United States flag that will never be lowered, raised or saluted and will never age?
A: On the moon!

(Actually, in a campfire setting, I like to do the Pledge to the Flag by having the boys face the moon and salute one of the six flags left there by the Apollo astronauts. – Pat)

Q: What did Paul Revere say at the end of his famous ride?
A: Whoa!.

Q: Where was the Declaration of Independence signed?
A: At the bottom.

Q: Why does the Statue of Liberty stand in New York harbor?
A: Because she can’t sit or lie down.

Q: Why is it impossible to send mail to Washington now?
A: Because he is dead.

Q: Can you send mail to Lincoln?
A: Yes, he left us his Gettysburg address.

More patriotic jokes:

Teacher: Class, give me a sentence with politics in it.
Student: My parrot Poly ate a clock, and now, POLITICS!

Cub #1: Why does the statue of liberty stand in New York harbor?
Cub #2: Because it can't sit down!

Weather Jokes:
Q: How do you find out the weather when you’re on vacation?
A: Go outside and look up.

Q: How do hurricanes see?
A: With one eye!

Q: What happens when fog lifts in California?
A: UCLA!

Q: What’s the difference between a horse and the weather?
A: One is reined up and the other rains down.

Q: Why did the woman go outdoors with her purse open?
A: Because she expected some change in the weather.

Q: What did the hurricane say to the other hurricane?
A: I have my eye on you.
How Did You Get Here?
_Baltimore Area Council_

**Personnel:** Chief, 4 or more Cubs (any number of Cubs can participate by dividing the lines accordingly.)

**Equipment:** As indicated in skit.

**Setting:** The Den Chief introduces this skit by saying "Transportation played a very important part in the settling of America. How did you get here?"

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**Cub #1:** If the Pilgrims came over on the Mayflower, how did the Scouts get here?

**Cub #2:** I don't know, how?

**Cub #1:** On handy crafts. (Cub Scout enters with sign reading “Handicraft”.)

**Cub #2:** If the Pilgrims came on the Mayflower and Cub Scouts came on handy crafts, how did doctor's get here?

**Cub #3:** How?

**Cub #2:** On blood vessels. (Cub Scout dressed as doctor enters.)

**Cub #3:** How did students get here?

**Cub #2:** On scholar ships. (Cub enters carrying a load of books.)

**Cub #4:** I don't know, how?

**Cub #3:** How did all the ordinary people get here?

**Cub #4:** On citizen ships. (Cub enters carrying a poster that says "Don't forget to vote").

**Cub #1:** I know how the barbers got here.

**Cub #2:** How?

**Cub #1:** On clipper ships. (Cub enters dressed as a barber with a towel, razor, etc.)

**Cub #3:** How did all the movie stars get here?

**Cub #4:** On a show boat. (Cub enters dressed well, wearing sun glasses.)

**Cub #1:** I'll bet you can guess how all the hot heads got here. (Cub runs on stage, shaking his fist and pretending to quarrel with everyone.)

**All:** On steam ships, of course. (They bow as curtain closes.)

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The Late News
_Baltimore Area Council_

**Scene:** 1 Cub Scout is seated on stage, turning the dial of a radio. The other Den members are offstage voices. As the boy on stage turns the dial, we hear:

**Voice 1:** "Prepackaged pale purple pain pills will stop that ache in your bit toenail. A small bottle of 10 pills costs only a little more than..."

**Voice 2:** "...a new Chevy Citation which was the only car still running after 200 miles. All other cars in the race had run out of...."

**Voice 3:** "...elephants, which were the only source of power available to lift the giant logs. The elephant trainer would sit with his legs locked around..."
Voice 4: "...the rocket, which will be launched from Cape Kennedy next week, will be the first rocket to carry..."

Voice 5: "...100 fat cattle and 200 hogs reported on the way to the stockyards. The animals will be fed...

Voice 6: "...dynamite or TNT, which should open the passage to allow the boats to operate in the..."

Voice 7: "...bathtub when the water level is at least six inches deep and warm enough for...."

Voice 3: "...the giant logs, which will be used in the construction of..."

Voice 1: "...drug stores. Ask your friendly pharmacist for...

Voice 2: "...a thunderbird, which maintained a speed greater than any other...

GAMES

Citizenship Games

Patriotic Musical Chairs

This is a twist on an old favorite. Make a circle of chairs, then begin playing some patriotic music. A Sousa march or CD of his marches would be ideal – everyone will just naturally march around to the beat!

Of course, the leader will remove one chair, and then without warning stop the music. Someone will find themselves without a chair, so they are out of the game. But they can then become the conductor and encourage everyone else to march. Game continues till only one person is left.

Adventures in Citizenship

Set up an Adventure Course – each boy must move around and do each task before he moves on. Examples of some challenges: two boys work together to fold a flag properly; boys show how to salute the flag in uniform and in street clothes; Tell one way to show respect for the flag; answer a question that new citizens must know; (You could also focus on American history as your theme) At the end of the course, the boys could be rewarded with Patriotic Rice Crispy Treats! (Made with red & blue M&M’s)

Follow My Tracks

(Based on a quote from Baden-Powell)

Materials: Quite a few footprints with an action listed on the back. Here are some ideas:

Did most of the weeding; Finished the whole job; Studied my spelling words; Played my new game – I’ll study in the morning; Put away all the tools where they belong; Told a funny story about the new kid getting lost on the way to class; Paid most of my tithing – I needed part of it to get my new game; Helped the new kid learn the Law of the Pack; Helped clean up the park; Mom and I passed out voter pamphlets; I walked away from a fight; Found a dollar on the shelf in the library so I got a soda; Said “No” when my friend dared me to steal a package of cards; I always wear my bike helmet; When the light turned red, I crossed in the middle of the block so I could be the first to get back to the building; I did most of the stuff for the achievement, so I asked my Mom to sign it off.

Instructions: Divide into two teams. Mix up the footprints and stack them. Explain to each team that they can decide whether the action on that footprint would lead to “Good Citizenship” or “Needs Improvement”. Each team takes a turn to get a footprint, reads it and puts it where they think that action would lead, without telling anyone what the footprint says. When all the footprints are gone, the team with the most footprints in the Good Citizenship pile is the winner – BUT they must first read the back of each print out loud. The leader and the other team must agree that they chose the right pile for their actions. Discuss the choice.

Then read Baden-Powell’s quote:

“No one can pass through life, any more than he can pass through a bit of country, without leaving tracks behind, and those tracks may often be helpful to those coming after him in finding their way.” Ask the boys to explain what they think it means. Which tracks would be helpful to others? Would some be harmful? Are there people who will follow your tracks? Which way will your tracks lead them?

Citizenship Concentration

On a blackboard, make a grid with four columns and seven rows. Using 3X5 post-its, put together your own concentration game on a chalk board. Write 14 questions about citizenship on the post-its in the first and third columns. Then put a second post-it over the questions, each top post-it with a number from 1-14. In Column two and four, place the answers to the questions on post-its. But do it RANDOMLY and cover the answers with post-its lettered A through M. The object is to match the correct letter and number. Keep some of the boys busy making the concentration “music”

Are You a Revolutionary Detective?

from Baltimore Area Council

See if you can find the words that are hidden in these American Revolutionary clues. Example: A penny found in BICENTENNIAL is CENT.) Can you find:

1. Sixty seconds in MINUTEMEN? _______________
2. Your laundry in GEORGE WASHINGTON? ________
3. Two thousand pounds in BOSTON TEA PARTY? ___
4. What you write with in INDEPENDENCE HALL? ___
5. Where beavers live in JOHN ADAMS? __________
6. A type of cereal in RED COATS? _______________
7. A yellow vegetable in GENERAL CORNWALLIS? ___
8. What you put on toast in BENJAMIN FRANKLIN? ___
9. A metal in CONTINENTAL CONGRESS? __________
10. A place where you bowl in VALLEY FORGE? ______
11. A musical instrument in MONTICELLO? __________
12. The opposite of young in BENEDICT ARNOLD? ______
13. A boy’s name in LIBERTY BELL? ________________
14. What an unruly mob does in PATRIOTS? ___________
15. The sum of five plus five in BICENTENNIAL? ______

Answers:

Gina Aldridge, Asst. Cubmaster
I have a couple of games that I came up with for Cub Scouts. One game is take old Styrofoam from a dishwasher packing, etc and use the long flat pieces to make ball toss game. I made pumpkin golf. I decorated a flat piece with pumpkin cut outs, paint and took a drinking glass to make circles and cut them halfway down so you can throw a ball and it lands in the "cup" shape. Then hot glue sides on this and paint. The kids roll the soft nerf balls (golf ball size) into the holes.

Game #2 is to take a twin bed sheet, small laundry basket, and small soccer ball. Have boys hold sheet all around the basket, and small soccer ball. Have boys cooperate in moving up and down to get the ball to roll and place ball in center. Put basket at one end and have the boys cooperate in moving up and down to get the ball to roll into the basket. My pack likes these games. Thought I would share.

CLOSING CEREMONIES

Tools for Citizenship Closing
Alice, Golden Empire Council

Materials: A toolbox and several tools; Decide before the meeting which tools you will use, then make labels for them.

Narrator: This is a tool box – and it holds the tools I need to build something or make repairs. But tonight we want to tell you about a Special Toolbox for Citizenship.

Cub #1: (picking up the safety glasses and putting them in the Tool Kit)
First I need to put on my safety glasses. I need to take a good look before I make choices – freedom can be lost with bad choices.

Cub #2: (picking up the measuring tape and putting it in the Tool Kit)
I also need to measure what I do against the standards of good citizenship – is it honest? Is it Right?

Cub #3: (picking up the saw, covering the blade or wiping the saw, and putting it in the Tool Kit)
A good carpenter takes care of his tools – and a good citizen takes care of his property and the world around him.

Cub #4: (picking up the hammer and putting it in the Tool Kit)
Just as the hammer can help me build something useful, service can help build a family or a community.

Cub #5: (picking up the sandpaper, and putting it in the Tool Kit)
A wooden project needs to be sanded and polished to a fine finish – in scouting we learn that duty to God and Country help us to become citizens with a fine finish.

Narrator: There are many other tools in my tool box – and there are many ways we can show good citizenship!

Remember to use the tools you have - make something you can be proud of!

CUBMASTER’S MINUTE

Leading the Way
Alice, Golden Empire Council

Robert Baden-Powell knew that “No one can pass through life, any more than he can pass through a bit of country, without leaving tracks behind, and those tracks may often be helpful to those coming after him in finding their way.” Let’s each make sure that OUR tracks lead others in the right pathway – towards being a good citizen!

A Story from Mike Dalka – Do it NOW!
The next time you are tempted to talk or joke or fool around during a flag ceremony, remember this story:

My Grandfather was a glider infantryman in WWII, an advisor in Korea, and lost one of his sons… in Vietnam. I worked in his auto repair station during high school and he flew his flag in front daily. One day while I was sweeping the oil out … it began to sprinkle rain. He told me to go get the flag and I said "gimme a second." He said, "It is raining, go get the flag NOW." Well I popped off my mouth about how he should "cool it, it isn't going to melt" - or some such typical teenage comment.

My grandfather is the toughest man I've ever met. He explained once that he thought basic training was some sort of country club during WWII, because he was used to hard work anyway, and at home he didn't have indoor toilets or hot running water! And when I said whatever it was that I said to him, he turned deep crimson and I thought, "... he's going to kill me for talking back."

Instead, tears welled up in his eyes and he squeaked out “You don't understand what this family has paid for the right to fly that flag.” Then he turned his back on me and went out and got the flag. I just stood there feeling like the smallest person to don't understand what this family has paid for the right to fly that flag. And when I said whatever it was that I said to him, he turned deep crimson and I thought, "... he's going to kill me for talking back."

Instead, tears welled up in his eyes and he squeaked out “You don't understand what this family has paid for the right to fly that flag.” Then he turned his back on me and went out and got the flag. I just stood there feeling like the smallest person to ever live. Those words cut me so deep. I wish the entire country could have heard them.

[ I ] hope that this Nation might yet have enough people who understand the cost of liberty to turn things around.

Note: if you want to hear this message, go to www.usflag.org

CORE VALUE RELATED STUFF

Connecting CITIZENSHIP with Outdoor Activities
Wendy, Chief Seattle Council
(Adapted from B.A.L.O.O. Appendix E)

★ HIKES - Hike to a polling place during an election. Hike to a museum or historical building and learn about the history of your community. Take a historical hike.

★ NATURE ACTIVITIES - Clean up trash in a designated area. Observe a certain species to see how its citizens live together and what nature laws they obey.

★ SERVICE PROJECTS - Raise the flag at the local school every morning for a specific period of time. Do some community cleanup projects.
GAMES & SPORTS - Play a team sport and discuss how the whole is greater than the individuals making it up. Relate this to everyday life and our society.

CEREMONIES - Hold a ceremony to inaugurate the Denner or to graduate Wolfs to Bears or Bears to Webelos Scouts, complete with “tux”, “top hat”, and “judge”.

CAMPFIRES - Re-enact the signing of the Declaration of Independence or other historic event. The boys could even be in costume with a huge feather pen.

DEN TRIPS - Visit a local governing body, city council, county commission, school board- to see government in action. Have lunch with the mayor or chief of police.

PACK OVERNIGHTER - Boys make up “laws” to govern their “tent city”, discussing why it’s important to understand how good law benefits all citizens.

We have found that kids love to engage in conversation if they feel secure and have the sense that other kids will respect their views…

It is often very helpful if the discussion leader shares a personal experience with the kids. Being honest with them encourages them to express themselves honestly in return. It also makes the kids feel that they are in a safe place and that the situations being discussed are real and carry personal weight.

Over the years we have discovered some things that help to set a comfortable conversational tone for the discussion. We frequently use humor, surprisingly even when we are discussing serious issues. As our moderator Michael Pritchard says, "The shortest distance between two people is a good laugh." Humor can break down communication barriers while making everyone feel at ease. Also, we recognize and respect children's opinions and their concerns and fears. It is important to be non-judgmental of the students themselves while at the same time holding their choices up to critical analysis by the group. That way they begin to take responsibility for their choices and their actions. And because the learning experience is so personal, it will be most memorable.

Ask "why" or "why not" questions because they often produce the best results. Anybody can give a simple, unsupported answer to anything. Asking a kid to justify an answer forces reflection, analysis, and critical thinking, and often results in the child modifying his initial position. This is the part of the questioning process where learning most actively takes place.

Use characters & situations from well-known stories or movies to introduce the topic for discussion. Read the excerpt from the story, or watch the scene if there’s time. Example: Harry Potter often breaks school rules. This ties into Webelos Citizen #14 Why we have laws, and why it’s important to obey them.

For more tips for having a great character discussion:
http://www.goodcharacter.com/Article_3.html

Character Connections Discussions
Wendy, Chief Seattle Council

We believe that the true, open exchange of views is fundamental to a democratic society. Young people need a forum to express their thoughts, but they also need to be trained to become respectful listeners of diverse opinions. Good discussions lay the groundwork for democratic participation throughout life, giving kids a sense of power within a community, and conveying to them the importance of their future role as participants in society.

A thoughtful discussion helps kids develop critical thinking. Talking in a group helps them learn to organize their thoughts and present them coherently. Kids also learn to be active listeners, holding other peoples’ ideas up to critical analysis. They come to see that there are always alternative ways of looking at a difficult problem or situation. And later on in life they reap the rewards in the real world from thinking creatively on their feet. So discussions yield very powerful individual and social benefit.

Character Connection - Citizenship
Achievement 2, "Where I Live" (Page 41)

1. Know- Tell ways some people in the past have served our country. Tell about some people who serve our country today. (Don’t forget about “ordinary” people who serve our country.)

2. Commit- Tell something that might happen to you and your family if other people were not responsible citizens. Tell one thing you will do to be a good citizen.

3. Practice- Tell 3 things you did in 1 week that show you are a good citizen.

Tiger Book
Character Connection - Citizenship

✓ Practice - Do requirement 2D
✓ Know - What does it mean to be a good citizen? Why do you think we say the Pledge of Allegiance?
✓ Commit - Is it easy to be a good citizen? Why is it important to show respect to the flag even if others around you might not?
Wolf Book
The Citizenship Character Connection is not part of an Achievement or Elective in this book.

Bear Book
Character Connection - Citizenship
Achievement 3, "What Makes America Special" (Page 34)
✓ Know - Tell ways some people in the past have served our country. Tell about some people who serve our country today. (Don't forget about ordinary people who serve our country.)
✓ Commit - Tell something that might happen to you and your family if other people were not responsible citizens. Tell one thing you will do to be a good citizen.
✓ Practice - Tell 3 things you did in 1 week that show you are a good citizen.

Webelos Book
Character Connection - Citizenship
Citizen Activity Award, (Page 144)
✓ Know - Lists some of your rights as a citizen of the United States of America. Tell ways you can show respect for the rights of others.
✓ Commit - Name some ways a boy your age can be a good citizen. Tell how you plan to be a good citizen and how you plan to influence others to be good citizens.
✓ Practice - Tell 3 things you did in 1 week that show you are a good citizen. Choose one of the requirements for this activity badge that helps you be a good citizen. Complete the requirement and tell why completing it helped you be a good citizen.

Catalina Council
Before you start Character Connection for Citizenship, point out that each person is a citizen of the community, and part of being a good citizen means helping others.
8 How do you feel about being a citizen?
8 Do you feel that you are a good citizen?
8 What can you do to set the example of good citizenship?

Participation, involvement and contribution are traits of character. Good citizenship is not doing what "looks good." It means helping others, knowing more than how the government works and working to make our community, country and world a better place to live. A good citizen:
- Does their share
- Cooperates
- Stays informed and votes
- Is a good neighbor
- Obey laws and rules
- Respects authority
- Protects the environment

Action: Each cub scout gets three colored strips and writes on each what makes America special to him. He signs his name, and connects the link to the chain. Now that the chain is done we have a lot of ideas about our country, what makes it special, and how we can be a good citizen.

Reflection:
What do you think is all about? What new things have you learned about citizenship?
How do you feel about being an American citizen? Do you feel that you are a good citizen?
How does it feel to see people who don’t act as good citizens?
What can you do to set the example of good citizenship?
Can you think of ways to help other people be good citizens?

Citizen Cubmaster Minute
Cub Scout Program Helps, 2004-2005, page 4 February
The citizens of today are all the parents and grandparents, aunts and uncles of you Cub Scouts. The citizens of tomorrow are . People came to our county looking for freedom and peace. That freedom has been protected over the years and will continue to be protected. As the citizens of tomorrow, you will support the freedom and peace we all now enjoy. It is a task well worth the effort. Thanks you, Cub Scouts, for being good citizens – today and tomorrow.

Water Cycle Terrarium
Cub Scout Program Helps 2004-2005 page 10 April
Materials: Jar, plants; bottle cap or shell of water; soil, sand, and small rocks.

Directions:
✓ Fill the jar first with small rocks, then sand, then soil.
✓ Then add plants in the soil and place your bottle cap or shell of water in the jar.
✓ Fill jar as in the picture and put the lid on.
✓ Put the jar in a sunny place and see how the water cycle works.

Character Connection: Citizenship
When the den chose an introductory statement of our Pledge of Allegiance, you reviewed several ideas.
When you chose one statement to represent how you felt about the flag, what did that one say to you that the other statements did not? That is a part of citizenship. Why is good citizenship important?
When you say those kinds of things, what is your reaction? Is it easy to show respect for our flag? Is there someone you know who sets a good example in showing citizenship?
Can you help others show respect for the flag? How else can you show good citizenship?
Citizenship Activities
2004 Pow Wow Book Cub Scouting Forever
by Great Salt Lake Council

Citizenship Contributing service and showing responsibility to local, state, and national communities.

★ Activity 1 - Have your Cub Scouts go to an internet search engine (e.g., Google) and type in "kids making a difference." They will find countless inspiring examples of how young people have made their communities and the world a better place. Have them select stories they like and present them to the den and tell why they chose them. Do these stories give them any ideas about things they might like to do?

★ Activity 2 - Have your Cub Scouts visit www.goodcharacter.com and click on "Opportunities for Action or Service Learning." There they will find opportunities to become involved in community service projects and other activities relating to citizenship and civic responsibility. Plan a service project to do as a pack or den for your school or community.

★ Activity 3 - Have your Cub Scouts select their heroes and write about them. Introduce the idea of heroes as people who do things to help others. For ideas about how do expand this activity visit www.giraffe.org.

★ Activity 4 - Are you planning to do a pack eco-project? If so, visit Captain Planet™ Foundation's website, and the Captain may be able to assist in providing the seed money to get your project growing. Go to www.captainplanetfdn.org.

★ Activity 5 - To help create a more tolerant and caring society, “What is the cost?” Have ready a selection of everyday items such as a candy bar, an audiocassette, a pair of socks, and so on. You also need to know how much each of these items costs to buy. Then play a game of “The price is right.” Produce your items one at a time. Get each Cub to guess the cost. Each Cub takes a turn guessing first. No one is allowed to say the same price as someone else. Two points for being exactly right one for being the closest.
Then move on to part two. What is the cost of freedom? What is the cost of a flag? What is the cost of friendship? What is the cost of trust?

Red, White, and Baloo
2005 Pow Wow Book Cub Scouting Forever
by Great Salt Lake Council

Sing, “You’re a Grand Old Flag,” from the Cub Scout Songbook

When you recite the Pledge of Allegiance, you promise that you will always be true to our country. That is why you face the flag and give the proper salute as you repeat the Pledge of Allegiance.

★ What can you do show that you’re proud to be a citizen of the United States?

Leave No Trace Pledge
Cub Scout Program Helps 2007-2008, page 8 March

I promise to practice the Leave No Trace Frontcountry guidelines wherever I go:
1. Plan ahead
2. Stick to trails
3. Manage my pet
4. Leave what I find
5. Respect other visitors
6. Trash my trash

★ What do you think the Leave No Trace pledge means?
★ Do you know what is?
★ How is the Cub Scout Leave No Trace Pledge related to citizenship?
★ How do you practice good citizenship related to the outdoors? How can you be a responsible citizen during the week ahead related to the outdoors and recycling?

Character Connection: Citizenship
Cub Scout Program Helps 2008-2009, page 6 February

８ Know - We are all citizens of the United States of America. What do you think that means?
You're right, it means that we help our country, we help other people in our country, and we respect the flag.
(Have adult partners share their thought about citizenship.)

８ Commit - How do you think we can show that we are good citizens? What are some things you’ve seen other people do to show good citizenship?

８ Practice - Can you do any of those things in the week ahead?

Follow Up Character Connection on Citizenship
Cub Scout Program Helps 2009-2010 July

Last week we talked about the many freedoms we have in our country. We also talked about our Cub Scout Promise and how that is a way of citizenship.

What do you remember about the meaning of citizenship? What else is citizenship?

Can you think of ways we have shown good citizenship in Cub Scouting?

How can you demonstrate good citizenship during the week ahead?

November – A Month for Citizenship
Alice, Golden Empire Council

November 1 - The United States Weather Service was established in 1870

The Smithsonian first began to organize a national weather system, but the Civil War brought that work to a half. Because weather was believed to influence disease, Army doctors kept weather diaries as early as 1814. But it wasn’t until the telegraph was invented in the 1840’s that there was any way to have a tracking system.
And after the Civil War, because weather and weather patterns were important to trade and commerce, President Grant authorized the military to use existing personnel to make weather observations – and the Signal Corps began operating a national weather bureau. That was good news for the Corps, because with the telegraph, signaling had lost some usefulness.

The Signal Corp began with 25 stations, located in various places, including major cities and remote sites like Pike’s Peak, Colorado. Over the next two decades, over 100 stations were opened, and the Army pioneered meteorology. They trained soldiers to take weather observations three times each day, and transmitted their reports by telegraph to Washington, DC. The Chief Signal Officer, Albert J. Myer, was known as “Old Probabilities” because of the weather predictions that appeared in the daily newspapers, based on maps and charts created from the weather data.

In 1891, the weather service was transferred to the Department of Agriculture – but today, The National Weather Service is part of NOAA, or National Oceanic and Atmospheric Administration in the Commerce Department.

Things have changed a lot since General Sherman said that the Army had no need to know what the weather would be – they would just march on.

Today, we know that weather affects citizens all over the United States, and the world. We know that being able to predict and report severe weather can help prevent major damage and loss of life. We can warn people to move out of the path of hurricanes, flooding and severe weather, or protect property from damage. Monitoring, reporting, repairing, and rescuing come at a huge cost – so Weather is now a matter of Citizenship!

For more info, go to:
www.history.army.mil/banner_images/focus/weather_service.html

November 11 - Veteran’s Day
Participate in a Veterans Day Parade or other community event. Some scouts help put out flags for veterans at local cemeteries – see details under Den & Pack Activities. There is also an opportunity for ongoing service at National Cemeteries.

November 17 – Take a Hike Day
This is the perfect time to take a hike with the den or your family – and it counts toward advancement for every level – plus it’s FUN!

November 18 – Mickey Mouse’s Birthday, 1928
Mickey Mouse is recognized the world over as an icon of America. He is also a symbol of the freedom of citizenship in America. Because people are free to choose their occupation and their religion and can feel secure in their homes, they have time for fun and creativity.

November 19 – Gettysburg Address was delivered in 1863
President Abraham Lincoln delivered a three-minute address during the American Civil War at the dedication of a national cemetery on the site of the Battle of Gettysburg. The Gettysburg Address is one of the most famous American speeches of all time.

November 24 – Thanksgiving
Traditionally celebrated on the fourth Thursday of November in the United States. It is usually associated with the Pilgrims and their first Thanksgiving feast in America, when they celebrated with the help of local Native Americans – but check out the amazing true story of Squanto, or Tisquantum, a Patuxet Indian who had already learned English before he met the Pilgrims. Go to: www.rootsweb.ancestry.com/~mosmd/squanto.htm
November 27 – Bill Nye’s Birthday
Better known as Bill Nye, the Science Guy, he has made science FUN – and since the Webelos are working on the Science Activity Pin this month, take advantage of that fun – go to his website for his take on how to do the requirements or some great ways to work on the Science Belt Loop.

www.billnye.com

Fun Facts About the Flag
To the original members of the Continental Congress, the colors on the Great Seal had meaning: red stood for hardiness and courage, white for purity and innocence, and blue for vigilance and justice – but those meanings were not connected to the colors of the flag till much later.

The gold fringe on some flags is considered only “an honorable enhancement” and is not to be used on outdoor flags because it would deteriorate in the weather. The use of gold fringe is optional.

When folded properly, the US flag is shaped like a triangle with only the stars showing. If you have exacting standards, it usually takes 13 folds: the same number of original colonies.

The US flag must not be used on any item designed to be disposable. Unfortunately, this rule is often broken, on paper cups, etc.

Old Glory actually refers to a specific flag owned by Captain William Driver, with 24 stars and 13 stripes. Old Glory traveled on his ship and circled the globe twice before Driver retired to Nashville. He hid the flag inside his bedspread when Tennessee seceded from the Union. When the war was over, Driver joyously ripped open his bedding to an astonished group of patriots! Old Glory now lives in the Smithsonian.

If you look at a United States military uniform, you may think the flag is backwards on the right shoulder sleeve – here’s the explanation: According to regulations, the “flag patch is to be worn, right or left shoulder, so that “the star field faces forward, or to the flag’s own right. When worn in this manner, the flag is facing to the observer’s right, and gives the effect of the flag flying in the breeze as the wearer moves forward. The appropriate replica for the right shoulder sleeve is identified as the ‘reverse side flag’.”

Only State Governors and the President of the United States can order the flags on government buildings are to be set at half staff.

Citizenship Do’s & Don’ts
Citizenship has lots of parts – this is an old list of To Do and Not to Do things – if you want to be an example of good citizenship. Bet the boys can come up with some others from their own point of view!

DO...
...live by the Golden Rule
...do your share
...be a good neighbor

...be a volunteer—help your school and community be better, safer and cleaner
...obey laws and rules
...obey parents, teachers, coaches and authority figures
...protect the environment by conserving resources, reducing pollution, and cleaning up after yourself
...participate in voting, report wrongdoing, pay taxes, and voice your opinion

Citizenship DON’Ts
...argue with or disobey parents, school teachers, policemen
...litter parks, playgrounds, school grounds, or your community
...complain about choices that were made even if you did not take the time to say what you thought
...break the rules in games or play
...ignore it when someone breaks the rules or does something wrong

Kids Can Help!
Sometimes adults and Cub Scouts don’t realize that kids can help keep themselves and their community safe and lawful. Here’s a list of ways that kids, (and scouts) can help law enforcement and be good citizens. You can make any of these good choices into a game or use den time to practice the skills that kids need to know.

Being Prepared:
• I know my full name, my parent's names, and our address and phone number.
• I know when and how to use 911 properly. I know I can dial 911 for free from any phone.
• I never put my name on my clothes, jewelry, caps or belongings where people can see it.
• I tell my parents, a teacher, or a trusted adult about things that happen to me that make me feel scared, uncomfortable or sad.
• I know the difference between a good secret and a bad secret. A good secret is fun to keep, like a surprise party. A bad secret feels bad to keep, and telling my parents about it doesn’t make me a “tattle tale.”
• I know what to do if I am lost.
• I know what to do if there is a fire emergency – I know two ways to get out of every room, and to follow my family escape plan. I know where to meet, and NEVER to go back inside!
• I know what to do and say in an accident or other emergency.

Sharing Information:
I never tell strangers my name unless my parent says it’s OK. I never tell strangers where I live. I know that a stranger is anyone I don’t know well, even if I recognize them - like the mailman or ice cream truck driver.

Buddy System:
I use the “buddy system” and avoid walking or playing alone outside and in public places.

Safety on the Street:
- I always walk against traffic, so I can see if a car stops near me.
- I never take short cuts through deserted areas like creeks or vacant lots.
- I know to stay a safe distance (approximately three arm-lengths) away from strangers and stranger’s cars, even if a stranger seems nice.
- I know to yell NO or “FIRE” and run away if someone tries to grab me or get me to enter their car. I know NOT to hide and to tell an adult as soon as I am safe.
- I know to run in the direction opposite from the direction the stranger’s car is traveling.
- I know it’s okay to yell and fight if someone grabs me or tells me I have to go with them.
- I know and follow safety rules when walking or crossing the street.
- I know the rules for riding a bike, skateboard or scooter safely.
- I ALWAYS wear a helmet and other safety equipment.

Phony Requests:
- If someone tells me my parents sent them, I ask them the secret password that only my parents and I have agreed on.
- I know to say NO and run to safety if someone says they need me to help them – finding a lost dog, or an address – or when they say they will give me candy or some other treat. I know not to go near them or their car.

Home Safety:
I keep all the doors and windows locked when I am home alone. I know NOT to go inside if a window is broken or the door is open when I get home – I will go to a neighbor and call 911.

I know how to call my parents or a neighbor if I get frightened when I’m home alone.

Doorbell Safety: I answer the door by asking, “Who is it?” I never say that I am alone, and never open the door when I am alone, unless it is someone my parents told me to expect and let in. When I am alone, I always talk through the door and say, “My parents are busy now, I’ll tell them you stopped by.” If the person does not leave, I know to call “911.”

Phone Safety: I never say that I am alone when a stranger calls. I let the answering machine screen calls or say, “Mom/Dad can’t come to the phone now, can I take a message?” If someone is making strange noises, saying scary things, or not saying anything, I will hang up the phone.

Internet Safety:
I know never to give my last name, address, or phone number to a person on the Internet, and that it is never safe to meet Internet friends in person without my parent’s supervision and consent.

Family Place Mats
This is another great idea from Family Fun Magazine – and it uses a traditional American food, corn on the cob, to make a colorful family gift.

Materials: Ear of corn, plastic corn cob holders (optional, but they make it easier to work), acrylic paints, small paper plates, cloth place mats (Scout leaders can get a special discount in most stores – wear your uniform – OR see if you have a parent or grandparent who is willing to make some simple place mats)

Directions:
1. Break an uncooked ear of corn into short lengths – you may need to use a knife to help, but only ADULTS should do this.
   Attach the corn cob holders to the ends.
2. Pour a few shades of paint onto small paper plates. Roll the corn in the paint and then across a cloth place mat (You should have the boys practice on newspaper first).
3. Repeat the process, using different colors, overlapping patterns.
4. Heat set the dry, painted place mats using an iron and a cloth over the place mat to protect your iron from the paint.
   Mats could also be heat set in a hot dryer.

Pencil Holder Gift
Pencil holders can be made from any round or square container that is tall enough to hold pencils, pens & scissors – this one is simply covered with wrapping paper or even contact paper, with a cute sign added.

But boys could also cover a can or frozen juice container by gluing yarn or even rocks around the outside. If you use yarn or paper, finish with several coats of white glue diluted with water to protect the covering.

Seasonal Ideas:
Make a GIFT using Fall leaves: family placemats, a simple picture or a collection of leaf rubbings for a special card.
Crazy Holidays
Jodi, SNJC Webelos Resident Camp Director 06-11

Month:
• Aviation History Month
• Child Safety Protection Month
• International Drum Month
• National Adoption Awareness Month
• National Epilepsy Month
• National Model Railroad Month
• National Novel Writing Month
• Native American Heritage Month

• Peanut Butter Lovers Month
  (Beware of Food Allergies ☺ – Pat)
  • American & National Diabetes Month
  • Banana Pudding Lovers Month
  • Family Stories Month Link
  • Gluten-Free Diet Awareness Month
  • Greens and Plantains Month
  • Historic Bridge Awareness Month
  • Military Family Appreciation Month
  • National Alzheimer's Disease Month
  • National Family Caregivers Month
  • National Georgia Pecan Month
  • National Inspirational Role Models Month
  • National Pomegranate Month
  • National Scholarship Month
  • Pancreatic Cancer Awareness Month
  • Plum and Pomegranate Month
  • Spinach and Squash Month

Week Celebrations:
• National Fig Week: 1-7
• World Communication Week: 1-7
• Sherlock Holmes Weekend: 2-4
• Health Information and Technology Week: 4-10
• National Animal Shelter Appreciation Week: 4-10
• National Nurse Practitioner's Week: 4-10
• National Rad Tech Week: 4-10
• Give Wildlife A Break Week: 5-9 (First Week)
• Pursuit of Happiness Week: 7-13
• American Education Week: 11-17
• Geography Awareness Week: 11-17
• National Hunger & Homeless Awareness Week: 11-17
• National Global Entrepreneurship Week: 12-18
• World Kindness Week: 12-18
• National Young Reader's Week: 12-16
• National Farm-City Week: 16-22 (Week Always Ends on Thanksgiving Day)
• National Bible Week: 18-24
• National Family Week: 18-24
• National Game & Puzzle Week: 18-24
• Better Conversation Week: 19-25

Daily Celebrations:
1 All Saint's Day
2 All Soul's Day
3 Look for Circles Day
4 Deviled Egg Day
5 Book Lovers Day - first Saturday of the month
6 Housewife's Day
7 Sandwich Day
8 King Tut Day
9 Gunpowder Day
10 Guy Fawkes Day
11 Marooned without a Compass Day
12 Saxophone Day
13 Bittersweet Chocolate with Almonds Day
14 Cook Something Bold Day
15 Dunce Day
16 Chaos Never Dies Day - you've got that right
17 Forget-Me-Not Day
18 USMC Day
19 Veteran's Day
20 Chicken Soup for the Soul Day
21 National Indian Pudding Day
22 Sadie Hawkins Day
23 World Kindness Day
24 Young Readers Day second Tuesday of month
25 Operating Room Nurse Day
26 Clean Your Refrigerator Day
27 America Recycles Day
28 Great American Smokeout
29 National Philanthropy Day
30 Button Day
31 Have a Party With Your Bear Day
32 Electronic Greeting Card Day
33 Homemade Bread Day
34 National Adoption Day - Saturday before Thanksgiving
35 Take A Hike Day
36 World Peace Day
37 Occult Day
38 Have a Bad Day Day
39 Absurdity Day
40 Beautiful Day
41 Universal Children's Day
42 False Confession Day
43 World Hello Day
44 Go For a Ride Day
45 Thanksgiving - Eat, drink, and be thankful.
46 Black Friday
47 Buy Nothing Day - always the day after Thanksgiving...does anyone abide by it!?!
48 Eat a Cranberry Day
49 National Cashew Day
50 You're Welcome Day - the day after Thanksgiving
51 National Parfait Day
52 Shopping Reminder Day
53 Pins and Needles Day
54 Make Your Own Head Day
55 Red Planet Day
56 Electronic Greetings Day - now who do you think created this day!?!
57 Square Dance Day
58 Stay At Home Because You Are Well Day
**PACK & DEN ACTIVITIES**  
*Alice, Golden Empire Council*

Volunteer to do a flag raising at your school or chartered organization. You could also have the boys make posters, each one with a different way that students could demonstrate being a good citizen.

Volunteer to sing a patriotic song as part of a ceremony at your school, church or chartered organization.

Encourage citizens to vote with “Remember to Vote” door hangers. You can have the boys design their own, then make copies from a computer scan and have each boy, with an adult, put them on neighborhood front doors.

Visit a polling place or precinct office and learn how elections are held and votes are counted. See how voting is made accessible to people with language or mobility issues. Be sure everyone knows that no political clothing can be worn and no campaigning comments are allowed at a polling place.

Encourage parents to take their sons to the polls when they vote, and to talk about their choices – (but not while at the polls – it would be considered campaigning, which is illegal – even wearing a shirt that supports a person or issue is not allowed)

Take part in a Veteran’s Day parade. Check local websites and newspapers for information, and take the opportunity to let BSA shine!

Attend a community event in your area – many communities have special Veteran’s Day events – or there might be a special activity for Thanksgiving.

Challenge each family in the pack to obtain an American Flag for their home and to fly it on National Holidays for the next year. You might even take a photo of each family in front of their flag for the Pack or Den scrapbook.

Put up flags to honor veteran’s at a local cemetery. Contact a local VFW or local cemeteries to get flags for putting out flags on graves of Veterans – this may only be done in older cemeteries.

Newer national cemeteries instead have a Memorial Avenue of full-size flags donated by families – flags that were used to cover veteran or military caskets. They are flown on every holiday and whenever there is a funeral for active military. Your group might be able to arrange to help with this ceremony.

Participate in ongoing service at National Cemeteries in your area. Go to: [www.cem.va.gov/nw/VolunteerNCA.asp](http://www.cem.va.gov/nw/VolunteerNCA.asp) - Play live “Taps” at veterans’ funerals; Resurface and f Geo Map Quiz – Collect old maps, use them on the tables as a center mat; cut out or block out the name and challenge each table to identify where their map is from – winning table gets first chance at desserts! (Check with AAA, stores that cater to recreational sports – they often have free maps available.)

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**DEN MEETINGS**

*Neckerchief Slides*

From: Brian Kale:

Citizenship is the November Core Value (so October Roundtable). I have taught University of Scouting courses over several years on Citizenship in Cub Scout (plus I am the founder of the Youth Patriotism Awards program - nationwide program dedicated to youth 6-18).

I thought I would post my slides from the University of Scouting course so that everyone could use in whatever way they needed...


**Turkey Neckerchief Slide**

Inspired from a pin my daughter brought home from preschool in 1989!

*Betsy O, Northwest Texas Council*
Materials:

- 3 5/8” wooden craft spoon
- Scraps of red and orange fun foam or felt
- Wiggle eyes
- 3 artificial fall leaves
- Brown paint
- ½ chenille stem or ¾” PVC ring

Tools:

- Paintbrush
- Scissors
- Glue
- Loaded glue gun
- Sharpie Marker

To make the “turkey” slide:

1. Paint the small wooden spoon; let dry
2. Cut out beak and red wattle, Glue beak, wattle and eyes to the “face” of the turkey.
3. Glue the three leaves in a “fan” to the back of the turkey.
4. Glue the PVC ring through the leaves to the wooden spoon.
5. Put your name and date on the back and enjoy!

**TIGER**

_Wendy, Chief Seattle Council_

Den Meeting #5:

**DO:** Faith Character Connection

- **Ach. #5F** Watch the Weather Outside
- **Ach. #5G** Take a Hike with Your Den
  * Magnifying glasses and binoculars can make hikes more interesting for the boys.
  * Folks that live in cooler climates might want to do their hiking in early October, before it gets too cold, and there are still leaves to collect.
  * Magnifying glasses and binoculars can make hikes more interesting for the boys.

- **Ach. #5D** Make a Leaf Rubbing
  * Leaf rubbings made with metallic crayons on black paper look especially cool.

- **El. #6** Teach a Song to Your Den

Den Meeting #6:

**DO:** Ach. #2D Citizenship Character Connection

- **Ach. #2F** Look at Community Map with Adult Partner
- **Ach. #4D** Tell it Like it Isn’t

- **HA:** Ach. #4F Meal Conversation

**Weather Ideas**

**Snowball Fight**

Designate an area and determine the turf for each of the teams. This can be halves of a room or even quarters of a room.

Provide old newspapers or scrap 8½ x 11” copy paper to each team with instructions that they are to crumple them up, piece by piece (you may want to pre-tear the pages in half) to make snowballs and then throw them at another team. After a set time, the team with the least number of snowballs on their turf is the winner. Everyone helps clean up and make sure they all wash the newsprint off their hands!

**Big Wind Blows**
Boys form a large circle sitting arm’s length apart. One person is chosen to be the wind and stands in the center of the circle. The game begins when the boy in the middle acts like the wind (by turning in a circle and waving his arms) and says “The big wind blows …” Then he must add a description of something true about himself, such as, “The big wind blows everyone who has blue eyes.” Everyone who has blue eyes, including the wind, must stand up and run across the circle to a position that is now empty on the other side. Upon reaching that spot, they sit down. One person will be left over; he is now the wind and the game continues. There is no winner or loser, just a lot of fun.

**If It’s Raining**

*Tune: If you’re Happy*

If it's raining and you know it clap your hands (Clap,Clap)
If it's raining and you know it clap your hands (Clap,Clap)
If it's raining and you know it then your clothes will surely show it
If it's raining and you know it clap your hands (Clap,Clap)
If the mud is only knee deep, stamp your feet (Stamp, Stamp)
If the mud is only knee deep, stamp your feet (Stamp, Stamp)
If the mud is only knee deep, and you wish that it were hip deep
If the mud is only knee deep, stamp your feet (Stamp, Stamp)
If the wind is really blowing, shake your head (Shake, Shake)
If the wind is really blowing, shake your head (Shake, Shake)
If the wind is really blowing, and your hairstyle, it is going
If the wind is really blowing, shake your head (Shake, Shake)
If the temperature is falling, rub your hands (Rub, Rub)
If the temperature is falling, rub your hands (Rub, Rub)
If the temperature is falling, and your spirits are appalling
If the temperature is falling, rub your hands (Rub, Rub)

**Pudding In A Cloud**

*Ingredients*

- 2C Thawed Cool Whip, non-dairy -whipped topping
- 1 package (4 serving size) Jell-o chocolate instant pudding
- 2C Cold milk

*Directions*

1. Spoon 1/3 cup of whipped topping into each of six dessert glasses.
2. Using back of spoon, make depression in center and spread topping up sides of glass.
3. Prepare pudding with milk as directed on package. Spoon pudding into glasses.
4. Chill
5. Makes 6 servings.

**Chocolate Thunder Cake**

*Ingredients*

- 1 Chocolate cake box mix
- 1 12-16 oz. jar hot fudge ice cream topping
- 1 12-16 oz jar caramel ice cream topping
- 1 12 oz. cool whip Snickers bars

*Directions*

1. Bake cake according to box directions.
2. As soon as it comes out of the oven, poke holes in it with a wooden spoon handle.
3. Melt each of the ice cream toppings and pour over hot cake.
4. Let cool completely.
5. Top with Cool Whip and cut up Snickers bars.

For more Weather related treats - [http://usscouts.org/usscouts/bbugle/bb0203.pdf](http://usscouts.org/usscouts/bbugle/bb0203.pdf)


**Weather Belt Loop Requirements**


1. Make a poster that shows and explains the water cycle.
2. Set up a simple weather station to record rainfall, temperature, air pressure or evaporation for one week.
3. Watch the weather forecast on a local television station.

**Outline for presenting and earning the Weather Belt Loop**

The following is an outline for presenting the material for the Weather Belt Loop over a two week period. Completing these meetings and the home activities will allow each Scout to earn the Weather Belt Loop. If a Scout shows further interest, have him consider earning the Weather Academics Pin.

**Week 1**

1. Use the Weather Word Search puzzle as a gathering activity.
2. Introduce the requirements for the Weather Belt Loop.
3. Present and explain the water cycle. Have each Scout create a poster illustrating the water cycle.
4. Have each scout create one of the weather experiments or instruments in the Activities section.
✓ Assign experiments to be completed by the next meeting.

Week 2
✓ Use the Water Cycle handout and Water Match Puzzle as a gathering activity.
✓ Have Scouts share and discuss what they learned from watching the local weather report.
✓ Have Scouts share and discuss what they learned from the experiment they performed at home.
✓ Review the Water Cycle.
✓ Have each scout create another weather experiment or instrument.

For more weather ideas, see:
✓ http://www.macscouter.com/CubScouts/PowWow02/April02.pdf Santa Clara “Forces of Nature”

Tree Ideas

Leaf Blower
Sam Houston Area Council
• Have the Cub Scouts get into two teams.
• Each Cub Scout will need a leaf and will need his own straw.
• As a relay, each boy will blow their leaf across a table.
• The first team that has all of its players successfully blow their leaves to the other side of the table wins.
• This could also be a team effort and a chance for some cooperation.

Meet a Tree
2008 Cub Scout Program Helps
Work in pairs. Blindfold your partner and lead him through the forest to any tree. Ask the blindfolded Cub Scout to feel the tree so that he can identify it later without his blindfold. After several minutes, walk him back to the starting place and remove the blindfold. Now the Cub Scout must find the tree he explored.

Bug on Leaf Tie Slide:
Liz, Chief Seattle Council
Hot glue plastic bug to artificial leaf. Hot glue small stretchy ponytail holder to back of leaf for ring

Leaf Creatures

Materials: A variety of leaves, paper, clear drying glue.
Directions:
• Collect different types of leaves. (The more shapes and sizes of leaves you collect, the more fun you will have making different types of creatures.)
• Put the leaves in a book (a thick telephone book works best), and let dry for about a week.
• Glue leaves to paper.
• Draw legs, eyes, etc.

More Tree Ideas -
http://usscouts.org/bbugle/bb0804.pdf

Hiking Ideas

Touch And Feel Hike
Baloo’s Bugle ’09 “Leave Nothing but Footprints”

NOTE: It’s important to leave things where they belong in the environment

1. Group leader takes kids for a walk, giving the following direction at intervals along the walk. (Kids should work in small groups for comparisons can be made on-the spot without taking samples.)
   • Find the hairiest leaf around
   • Find the softest leaf around
   • Find the smoothest rock
   • Find the roughest twig
   • Find something cool
   • Find something warm
   • Find something dry
   • Find something bumpy

2. Ask:
What did you find that was dry, cool, etc.?

Why was it dry, cool, etc.?

How might these be different tonight?

Next summer/winter?

How did it get there?

Letterboxing:
Letterboxing is a fun activity that combines hiking with treasure hunt clues. The reward is finding a box with a stamp. Use the stamp from the box to make an image in your personal letterboxing book. Use your own personal stamp to leave your mark in the letterboxing log.

For more information, go to:
http://www.letterboxing.org/, or
http://www.atlasquest.com/

Mini Book for letterboxing:

Treats:
Make some GORP for hiking: mix good old raisins, peanuts (if no allergies), cereal, small candies, etc. in zipper baggies.

More Hiking Ideas
http://usscouts.org/bbugle/bb0904.pdf

Flag Ideas
American Flag Postage Stamp Tie Slide

- Glue stamp to corrugated cardboard rectangle.
- Glue the cardboard rectangle to a second cardboard rectangle, making sure that the corrugations are running horizontally.
- Decorate cardboard if desired.
- To make a ring for the tie slide, push half a chenille stem through the middle corrugation, and wrap ends around each other to make a ring.
- The 2 layers of cardboard make the tie slide sturdier.

Star Bean Bag Toss Game

- Using masking tape, make a 5 point star on the floor with five 2’ strips of tape.
- Write point values on small strips of tape, and position within the various star sections.
- Smaller star sections should be worth more than larger sections.
- Boys toss bean bags, or sock balls onto star for points.
- To make sock balls, stuff one sock inside the other.
- Red, white, and blue sock balls would be especially appropriate.

Crispy Cheese Stars

- Heat the oven to 350º.
- Use a large cookie cutter to cut out stars from flour tortillas (about 5 per 10-inch tortilla).
- It’s easy for kids to do if you use a rolling pin to roll back and forth over the cutter.
- Bake the stars on a foil-covered cookie sheet for 5 minutes.
- Use a small cookie cutter to cut out an equal number of cheese stars from the sliced cheese and place them atop the tortilla ones.
- Bake the stars for 2 more minutes or so until the cheese melts.
- Sprinkle the stars with chili powder or paprika and let them cool before serving.

Map Ideas

Tiger Ach. #2f

Magnetic Map

Draw and color a car, and a community map on cardstock. The car should be small enough to fit on the roads. Cut out the car, and tape a paper clip to the back, with some of the paper clip showing at the front of the car. (This makes it easier for the magnet to work.) Put the car on the map. Glue a strong magnet to the end of a craft stick. Hold it under the map where the car is. As you move the stick, the car will move with it. Drive the car around town. If desired, create people, buses, trains, boats, animals, and other moveable objects. Tape a paper clip to the back of each, and move them around the town, too.

From “Fun to Make Crafts for Everyday” by Boyd’s Mill Press+
**Mealtime Conversation Starters**  
*Tiger Ach. #4f*

Write the following questions on strips of paper. Fold them up, and put them in a jar. Have a family member choose a question from the jar. Each family member takes a turn answering the question.

- What is the funniest thing that you heard or saw today?
- What is the best thing that happened today?
- What is the most exciting thing that happened today?
- What is something interesting you learned today?
- What is the nicest thing someone did that you saw or heard about today?

Article on the importance of helping kids learn good conversation skills:  

**Thanksgiving Conversation Starter Questions**  

**And for even more ideas -**

- Tree Ideas - p. 4 - 9-12.
- Hiking ideas: p. 4 - 2-4.

**WOLF**  
Wolves are working on Ach. #4, Ach. #9 this month.

**Meeting #5**  
**DO:**  
Ach. #4f Visit an important place in your community, such as a government or historic location.
Ach. #9d Practice good rules of street and road safety.
Ach. #9e Discuss bike safety rules.
Ach. #9b Discuss home safety rules and home hazards.

**VERIFY**  
Ach. #3a Health Chart

**HOME ASSIGNMENT:**  
Ach. #9a, b,c,d,e;  
Ach. #4c,d.

Collect stories for Ach. #7e.

**Meeting #6**  
**DO:**  
Ach. #4a Make an emergency Phone Number list. Post it by each phone in your house. Update it often.
Ach. #4b Tell what to do if someone comes to the door and wants to come in.
Ach. #4c Tell what to do if someone calls on the phone.
Ach. #4d when you and your family leave home, remember to El. #11a Learn and sing the first and last verses of “America.”  
*Could do this as part of the den opening or closing*

**VERIFY**  
Ach. #9 b-d  
Ach. #4c,d.

**HOME ASSIGNMENT:**  
Ach. #4e

You might want to create 4 stations for Ach. #4a-fd. Divide the boys into 4 groups, and rotate them through the stations.
**Home Safety Ideas**

Home Hazard Hunt: Deliberately set up hazards as listed in Wolf Ach. #9b around your meeting area. Lead the boys around the area, and have them write down all the hazards they can see. Lead them around a second time. Show them all the hazards, discuss them, and how to make things safe.

**Fire Safety Ideas**


**Fireman Relay**

_San Gabriel, Long Beach Area, Verdugo Hills Councils_

- You will need a set of Dad’s old clothes (or big boots, pants, and suspenders), a bucket and a log for each team.
- Put blue or white crepe paper streamers 2 to 3 feet long in each fire bucket.
- Players form two teams.
- First player puts on a “fireman’s suit” (old clothes) on top of his own.
- He picks up a bucket and runs to a spot about twenty feet away where a log represents a “fire.”
- He pours the “water” (streamers) on the fire, refills the bucket (replaces streamers), and runs back to his team.
- He takes off his “fireman’s suit” and gives it to the next player. The team that finishes first is the winner.

**Fireman, Save My Child**

_San Gabriel, Long Beach Area, Verdugo Hills Councils_

- You will need a drinking straw for each player.
- Cut paper (the children) into squares of various sizes (2” to 4” square). Or cut pictures of children out of magazines and newspaper ads.
- The players are divided into two teams.
- Scatter paper squares on a table, about 15 to 20 feet away from the start line.
- Place a container for each team about 10-15 feet from the table (the course is like a triangle).
- On signal, the first player from each team runs to the table with his straw and picks up a square by sucking up the paper against his straw.
- While holding the square this way, each player runs to his respective container and deposits his paper in it.
- If he drops the square on his way, he must stop and pick it up by sucking it up with his straw.
- Run this relay style or set a time limit and let everyone play at the same time. When done count the square pieces in the containers.

**Fire Fighter Games & Crafts:**


**Fire Fighter Hat:**


**Pencil Holder and/or Desk Set**

_Alice, Golden Empire Council_

Pencil holders can be made from any round or square container that is tall enough to hold pencils, pens & scissors – this one is simply covered with wrapping paper or even contact paper, with a cute sign added. But boys could also cover a can or frozen juice container by gluing yarn or even rocks around the outside. If you use yarn or paper, finish with several coats of white glue diluted with water to protect the covering.

If you want to make a desk set, you can also make small containers to hold paper clips, etc.

A desk mat can be made of a piece of cardboard covered with matching paper.

You could also make a matching picture frame, using cardboard and the same covering technique and materials.

**Fire- Triangle Experiment**

_Baltimore Area Council_

Fire requires three things: air, fuel, and heat. Take away any one and the fire goes out. Demonstrate this with a wooden match and bottle.

Have a Cub Scout (or a parent at the Den Meeting) strike a match (creating heat by friction). Let it burn a moment (using oxygen to burn the wood or fuel), and then drop it into the bottle and place his hand over the top. This cuts off the oxygen and the hatch goes out even though there is still plenty of fuel.

Have a Cub Scout strike a match and dip it into a glass of water. The water cuts off the air and cools the fuel, extinguishing the fire even quicker.


**Treats:**


**Fire Safety Websites:**

For Kids

For leaders: [http://www.usfa.dhs.gov/kids/parents-teachers/resources.shtm](http://www.usfa.dhs.gov/kids/parents-teachers/resources.shtm)
**Biking Ideas**

Bicycling Belt Loop & Pin:
http://usscouts.org/advance/cubscout/sports/bicycling.asp

Gathering Games & Activities:

**Games:** How To Book p. 3—11-13.

Bike Rodeo:

Road Signs:
http://jas.familyfun.go.com/artsandcrafts?page=CraftDisplay&craftid=11125

Bike Safety:

*From: www.cpsc.gov*

Do you know the correct way to wear a helmet?

Wear the helmet flat atop your head, not tilted back at an angle! Make sure the helmet fits snugly and does not obstruct your field of vision. Make sure the chin strap fits securely and that the buckle stays fastened.

Check our recall link to make sure your bicycle helmet has not been recalled.

** Treats:**

**Bike Bling:**

Decorate bike or scooter handlebars with plastic surveyor’s tape, or with strips of plastic cut from plastic tablecloths, grocery, or garbage bags.

**Embosed Pop Can License Plates** (variation on license plates in ’07-’08 Program Helps Jan. p. 10)

Cut the tops and bottoms off pop cans with scissors. Cut up the long side of the cylinder. This will yield a curled rectangle of aluminum. Flatten the aluminum by pulling it gently over the corner of a table or counter. If you scrub off the color with steel wool, the boys will have an easier time seeing their embossed design when they work on the back side of the aluminum.

Draw numbers and letters with a ball point pen, orange stick, or embossing tool, pushing hard. To raise the numbers and letters, (mountain), work on the back side (colored side) of the aluminum. To create an indented line around the numbers and letters, work on the front of the aluminum (valley). The raised portions of the plate will look best if they are outlined by indented (valley) lines.

Boys can create fun abbreviations:
GR8= Great
2Fun = Too fun
4tun8 = Fortunate

Instead of drawing numbers & letters, the boys could draw pictures on their decorator plates.

Color the plates using permanent markers.
*(Wendy, Chief Seattle Council)*

**Picture Frame Ideas** (den meeting #6)

http://www.makingfriends.com/photos.htm

Craft stick & Star Frame: look below in the Value section.

**Aluminum Foil Picture Frames**

Cut a picture frame out of corrugated cardboard. Draw simple shapes on a thin cardboard box (like a cereal box), and cut out. Glue the shapes to the frame. Draw designs on the frame using a thick bead of white glue. (Boys might want to draw designs first using a pencil, then go over the design with white glue.) You can also experiment with adding more texture by cutting shapes out of corrugated cardboard and removing the paper from one side; punching holes in the thin cardboard shapes; or gluing mesh cut from vegetable/fruit bags to the shapes.

When the glue is completely dry, cover the frame with aluminum foil. (White glue designs will take several hours to dry completely.) Using your fingers, push the foil tightly around the shapes. Rub the foil covering the textured shapes with your fingers to create an embossed metal look.

To decorate the frames, choose one of the following methods: 1. Using a paper towel, dab black acrylic paint on the foil, and let it sit for a few minutes. Then lightly wipe some of the paint off to create an antique silver look. 2. Color the frame using permanent markers.

Glue a triangle cut from a thin cardboard box to the back of the picture frame so the frame will stand up.

**Science Articles** (conservation stories for Ach. #7e):


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**Core Value - Citizenship**

**Bear Achievements:**

**Meeting Plan**

7 Achievement # 9 a, b, d, & e
8 Achievement # 11 a, b, c, d, e & g
9 Achievement # 15 b & 16a, b, c,
   # 13 a, b, c, d, e, f, & g

**Meeting Plan**

7
Achievement #9 a, b, d, & e

You can spread these activities over several den meetings, using the food you make for meeting snacks.

**#9a** Here are some ideas [if there is no oven](#) where you meet:

1. You can make the cookie dough & decorate the cookies for sugar cookies with the boys in den & take them home to bake later (without the boys). Then bring them to the next den meeting for the snack.

2. If you have a hot plate or hot pot you can make [no-bake cookies](#). (Do this first in your meeting- so the plate/pot has time to cool before you have to pack it up to go home). If anyone is allergic to peanuts: cashew butter or almond butter is a tasty substitute for peanut butter.

Or

3. **Jodie’s No Bake Deluxe Hamburger Cookies**
Ingredients
24 vanilla wafer cookies
12 small peppermint patties
4 drops green food coloring
12 medium green gumdrops, sliced
2 tablespoons sesame seeds
4 small rolls of apricot fruit leather
1/2 cup flaked coconut

Directions
1. Place coconut & food coloring in a bowl w/ a lid. Shake till all coconut is covered. Set aside.
2. Place 12 vanilla wafers flat side up on a cookie sheet. Place peppermint patties on top of wafers.
3. Take Fruit roll-ups & cut into squares. Place on top of the all of the patties to look like cheese. Then place sliced gumdrops on the top. Add coconut.
4. Place wafers over the coconut. W/ a small kitchen brush lightly paint a VERY small amt of water on cookie tops. Finally shake or sprinkle a small amt of sesame seeds over wafers.

For other recipes try:
http://allrecipes.com/Search/Recipes.aspx?WithTerm=no+bake+cookies
http://www.foodnetwork.com/search/no-bake-cookies/results.do
http://www.cooksrecipes.com/cookies/no-bake-cookie-recipes.html

9b Look for fun & easy snacks for the den to make. Some ideas are fruit smoothies, yogurt parfaits, or even a no bake pumpkin pie!

BERRY SMOOTHIES.
Ingredients:
- 1-1/2 cups dark sweet frozen cherries (pitted, unsweetened)
- 1/2 cup frozen blueberries
- 1 cup non-fat vanilla soy milk
- 1 Tbsp. frozen lemonade concentrate
- 1/2 cup low-fat lemon yogurt

Directions:
1. Place frozen cherries & blueberries in the bottom of a blender.
2. Top w/ vanilla soy milk.
3. Add remaining ingredients.
4. Puree until smooth.

YOGURT PARFAIT
Ingredients
- 3 cups vanilla yogurt
- 1 cup strawberries in juice
- 1 pint another berry (blueberries, blackberries, raspberries, etc…)
- 1 cup granola

Directions
Layer 1/3 cup vanilla yogurt on the bottom of 4 glasses. Combine berries. Alternate layers of fruit & granola w/ yogurt until glasses are filled to the top. Serve immediately (to keep granola crunchy).

INDIVIDUAL NO BAKE PUMPKIN PIE
Graham cracker crumbs
2 tablespoons canned pumpkin
1 tablespoon marshmallow cream
1 tablespoon prepared whipped topping
Sprinkle of cinnamon

Put the graham cracker crumbs in the bottom of a small bowl or individual sized pie tin. In cup/mix all of the other ingredients together & pour onto the crumb crust. It is ready to eat, refrigerator or freeze.

See this site (or those above) for more ideas. http://www.kidactivities.net/category/Holidays-Thanksgiving-Snacks.aspx

#9d While you are making your snack discuss junk food. Then the boys can make a list of junk foods that they eat.
Making trail mix can be fun (I like to do this & then take the boys on a city hike, to eat our snack). Trail mix is great because you can use what you already have in your cabinets (cereal, nuts, shelled sunflower or shelled pumpkin seeds, raisins, dried cranberries, dried fruits, chocolate chips, mini-pretzels, small crackers, etc…). Take a variety & let the boys make their own customized trail mix.

Food jokes

What do you call cheese that isn’t yours? 
Nacho cheese!

What day does a hamburger hate the most? 
Fry day!

What do you call a fake noodle?
An impasta!

A mushroom went to a party. Everyone said, “Hey you can’t come in here!” He said, “Why not? I’m a fungi!”

How does the gingerbread man make his bed?
With cookie sheets!

What kind of vegetable do you not want to have on a boat?
Leeks.

For more jokes see:  http://www.jokesbykids.com

Meeting Plan  8
Achievement # 11 a, b, c, d, e & g

If you want craft ideas for making small first aid kits, you can see the August 2012 Baloo’s Bugle p.62.

The boys really enjoy acting out the “be ready” scenes. Props you may want to take:
11a  a blanket;
11b  a sweater;  a long stick;  an empty 2 liter pop bottle w/ lid (I saw a rescue lesson that dumped a milk jug out, replaced the lid, & used that as a floatation device to calm & aid the drowner).

Science Fun:  Fire Triangle Experiment

From the Baltimore Area Council

• Fire requires 3 things: air, fuel, & heat. Take away any 1 & the fire goes out.
• Demonstrate this w/ a wooden match & bottle. Have a Cub Scout strike a match (creating heat by friction). Let it burn a moment (using oxygen to burn the wood or fuel), and then drop it into the bottle & place his hand over the top. This cuts off the oxygen & the match goes out even though there is still plenty of fuel.
• Demonstrate this with a wooden match & a glass of water. Have a Cub Scout strike a match and dip it into a glass of water. The water cuts off the air & cools the fuel, extinguishing the fire even quicker

Fire Safety Websites:
For Kids www.usfa.dhs.gov/kids/flash.shtm
For leaders: http://www.usfa.fema.gov/kids/

Free Kids Firetruck Foldup Activity Sheet can be found here https://apps.usfa.fema.gov/publications/display.cfm?id=913
Fire Truck Snack

**Ingredients:**
- Graham crackers (1 1/2 per fire truck)
- Tiny Ritz crackers (for wheels)
- Stick pretzels
- Black licorice
- Softened cream cheese (or thick red or white frosting)
- Red food coloring
- A red jellybean, or: a red Dots candy, a cherry, a strawberry, etc...

**Directions:**
1. Mix a few drops of food coloring in the cream cheese (or frosting). This edible "glue" holds the fire truck together.
2. Start with a whole (2 square) graham cracker. Spread "glue" on 1 side.
3. Put 1/2 a graham cracker on top of the "glue." This is the cab of the fire truck.
4. "Glue" a red jellybean (or other red treat) on top of the cab: for the fire truck's red light.
5. "Glue" 4 tiny Ritz crackers to the sides - for wheels.
6. On the back of the truck, "glue" 2 pretzel sticks parallel to each other. Then "glue" in broken pieces to make a tiny ladder.
7. "Glue" on a piece of licorice - for the fire-hose.


**GAME:**

**Fast as a Fireman 1**

This is a game for 2 players. They hang their jackets over a chair, w/ both sleeves turned inside out. The chairs are placed 6' apart, back to back. A 9’ (approximately) rope is placed under the chairs. The players stand behind their chair. At the signal, they must correctly put on their jacket. When done, the player runs to the other player’s chair, sits down & pulls the rope.


**Meeting Plan**

Achievement #15b & 16a, b, c,
# 13 a, b, c, d, e, f, & g

Using the games and activities from Achievements #15 & #16 spread out through different den meetings can provide fun games & movement through the year (as opposed to all at once).


**15 b/c** Here are some sites with games on them (the following games came from these sites):

[www.gameskidsplay.net/](http://www.gameskidsplay.net/)
[www.funattic.com/game_misc.htm](http://www.funattic.com/game_misc.htm)

**Dragons**

2 Groups of 3 or more players. The people line up holding the waist of the person in front of them. The player at the back of the line has a scarf for a tail. The person at the front is the head of dragon & has to catch the tail of the other dragon. The dragons can’t let go (break). A team wins if it either catches the other dragon’s tail or stays together longer than the other team.

**The Watchman**

1 player is blind-folded, sits on a chair & holds a rolled-up newspaper (or use a 12” length off of an old pool noodle) in his hand. The other players try to crawl as quietly as possible under the chair without getting hit. (Instead of crawling, a set of keys can be placed under the chair & the players must get them without getting hit.) It can be agreed upon that each player can only be hit 3 times before he is out. The last player becomes the watchman.

**The Unique Balloon – Unmistakable**

Balloons of different shapes & sizes are blown up & placed on the floor. Every player chooses a balloon & writes his name on it. The players eyes are blind folded (use their
neckerchiefs) & everyone must find their balloon using their hands.

http://crafts.kaboose.com

**Thanksgiving Jokes**

Why did the pilgrim’s pants always fall down?  
His belt buckle was on his hat.

What happened when the turkey got into a fight?  
He got the stuffing knocked out of him.

Why can’t you take a turkey to church?  
Because they use FOWL language.

How do you keep a turkey in suspense?  
I'll let you know next week.

Which side of the turkey has the most feathers?  
The outside.

Why did the police arrest the turkey?  
They suspected it of fowl play.

Who is not hungry at Thanksgiving?  
The turkey because he's already stuffed!


**State Jokes** from [http://www.azkidsnet.com/states.htm](http://www.azkidsnet.com/states.htm)

What state bothers sick people?  
Illinois.

What did Tennessee?  
The same thing as Arkansas.

What is the smartest state?  
Alabama: because it has 4 As & 1 B.

What is the happiest state?  
Maryland.

How do you know the sun came up today?  
Utah it.

What state makes you feel bad?  
Missouri.
WEBELOS DENS

Joe Trovato,
WEBELOS RT Break Out Coordinator
 Manitoga District
Westchester-Putnam Council
Have a question or comment for Joe??
Write him at madyson54@hotmail.com

Core Value for November
Citizenship

"Citizenship: Contributing service and showing responsibility to local, state, and national communities.

"The first requisite of a good citizen in this republic of ours is that he shall be able and willing to pull his own weight." - Theodore Roosevelt (26th President of the United States)

Born in New York City on October 27, 1858, Theodore "Teddy" Roosevelt was governor of New York before becoming U.S. vice president. At age 42, Teddy Roosevelt became the youngest man to assume the U.S. presidency; He became commander-in-chief after President William McKinley was assassinated in 1901, and won a second term in 1904. Known for his anti-monopoly policies and ecological conservationism, Roosevelt won the Nobel Peace Prize for his part in ending the Russo-Japanese War. He died in New York on January 6, 1919.

(from http://www.biography.com/people/theodore-roosevelt-9463424

The core value of Citizenship provides Webelos Scouts with the opportunity to learn candidates in the upcoming presidential elections, visit historic places and do good turns for the betterment of their community.

Citizens have responsibilities and duties to their country. In the Cub Scout Promise, Webelos Scouts say they will do their duty to their country. Good citizens learn about their community, show respect for their flag, and show respect for the rights of other people.

Consider participating in your town’s Veteran’s Day parade this month, or have the scouts act as an honor guard at a Veteran’s day ceremony.
Have the Webelos Scouts Complete the Citizenship Character Connection:

With your parent, guardian, or Webelos den leader, complete the Citizenship Character Connection.

a. Know: List some of your rights as a citizen of the United States of America. Tell ways you can show respect for the rights of others.

b. Commit: Name some ways a boy your age can be a good citizen. Tell how you plan to be a good citizen and how you plan to influence others to be good citizens.

c. Practice: Choose one of the requirements for this activity badge that helps you be a good citizen. Complete the requirement and tell why completing it helped you be a good citizen.

An Informed Citizen is a Good Citizen!

From http://www.congressforkids.net/

- Read books and magazines that discuss the important issues facing our country.
- Listen to speeches by your government representatives;
- Expand your knowledge of the functions of our government by reading books on the subject and the government websites.

Citizenship Rights and Responsibilities

From http://www.uscis.gov/

<table>
<thead>
<tr>
<th>Rights</th>
<th>Responsibilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freedom to express yourself.</td>
<td>Support and defend the Constitution.</td>
</tr>
<tr>
<td>Freedom to worship as you wish.</td>
<td>Stay informed of the issues affecting your community.</td>
</tr>
<tr>
<td>Right to a prompt, fair trial by jury.</td>
<td>Participate in the democratic process.</td>
</tr>
<tr>
<td>Right to vote in elections for public officials.</td>
<td>Respect and obey federal, state, and local laws.</td>
</tr>
<tr>
<td>Right to apply for federal employment requiring U.S. citizenship.</td>
<td>Respect the rights, beliefs, and opinions of others.</td>
</tr>
<tr>
<td>Right to run for elected office.</td>
<td>Participate in your local community.</td>
</tr>
<tr>
<td>Freedom to pursue “life, liberty, and the pursuit of happiness.”</td>
<td>Pay income and other taxes honestly, and on time, to federal, state, and local authorities.</td>
</tr>
<tr>
<td></td>
<td>Serve on a jury when called upon.</td>
</tr>
<tr>
<td></td>
<td>Defend the country if the need should arise.</td>
</tr>
</tbody>
</table>

Book Corner

For our government to represent us effectively, we must be able to inform our representatives about the policies we prefer for our government to represent us effectively. Understanding the problems confronting our nation and how these problems should be addressed in our representative democracy is the first step to good citizenship.
From the *Cub Scout Leader Book*:

**On Citizenship**

Some Practical Applications:

- Know the names of the president and vice president of the United States.
- Know the names of your state governor and heads of local government.
- Respect the flag of the United States.
- Know and understand the Pledge of Allegiance.
- Know and understand our national anthem, “The Star-Spangled Banner.”
- Be a good neighbor.
- Obey laws and rules.
- Respect people in authority.
- Protect the environment and our natural resources.
- Be helpful. Do a Good Turn for your family, school, or community.

(page 4-4)

You can find a copy of the *Cub Scout Leader Book* at http://www.scouting.org/filestore/hispanic/english/33221_WEB.pdf

From the *How-To Book*:

**What’s My Name?**

As people arrive at a pack meeting, pin the name of a person or object on their backs. For a circus theme, it could be a circus performer or animal (clown, tall man, lion, etc.). For a citizenship theme, it could be the name of a president or politician (George Washington, the name of your mayor, etc.). People move around the room, asking other people questions about themselves to try to find out who they are. Answers must be “yes” or “no” only. When a person guesses his/her name, the card from the back is pinned on the lapel. (Page 5-8)

You can find a copy of the *How-To Book* at http://www.scouting.org/filestore/hispanic/english/33832_WEB.pdf

**Be a Volunteer**

A good citizen volunteers to help others. Consider having your Webelos den come up with Community service Projects this month (and in the future) to exercise one of their “citizenship responsibilities.” This also plays into the Boy Scout Law – “A Scout is helpful.”

Here are some ideas:

From http://lancaster.unl.edu/4h/serviceideas.shtml

**For Those with Special Needs:**

1. Volunteer to help at a Special Olympics event.
2. Set up a buddy system for kids with special needs at your school.
3. Raise money for Braille or large print books for blind or visually impaired people.
4. Volunteer at an agency that works with children with disabilities.
5. Read books or the newspaper on tape for blind or visually impaired people.
6. Make gifts with friends for kids in the hospital.
7. Prepare sack lunches and deliver them to homeless or homebound people.
8. Bring toys to children in the cancer ward of a hospital.
9. Work with physically challenged kinds on an art project.
10. Build a ramp for a person in a wheelchair so it is easier for them to get in and out of their house.
11. Clean a neighbor's yard who can not do it themselves.
12. Get your class to put together a library at a children's hospital.
13. Give valentines and other cards in individuals who are in the local hospital.
15. Visit a rehabilitation center. Learn about patients with special needs. Volunteer to help.

Neighborhood Enhancement:

1. Help neighbors paint and repair their homes.
2. Arrange for the local health department to conduct neighborhood health checks.
3. Volunteer to teach classes on a sport you enjoy and know a lot about.
4. Contact Habitat for Humanity to see how you can support them in your community.
5. Work with the local health department to set up an immunization day or clinic to immunize children against childhood diseases.
6. Organize a newcomers group in your neighborhood to welcome new families.
7. Produce a neighborhood newspaper.
8. Train to become a guide for your local tourist bureau.
9. Make maps of local parks, libraries or historic sites.
10. Research local historic sites and provide the research to visitor's bureau.

Meeting Planner

This month’s meeting plans for First Year Webelos work on the Citizenship badge and belt loop.

Meeting 5: Do: Citizen 1, 2, 8 and Citizen Belt Loop 1 and 3
Home/Family Assignments: Review Citizenship chapter

Meeting 6: Verify: Citizenship belt loop 1
Do: Citizen 10, 8 (Citizenship belt loop 3); Webelos Review 3, 4, 7.
Home/Family Assignments: Review Citizen Chapter.

Second Year Webelos (Arrow of Light) work on Scientist and Arrow of Light

Meeting 5: Do: Scientist 1-7, 9, 1, 12 (Science belt loop)
Home/Family Assignments: Review Scientist chapter

Meeting 6: Do: Scientist 1-7, 9,11, 12 (Scientist belt loop); Arrow of Light 2, 5, 7
Home/Family Assignments: Review Readyman chapter

Flag Ceremony

Veterans Day honors ALL American veterans, both living and dead. In fact, Veterans Day is largely intended to thank LIVING veterans for dedicated and loyal service to their country. November 11 of each year is the day that we ensure veterans known that we deeply appreciate the sacrifices they have made in the lives to keep our country free?

November Flag Ceremony

Source material taken from:
http://usmilitary.about.com/cs/generalinfo/a/veteransday.htm

Follow your standard Color Guard process. After the Cub Scout promise (or Boy Scout Law, and Oath, if this is a Webelos Den meeting) and before posting the U.S. Flag you may insert the following:
Reader 1: To commemorate the ending of the "Great War" (World War I), an "unknown soldier" was buried in highest place of honor in both England and France.

Reader 2: These ceremonies took place on November 11th, celebrating the ending of World War I hostilities at 11 a.m., November 11, 1918 (the 11th hour of the 11th day of the 11th month). This day became known internationally as "Armistice Day".

Reader 3: In 1921, the United States of America followed France and England by laying to rest the remains of a World War I American soldier on a Virginia hillside overlooking the city of Washington DC and the Potomac River.

Reader 4: This site became known as the "Tomb of the Unknown Soldier," and today is called the "Tomb of the Unknowns." Located in Arlington National Cemetery, the tomb symbolizes dignity and reverence for the American veteran.

Reader 5: In America, November 11th officially became known as Armistice Day through an act of Congress in 1926. It wasn't until 12 years later, through a similar act that Armistice Day became a national holiday.

Reader 6: In 1954, President Eisenhower signed a bill proclaiming November 11 as Veterans Day, and called upon Americans everywhere to rededicate themselves to the cause of peace. Would you please all join me in the Pledge of Allegiance?

Den Meeting Helpers

Webelos

Citizenship

One of the purposes of Cub Scouting is "Developing habits and attitudes of good citizenship". A Scout promises to do his duty to his country. The Citizen Activity Badge helps the WEBELOS understand what a good citizen is and teaches him the history of our flag. Citizen Activity Badge is in the Community group.

CITIZENSHIP IDEAS FOR DEN MEETINGS
From Santa Clara Council

- Pretend that your den is starting a new government.
- Have the boys make their own flag.
- Learn more about your community.
- Teach the Wolf and Bear dens how to do a flag ceremony.
- Plan and make a display on citizenship for Pack meeting.
- Invite a highway patrolman or policeman to come to your den and talk about being good citizens.
- Invite a new American citizen to come and talk to the den about his or her experiences in becoming a United States’ citizen.

RAISING AND LOWERING THE UNITED STATES FLAG
From soutermom.com

Raising the flag

- The flag should be hoisted quickly.
- The flag should be flown at the top of the flagpole, unless the flag is being flown at half staff.
- Salute the flag while it is being raised.
- If you are flying the flag at half staff, raise the flag all
the way to the top of the pole and then lower it to halfway between the top and the bottom of the flagpole.

- If flying the US flag with other flags, raise the US flag first.

**Lowering the flag**

- The flag should be lowered slowly, with dignity and ceremony.
- Salute the flag while it is being lowered. Hold your salute until the flag is removed or, if there is music, until the music stops.
- If the flag was flying at half staff, raise the flag all the way to the top of the flagpole and then lower it.
- If you are displaying multiple flags, lower the US flag last.
- Fold the flag correctly before storing it.

**Notes**

- If you are in uniform, salute the flag with a formal right hand salute. Otherwise, place your right hand over your heart.
- Don’t let the flag touch the ground.
- Normally the flag is flown from sunrise to sunset. If flown at night, it must be illuminated.
- On Memorial Day, fly the flag at half staff until noon and at full staff from noon to sunset.

**GAMES**

**Build a Flag**

Materials: Cardboard flags - 1 each of 5 U.S. flags shown in Citizen section of the Webelos book. 1 set for each team, divided into stripes, background, field of stars, name of flag and year of flag.

Corkboard

Push pins

Directions: Divide Scouts into two teams. First Scout from each team runs to his pile of pieces, grabs a stripe background and a push pin and pins it to the corkboard. First Scout runs back and touches off the second Scout who pins up a star field piece which matches the stripe background.

Next team member matches appropriate flag name and four pins up the year of the flag. Continue to rotate until all five flags have been properly constructed, named and dated.

**Citizenship Test**

Materials: None

Directions: Two teams face each other with a wide space between them. The leader asks each player a question about the Declaration of Independence, the Star-Spangled Banner, the President, Vice-President, Governor, or other fitting subject. A correct answer entitles that team to move one step forward. An incorrect answer passes the question to the other team. The first team to cross the other team’s starting line is the winner.

**United States President Game**

This game is much like the United States Game, but instead of naming states they are naming United States Presidents. After 5 minutes (or 2 or 3 minutes), the one with the longest list wins.

**COULD YOU PASS THE U.S. NATURALIZATION TEST?**

From: [http://www.factmonster.com](http://www.factmonster.com)

Every year many individuals who come here from other nations, study and take a test to become a “naturalized” American Citizen (that means they were not born in the United States). How well can you do on the test? Here are ten questions from the 100 question test for you to try answering.
Mark the best ending for each sentence.

**Question 1:**
How many states are there in the Union?
- [ ] 52
- [ ] 50
- [ ] 40

**Question 2:**
How many changes or amendments are there to the U.S. Constitution?
- [ ] 27
- [ ] 13
- [ ] 9

**Question 3:**
What is the legislative branch of the U.S. government?
- [ ] Congress
- [ ] the House of Representatives
- [ ] the Presidency

**Question 4:**
Which President freed the slaves?
- [ ] Abraham Lincoln
- [ ] John F. Kennedy
- [ ] George Washington

**Question 5:**
In what month is the new President inaugurated?
- [ ] November
- [ ] July
- [ ] January

**Question 6:**
What is the Constitution?
- [ ] The supreme law of the land
- [ ] Oath of allegiance
- [ ] The Declaration of Independence

**Question 7:**
How many representatives are there in the House of Representatives?
- [ ] 100
- [ ] 435
- [ ] 50

**Question 8:**
Who helped the Pilgrims in America?
- [ ] Christopher Columbus
- [ ] The American Indians (Native Americans)
- [ ] Southern plantation owners

**Question 9:**
For how long do we elect the President?
- [ ] 2 years
- [ ] there is no limit
- [ ] 4 years

**Question 10:**
What are the 49th and 50th states of the Union?
- [ ] Puerto Rico and Guam
- [ ] Alaska and Puerto Rico
- [ ] Hawaii and Alaska

**Answers:**
1-50, 2-27, 3-Congress, 4-Abraham Lincoln, 5-January, 6-The Constitution (supreme law of the land), 7-435, 8-The American Indians (Native Americans), 9-4 years, 10-Hawaii & Alaska

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**CITIZENSHIP CROSSWORD**
From: http://www.factmonster.com

```
INDEPENDENCE

1. “...with _______ and justice for all.”
2. something built as a remembrance of a person or event
3. rule by a government of, by, and for the people
4. an introduction
5. solemn promise
6. having to do with the central government of the United States
7. song of praise or devotion
8. without restraint or restriction
9. “I pledge _______ to the flag…”
10. group of people or states formed for a common good
11. set of laws governing a country
12. system to run a country or state

SCIENTIST
```
SCIENTIST IDEAS FOR DEN MEETINGS

- Visit a weather station.
- Visit a chemistry or scientific department at your local college.
- Visit an emergency weather center.

EXPERIMENTS AND ACTIVITIES
From Santa Clara Council

Biggest Balloon

Materials: Pop bottle, balloon, vinegar, baking soda

Instructions: Into each pop bottle put three tablespoons of vinegar, and into each balloon put two tablespoons of baking soda. At the word “go”, have each boy put his balloon on his pop bottle. When the soda mixes with the vinegar the balloon will expand. Have the boys tie off the balloons to see which is the largest. Do this outside!

(Vinegar combined with baking soda produces carbon dioxide gas.)

STATIC ELECTRICITY

Charge a plastic comb by rubbing it with wool, nylon or fur. Dip it into some crispy rice cereal. They will be attracted to the comb. But watch closely – one by one the bits will shoot off, as if shot from a gun. The same molecules that attracted one another are now opposing each other.

AIR PRESSURE EXPERIMENT

Materials: Two drinking straws, small bottle filled with water

Have a boy put both straws in his mouth, with one straw in the water and the other straw outside of the bottle. Now ask him to suck water out of the bottle. He can’t – because the air pressure in his mouth is equalized by the air coming in through the outside straw.

AIR PRESSURE EXPERIMENT #2

Materials: a strip of paper (4” x ½”), a piece of tape, a large bottle

Place the bottle approximately 2-4” from the edge of a table. Fold the paper ½” from the end and tape the folded end to the table about 3” behind the bottle. Blow directly at the bottle and watch what happens to the paper. Try varying how hard you blow. What does the paper do?

If you blow just hard enough, the paper will flutter... even though it is hidden behind the bottle! Moving air does not follow a straight line (like light waves) and will bend around curved surfaces. Your breath is deflected by the bottle by some of the air bends around the bottle hitting the paper.

PASCALS LAW

PCS Edventures, Inc.

Pascal's Law states that if you apply pressure to fluids that are confined (or can't flow to anywhere), the fluids will then transmit (or send out) that same pressure in all directions at the same rate.

Have you ever stepped on a balloon? Remember how the balloon bulged out on all sides under your foot - not just on one side? That is Pascal's Law in action! The air (our fluid here) was confined by the balloon, and you applied pressure with your foot.

Materials:
Rubber balloon
Several pins with large heads
Roll of plastic tape

Inflate the balloon and affix little squares of plastic tape to it. Stick each pin through the center of the tape and to their amazement, the balloon will not burst. When you remove the pins, the balloon still will not burst.

*What happens:* The adhesive substance on the tape acts like a self-healing automobile tire, adhering to the pin as it is pressed inward. When the pin is removed, the adhesive is forced outward by the air pressure from within the balloon, atomically sealing the tiny pinholes.

**MAKE A FIRE EXTINGUISHER**
Santa Clara Council

Materials:
- 1 or 2 quart bottle with stopper to fit
- 3” of ½ “ glass, metal or plastic tubing (Tube from an old Windex bottle can be used)
- Baking soda
- Vinegar
- Facial tissue

Instructions:
1. Drill hole in stopper and insert tubing
2. Wrap soda in tissue and attach tissue to tube with rubber band
3. Fill bottle one half full of 1 part vinegar and 1 part water
4. Insert stopper in bottle with soda inside bottle, but not touching vinegar solution
5. To operate, tip bottle upside down, soaking the tissue paper with vinegar

**RECORD WIND SPEED**
Santa Clara Council

To see how fast or slow the wind blows, make an anemometer (a wind speed measurer)

**You will need** - stiff cardboard 24” x 12”

1. Measure four 6” widths with a ruler, and draw pencil lines with scissors.
2. Set a compass to 4” and draw an arc on the cardboard as shown.
3. Cut out a narrow slot along the arc.
4. Mark numbers at equal intervals along the slot.
5. Fold the cardboard inward along the scored lines.
6. Put cellophane tape along the two edges and along all the folded edges.
7. Cut a piece of paper 4¾” square and tape it to the end of the box as shown. Take the anemometer outside and point the flap toward the wind. Each night and morning, record the level that the flap reaches

**BERNOULLI’S PRINCIPLE**

Materials: 3” x 5” index card

Slightly bend the card lengthways (so that it forms an arc) and lay it on a table. Try to overturn the card by blowing underneath it. No matter how hard you blow, the card will not rise from the table.

The pressure of a gas (in this case, air) is lower at higher speed. By blowing under the card, you create a lower pressure underneath so that the normal air pressure on top of the card actually presses the card to the table!
The harder you blow, the more the air pressure on top presses down! This is a principle used in flying airplanes.

**FOG**

Materials: hot water, bottle, ice cube
Fill a bottle with hot water. Then pour out most of the water. Leave about 1” of water in the bottom of the bottle.

Hold the bottle to the light. Notice the streams of vapor rising from the bottle.

Put an ice cube in the bottle opening. Hold the bottle toward the light. Notice the thin streams of vapor moving down into the bottle. This is fog.

**Arrow of Light**

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**NEWSPAPER STUDY GAME**

Equipment: One current newspaper per two Webelos Scouts (a team)

Teams gather in groups, each with the same day's issue of a newspaper. On signal, teams start a search for news items that definitely illustrate the 12 points of the Scout Law. Items are cut out and numbered according to the point of the law. Team with the most clippings in a given time wins.

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**UNDERSTAND THE SIGNIFICANCE OF THE FIRST CLASS SCOUT BADGE. DESCRIBE ITS PARTS AND TELL WHAT EACH STANDS FOR.**

http://www.boyscouttrail.com/webelos/boyscoutreqsaid.asp

The three-point design of the top half is like the north point of an old sailor's compass. This shows that a Scout is able to point the right way in life as truly as the compass points it in the field.

The three points of the trefoil are like the three fingers used in the Scout sign. They stand for the three parts of the Scout Oath: duty to God & country; duty to others; duty to yourself.

The eagle and shield, national emblem of the US, stand for freedom and a Scouter's readiness to defend that freedom.

The two stars stand for truth and knowledge of the Scouting movement. They guide you by night and suggest a Scout's outdoor life.

The scroll is turned up at the ends to remind us of the corners of a Scout's mouth raised in a smile as he does his duty. The Scout motto is printed across the scroll.
The knot attached to the bottom of the scroll represents the Scout slogan, Do a Good Turn Daily.

TELL HOW A BOY SCOUT UNIFORM IS DIFFERENT FROM A WEBELOS SCOUT UNIFORM.

The Webelos uniform has six required parts:

- **Cap.** Tiger Cub cap, Cub Scout Wolf cap, Cub Scout Bear cap, or Webelos cap
- **Neckerchief and Slide.** Triangular for that rank level
- **Shirt.** Official long- or short-sleeve, either blue or tan (optional) for Webelos Scouts.
- **Belt.** Official blue web belt. Webelos Scouts wearing optional tan uniform may wear either the blue belt (preferred) and Webelos buckle or olive belt and Webelos buckle. Cub Scout belt loops are worn only on the blue belt.
- **Pants/Shorts.** Official, pressed; no cuffs. Blue for Tiger Cubs and Cub Scouts and either blue (with blue shirt) or olive (with tan shirt) for Webelos Scouts.
- **Socks.** Dark blue official socks with orange tops for Tiger Cubs and gold tops for Cub Scouts. Webelos Scouts wearing optional olive/tan uniform wear official Boy Scout olive socks.

— Cub Scout Uniform Inspection Sheet

The Boy Scout uniform has four required parts:

- **Headgear.** Optional - All troop members must wear the headgear chosen by vote of the troop/team.
- **Shirt and Neckwear.** Official long- or shortsleeve tan shirt with green (Boy Scout) or blaze orange (Varsity) shoulder loops on epaulets. The troop/team may vote to wear a neckerchief, bolo tie, or no neckwear. In any case, the collar should be unbuttoned. The troop/team has the choice of wearing the neckerchief over the turned-under collar or under the open collar.
- **Belt.** Olive web with BSA insignia on brass buckle; or official leather with international-style buckle or buckle of your choice, worn only if voted by the troop/team. Members wear one of the belts chosen by vote of the troop/team.
- **Pants/Shorts.** Official, olive, pressed; no cuffs. (Units have no option to change.)
- **Socks.** Official olive-colored socks.

— Boy Scout Uniform Inspection Sheet
TIE THE JOINING KNOT (SQUARE KNOT)

Instructions

1. Hold one rope end in each hand.
2. Pass the right end over and under the rope in your left hand and pull it snug.
3. Pass the rope now in your left hand over and under the one now in your right, and pull it snug.

The square knot is also known as the joining knot because it can join two ropes together and because it is the first knot Scouts learn when they join the BSA. It has many uses—from securing bundles, packages, and the sails of ships to tying the ends of bandages.

— Boy Scout Handbook

ADDITIONAL ADVANCEMENT IDEAS

Alice, Golden Empire Council

Cub Scouts of any rank could work on the Citizenship Belt Loop and Pin or the Leave No Trace Award – another way to show good citizenship. The ideas in this section are related to the Value for this month – Citizenship.

Please note:

***If you are following Meeting Plan #5 and/or #6 in the Resource Guide, see highlighted sections for some suggestions on how to connect assigned Achievements, Electives or Activity Pins with the Value of Citizenship!

And be sure that parents know about assigned homework, and have the additional suggestions to use if they are doing the work at home.

Tiger Achievements

Ach. #1G – Go see a historical building in your community such as City Hall, or some other nearby government building. Or visit a museum and look for examples of how people in the past showed they were good citizens.

Ach. #2F – Look at a map with your adult partner, and find places where people can learn about being good citizens – like schools and government buildings. Look for places where you could practice good citizenship – such as parks and schools – for example, by picking up trash or doing a good turn.

Ach. #2D – Citizenship Character Connection – Practice the Pledge of Allegiance and participate in a flag ceremony.

Ach. #2G – Visit a police or fire station – find out how citizens can help community helpers do their job, and how those helpers keep our community safe.

Ach. #4G – Visit a television or radio station or a newspaper office – find out how they help people practice good citizenship.

** Meeting #5 Assigned:

Ach. #5F - Go outside and watch the weather- Want a connection to citizenship? Watch the weather report on TV, or check the weather report in the paper – compare what you see when you go outside; talk about how weather affects Citizenship; does knowing the weather that’s coming help community helpers do their job to keep people safe? How could it help your family? Find out how good citizens and the government have helped people affected by severe weather such as hurricanes or flooding in our country recently.

Ach. #5G – Go on a den hike – look for sights and sounds of Fall or examples of weather; collect fallen leaves to make a gift or leaf rubbings. See Value Related section of Baloo.

Ach. #5D – Make leaf rubbings with your collection of leaves; use them for a Thanksgiving card or to display at the Pack meeting.

Tiger Electives

Elect. #9, 10 & 11 – Talk with your adult partner about how good citizens have a responsibility to help others in need – then help someone who is new in your school or an elderly person who needs help. If you get together with your den or pack, or a community organization, you can see how people working together as citizens can improve their communities.

Elect. #14 – Choose a short story or article about being a good citizen or about the history of our country and how citizens help to protect our freedoms

Elect. #20 – Make a PSA skit to tell people about Tiger Cubs or about the privileges and duties of citizens in our country

Elect. #21 – Make a puppet and use it to help tell a story about citizenship – see some ideas under Skits

Elect. #25 – Make a snack from Cub Grub or the Patriotic Surprise cake in your Tiger book to share with your family or den

Elect. #33, 34 – Practice your duty as a citizen by clean up or conservation of our resources

Elect. #35 – Play one of the games from this packet outdoors with your family or den.

Elect. #47 – Learn about recycling in your community, how you can recycle at home, and what to do with hazardous
materials – how does this improve your community and show good citizenship?

Elect. #49 – Visit a government office – in Sacramento, we can visit the State Capitol and grounds and learn about our system of government

**Wolf Achievements**

Ach. #2 – Each requirement will help you understand and appreciate how to show your patriotism - one idea I recently learned is to begin to teach flag folding on a table top till boys have mastered the folds

***Den Meeting #5 Assignments:**

Ach. #4a, b, c, d – Make a list of emergency phone numbers and put them by each phone; Tell what to do if someone comes to the door and wants to come in; Tell what to do if someone calls on the phone; When your family leaves home, help make your house more secure – and prevent crime in your community, by practicing good habits;

Ach. #4f – Visit a government location in your community and explain why it’s important.

Ach. #9d, e – Practice good citizenship and stay safe by learning and using good rules of street and bike safety – think about how rules and laws help keep everyone safe

**Wolf Electives**

Elect. #2 – Help to plan and put on a skit using any of these requirements – check out ideas in Baloo

Elect. #4f – Play a wide area or large group game from Baloo with your den or pack

Elect. #6a – Visit the library; get a card if you don’t have one; find out how having free public libraries helps protect our freedom – the librarian can help you find a book about government or citizenship.

Elect. #6c – show that you know how to take care of books – talk about why books and libraries are important; how do books and libraries help people to learn about citizenship and how to protect our freedoms?

***Den Meeting #6 Assignment:**

Elect. #9b, c – Make a gift or toy for someone – See some ideas under Value Related Stuff

Elect. #11b, c, f - Learn and sing three Cub Scout songs – try some from Baloo; Sing a song with your den at a pack meeting.

Elect. #12a, d, f – Make a freehand sketch of something patriotic; Make some scenery for a skit, play or puppet show about citizenship; Make a poster about ways to be a good citizen, or encouraging people to vote

Elect. #12 – Do any or all of these requirements – people and families who are prepared for emergencies make it easier for first responders and people in the community during emergencies.

Elect. #21b – Use a computer to write a report about being a good citizen, or some patriotic subject or person

Elect. #22d, e – Tell how to get to a nearby fire or police station – a good citizen scout is ready for emergencies; Invite a boy to scouts or help a boy through Bobcat – a good citizen is helpful.

Elect. #23b, c – Be prepared to take good care of yourself.

**Bear Achievements**

Ach. #3a – Write and tell what makes America special to you.

Ach. #3j – Character Connection for Citizenship. Know how people have served our country; Commit to doing one thing to be a good citizen and understand what would happen if you were not a responsible citizen; Tell three things you did in one week to practice good citizenship.

Ach. #3b-i – Do any or all to demonstrate patriotism and citizenship.

Ach. #6g – Take part in a den or pack neighborhood clean-up project.

***Den Meeting #5 Assignment:**

Ach. #7b, c, d, e – help with crime prevention in your home by checking for easy entry and fixing the problem; Learn and post emergency phone numbers by each phone in your home; Be sure you know where to get help in your neighborhood;

Ach. #7f – know what YOU can do to help law enforcement.

Ach. #8a – At a library or newspaper office, look for stories about good citizenship in your community;

Ach. #8b – Talk to an older person about their experiences as a Cub Scout, and how they learned about good citizenship – ask how they demonstrated their good citizenship. Did they participate in a parade, special ceremonies on Veteran’s Day?

Ach. #10a – Go on a day trip with your family to visit a local government building, to celebrate Veteran’s Day, or to participate in some event honoring our history and/or demonstrating good citizenship.

Ach. #14a, e, f – Know rules for bike safety, and if required in your community, get a bike license; help prevent bike theft by always using a bike lock and putting your bike away; Obey all traffic rules on a one mile bike ride

***Den Meeting #6 Assignment:**
Ach. #15a – Set up and play any two of the listed outdoor games with family or friends – as you play, remember to be a good sport, be careful with the equipment and show respect for yourself and others – all a part of being a good citizen!

Ach. #17a – With an adult, watch a TV show about some patriotic subject or example of good citizenship; Ach. #17d – Using a computer, write a report about an example of good citizenship.

***Den Meeting #5/6 Assignment:

Ach. #20a, b, c - (Sawdust & Nails) Note: If you are doing this Den Meeting Assignment, and want to make a connection to the assigned Value – Citizenship – see ideas “Tools for Citizenship” under Value Related Stuff

Ach. #24a – Help a boy join scouting and/or complete the Bobcat – you will help another boy learn about good citizenship as you demonstrate service and leadership.

Ach. #24b – Serve as a Denner or Asst. Denner – do your best to demonstrate good citizenship and to encourage other boys to practice qualities of good citizenship

Bear Electives

Elective 8 b, d – Learn to play two patriotic songs on any instrument or on a recognized band or orchestral instrument.

Elect. #9a, b, c – do an original art project with patriotism or citizenship as the subject; visit an art exhibit in honor of veterans, a local who demonstrates good citizenship, or shows scenes of what makes America great; find a favorite outdoor location and draw or paint it – display it at the pack meeting and explain how this location represents what makes your area or America great

Elect. #11- Learn to use a camera to “Shoot Citizenship in action; while doing each requirement, photograph and display examples of good citizenship or patriotic subjects.

Elect. #14c – With family, den or pack, take part in a project to beautify your community.

Elect. #22a, b – Start a stamp collection – look for subjects that are patriotic or honor people who display good citizenship; mount and display your collection and share what you have learned.

Elect. #25h – Earn the Leave No Trace award and demonstrate your commitment to help protect and preserve our nation’s natural beauty

Webelos Activity Pins

Artist #3, #10 – Draw or paint, then frame, an original picture out of doors – choose a patriotic subject or one that features an example of one of the duties or privileges of citizenship, such as Freedom of Religion; or create a collage that expresses something about you and the freedoms you enjoy

***Webelos Den Meeting #5 Assignments:

Citizenship #1, #3, #8 – The Character Connection for Citizenship; Describe the flag and give a short history, then show how to hoist and lower and hang the flag with another Webelos Scout helping; if you haven’t already earned it, do the Citizenship Belt Loop or Pin; also do any of the other requirements suggested

Communicator #2, #7, #13 – Prepare a 3 minute talk about Citizenship, or write an article about a den activity involving Citizenship; under trusted adult supervision, search the internet for five sites about citizenship or a patriotic subject that interests you.

Readyman #3 – Know how to get help quickly; become familiar with community agencies and people available for different emergencies; post help list near your phone.

Scholar #9, 10, 11 – Learn about changes in education and how our present school system developed and how free public education and libraries fit in to our system of government; make a chart to show how the school system is run; Ask a parent and five other adults their opinion of the best things about your school, needed improvements, and how they could be made – try to talk to someone who serves on a school site council or school board to learn how government and local citizen service impacts your school.

***Arrow of Light Meeting #5/6

Scientist #1-7, 9, 11, 12 - Read and show Bernoulli’s principle; also Pascal’s law; Newton’s first law of motion; Earn the Science Belt Loop as a Webelos; Show the effects of atmospheric pressure; also air pressure; also water pressure; Explain what causes fog and show how it works; Explain how to use your center of gravity to keep your balance and show three balancing tricks. Note: Check out the Bill Nye the Science Guy and NASA Space Place websites for some fun ways to work on Science.

Showman #5, #19 – Put on a puppet show or write and take part in a short play about a famous American patriot, a moment in American history, examples of the Bill or Rights in action, or encouraging good citizenship.

***Arrow of Light Meeting #6

Arrow of Light #2, 7 – Repeat from memory and explain in your own words the Oath or Promise and the 12 points of the Scout Law – tell how you have practiced them (especially Citizenship) in your everyday life; Complete the Honesty Character Connection and explain why honesty and integrity are important in being a good citizen.

CUB GRUB

Cub Grub Cookbook

This is a really great cookbook for Cubs -
http://balboaoaks.bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf -
You can save a copy on your PC by selecting File, Save As... in your web browser's menu bar.

Fruit Wraps

2011-2012 CS RT Planning Guide
Ingredients:
- Flour tortilla
- Honey (if desired)
- Slices of apple
- Dried dates, pineapple or other fruit
- Almonds or walnuts
- Shredded cheese

Directions:
- Spread thin layer of honey on tortilla.
- Place ingredients of choice on tortilla.
- Fold up one end to keep ingredients from falling out of the bottom, and roll.

Alice, Golden Empire Council

Indian Corn Treat
Ingredients:
- 4 Tablespoons of butter,
- 4 cups of mini marshmallows
- 5 cups of puffed corn cereal
- 1-1/3 cups of diced dried fruit, such as raisins, papaya, cranberries, apricots
- Popsicle sticks
- Fruit Leather

Directions:
1. In a large pot, melt butter and mini marshmallows over low heat (about 5 minutes).
2. Remove from heat and use a wooden spoon to stir in puffed corn cereal and diced dried fruit. Cool for 10 minutes.
3. Using buttered hands, shape each treat by pressing 1/3 cup of the mixture around a Popsicle stick. Add fruit leather “husks” to the bottom of the ear, slightly moistening them to help them stick if needed. Makes 15 treats.

Note: This would be the perfect treat after telling the story of Squanto – see VALUE RELATED.

Patriotic Rice Krispie Treats – Make Rice Krispie Treats, but add red & blue M&M’s or cookie and cake decors.

Follow My Tracks “Cub” Cakes (also from Family Fun contributor)

Make and frost cupcakes made from any mix or recipe – use white or light colored frosting so the “print” stands out. The print is made from “Pattersons mints”- like peppermint patties, but a little smaller and thinner. The “toe” prints are made from chocolate M&M’s.

This would be a great treat after you’ve done the “Follow My Tracks” game in Baloo. Also see Baden-Powell’s thoughts on Making Tracks under CUBMASTER MINUTE.

Easy American Peanut Brittle

Here’s an American favorite, made extra easy by using the microwave!

Ingredients:
- 1 1/2 cups unsalted peanuts
- 1 cup sugar
- 1/2 cup corn syrup
- 1 tsp. vanilla
- 1 tsp. butter
- 1 tsp. baking soda

Directions:
Combine peanuts, sugar and corn syrup in microwaveable bowl. Microwave on high for four (4) minutes. Remove and stir. Microwave for three (3) more minutes. Remove from microwave and add vanilla and butter, then stir. Microwave for 2 more minutes. Remove, add baking soda. Stir. Spread onto oiled cookie sheet or pizza pan. Cool until set. Break into pieces and enjoy!

Note:
Be aware of food allergies and diet restrictions.

WEB SITES
And Other Resources
Alice, Golden Empire Council

www.usflag.org Special links to the Constitution, Congress, the text of every Inaugural Address; how to get a flag that has flown over the Capitol; a special flag folding ceremony used at the Air Force Academy

http://www.allcrafts.net/patriotic.htm Check out Free Patriotic Craft Projects and Free Kids Patriotic Craft Projects

http://www.cksinfo.com/signssymbols/signlanguage/american/index.html learn how to use American sign language – another kind of American ABC’s – sign a favorite song or poem, or learn how to sign your name

www.kidsgeo.com/geography-games/united-states-america-map-game.php Interactive games, your choice of history, geography, etc.

From Steve Leth, Training Chair, White Horse District, Southern NJ Council

☺ www.Scouting.org - The BSA's main website. (By the way - BSA.ORG is actually the Business Software Alliance, a trade group that campaigns against computer software piracy.)

☺ www.ScoutStuff.org - The BSA National Supply Division

☺ www.snjscouting.org - Southern New Jersey Council

☺ www.USScouts.org - An independent treasure trove of Scouting information, including Baloo's Bugle.

☺ http://balboaoaks-bsa-la.org/download/blog/Cub%20Grub%20Cookbook.pdf - Source for the Cub Grub Cookbook. You can save a copy on your PC by selecting File, Save As... in your web browser's menu bar.

Journey to Excellence:
Constitution Day (Citizenship Day) is an American federal observance that recognizes the adoption of the United States Constitution and those who have become U.S. citizens. It is observed on September 17, the day the U.S. Constitutional Convention signed the Constitution in 1787.

The law establishing the holiday was created in 2004 with the passage of an amendment by Senator Robert Byrd to the Omnibus spending bill of 2004. Before this law was enacted, the holiday was known as "Citizenship Day." In addition to renaming the holiday "Constitution Day and Citizenship Day," the act mandates that all publicly funded educational institutions provide educational programming on the history of the American Constitution on that day. In May 2005, the United States Department of Education announced the enactment of this law and that it would apply to any school receiving federal funds of any kind. This holiday is not observed by granting time off work for federal employees.

When Constitution Day falls on a weekend or on another holiday, schools and other institutions observe the holiday on an adjacent weekday. This was the case in 2005 and 2011, when Constitution Day was generally observed on Friday, September 16 and 2006 when the holiday was observed on Monday, September 18.

Universities and colleges nationwide have created "U.S. Constitution and Citizenship Weeks" in order to meet the requirements of the law. For example, the Milwaukee School of Engineering (MSOE) has created a celebration week that includes "Constitution Trivia Contests", distribution of free copies of the U.S. Constitution, a campus & community fair (in which volunteer and community groups can share information with students), a web page with facts and links related to the Constitution and history of the United States. MSOE has also distributed thousands of free "Presidential quote" t-shirts to all students on campus.

History

Iowa schools first recognized Constitution Day in 1911. In 1917, the Sons of the American Revolution formed a committee to promote Constitution Day. The committee would include members such as Calvin Coolidge, John D. Rockefeller, and General John Pershing.

In 1939, William Randolph Hearst advocated, through his chain of daily newspapers, the creation of a holiday to celebrate citizenship. In 1940, Congress designated the third Sunday in May as I am an American Day. By 1949, governors of all 48 states had issued Constitution Day proclamations. On February 29, 1952, Congress moved that observation to September 17 and renamed it "Citizenship Day".

Louisville, Ohio, calls itself Constitution Town and credits one of its own for getting the holiday national recognition. In 1952, resident Olga T. Weber petitioned municipal officials to establish Constitution Day, in honor of the creation of the US Constitution in 1787. Mayor Gerald A. Romary proclaimed September 17, 1952, as Constitution Day in the city. The following April, Weber requested that the Ohio General Assembly proclaim September 17 as state-wide Constitution Day. Her request was signed into law by Governor Frank J. Lausche. In August 1953, she took her case to the United States Senate, which passed a resolution designating September 17–23 as Constitution Week. The Senate and House approved her request and it was signed into law by President Dwight D. Eisenhower. On April 15, 1957, the City Council of Louisville declared the city Constitution Town. The Ohio State Archaeological and Historical Society later donated four historical markers, located at the four main entrances to the city, explaining Louisville's role as originator of Constitution Day.
OVERSIZED GAMES
Find the Differences

The United States Capitol building is located in Washington, D.C., on top of Capitol Hill. It houses the meeting chambers of the House of Representatives and the Senate.

Spot and circle 15 things that are different between these two pictures of the Capitol building.