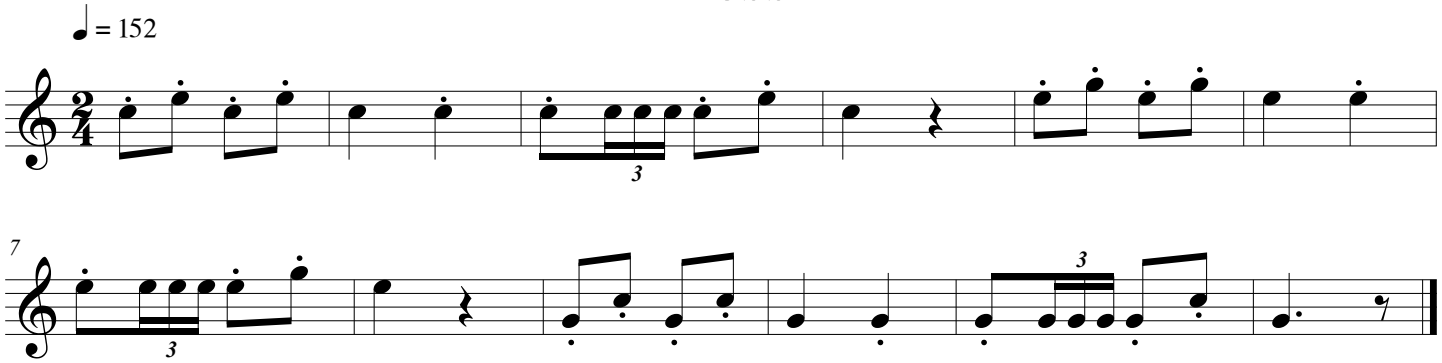Mess