



Wilderness Survival

Merit Badge Workbook

This workbook is not required but is designed to help you with this merit badge. No one can add or subtract from the Boy Scout Requirements #33215. Use page backs & add pages as needed. Please send comments to: craig@craiglincoln.com. Requirements revised: 2001, Workbook updated: January 2004.

Scout's Name: _____ Unit: _____

Counselor's Name: _____ Counselor's Ph #: _____

1) Show that you know first aid for injuries or illnesses likely to occur in backcountry outings, including

hypothermia, _____

heatstroke, _____

heat exhaustion, _____

frostbite, _____

dehydration, _____

sunburn, _____

stings, _____

tick bites, _____

snakebite, _____

and blisters. _____

2) From memory, describe the priorities for survival in a backcountry or wilderness location.

3) Describe ways to

(a) avoid panic and _____

(b) maintain a high level of morale when lost. _____

4) Tell what you would do to survive in the following environments:

A) Cold and Snowy _____

B) Wet (forest) _____

C) Hot and Dry (desert) _____

D) Windy (mountains or plains) _____

E) Water (ocean or lake) _____

5) Make up a small survival kit and be able to explain how each item in it is useful.

Item	Use

6) Show that you can start fires using three methods other than matches.

Method 1 _____

Method 2 _____

Method 3 _____

7) Do the following:

A) Tell five different ways of attracting attention when lost.

Way 1: _____

Way 2: _____

Way 3: _____

Way 4: _____

Way 5: _____

B) Show how to use a signal mirror. _____

C) From memory, describe five international ground-to-air signals and tell what they mean.

8) Show that you can find and improvise a natural shelter minimizing the damage to the environment.

9) Spend a night in your shelter.

10) Explain how to protect yourself against insects, _____

reptiles, _____

rodents, _____

and bears. _____

11) Show three ways to purify water.

Way 1: _____

Way 2: _____

Way 3: _____

12) Show that you know the proper clothing to be worn in your area on an overnight in extremely hot weather

_____ _____ _____ _____

_____ _____ _____ _____

_____ _____ _____ _____

and extremely cold weather.

_____ _____ _____ _____

_____ _____ _____ _____

_____ _____ _____ _____

13) Explain why it usually is not wise to eat edible wild plants or wildlife in a wilderness survival situation. _____
