



Readyman

Webelos Activity Badge Workbook

The work space provided for each requirement should be used by the Webelos Scout to make notes for discussing the item with Akela, not for providing the full and complete answers. Each Webelos Scout must do each requirement.

No one may add or subtract from the official requirements found in the **Webelos Handbook** (Pub. 33452)

This workbook was updated in May 2012.

<http://www.USScouts.Org> • <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about improving this workbook to: Workbooks@usscouts.org

Webelos Scout's Name: _____ Pack No. : _____

Webelos Scouts are required to earn the Readyman Activity Badge in order to earn the Arrow of Light Badge.

Do all of these:

- 1. With your parent, guardian, or Webelos den leader, complete the **Courage Character Connection**.
 - a. **Know:** Define the importance of each courage step: Be strong; Be calm; Be clear; Be careful. Explain how memorizing the courage steps helps you to be ready.
 - Be strong _____
 - Be calm _____
 - Be clear _____
 - Be careful _____
 - Explain how memorizing the courage steps helps you to be ready. _____

 - b. **Commit:** Explain why it is hard to follow the courage steps in an emergency. _____

 - Tell when you can use the courage steps in other situations (such as standing up to a bully, avoiding fights, being fair, not stealing or cheating when tempted, etc.) _____

Tell where you can go to be with others who encourage you to be healthy, clean, and fit. _____

c. **Practice:** Act out one of the requirements using these courage steps: Be strong; Be calm; Be clear; Be careful.

2. Explain what first aid is. Tell what you should do after an accident.

3. Explain how you can get help quickly if there is an emergency in your home _____

Make a "help list" of people or agencies that can help you if you need it. Post it near a phone or another place with easy access. _____

4. Demonstrate the Heimlich maneuver and tell when it is used. _____

5. Show what to do for these "hurry cases":

Serious bleeding

Stopped breathing

Internal poisoning

Heart attack

6. Show how to treat shock.

7. Show first aid for the following:

Cuts and scratches

Burns and scalds

Choking

Blisters on the hand and foot

Tick bites

Bites and stings of insects other than ticks

Poisonous snakebite

Nosebleed

Frostbite

Sunburn

8. Tell what steps must be taken for a safe swim with your Webelos den, pack, family, or other group. _____

Explain the reasons for the buddy system. _____

And do two of these:

9. Explain six safety rules you should follow when "driving" a bicycle.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

- 10. Explain the importance of wearing safety equipment when participating in sports activities (skating, skateboarding, etc.)

- 11. Make a home fire escape plan for your family.

- 12. Explain how to use each item in a first aid kit.

- 13. Tell where accidents are most likely to happen inside and around your home.

- 14. Explain six safety rules you should remember when riding in a car.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

- 15. Attend a first aid demonstration at a Boy Scout troop meeting, a Red Cross center, or other community event or place.

Requirement resources can be found here:
http://www.meritbadge.org/wiki/index.php/Readyman#Requirement_resources

Important excerpts from the [‘Guide To Advancement’](#), No. 33088:

Effective January 1, 2012, the ‘Guide to Advancement’ (which replaced the publication ‘Advancement Committee Policies and Procedures’) is now the official Boy Scouts of America source on advancement policies and procedures.

- [Inside front cover, and 5.0.1.4] — **Unauthorized Changes to Advancement Program**
No council, committee, district, unit, or individual has the authority to add to, or subtract from, advancement requirements. (There are limited exceptions relating only to youth members with disabilities. For details see section 10, “Advancement for Members With Special Needs”.)
- [Inside front cover, and 7.0.1.1] — The [‘Guide to Safe Scouting’](#) Applies
Policies and procedures outlined in the ‘Guide to Safe Scouting’, No. 34416, apply to all BSA activities, including those related to advancement and Eagle Scout service projects. [Note: Always reference the online version, which is updated quarterly.]
- [4.1.0.3] — **Who Approves Cub Scout Advancement?**
A key responsibility for den leaders is to implement the core den meeting plans as outlined in the Den & Pack Meeting Resource Guide, No. 34409. For Wolf, Bear, and Webelos advancement, den leaders take the lead in approving requirements, though their assistants, and also parents who help at meetings, may be asked to play the role of “Akela” and assist. Parents sign for requirements that, according to meeting plans and instructions in the handbooks, take place at home. For the Bobcat trail and Tiger Cub achievements, parents (or adult partners) should sign in the boy’s handbook; the den leader then approves as progress is recorded in the den’s advancement record.
- [4.1.0.4] — **“Do Your Best”**
Advancement performance in Cub Scouting is centered on its motto: “Do Your Best.” When a boy has done this—his very best—then regardless of the requirements for any rank or award, it is enough; accomplishment is noted. This is why den leaders, assistants, and parents or guardians are involved in approvals. Generally they know if effort put forth is really the Cub Scout’s best.
- [4.1.2.2] — **Cub Scout Academics and Sports Program**
More than just a recognition opportunity, this program develops new skills, improves those existing, and otherwise enriches Cub Scouting. Details can be found in the Cub Scout Academics and Sports Program Guide, No. 34299. Activities include subjects like science, video games, collecting, and chess; and sports such as baseball, skateboarding, and table tennis. Each has two levels—a belt loop and a pin. Belt loops, which can be earned more than once, are awarded when each of three requirements is met. Cub Scouts may then continue with additional requirements and earn the pin. Archery and BB gun shooting are included, but can only be conducted at a council presented activity with certified supervisors.

Additional notes of interest:

- Webelos Scouts may complete requirements in a family, den, pack, school, or community environment.
- **“Akela”** (Pronounced “Ah-KAY-la”) — Title of respect used in Cub Scouting—any good leader is *Akela*. *Akela* is also the leader and guide for Cub Scouts on the advancement trail. The name comes from Rudyard Kipling’s Jungle Book. (See “Law of the Pack.”)
- **“Law of the Pack”** —
The Cub Scout follows Akela.
The Cub Scout helps the pack go.
The pack helps the Cub Scout grow.
The Cub Scout gives goodwill.